

# BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH (BIHER)

Accredited 'A' Grade by NAAC

(Declared as Deemed -to -be University under section 3 of UGC Act, 1956)

## SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Constituent College of BIHER

### MASTER OF PHYSIOTHERAPY IN ADVANCED NEUROLOGICAL CONDITION

Postgraduate Degree Course

MPT in Advanced Neurological Condition CBCS Syllabus 2019								
1 Semester = 20 Weeks Teaching/ 1 Week= 36 Hours								
MC Main Core, GE General Elective, CT Clinical Training, CD Dissertation, AE Allied Elective								
Sem	Course Code	Courses	Theory		Practical		Total Hours	Total Credits
			H	C	H	C		
I	19MPT1MC01	Basic Sciences	90	6	75	2	165	8
	19MPT1MC02	Research Methodology, Biostatistics and EBP	75	5	90	3	165	8
	19MPT1GE01	Molecular Biology	60	4	75	2	135	6
	19MPT1GE02	Kinesiotaping						
	19MPT1CT01	Clinical Training I					255	3
							720	25
II	19MPT2MC01	Movement Science	90	6	75	2	165	8
	19MPT2MC02	Advanced Therapeutics	75	5	90	3	165	8
	19MPT2GE01	Health Economics	60	4	75	2	135	6
	19MPT2GE02	Yoga for Physiotherapist						
	19MPT2CT02	Clinical Training II					255	3
							720	25
III	19MPT3AE01	Allied Elective in Neuro	160	10	200	8	360	18
	19MPT3CD01	Dissertation	30	2	75	2	105	4
	19MPT3CT03	Clinical Training III					255	3
							720	25
IV	19MPT4AE01	Elective in Advanced Neurology	160	10	200	8	360	18
	19MPT4CD02	Dissertation	30	2	75	2	105	4
	19MPT4CT04	Clinical Training IV					255	3
							720	25

## SEMESTER I - COURSE OUTCOME, CO PO MAPPING

Course Code 19MPT1MC01	Course Name: Basic Science	Theory	Practical	Total Credit
	Total Contact Hours -165	6	2	8
	Prerequisite Course - BPT			
	Course Coordinator:			
Course Outcomes (CO)				
CO1	Demonstrate comprehensive understanding of electrophysiology.			
CO2	Acquire the knowledge in nutrition that is required to be practiced in health care system.			
CO3	Understand the basis of exercise and sports and its application in practice of physiotherapy.			
CO4	Learn and understand the skills of assessment for fitness evaluation and its application in practice of physiotherapy.			
CO5	Understand the concepts of applications of molecular biology and genetics.			

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	3	3	3	3	3	3	2	3	3	2	3	3
CO2	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3	2	3
CO3	3	3	3	3	3	3	3	3	3	2	3	3	3	2	3	3	3
CO4	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3	3	2
CO5	3	3	3	3	3	3	3	3	3	2	3	3	2	3	3	3	3

### BASIC SCIENCE

#### Syllabus

**UNIT I :** Cell- nerve – muscle – physiology – Electrophysiology- nerve conduction studies – electromyography – ENMS – kinesiological EMG – bioelectricity – evoked potentials

Molecular Biology & Genetics.

**UNIT II :** Nutrition – carbohydrates – minerals – protein – fat – metabolism – nature – malnutrition – source – role of exercises – supplement – obesity – evaluation – management

**UNIT III :** Exercise and sports physiology – energy transfer – source – utilisation – response of musculoskeletal – nervous – endocrine – cardiorespiratory system

**UNIT IV :** Aerobic – resisted – high intensity exercises – factors influencing – techniques – exercise physiology

**UNIT V** : Fatigue – fitness evaluation – training – various by techniques – gender – altitude

**Reference**

- 1 Exercise Physiology - Mc Ardle Katch, Katch.
2. Clinical Electromyography (Part I basic section only) Nerve Conduction Studies - Shin J.OH - Publisher Williams & Wilkins.
3. Clinical Neurophysiology - Nerve conduction, Electromyography and Evoked Potentials - UK Misra, Publisher B.I. Churchill Livingstone.
4. Manual of Nerve conduction velocity techniques - DE HSA, Raven Press, New York.
5. Electrodiagnosis in Diseases of Nerve & Muscle - Kimura FA Davis, Philadelphia

**Journal**

1. Journal of biomedical sciences
2. Bosnian journal of basic medical sciences
3. International journal of medical sciences
4. Clinical science
5. Internal journal of sciences: basic and applied research

Course Code 19MPT1MC02	Course Name: Research Methodology, Biostatistics and EBP	Theory	Practical	Total Credit
	Total Contact Hours -165	5	3	8
	Prerequisite Course - BPT			
	Course Coordinator:			
Course Outcomes (CO)				
CO1	Describe how research is undertaken, and its benefits.			
CO2	Differentiate between quantitative research and qualitative research.			
CO3	Select an appropriate study design based on research question.			
CO4	Identify ethical issues in research.			
CO5	Design a research proposal			

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	2	3	3	3	3	3	3	3	3	3	3	3	2	3
CO2	3	3	3	3	3	2	3	3	3	3	3	3	3	2	3	3	3
CO3	3	2	3	3	3	3	3	3	3	3	3	3	3	3	3	3	2
CO4	3	3	3	3	3	3	3	3	3	2	3	3	3	2	3	3	3
CO5	3	3	3	3	3	3	3	2	3	3	3	3	3	3	3	2	3

## RESEARCH METHODOLOGY, BIostatISTICS AND EBP

### Syllabus

**UNIT I** : Ethics in physiotherapy research – phases of research – conceptual phase – concepts – variables – hypothesis – literature review

**UNIT II** : Empirical phase – design – survey – validity – data collection – observational method- data collection – observational method- biophysiologic measures – data analysis – descriptive statistics – inferential statistics

**UNIT III** : Interpretative phase – critiquing research – guidelines Guidelines for research publication – APA style – plagiarism – copy right laws

**UNIT IV** : Concepts of teaching and learning – curriculum – development – methods of teaching – evaluation – guidance and counselling – faculty professional and personal development in PT – Online learning & Evaluation.

**UNIT V** : PT education – Indian health care – physiotherapy practice growth – demand – India – abroad – department management – finance management – legal concepts – values – ethics .Marketing strategies, Finance in education , Medicolegal aspects.

## **Reference**

### Textbook

1. Research methodology- C. R. Kothari
2. Research Methods for Clinical therapist- Carolyn M. Hicks
3. Research design- John W. Creswell
4. Rehabilitation Research: Principles and Applications by Elizabeth Domholdt
5. Nursing Research- Polit & Hungler
6. Introduction to Biostatistics and Research Methods Rao P.S.S. Sundar & j. Richard
7. Research Methodology and Biostatistics - A Comprehensive Guide for Health Care Professionals, Suresh Sharma
8. Principles, Methods And Techniques Of Teaching Paperback – 1 January 2010  
by J.C. Aggarwal (Author)

### Websites

1. <https://www.researchgate.net/search>
2. <https://www.ncbi.nlm.nih.gov/pmc/>

### Journals

1. Journal of Clinical Physiotherapy Research
2. Physiotherapy research International
3. International Journal Of Physiotherapy Research

Course Code 19MPT1GE01	Course Name: Molecular Biology	Theory	Practical	Total Credit
	Total Contact Hours -135	4	2	6
	Prerequisite Course - BPT			
	Course Coordinator:			
Course Outcomes (CO)				
CO1	Learning structural levels of nucleic acids- DNA and RNA and genome organization in prokaryotes and eukaryote and the concept of Gene and the gene architecture.			
CO2	Learning molecular events in the DNA replication and role of different enzymes and overview of the central dogma of life and various molecular events.			
CO3	Understanding the principles and applications of polymerase chain reaction(PCR) and molecular events of transcription and processing of transcripts, RNA editing.			
CO4	Molecular events of translation leading to protein synthesis and post translational modification and understanding the regulation of gene expression in prokaryotes using operon concept and eukaryotes.			
CO5	Learn the methods of DNA sequencing and various tools and techniques of molecular biology and learn about the molecular markers and its classification and applications.			

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	3	3	3	3	3	2	3	3	2	3	3	3
CO2	3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	2	3
CO3	3	3	2	3	3	3	3	3	3	3	2	3	3	2	3	3	3
CO4	3	3	3	3	3	3	2	3	3	3	3	3	3	3	2	3	3
CO5	3	3	3	3	3	3	3	3	3	3	2	3	3	3	3	3	2

## MOLECULAR BIOLOGY FOR PHYSIOTHERAPIST

### Syllabus

**Unit I:** Describe the chemical nature of, and major chemical processes within, the human body and key features of the metabolic processes by which cells generate energy.

**Unit II** : Evaluate how the body responds to changes in nutritional input and energy output, genetic information is used in the human body and explain how this impacts the health of an individual.

**Unit III** : Explain the similarities & differences between eukaryotic cells, prokaryotic cells and viruses.

**Unit IV** : Describe how the human body defends against infectious disease.

**Unit V**: Explore how pathogenic microbes cause disease, methods of infection control and evaluate their relative merits.

## **References**

Text Book

1. Molecular and Cellular Biology, Sanghera Paul Dr
2. Cell and Molecular Biology, P. K. Gupta (Author)

Website:

1. <https://academic.oup.com/mbe>
2. <https://www.springer.com/>

Journal

1. <https://journals.asm.org/journal/mcb>
2. <https://bmcmolbiol.biomedcentral.com/>
3. <https://www.journals.elsevier.com/journal-of-molecular-biology>

Course Code 19MPT1GE02	Course Name: Kinesiotaping	Theory	Practical	Total Credit
	Total Contact Hours -135	4	2	6
	Prerequisite Course - BPT			
	Course Coordinator:			
Course Outcomes (CO)				
CO1	Describe the concepts of Kinesio Taping.			
CO2	Describe the unique qualities of the Kinesio Tex Tape.			
CO3	Utilize and demonstrate application skills in guided laboratory sessions.			
CO4	Demonstrate application skills during lab sessions.			
CO5	Practice the various cutting techniques and their clinical application.			

Mapping of Course Outcomes with Program outcomes (POs) (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	2	3	3	3	3	3	3	3	3	3	2	3
CO2	3	3	3	3	3	3	3	3	2	3	3	3	3	3	2	3	3
CO3	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3	3	2
CO4	3	3	3	2	3	3	3	3	3	3	3	3	3	3	3	3	3
CO5	3	3	3	3	3	2	3	3	3	3	3	3	2	3	3	3	3

## KINESIOTAPING

### Syllabus

**Unit I:** Introduction- Theory- Basics of Application-Contra indications- Precautions

**Unit II:** K-Tape Material- Physiological & Therapeutic effects- Clinical Applications

**Unit III:** Types of Application- Stretch

**Unit IV :** Various fields- Sports- Pregnancy- orthopedics, etc.

**Unit V :** K-Taping research- Evidences-Future

### References:

1. Kinesiology Taping For Rehab And Injury Prevention - Kim Aliana
2. Practical Guide to Kinesiology Taping for Injury Prevention and Common Medical Conditions, Gibbons John
3. NeuroMuscular taping -Edi Ermes Usa, David Blow
4. Kinesiology Taping: The Essential Step-by-step Guide - Langendoen, John And Sertel, Karin

Website :

1. <https://kinesiotaping.com/>
2. <https://www.k-taping.com/en/>

Course Code 19MPT1CT01	Course Name: Clinical Training I	Total Credit
	Total Contact Hours - 255	3
	Prerequisite Course - BPT	
	Course Coordinator:	
Course Outcomes (CO)		
CO1	Explain the components of basic assessment for a patient.	
CO2	List the impairments resulting in functional limitation and participation restriction.	
CO3	Demonstrate clinical observatory skill and the bedside manners.	
CO4	Understanding of policy of the inpatient service and outpatient services.	
CO5	Understand the role of physiotherapy in various clinical conditions and the documentation of patient service.	

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	2	3	3	3	3	3	3	3	3	3	2	3	3	3	3
CO2	3	3	3	3	3	3	2	3	3	3	3	3	3	3	2	3	3
CO3	3	3	3	3	2	3	3	3	3	3	3	3	3	3	3	3	2
CO4	3	3	3	3	3	3	3	3	2	3	3	3	3	2	3	3	3
CO5	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3	2	3

## CLINICAL TRAINING I

### Syllabus

Unit I : Postings for Observation , evaluation and assessment of cases in Physio care for Musculoskeletal, Sports injuries, Hand injury-patients

Unit II : Aurogreen postings for Aquatic therapy

Unit III : FitnessOne and EXRX postings for Fitness

Unit IV : Pain and stroke posting for clinical evaluation,gait analysis

Unit V : NIEPMD Postings for Physically challenged.



## SEMESTER II - COURSE OUTCOME, CO PO MAPPING

Course Code 19MPT2MC01	Course Name: Movement Science	Theory	Practical	Total Credit
	Total Contact Hours -165	6	2	8
	Prerequisite Course -BPT			
	Course Coordinator:			
Course Outcomes (CO)				
CO1	Apply fundamental human movement principles, from both natural and social science perspectives.			
CO2	Understanding of the form and function of the human body.			
CO3	Critically evaluate human movement research in order to design and generate disciplinary knowledge.			
CO4	Use qualitative and quantitative reasoning and evidence, synthesizing information from a variety of origins.			
CO5	Evaluate methodically and systematically problems and develop interventions in the human movement domain.			

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	2	3	3	3	3	3	3	3	3	3	3	3	3	2	3
CO2	3	3	3	3	3	3	2	3	3	3	3	3	2	3	3	3	3
CO3	3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	3	2
CO4	3	3	3	2	3	3	3	3	3	3	3	3	3	2	3	3	3
CO5	3	2	3	3	3	3	3	3	3	3	3	3	3	3	3	2	3

### MOVEMENT SCIENCE

#### Syllabus

**UNIT I : APPLIED ANATOMY:** Voluntary movement- neural control – tone- pathways

**UNIT ii : APPLIED ANATOMY:** Kinetics- kinematics – application in spasticity – flaccid paralysis

**UNIT III : PATHOMECHANICS :** Biomechanics – pathomechanics of extremities – spine – functional analysis

**UNIT IV : PATHOMECHANICS** :Gait - Kinematic Analysis of Gait – Force Platform - Robotics– Posture  
-Significance of functional MRI.

**UNIT V** : Mobility Aids – ergonomics at industry – workplace – Job analysis – rehabilitation

### **Reference**

1. Basic biomechanics of the musculoskeletal system by Margareta Nordin and Victor H. Frankle, 2<sup>nd</sup> edition ( Lea and Febiger)
2. Kinesiology of the Human Body: Under Normal and pathological condition by Arthur Steindler, 5<sup>th</sup> edition (Charles C Thomas, 1977)
3. Joint Structure & Function :A comprehensive analysis by Cynthia C Norkin, Pamela K Levangie (Jaypee Brothers, 2006)
4. Brunnstrom's Clinical Kinesiology by Laura K. Smith & Don Lehmkuh, 5th edition (F A Davis, 1996)
5. The Physiology of the Joints by Kapandji & Matthew J Kendel (Churchill Livingstone, 2008)
6. Clinical Biomechanics of the Spine by Augustus A White & Manohar M Panjabi, 2nd Edition (Lippincott Williams & Wilkins; 1990)
7. Kinesiology :The mechanics and Pathomechanics of Human Movement by Carol Oatis (Lippincott Williams & Wilkins; 2008)
8. Kinesiology: Application to pathological motion by Soderberg, 2nd Edition (Wiliams & Wilkins, 1997)

Course Code 19MPT2MC02	Course Name: Advanced Therapeutics	Theory	Practical	Total Credit
	Total Contact Hours -165	5	3	8
	Prerequisite Course -BPT			
	Course Coordinator:			
Course Outcomes (CO)				
CO1	Implement a standardised approach to patient care in complex acute care settings.			
CO2	Describe the pathophysiology of selected disease states and explain the rationale and expected outcomes for drug therapy.			
CO3	Use current best evidence to determine and justify a valid/optimal therapeutic approach to management of these disease states.			
CO4	Develop, with an evidence based rationale, customised management and monitoring plans considering patient specific parameters, clinical test results and pharmacokinetic parameters.			
CO5	Critically reflect on and consolidate their individual learning process and progress in clinical competence.			

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	2
CO2	3	3	3	3	3	3	3	2	3	3	3	3	3	3	2	3	3
CO3	3	3	3	3	3	3	3	3	3	3	3	2	3	3	3	3	2
CO4	3	3	3	2	3	3	3	3	3	3	3	3	3	2	3	3	3
CO5	3	3	3	3	3	2	3	3	3	3	3	3	3	3	3	2	3

## ADVANCED THERAPEUTICS

### Syllabus

**UNIT I EXERCISE THERAPY :** Evaluation – prescription – concepts – physiological effects – limitation – clinical indications – care points – progression

- Documentation – types of exercises – strength endurance – role of biomedical engineering

**UNIT II ELECTROTHERAPY :** Electrotherapy low frequency, medium and high frequency equipments – limitations , effects , uses , indications , contraindications , safety precautions – electrotherapeutic – EMG Biofeedback

**UNIT III MANUAL THERAPY** : History – concepts indications – contraindication – safety precautions – evaluation – joint mobilization techniques

**UNIT IV** : Soft tissue techniques – muscle energy techniques – myofascial release , TP release – PR technique – neural tissue mobilisation

**UNIT V** : Clinical examination – disability evaluation – differential diagnosis – prescription of modalities – evaluation prognosis – documentation – evidence based practise

### **Reference**

#### **Books**

- 1 Text Book of work Physiology - Guyton, Prim Books Bangalore - 1991, 8th Edition.
- 2 Physicals agents in rehabilitation: from research to practical by Michell H. Cameron, 2nd edition (Saunders and Elsevier, 2003)
- 3 Therapeutic Modalities for Allied Health Professionals by William E. Prentice and Frank Underwood (McGraw-Hill, 1998)

#### **Journal**

1. European journal of physiotherapy ( advances in physiotherapy )
2. Archives of physical medicine and rehabilitation
3. Indian journal of physical therapy
4. International journal of therapy and rehabilitation
5. Journal of rehabilitation medicine

Course Code 19MPT2GE01	Course Name: Health Economics	Theory	Practical	Total Credit
	Total Contact Hours -135	4	2	6
	Prerequisite Course - BPT			
	Course Coordinator:			
Course Outcomes (CO)				
CO1	Community physiotherapist in natural and man-made disasters and disaster management.			
CO2	Need of health economics and methods of economic analysis in health.			
CO3	Definition and types of medical records, importance of medical record.			
CO4	Quality control and management- principles and methods.			
CO5	Inventory control and purchase management.			

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	3	3	3	3	3	3	2	3	3	3	2	3
CO2	3	3	3	3	3	3	3	3	3	2	3	3	3	3	2	3	3
CO3	3	3	3	3	3	3	2	3	3	3	3	3	2	3	3	3	3
CO4	3	3	3	3	2	3	3	3	3	3	3	3	3	3	3	3	2
CO5	3	3	3	3	3	3	3	3	3	2	3	3	3	2	3	3	3

## HEALTH ECONOMICS

### Syllabus

**Unit I:** Ethical principles in health economic analysis

**Unit II:** Measuring status of health and cost of illness

**Unit III :** Different health economic evaluations

**Unit IV:** Decision-analytic modelling

**Unit V:** Sensitivity analyses Insight in the use of health economic evaluations in real world

### Reference

Text Books

1.Drummond, Michael F. Methods for the economic evaluation of health care programmes [updated and rev.] ed.: Oxford: Oxford University Press, 2005.

2.Brazier, John. Measuring and Valuing Health Benefits for Economic Evaluation  
Oxford University Press, 2007.

Course Code 19MPT2GE02	Course Name: Yoga for Physiotherapist	Theory	Practical	Total Credit
	Total Contact Hours -135	4	2	6
	Prerequisite Course - BPT			
	Course Coordinator:			
Course Outcomes (CO)				
CO1	Demonstrate the introduction and principles of yoga.			
CO2	Knowledge of history of yoga and yoga in modern India.			
CO3	Outline of yoga background and importance of yoga in modern world.			
CO4	Learning the types and forms of asanas and description of physiological effect of yoga.			
CO5	Understanding the role of yoga in physiotherapy.			

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3	3	2
CO2	3	3	3	3	3	3	3	3	3	3	2	3	3	3	2	3	3
CO3	3	3	3	3	3	3	2	3	3	3	3	3	2	3	3	3	3
CO4	3	3	3	3	3	3	3	3	3	2	3	3	3	3	3	2	3
CO5	3	3	3	3	3	3	3	3	3	3	3	2	3	2	3	3	3

## YOGA FOR PHYSIOTHERAPIST

### Syllabus

**Unit I:** Scientific Study of yoga- types- Basics- Philosophy- Evolution -Physiologic & Therapeutic effects, Dangers- Precautions.

**Unit II:** Principle & Practice of Pranayama Hatha Yoga, clinical Applications

**Unit III:** Yoga & Human Systems, Yoga in Physical and Mental Health, Yoga for Personality Development- Yoga & Stress Management, Yoga & Pregnancy

**Unit IV :** Advanced Yoga Techniques -Research in Yoga

**Unit V :** Physiotherapy and Yoga, Clinical Applications of Yoga

## **Reference**

1. Application in Yoga, Gharote, manmath M. ,Lonavla, 2008
2. The Complete book of Yoga, Sri Ananda, Orient Paper Backs, Delhi, 2003

Course. Code 19MPT2CT02	Course Name: Clinical Training II	Total Credit
	Total Contact Hours - 255	3
	Prerequisite Course - BPT	
	Course Coordinator:	
Course Outcomes (CO)		
CO1	Explain the components of basic assessment for a patient.	
CO2	List the impairments resulting in functional limitation and participation restriction.	
CO3	Demonstrate clinical observatory skill and the bed side manners.	
CO4	Understanding of policy of the inpatient service and outpatient services.	
CO5	Understand the role of physiotherapy in various clinical conditions and the documentation of patient service.	

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	2
CO2	3	3	3	3	3	3	3	2	3	3	3	3	3	3	2	3	3
CO3	3	3	3	3	3	3	3	3	3	3	3	3	3	2	3	3	3
CO4	3	3	3	3	3	2	3	3	3	3	3	3	3	3	3	3	2
CO5	3	3	3	2	3	3	3	3	3	3	3	3	3	3	3	3	2

## CLINICAL TRAINING II

### Syllabus

Unit I : Postings for Observation , evaluation and assessment of cases in Physio care for Musculoskeletal, Sports injuries, Hand injury-patients

Unit II : Aurogreen postings for Aquatic therapy

Unit III : FitnessOne and EXRX postings for Fitness

Unit IV : Pain and stroke posting for clinical evaluation,gait analysis

Unit V : NIEPMD Postings for Physically challenged.

## SEMESTER III - COURSE OUTCOME, CO PO MAPPING

Course Code 19MPT3AE01	Course Name: Allied Elective in Neuro	Theory	Practical	Total Credit
	Total Contact Hours -180	5	4	9
	Prerequisite Course -BPT			
	Course Coordinator:-			
Course Outcomes (CO)				
CO1	Understanding the importance of pediatric neurological conditions.			
CO2	Understand about assessment and management of degenerative conditions.			
CO3	Understand the importance and management of neurological conditions.			
CO4	Understand about complication impairment and disability and their management.			
CO5	Understand the geriatric conditions under the theories of ageing and physiological changes due to ageing.			

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3	3	2
CO2	3	3	3	3	3	3	3	3	2	3	3	3	3	3	2	3	3
CO3	3	3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	2
CO4	3	3	3	3	3	3	2	3	3	3	3	3	2	3	3	3	3
CO5	3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	2	3

### ALLIED ELECTIVE IN NEURO

#### Syllabus

**UNIT I :** Paediatric neurology – hydrocephalus – growth development – syringomyelia – cerebral palsy

**UNIT II :** Reflexes – nutrition – genetic disorders – surgery – physiotherapy assessment – differential diagnosis – rehabilitation

**UNIT III :** Geriatrics – falls – balance – systemic illness- depression – cognitive disorders – parkinson's diseases – AD – neurological changes – musculoskeletal – incontinence – disability – social security

**UNIT IV :** Conditions – degenerative , infective , connective tissue – Autoimmune – genetic , conservative – surgical – evaluation – differential diagnosis – treatment

## **UNIT V : Evidence based practice – disability evaluation – compensation – benefits**

### **Reference**

1. Clinical Neuroanatomy for Medical Students by Richard S Snell, 5th Edition (Lippincott Williams & Wilkins, 2001) Neurophysiology
2. Neurophysiology by RHS Carpenter, 4th edition (Arnold 2003) Clinical neurology 1. Pathophysiology of the motor systems: Principles and Clinical presentations by Christopher M. Fredericks and Lisa K. Saladin (F.A. Davis Company 1996)
3. Brain's diseases of the nervous system by John Walton, 12th edition (Oxford University press)
4. Illustrated neurology and neuro surgery by Kenneth Lindsay and Ian Bone (Churchill Livingstone, 2004)
5. Bickerstaff's neurological examination in clinical practice by John Spillane, 6th edition (Blackwell science limited 1996)
6. Physical rehabilitation laboratory manual: Focus on functional training by Susan B O Sullivan and Thomas J Schmitz. (F.A. Davis Company

### **Journal**

1. Journal of Neurologic Physical Therapy
2. Journal of Rehabilitation Research and Development.
3. Journal of Neurological Sciences.
4. European Journal of Neurological Sciences
5. Internal Journal of Neurorehabilitation

## **CLINICAL TRAINING III**

### **Syllabus**

Unit I : Clinical evaluation patient care in pain and stroke

Unit II : Gait rehabilitation in pain and stroke

Unit III : EMG and biofeedback in Jogo

Unit IV : Neurological rehabilitation in VHS

Unit V : Postoperative Neuro care inVHS

## SEMESTER IV - COURSE OUTCOME, CO PO MAPPING

Course Code 19MPT4AE01	Course Name: Elective in Advance Neurology	Theory	Practical	Total Credit
	Total Contact Hours -	10	8	18
	Prerequisite Course - BPT			
	Course Coordinator:			
Course Outcomes (CO)				
CO1	Understand the importance of growth and development of nervous system.			
CO2	Understand about basic concept of neurodiagnostics in physiotherapy assessment and management.			
CO3	Understand about the different types of manual therapy concepts used in physiotherapy for treating different neurological physiotherapy conditions.			
CO4	Able to plan and prescribe short and long term physiotherapy treatment by selecting appropriate mode of evaluation and interventions.			
CO5	Understand the concepts of rehabilitation and delivery of health care with medical team work.			

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	2	3	3	3	3	3	3	3	3	2	3	3
CO2	3	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3	2
CO3	3	3	3	3	3	3	3	3	3	2	3	3	3	2	3	3	3
CO4	3	3	3	3	3	3	3	3	3	3	3	2	3	3	3	2	3
CO5	3	3	3	3	3	3	3	2	3	3	3	3	2	3	3	3	3

### ELECTIVE IN ADVANCE NEUROLOGY

#### Syllabus

**UNIT I :** Growth and development of nervous system – neuroanatomy – neurophysiology – pathophysiology of nerve – muscle – motor system – motor control – coordination – voluntary movement

**UNIT II** :Neurodiagnostic tests - indications, limitations. – Uses – clinical manifestation of various congenital – acquired neuro disease disorders

**UNIT III** : Physiotherapy assessment – scales – score – index – neuro ailments – movement disorders – degenerative conditions – post operative cranial – spinal – nerve – surgeries – ICU management

**UNIT IV** : PT techniques – concepts – indications – safety – physiological effects – evidence based applications – rehabilitation

**UNIT V**: Disability evaluation – management – mobility AIDS – orthotics – neuro drugs – surgery – post operative care.

### **Reference**

1. Clinical Neuroanatomy for Medical Students by Richard S Snell, 5th Edition (Lippincott Williams & Wilkins, 2001) Neurophysiology
2. Neurophysiology by RHS Carpenter, 4th edition (Arnold 2003) Clinical neurology 1. Pathophysiology of the motor systems: Principles and Clinical presentations by Christopher M. Fredericks and Lisa K. Saladin (F.A. Davis Company 1996)
3. Brain's diseases of the nervous system by John Walton, 12th edition (Oxford University press)
4. Illustrated neurology and neuro surgery by Kenneth Lindsay and Ian Bone (Churchill Livingstone, 2004)
5. Bickerstaff's neurological examination in clinical practice by John Spillane, 6th edition (Blackwell science limited 1996)
6. Physical rehabilitation laboratory manual: Focus on functional training by Susan B O Sullivan and Thomas J Schmitz. (F.A. Davis Company

### **Journal**

1. Journal of Neurologic Physical Therapy
2. Journal of Rehabilitation Research and Development.
3. Journal of Neurological Sciences.
4. European journal of neurological sciences
5. Internal journal of neurorehabilitation

Course Code 19MPT4CT04	Course Name: Clinical Training IV	Total Credit
	Total Contact Hours -255	3
	Prerequisite Course - BPT	
	Course Coordinator:	
Course Outcomes (CO)		
CO1	Explain the components of basic assessment for a patient.	
CO2	List the impairments resulting in functional limitation and participation restriction.	
CO3	Demonstrate clinical observatory skill and the bedside manners.	
CO4	Understanding of policy of the inpatient service and outpatient services.	
CO5	Understand the role of physiotherapy in various clinical conditions and the documentation of patient service.	

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	2	3
CO2	3	3	3	3	3	3	3	3	3	3	2	3	3	2	3	3	3
CO3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3	2
CO4	3	3	3	3	3	2	3	3	3	3	3	3	3	3	2	3	3
CO5	3	3	3	3	3	3	3	3	3	3	2	3	3	3	3	3	2

## CLINICAL TRAINING IV

### Syllabus

Unit I : Clinical evaluation patient care in pain and stroke

Unit II : Gait rehabilitation in pain and stroke

Unit III : EMG and biofeedback in Jogo

Unit IV : Neurological rehabilitation in VHS

Unit V : Postoperative Neuro care inVHS

# BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH (BIHER)

Accredited 'A' Grade by NAAC

(Declared as Deemed -to -be University under section 3 of UGC Act, 1956)

## SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Constituent College of BIHER

### MASTER OF PHYSIOTHERAPY IN ADVANCED ORTHOPEDIC CONDITIONS

Postgraduate Degree Course

MPT in Advanced Orthopedic Conditions CBCS Syllabus 2019								
1 Semester = 20 Weeks Teaching/ 1 Week= 36 Hours								
MC Main Core, GE General Elective, CT Clinical Training, CD Dissertation, AE Allied Elective								
Sem	Course Code	Courses	Theory		Practical		Total Hours	Total Credits
			H	C	H	C		
I	19MPT1MC01	Basic Sciences	90	6	75	2	165	8
	19MPT1MC02	Research Methodology, Biostatistics and EBP	75	5	90	3	165	8
	19MPT1GE01	Molecular Biology	60	4	75	2	135	6
	19MPT1GE02	Kinesiotaping						
	19MPT1CT01	Clinical Training I					255	3
							720	25
II	19MPT2MC01	Movement Science	90	6	75	2	165	8
	19MPT2MC02	Advanced Therapeutics	75	5	90	3	165	8
	19MPT2GE01	Health Economics	60	4	75	2	135	6
	19MPT2GE02	Yoga for Physiotherapist						
	19MPT2CT02	Clinical Training II					255	3
							720	25
III	19MPT3AE01	Allied Elective in Ortho	160	10	200	8	360	18
	19MPT3CD01	Dissertation	30	2	75	2	105	4
	19MPT3CT03	Clinical Training III					255	3
							720	25
IV	19MPT4AE01	Elective in Advance Orthopedic	160	10	200	8	360	18
	19MPT4CD01	Dissertation	30	2	75	2	105	4
	19MPT4CT04	Clinical Training IV					255	3
							720	25

## SEMESTER I - COURSE OUTCOME, CO PO MAPPING

Course Code 19MPT1MC01	Course Name: Basic Science	Theory	Practical	Total Credit
	Total Contact Hours -165	6	2	8
	Prerequisite Course - BPT			
	Course Coordinator:			
Course Outcomes (CO)				
CO1	Demonstrate comprehensive understanding of electrophysiology.			
CO2	Acquire the knowledge in nutrition that is required to be practiced in health care system.			
CO3	Understand the basis of exercise and sports and its application in practice of physiotherapy.			
CO4	Learn and understand the skills of assessment for fitness evaluation and its application in practice of physiotherapy.			
CO5	Understand the concepts of applications of molecular biology and genetics.			

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	3	3	3	3	3	3	2	3	3	2	3	3
CO2	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3	2	3
CO3	3	3	3	3	3	3	3	3	3	2	3	3	3	2	3	3	3
CO4	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3	3	2
CO5	3	3	3	3	3	3	3	3	3	2	3	3	2	3	3	3	3

### BASIC SCIENCE

#### Syllabus

**UNIT I :** Cell- nerve – muscle – physiology – Electrophysiology- nerve conduction studies – electromyography – ENMS – kinesiological EMG – bioelectricity – evoked potentials

Molecular Biology & Genetics.

**UNIT II :** Nutrition – carbohydrates – minerals – protein – fat – metabolism – nature – malnutrition – source – role of exercises – supplement – obesity – evaluation – management

**UNIT III :** Exercise and sports physiology – energy transfer – source – utilisation – response of musculoskeletal – nervous – endocrine – cardiorespiratory system

**UNIT IV :** Aerobic – resisted – high intensity exercises – factors influencing – techniques – exercise physiology

## **UNIT V : Fatigue – fitness evaluation – training – various by techniques – gender – altitude**

### **Reference**

- 1 Exercise Physiology - Mc Ardle Katch, Katch.
2. Clinical Electromyography (Part I basic section only) Nerve Conduction Studies - Shin J.OH - Publisher Williams & Wilkins.
3. Clinical Neurophysiology - Nerve conduction, Electromyography and Evoked Potentials - UK Misra, Publisher B.I. Churchill Livingstone.
4. Manual of Nerve conduction velocity techniques - DE HSA, Raven Press, New York.
5. Electrodiagnosis in Diseases of Nerve & Muscle - Kimura FA Davis, Philadelphia

### **Journal**

1. Journal of biomedical sciences
2. Bosnian journal of basic medical sciences
3. International journal of medical sciences
4. Clinical science
5. Internal journal of sciences: basic and applied research

Course Code 19MPT1MC02	Course Name: Research Methodology, Biostatistics and EBP	Theory	Practical	Total Credit
	Total Contact Hours -165	5	3	8
	Prerequisite Course - BPT			
	Course Coordinator:			
Course Outcomes (CO)				
CO1	Describe how research is undertaken, and its benefits.			
CO2	Differentiate between quantitative research and qualitative research.			
CO3	Select an appropriate study design based on research question.			
CO4	Identify ethical issues in research.			
CO5	Design a research proposal			

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	2	3	3	3	3	3	3	3	3	3	3	3	2	3
CO2	3	3	3	3	3	2	3	3	3	3	3	3	3	2	3	3	3
CO3	3	2	3	3	3	3	3	3	3	3	3	3	3	3	3	3	2
CO4	3	3	3	3	3	3	3	3	3	2	3	3	3	2	3	3	3
CO5	3	3	3	3	3	3	3	2	3	3	3	3	3	3	3	2	3

## RESEARCH METHODOLOGY, BIostatISTICS AND EBP

### Syllabus

**UNIT I** : Ethics in physiotherapy research – phases of research – conceptual phase – concepts – variables – hypothesis – literature review

**UNIT II** : Empirical phase – design – survey – validity – data collection – observational method- data collection – observational method- biophysiologic measures – data analysis – descriptive statistics – inferential statistics

**UNIT III** : Interpretative phase – critiquing research – guidelines Guidelines for research publication – APA style – plagiarism – copy right laws

**UNIT IV** : Concepts of teaching and learning – curriculum – development – methods of teaching – evaluation – guidance and counselling – faculty professional and personal development in PT – Online learning & Evaluation.

**UNIT V** : PT education – Indian health care – physiotherapy practice growth – demand – India – abroad – department management – finance management – legal concepts – values – ethics .Marketing strategies, Finance in education , Medicolegal aspects.

## **Reference**

### Textbook

1. Research methodology- C. R. Kothari
2. Research Methods for Clinical therapist- Carolyn M. Hicks
3. Research design- John W. Creswell
4. Rehabilitation Research: Principles and Applications by Elizabeth Domholdt
5. Nursing Research- Polit & Hungler
6. Introduction to Biostatistics and Research Methods Rao P.S.S. Sundar & j. Richard
7. Research Methodology and Biostatistics - A Comprehensive Guide for Health Care Professionals, Suresh Sharma
8. Principles, Methods And Techniques Of Teaching Paperback – 1 January 2010  
by J.C. Aggarwal (Author)

### Websites

1. <https://www.researchgate.net/search>
2. <https://www.ncbi.nlm.nih.gov/pmc/>

### Journals

1. Journal of Clinical Physiotherapy Research
2. Physiotherapy research International
3. International Journal Of Physiotherapy Research

Course Code 19MPT1GE01	Course Name: Molecular Biology	Theory	Practical	Total Credit
	Total Contact Hours -135	4	2	6
	Prerequisite Course - BPT			
	Course Coordinator:			
Course Outcomes (CO)				
CO1	Learning structural levels of nucleic acids- DNA and RNA and genome organization in prokaryotes and eukaryote and the concept of Gene and the gene architecture.			
CO2	Learning molecular events in the DNA replication and role of different enzymes and overview of the central dogma of life and various molecular events.			
CO3	Understanding the principles and applications of polymerase chain reaction(PCR) and molecular events of transcription and processing of transcripts, RNA editing.			
CO4	Molecular events of translation leading to protein synthesis and post translational modification and understanding the regulation of gene expression in prokaryotes using operon concept and eukaryotes.			
CO5	Learn the methods of DNA sequencing and various tools and techniques of molecular biology and learn about the molecular markers and its classification and applications.			

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	3	3	3	3	3	2	3	3	2	3	3	3
CO2	3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	2	3
CO3	3	3	2	3	3	3	3	3	3	3	2	3	3	2	3	3	3
CO4	3	3	3	3	3	3	2	3	3	3	3	3	3	3	2	3	3
CO5	3	3	3	3	3	3	3	3	3	3	2	3	3	3	3	3	2

## MOLECULAR BIOLOGY FOR PHYSIOTHERAPIST

### Syllabus

**Unit I:** Describe the chemical nature of, and major chemical processes within, the human body and key features of the metabolic processes by which cells generate energy.

**Unit II** : Evaluate how the body responds to changes in nutritional input and energy output, genetic information is used in the human body and explain how this impacts the health of an individual.

**Unit III** : Explain the similarities & differences between eukaryotic cells, prokaryotic cells and viruses.

**Unit IV** : Describe how the human body defends against infectious disease.

**Unit V**: Explore how pathogenic microbes cause disease, methods of infection control and evaluate their relative merits.

## **References**

Text Book

1. Molecular and Cellular Biology, Sanghera Paul Dr
2. Cell and Molecular Biology, P. K. Gupta (Author)

Website:

1. <https://academic.oup.com/mbe>
2. <https://www.springer.com/>

Journal

1. <https://journals.asm.org/journal/mcb>
2. <https://bmcmolbiol.biomedcentral.com/>
3. <https://www.journals.elsevier.com/journal-of-molecular-biology>

Course Code 19MPT1GE02	Course Name: Kinesiotaping	Theory	Practical	Total Credit
	Total Contact Hours -135	4	2	6
	Prerequisite Course - BPT			
	Course Coordinator:			
Course Outcomes (CO)				
CO1	Describe the concepts of Kinesio Taping.			
CO2	Describe the unique qualities of the Kinesio Tex Tape.			
CO3	Utilize and demonstrate application skills in guided laboratory sessions.			
CO4	Demonstrate application skills during lab sessions.			
CO5	Practice the various cutting techniques and their clinical application.			

Mapping of Course Outcomes with Program outcomes (POs) (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	2	3	3	3	3	3	3	3	3	3	2	3
CO2	3	3	3	3	3	3	3	3	2	3	3	3	3	3	2	3	3
CO3	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3	3	2
CO4	3	3	3	2	3	3	3	3	3	3	3	3	3	3	3	3	3
CO5	3	3	3	3	3	2	3	3	3	3	3	3	2	3	3	3	3

## KINESIOTAPING

### Syllabus

**Unit I:** Introduction- Theory- Basics of Application-Contra indications- Precautions

**Unit II:** K-Tape Material- Physiological & Therapeutic effects- Clinical Applications

**Unit III:** Types of Application- Stretch

**Unit IV :** Various fields- Sports- Pregnancy- orthopedics, etc.

**Unit V :** K-Taping research- Evidences-Future

### References:

1. Kinesiology Taping For Rehab And Injury Prevention - Kim Aliana
2. Practical Guide to Kinesiology Taping for Injury Prevention and Common Medical Conditions, Gibbons John
3. NeuroMuscular taping -Edi Ermes Usa, David Blow
4. Kinesiology Taping: The Essential Step-by-step Guide - Langendoen, John And Sertel, Karin

Website :

1. <https://kinesiotaping.com/>
2. <https://www.k-taping.com/en/>

Course Code 19MPT1CT01	Course Name: Clinical Training I	Total Credit
	Total Contact Hours - 255	3
	Prerequisite Course - BPT	
	Course Coordinator:	
Course Outcomes (CO)		
CO1	Explain the components of basic assessment for a patient.	
CO2	List the impairments resulting in functional limitation and participation restriction.	
CO3	Demonstrate clinical observatory skill and the bedside manners.	
CO4	Understanding of policy of the inpatient service and outpatient services.	
CO5	Understand the role of physiotherapy in various clinical conditions and the documentation of patient service.	

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	2	3	3	3	3	3	3	3	3	3	2	3	3	3	3
CO2	3	3	3	3	3	3	2	3	3	3	3	3	3	3	2	3	3
CO3	3	3	3	3	2	3	3	3	3	3	3	3	3	3	3	3	2
CO4	3	3	3	3	3	3	3	3	2	3	3	3	3	2	3	3	3
CO5	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3	2	3

## CLINICAL TRAINING I

### Syllabus

Unit I : Postings for Observation , evaluation and assessment of cases in Physio care for Musculoskeletal, Sports injuries, Hand injury-patients

Unit II : Aurogreen postings for Aquatic therapy

Unit III : FitnessOne and EXRX postings for Fitness

Unit IV : Pain and stroke posting for clinical evaluation,gait analysis

Unit V : NIEPMD Postings for Physically challenged.

## SEMESTER II - COURSE OUTCOME, CO PO MAPPING

Course Code 19MPT2MC01	Course Name: Movement Science	Theory	Practical	Total Credit
	Total Contact Hours -165	6	2	8
	Prerequisite Course -BPT			
	Course Coordinator:			
Course Outcomes (CO)				
CO1	Apply fundamental human movement principles, from both natural and social science perspectives.			
CO2	Understanding of the form and function of the human body.			
CO3	Critically evaluate human movement research in order to design and generate disciplinary knowledge.			
CO4	Use qualitative and quantitative reasoning and evidence, synthesizing information from a variety of origins.			
CO5	Evaluate methodically and systematically problems and develop interventions in the human movement domain.			

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	2	3	3	3	3	3	3	3	3	3	3	3	3	2	3
CO2	3	3	3	3	3	3	2	3	3	3	3	3	2	3	3	3	3
CO3	3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	3	2
CO4	3	3	3	2	3	3	3	3	3	3	3	3	3	2	3	3	3
CO5	3	2	3	3	3	3	3	3	3	3	3	3	3	3	3	2	3

### MOVEMENT SCIENCE

#### Syllabus

**UNIT I : APPLIED ANATOMY:** Voluntary movement- neural control – tone- pathways

**UNIT ii : APPLIED ANATOMY:** Kinetics- kinematics – application in spasticity – flaccid paralysis

**UNIT III : PATHOMECHANICS :** Biomechanics – pathomechanics of extremities – spine – functional analysis

**UNIT IV : PATHOMECHANICS** :Gait - Kinematic Analysis of Gait – Force Platform - Robotics– Posture  
-Significance of functional MRI.

**UNIT V** : Mobility Aids – ergonomics at industry – workplace – Job analysis – rehabilitation

### **Reference**

1. Basic biomechanics of the musculoskeletal system by Margareta Nordin and Victor H. Frankle, 2<sup>nd</sup> edition ( Lea and Febiger)
2. Kinesiology of the Human Body: Under Normal and pathological condition by Arthur Steindler, 5<sup>th</sup> edition (Charles C Thomas, 1977)
3. Joint Structure & Function :A comprehensive analysis by Cynthia C Norkin, Pamela K Levangie (Jaypee Brothers, 2006)
4. Brunnstrom's Clinical Kinesiology by Laura K. Smith & Don Lehmkuh, 5th edition (F A Davis, 1996)
5. The Physiology of the Joints by Kapandji & Matthew J Kendel (Churchill Livingstone, 2008)
6. Clinical Biomechanics of the Spine by Augustus A White & Manohar M Panjabi, 2nd Edition (Lippincott Williams & Wilkins; 1990)
7. Kinesiology :The mechanics and Pathomechanics of Human Movement by Carol Oatis (Lippincott Williams & Wilkins; 2008)
8. Kinesiology: Application to pathological motion by Soderberg, 2nd Edition (Williams & Wilkins, 1997)

Course Code 19MPT2MC02	Course Name: Advanced Therapeutics	Theory	Practical	Total Credit
	Total Contact Hours -165	5	3	8
	Prerequisite Course -BPT			
	Course Coordinator:			
Course Outcomes (CO)				
CO1	Implement a standardised approach to patient care in complex acute care settings.			
CO2	Describe the pathophysiology of selected disease states and explain the rationale and expected outcomes for drug therapy.			
CO3	Use current best evidence to determine and justify a valid/optimal therapeutic approach to management of these disease states.			
CO4	Develop, with an evidence based rationale, customised management and monitoring plans considering patient specific parameters, clinical test results and pharmacokinetic parameters.			
CO5	Critically reflect on and consolidate their individual learning process and progress in clinical competence.			

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	2
CO2	3	3	3	3	3	3	3	2	3	3	3	3	3	3	2	3	3
CO3	3	3	3	3	3	3	3	3	3	3	3	2	3	3	3	3	2
CO4	3	3	3	2	3	3	3	3	3	3	3	3	3	2	3	3	3
CO5	3	3	3	3	3	2	3	3	3	3	3	3	3	3	3	2	3

## ADVANCED THERAPEUTICS

### Syllabus

**UNIT I EXERCISE THERAPY :** Evaluation – prescription – concepts – physiological effects – limitation – clinical indications – care points – progression

- Documentation – types of exercises – strength endurance – role of biomedical engineering

**UNIT II ELECTROTHERAPY :** Electrotherapy low frequency, medium and high frequency equipments – limitations , effects , uses , indications , contraindications , safety precautions – electrotherapeutic – EMG Biofeedback

**UNIT III MANUAL THERAPY** : History – concepts indications – contraindication – safety precautions – evaluation – joint mobilization techniques

**UNIT IV** : Soft tissue techniques – muscle energy techniques – myofascial release , TP release – PR technique – neural tissue mobilisation

**UNIT V** : Clinical examination – disability evaluation – differential diagnosis – prescription of modalities – evaluation prognosis – documentation – evidence based practise

### **Reference**

#### **Books**

- 1 Text Book of work Physiology - Guyton, Prim Books Bangalore - 1991, 8th Edition.
- 2 Physicals agents in rehabilitation: from research to practical by Michell H. Cameron, 2nd edition (Saunders and Elsevier, 2003)
- 3 Therapeutic Modalities for Allied Health Professionals by William E. Prentice and Frank Underwood (McGraw-Hill, 1998)

#### **Journal**

1. European journal of physiotherapy ( advances in physiotherapy )
2. Archives of physical medicine and rehabilitation
3. Indian journal of physical therapy
4. International journal of therapy and rehabilitation
5. Journal of rehabilitation medicine

Course Code 19MPT2GE01	Course Name: Health Economics	Theory	Practical	Total Credit
	Total Contact Hours -135	4	2	6
	Prerequisite Course - BPT			
	Course Coordinator:			
Course Outcomes (CO)				
CO1	Community physiotherapist in natural and man-made disasters and disaster management.			
CO2	Need of health economics and methods of economic analysis in health.			
CO3	Definition and types of medical records, importance of medical record.			
CO4	Quality control and management- principles and methods.			
CO5	Inventory control and purchase management.			

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	3	3	3	3	3	3	2	3	3	3	2	3
CO2	3	3	3	3	3	3	3	3	3	2	3	3	3	3	2	3	3
CO3	3	3	3	3	3	3	2	3	3	3	3	3	2	3	3	3	3
CO4	3	3	3	3	2	3	3	3	3	3	3	3	3	3	3	3	2
CO5	3	3	3	3	3	3	3	3	3	2	3	3	3	2	3	3	3

## HEALTH ECONOMICS

### Syllabus

**Unit I:** Ethical principles in health economic analysis

**Unit II:** Measuring status of health and cost of illness

**Unit III :** Different health economic evaluations

**Unit IV:** Decision-analytic modelling

**Unit V:** Sensitivity analyses Insight in the use of health economic evaluations in real world

### Reference

Text Books

1.Drummond, Michael F. Methods for the economic evaluation of health care programmes [updated and rev.] ed.: Oxford: Oxford University Press, 2005.

2.Brazier, John. Measuring and Valuing Health Benefits for Economic Evaluation  
Oxford University Press, 2007.

Course Code 19MPT2GE02	Course Name: Yoga for Physiotherapist	Theory	Practical	Total Credit
	Total Contact Hours -135	4	2	6
	Prerequisite Course - BPT			
	Course Coordinator:			
Course Outcomes (CO)				
CO1	Demonstrate the introduction and principles of yoga.			
CO2	Knowledge of history of yoga and yoga in modern India.			
CO3	Outline of yoga background and importance of yoga in modern world.			
CO4	Learning the types and forms of asanas and description of physiological effect of yoga.			
CO5	Understanding the role of yoga in physiotherapy.			

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3	3	2
CO2	3	3	3	3	3	3	3	3	3	3	2	3	3	3	2	3	3
CO3	3	3	3	3	3	3	2	3	3	3	3	3	2	3	3	3	3
CO4	3	3	3	3	3	3	3	3	3	2	3	3	3	3	3	2	3
CO5	3	3	3	3	3	3	3	3	3	3	3	2	3	2	3	3	3

## YOGA FOR PHYSIOTHERAPIST

### Syllabus

**Unit I:** Scientific Study of yoga- types- Basics- Philosophy- Evolution -Physiologic & Therapeutic effects, Dangers- Precautions.

**Unit II:** Principle & Practice of Pranayama Hatha Yoga, clinical Applications

**Unit III:** Yoga & Human Systems, Yoga in Physical and Mental Health, Yoga for Personality Development- Yoga & Stress Management, Yoga & Pregnancy

**Unit IV :** Advanced Yoga Techniques -Research in Yoga

**Unit V :** Physiotherapy and Yoga, Clinical Applications of Yoga

## **Reference**

1. Application in Yoga, Gharote, manmath M. ,Lonavla, 2008
2. The Complete book of Yoga, Sri Ananda, Orient Paper Backs, Delhi, 2003

Course. Code 19MPT2CT02	Course Name: Clinical Training II	Total Credit
	Total Contact Hours - 255	3
	Prerequisite Course - BPT	
	Course Coordinator:	
Course Outcomes (CO)		
CO1	Explain the components of basic assessment for a patient.	
CO2	List the impairments resulting in functional limitation and participation restriction.	
CO3	Demonstrate clinical observatory skill and the bed side manners.	
CO4	Understanding of policy of the inpatient service and outpatient services.	
CO5	Understand the role of physiotherapy in various clinical conditions and the documentation of patient service.	

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	2
CO2	3	3	3	3	3	3	3	2	3	3	3	3	3	3	2	3	3
CO3	3	3	3	3	3	3	3	3	3	3	3	3	3	2	3	3	3
CO4	3	3	3	3	3	2	3	3	3	3	3	3	3	3	3	3	2
CO5	3	3	3	2	3	3	3	3	3	3	3	3	3	3	3	3	2

## CLINICAL TRAINING II

### Syllabus

Unit I : Postings for Observation , evaluation and assessment of cases in Physio care for Musculoskeletal, Sports injuries, Hand injury-patients

Unit II : Aurogreen postings for Aquatic therapy

Unit III : FitnessOne and EXRX postings for Fitness

Unit IV : Pain and stroke posting for clinical evaluation,gait analysis

Unit V : NIEPMD Postings for Physically challenged.

## SEMESTER III - COURSE OUTCOME, CO PO MAPPING

Course Code 19MPT3AE01	Course Name: Allied Elective in Ortho	Theory	Practical	Total Credit
	Total Contact Hours -360	10	8	18
	Prerequisite Course -BPT			
	Course Coordinator:-			
Course Outcomes (CO)				
CO1	Understanding the importance of pediatric orthopaedics conditions.			
CO2	Understand about assessment and management of degenerative conditions.			
CO3	Understand the importance and management of orthopaedics conditions.			
CO4	Understand about complication impairment and disability and their management.			
CO5	Understand the geriatric conditions under the theories of ageing and physiological changes due to ageing.			

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3	3	2
CO2	3	3	3	3	3	3	3	3	2	3	3	3	3	3	2	3	3
CO3	3	3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	2
CO4	3	3	3	3	3	3	2	3	3	3	3	3	2	3	3	3	3
CO5	3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	2	3

### ALLIED ELECTIVE IN ORTHO

#### Syllabus

**UNIT I :** Physiotherapy for paediatric orthopaedic conditions – congenital – musculoskeletal impairments – conservative – surgical management.

**UNIT II :** Nutrition – electrolytes – fitness – evaluation – field – contact – non contact games – sports injuries

**UNIT II :** Spine – extremities – prevention – safety – soft tissue mobilisation – conservative – surgical – rehabilitation –various sports injuries

**UNIT III :** Hand injuries – plastic surgeries – tendon soft tissue repair – amputation – evaluation –

**UNIT IV** : Fractures – burns – clinical conditions – disorders – orthotics – prosthetics – joint replacement

**UNIT IV** : Disability evaluation – compensation – benefits – Paralympics

**Reference:**

1. Netter-Orthopedic Clinical Examination
2. Mohan Iyer - Clinical Examination in Orthopedics
3. Kevin E.Wilk and David Jayner - The Use of Aquatics in Orthopedics and Sports Medicine Rehab
4. Stanley Hoppenfeld - Treatment and Rehabilitation of Fractures
5. John Ebnezar - Essentials of Orthopedics for Physiotherapists - 2nd Ed.
6. David J Magee-Orthopedic Physical Assessment 4th ed
7. Louis Solomon-Apley's system of Orthopedics & Fractures 9th ed
8. Stanley Hoppenfeld - Orthopedic Neurology
9. Fernim Valera Garrido-Advanced Techniques In Musculoskeletal Medicine & Physiotherapy
10. Grieves - Manual of Modern Musculoskeletal Physiotherapy 4th Ed
11. Brian Mackenzie-101 Evaluation Tests
12. James-low back pain
13. Susan Edmund - Joint Mobilization/Manipulation 2nd Ed
14. Leon Chaitow - Soft Tissue Manipulation

Course Code 19MPT3CT03	Course Name: Clinical Training III	Total Credit
	Total Contact Hours - 255	3
	Prerequisite Course - BPT	
	Course Coordinator:	
Course Outcomes (CO)		
CO1	Explain the components of basic assessment for a patient.	
CO2	List the impairments resulting in functional limitation and participation restriction.	
CO3	Demonstrate clinical observatory skill and the bedside manners.	
CO4	Understanding of policy of the inpatient service and outpatient services.	
CO5	Understand the role of physiotherapy in various clinical conditions and the documentation of patient service.	

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3	3	2
CO2	3	3	3	3	3	3	3	3	2	3	3	3	3	2	3	3	3
CO3	3	3	3	3	3	3	3	3	3	3	3	2	3	3	3	3	2
CO4	3	3	3	3	3	3	3	3	3	3	2	3	3	3	2	3	3
CO5	3	3	3	3	3	3	3	3	3	3	3	3	2	3	3	2	3

### CLINICAL TRAINING III

#### Syllabus

**Unit I :** Patient evaluation in Indian red cross

**Unit II :** Patient evaluation treatment in physio care

**Unit III :** Advanced technology and rehab in K.K.Hand rehab center

**Unit IV :** Oncology Physiotherapy care in cancer hospital

**Unit V :** Orthosis and prosthesis in NIEPMD

## SEMESTER IV - COURSE OUTCOME, CO PO MAPPING

Course Code 19MPT4AE01	Course Name: Elective in Advance Orthopedic	Theory	Practical	Total Credit
	Total Contact Hours -360	10	8	18
	Prerequisite Course - BPT			
	Course Coordinator:			
Course Outcomes (CO)				
CO1	Understand the importance of growth and development of musculoskeletal system.			
CO2	Understand about basic concept of orthodiagnosics in physiotherapy assessment and management.			
CO3	Understand about the different types of manual therapy concepts used in physiotherapy for treating different musculoskeletal physiotherapy conditions.			
CO4	Able to plan and prescribe short and long term physiotherapy treatment by selecting appropriate mode of evaluation and interventions.			
CO5	Understand the concepts of rehabilitation and delivery of health care with medical team work.			

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	2	3	3	3	3	3	3	3	3	2	3	3
CO2	3	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3	2
CO3	3	3	3	3	3	3	3	3	3	2	3	3	3	2	3	3	3
CO4	3	3	3	3	3	3	3	3	3	3	3	2	3	3	3	2	3
CO5	3	3	3	3	3	3	3	2	3	3	3	3	2	3	3	3	3

### ELECTIVE IN ADVANCE ORTHOPEDIC

#### Syllabus

**UNIT I :** Embryological growth and development of musculoskeletal system – congenital disorders – deformities – musculoskeletal disorders

**UNIT II :** Amputation – tumors – infections – fractures – and dislocation – conservative – surgical management .

**UNIT III** : Arthroplasty – internal – external fixation – tendon transfer – arthroscopic surgeries

**UNIT IV** : Physiotherapy assessment – scale – score – index – degenerative ,, infective – paediatric , musculoskeletal conditions – post operative care- amputation – posture – gait – disability evaluation

**UNIT V** : Physiotherapy intervention – exercise – electro- rehab protocols – various techniques – orthotics – prosthetics – rehab team – disability management.

**Reference:**

1. Netter-Orthopedic Clinical Examination
2. Mohan Iyer - Clinical Examination in Orthopedics
3. Kevin E.Wilk and David Jayner - The Use of Aquatics in Orthopedics and Sports Medicine Rehab
4. Stanley Hoppenfeld - Treatment and Rehabilitation of Fractures
5. John Ebnezar - Essentials of Orthopedics for Physiotherapists - 2nd Ed.
6. David J Magee-Orthopedic Physical Assessment 4th ed
7. Louis Solomon-Apley's system of Orthopedics & Fractures 9th ed
8. Stanley Hoppenfeld - Orthopedic Neurology
9. Fernim Valera Garrido-Advanced Techniques In Musculoskeletal Medicine & Physiotherapy
10. Grieves - Manual of Modern Musculoskeletal Physiotherapy 4th Ed
11. Brian Mackenzie-101 Evaluation Tests
12. James-low back pain
13. Susan Edmund - Joint Mobilization/Manipulation 2nd Ed
14. Leon Chaitow - Soft Tissue Manipulation

Course Code 19MPT4CT04	Course Name: Clinical Training IV	Total Credit
	Total Contact Hours -255	3
	Prerequisite Course - BPT	
	Course Coordinator:	
Course Outcomes (CO)		
CO1	Explain the components of basic assessment for a patient.	
CO2	List the impairments resulting in functional limitation and participation restriction.	
CO3	Demonstrate clinical observatory skill and the bedside manners.	
CO4	Understand the policy of inpatient service and outpatient services.	
CO5	Understand the role of physiotherapy in various clinical conditions and the documentation of patient service.	

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	2	3
CO2	3	3	3	3	3	3	3	3	3	3	2	3	3	2	3	3	3
CO3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3	2
CO4	3	3	3	3	3	2	3	3	3	3	3	3	3	3	2	3	3
CO5	3	3	3	3	3	3	3	3	3	3	2	3	3	3	3	3	2

## CLINICAL TRAINING

### Syllabus

**Unit I :** Patient evaluation in Indian red cross

**Unit II :** Patient evaluation treatment in physio care

**Unit III :** Advanced technology and rehab in K.K.Hand rehab center

**Unit IV :** Oncology Physiotherapy care in cancer hospital

**Unit V :** Orthosis and prosthesis in NIEPMD

# BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH (BIHER)

Accredited 'A' Grade by NAAC

(Declared as Deemed -to -be University under section 3 of UGC Act, 1956)

## SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Constituent College of BIHER

### MASTER OF PHYSIOTHERAPY IN ADVANCED CARDIORESPIRATORY CONDITION

Postgraduate Degree Course

MPT in Advanced Cardiorespiratory Condition CBCS Syllabus 2019								
1 Semester = 20 Weeks Teaching/ 1 Week= 36 Hours								
MC Main Core, GE General Elective, CT Clinical Training, CD Dissertation, AE Allied Elective								
Sem	Course Code	Courses	Theory		Practical		Total Hours	Total Credits
			H	C	H	C		
I	19MPT1MC01	Basic Sciences	90	6	75	2	165	8
	19MPT1MC02	Research Methodology, Biostatistics and EBP	75	5	90	3	165	8
	19MPT1GE01	Molecular Biology	60	4	75	2	135	6
	19MPT1GE02	Kinesiotaping						
	19MPT1CT01	Clinical Training I					255	3
							720	25
II	19MPT2MC01	Movement Science	90	6	75	2	165	8
	19MPT2MC02	Advanced Therapeutics	75	5	90	3	165	8
	19MPT2GE01	Health Economics	60	4	75	2	135	6
	19MPT2GE02	Yoga for Physiotherapist						
	19MPT2CT02	Clinical Training II					255	3
							720	25
III	19MPT3AE01	Allied Elective in Cardiorespiratory Conditions	160	10	200	8	360	18
	19MPT3CD01	Dissertation	30	2	75	2	105	4
	19MPT3CT03	Clinical Training III					255	3
							720	25
IV	19MPT4AE01	Elective in Advanced Cardiorespiratory Conditions	160	10	200	8	360	18
	19MPT4CD02	Dissertation	30	2	75	2	105	4
	19MPT4CT04	Clinical Training IV					255	3
							720	25

## SEMESTER I - COURSE OUTCOME, CO PO MAPPING

Course Code 19MPT1MC01	Course Name: Basic Science	Theory	Practical	Total Credit
	Total Contact Hours -165	6	2	8
	Prerequisite Course - BPT			
	Course Coordinator:			
Course Outcomes (CO)				
CO1	Demonstrate comprehensive understanding of electrophysiology.			
CO2	Acquire the knowledge in nutrition that is required to be practiced in health care system.			
CO3	Understand the basis of exercise and sports and its application in practice of physiotherapy.			
CO4	Learn and understand the skills of assessment for fitness evaluation and its application in practice of physiotherapy.			
CO5	Understand the concepts of applications of molecular biology and genetics.			

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	3	3	3	3	3	3	2	3	3	2	3	3
CO2	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3	2	3
CO3	3	3	3	3	3	3	3	3	3	2	3	3	3	2	3	3	3
CO4	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3	3	2
CO5	3	3	3	3	3	3	3	3	3	2	3	3	2	3	3	3	3

### BASIC SCIENCE

#### Syllabus

**UNIT I :** Cell- nerve – muscle – physiology – Electrophysiology- nerve conduction studies – electromyography – ENMS – kinesiological EMG – bioelectricity – evoked potentials

Molecular Biology & Genetics.

**UNIT II :** Nutrition – carbohydrates – minerals – protein – fat – metabolism – nature – malnutrition – source – role of exercises – supplement – obesity – evaluation – management

**UNIT III :** Exercise and sports physiology – energy transfer – source – utilisation – response of musculoskeletal – nervous – endocrine – cardiorespiratory system

**UNIT IV :** Aerobic – resisted – high intensity exercises – factors influencing – techniques – exercise physiology

**UNIT V** : Fatigue – fitness evaluation – training – various by techniques – gender – altitude

**Reference**

- 1 Exercise Physiology - Mc Ardle Katch, Katch.
2. Clinical Electromyography (Part I basic section only) Nerve Conduction Studies - Shin J.OH - Publisher Williams & Wilkins.
3. Clinical Neurophysiology - Nerve conduction, Electromyography and Evoked Potentials - UK Misra, Publisher B.I. Churchill Livingstone.
4. Manual of Nerve conduction velocity techniques - DE HSA, Raven Press, New York.
5. Electrodiagnosis in Diseases of Nerve & Muscle - Kimura FA Davis, Philadelphia

**Journal**

1. Journal of biomedical sciences
2. Bosnian journal of basic medical sciences
3. International journal of medical sciences
4. Clinical science
5. Internal journal of sciences: basic and applied research

Course Code 19MPT1MC02	Course Name: Research Methodology, Biostatistics and EBP	Theory	Practical	Total Credit
	Total Contact Hours -165	5	3	8
	Prerequisite Course - BPT			
	Course Coordinator:			
Course Outcomes (CO)				
CO1	Describe how research is undertaken, and its benefits.			
CO2	Differentiate between quantitative research and qualitative research.			
CO3	Select an appropriate study design based on research question.			
CO4	Identify ethical issues in research.			
CO5	Design a research proposal			

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	2	3	3	3	3	3	3	3	3	3	3	3	2	3
CO2	3	3	3	3	3	2	3	3	3	3	3	3	3	2	3	3	3
CO3	3	2	3	3	3	3	3	3	3	3	3	3	3	3	3	3	2
CO4	3	3	3	3	3	3	3	3	3	2	3	3	3	2	3	3	3
CO5	3	3	3	3	3	3	3	2	3	3	3	3	3	3	3	2	3

## RESEARCH METHODOLOGY, BIostatISTICS AND EBP

### Syllabus

**UNIT I** : Ethics in physiotherapy research – phases of research – conceptual phase – concepts – variables – hypothesis – literature review

**UNIT II** : Empirical phase – design – survey – validity – data collection – observational method- data collection – observational method- biophysiologic measures – data analysis – descriptive statistics – inferential statistics

**UNIT III** : Interpretative phase – critiquing research – guidelines Guidelines for research publication – APA style – plagiarism – copy right laws

**UNIT IV** : Concepts of teaching and learning – curriculum – development – methods of teaching – evaluation – guidance and counselling – faculty professional and personal development in PT – Online learning & Evaluation.

**UNIT V** : PT education – Indian health care – physiotherapy practice growth – demand – India – abroad – department management – finance management – legal concepts – values – ethics .Marketing strategies, Finance in education , Medicolegal aspects.

## **Reference**

### Textbook

1. Research methodology- C. R. Kothari
2. Research Methods for Clinical therapist- Carolyn M. Hicks
3. Research design- John W. Creswell
4. Rehabilitation Research: Principles and Applications by Elizabeth Domholdt
5. Nursing Research- Polit & Hungler
6. Introduction to Biostatistics and Research Methods Rao P.S.S. Sundar & j. Richard
7. Research Methodology and Biostatistics - A Comprehensive Guide for Health Care Professionals, Suresh Sharma
8. Principles, Methods And Techniques Of Teaching Paperback – 1 January 2010  
by J.C. Aggarwal (Author)

### Websites

1. <https://www.researchgate.net/search>
2. <https://www.ncbi.nlm.nih.gov/pmc/>

### Journals

1. Journal of Clinical Physiotherapy Research
2. Physiotherapy research International
3. International Journal Of Physiotherapy Research

Course Code 19MPT1GE01	Course Name: Molecular Biology	Theory	Practical	Total Credit
	Total Contact Hours -135	4	2	6
	Prerequisite Course - BPT			
	Course Coordinator:			
Course Outcomes (CO)				
CO1	Learning structural levels of nucleic acids- DNA and RNA and genome organization in prokaryotes and eukaryote and the concept of Gene and the gene architecture.			
CO2	Learning molecular events in the DNA replication and role of different enzymes and overview of the central dogma of life and various molecular events.			
CO3	Understanding the principles and applications of polymerase chain reaction(PCR) and molecular events of transcription and processing of transcripts, RNA editing.			
CO4	Molecular events of translation leading to protein synthesis and post translational modification and understanding the regulation of gene expression in prokaryotes using operon concept and eukaryotes.			
CO5	Learn the methods of DNA sequencing and various tools and techniques of molecular biology and learn about the molecular markers and its classification and applications.			

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	3	3	3	3	3	2	3	3	2	3	3	3
CO2	3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	2	3
CO3	3	3	2	3	3	3	3	3	3	3	2	3	3	2	3	3	3
CO4	3	3	3	3	3	3	2	3	3	3	3	3	3	3	2	3	3
CO5	3	3	3	3	3	3	3	3	3	3	2	3	3	3	3	3	2

## MOLECULAR BIOLOGY FOR PHYSIOTHERAPIST

### Syllabus

**Unit I:** Describe the chemical nature of, and major chemical processes within, the human body and key features of the metabolic processes by which cells generate energy.

**Unit II** : Evaluate how the body responds to changes in nutritional input and energy output, genetic information is used in the human body and explain how this impacts the health of an individual.

**Unit III** : Explain the similarities & differences between eukaryotic cells, prokaryotic cells and viruses.

**Unit IV** : Describe how the human body defends against infectious disease.

**Unit V**: Explore how pathogenic microbes cause disease, methods of infection control and evaluate their relative merits.

## **References**

Text Book

1. Molecular and Cellular Biology, Sanghera Paul Dr
2. Cell and Molecular Biology, P. K. Gupta (Author)

Website:

1. <https://academic.oup.com/mbe>
2. <https://www.springer.com/>

Journal

1. <https://journals.asm.org/journal/mcb>
2. <https://bmcmolbiol.biomedcentral.com/>
3. <https://www.journals.elsevier.com/journal-of-molecular-biology>

Course Code 19MPT1GE02	Course Name: Kinesiotaping	Theory	Practical	Total Credit
	Total Contact Hours -135	4	2	6
	Prerequisite Course - BPT			
	Course Coordinator:			
Course Outcomes (CO)				
CO1	Describe the concepts of Kinesio Taping.			
CO2	Describe the unique qualities of the Kinesio Tex Tape.			
CO3	Utilize and demonstrate application skills in guided laboratory sessions.			
CO4	Demonstrate application skills during lab sessions.			
CO5	Practice the various cutting techniques and their clinical application.			

Mapping of Course Outcomes with Program outcomes (POs) (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	2	3	3	3	3	3	3	3	3	3	2	3
CO2	3	3	3	3	3	3	3	3	2	3	3	3	3	3	2	3	3
CO3	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3	3	2
CO4	3	3	3	2	3	3	3	3	3	3	3	3	3	3	3	3	3
CO5	3	3	3	3	3	2	3	3	3	3	3	3	2	3	3	3	3

## KINESIOTAPING

### Syllabus

**Unit I:** Introduction- Theory- Basics of Application-Contra indications- Precautions

**Unit II:** K-Tape Material- Physiological & Therapeutic effects- Clinical Applications

**Unit III:** Types of Application- Stretch

**Unit IV :** Various fields- Sports- Pregnancy- orthopedics, etc.

**Unit V :** K-Taping research- Evidences-Future

## References:

1. Kinesiology Taping For Rehab And Injury Prevention - Kim Aliana
2. Practical Guide to Kinesiology Taping for Injury Prevention and Common Medical Conditions, Gibbons John
3. NeuroMuscular taping -Edi Ermes Usa, David Blow
4. Kinesiology Taping: The Essential Step-by-step Guide - Langendoen, John And Sertel, Karin

Website :

1. <https://kinesiotaping.com/>
2. <https://www.k-taping.com/en/>

Course Code 19MPT1CT01	Course Name: Clinical Training I	Total Credit
	Total Contact Hours - 255	3
	Prerequisite Course - BPT	
	Course Coordinator:	
Course Outcomes (CO)		
CO1	Explain the components of basic assessment for a patient.	
CO2	List the impairments resulting in functional limitation and participation restriction.	
CO3	Demonstrate clinical observatory skill and the bedside manners.	
CO4	Understanding of policy of the inpatient service and outpatient services.	
CO5	Understand the role of physiotherapy in various clinical conditions and the documentation of patient service.	

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	2	3	3	3	3	3	3	3	3	3	2	3	3	3	3
CO2	3	3	3	3	3	3	2	3	3	3	3	3	3	3	2	3	3
CO3	3	3	3	3	2	3	3	3	3	3	3	3	3	3	3	3	2
CO4	3	3	3	3	3	3	3	3	2	3	3	3	3	2	3	3	3
CO5	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3	2	3

## CLINICAL TRAINING I

### Syllabus

Unit I : Postings for Observation , evaluation and assessment of cases in Physio care for Musculoskeletal, Sports injuries, Hand injury-patients

Unit II : Aurogreen postings for Aquatic therapy

Unit III : FitnessOne and EXRX postings for Fitness

Unit IV : Pain and stroke posting for clinical evaluation,gait analysis

Unit V : NIEPMD Postings for Physically challenged.

## SEMESTER II - COURSE OUTCOME, CO PO MAPPING

Course Code 19MPT2MC01	Course Name: Movement Science	Theory	Practical	Total Credit
	Total Contact Hours -165	6	2	8
	Prerequisite Course -BPT			
	Course Coordinator:			
Course Outcomes (CO)				
CO1	Apply fundamental human movement principles, from both natural and social science perspectives.			
CO2	Understanding of the form and function of the human body.			
CO3	Critically evaluate human movement research in order to design and generate disciplinary knowledge.			
CO4	Use qualitative and quantitative reasoning and evidence, synthesizing information from a variety of origins.			
CO5	Evaluate methodically and systematically problems and develop interventions in the human movement domain.			

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	2	3	3	3	3	3	3	3	3	3	3	3	3	2	3
CO2	3	3	3	3	3	3	2	3	3	3	3	3	2	3	3	3	3
CO3	3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	3	2
CO4	3	3	3	2	3	3	3	3	3	3	3	3	3	2	3	3	3
CO5	3	2	3	3	3	3	3	3	3	3	3	3	3	3	3	2	3

### MOVEMENT SCIENCE

#### Syllabus

**UNIT I : APPLIED ANATOMY:** Voluntary movement- neural control – tone- pathways

**UNIT li : APPLIED ANATOMY:** Kinetics- kinematics – application in spasticity – flaccid paralysis

**UNIT III : PATHOMECHANICS :** Biomechanics – pathomechanics of extremities – spine – functional analysis

**UNIT IV : PATHOMECHANICS** :Gait - Kinematic Analysis of Gait – Force Platform - Robotics– Posture  
-Significance of functional MRI.

**UNIT V** : Mobility Aids – ergonomics at industry – workplace – Job analysis – rehabilitation

### **Reference**

1. Basic biomechanics of the musculoskeletal system by Margareta Nordin and Victor H. Frankle, 2<sup>nd</sup> edition ( Lea and Febiger)
2. Kinesiology of the Human Body: Under Normal and pathological condition by Arthur Steindler, 5<sup>th</sup> edition (Charles C Thomas, 1977)
3. Joint Structure & Function :A comprehensive analysis by Cynthia C Norkin, Pamela K Levangie (Jaypee Brothers, 2006)
4. Brunnstrom's Clinical Kinesiology by Laura K. Smith & Don Lehmkuh, 5th edition (F A Davis, 1996)
5. The Physiology of the Joints by Kapandji & Matthew J Kendel (Churchill Livingstone, 2008)
6. Clinical Biomechanics of the Spine by Augustus A White & Manohar M Panjabi, 2nd Edition (Lippincott Williams & Wilkins; 1990)
7. Kinesiology :The mechanics and Pathomechanics of Human Movement by Carol Oatis (Lippincott Williams & Wilkins; 2008)
8. Kinesiology: Application to pathological motion by Soderberg, 2nd Edition (Wiliams & Wilkins, 1997)

Course Code 19MPT2MC02	Course Name: Advanced Therapeutics	Theory	Practical	Total Credit
	Total Contact Hours -165	5	3	8
	Prerequisite Course -BPT			
	Course Coordinator:			
Course Outcomes (CO)				
CO1	Implement a standardised approach to patient care in complex acute care settings.			
CO2	Describe the pathophysiology of selected disease states and explain the rationale and expected outcomes for drug therapy.			
CO3	Use current best evidence to determine and justify a valid/optimal therapeutic approach to management of these disease states.			
CO4	Develop, with an evidence based rationale, customised management and monitoring plans considering patient specific parameters, clinical test results and pharmacokinetic parameters.			
CO5	Critically reflect on and consolidate their individual learning process and progress in clinical competence.			

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	2
CO2	3	3	3	3	3	3	3	2	3	3	3	3	3	3	2	3	3
CO3	3	3	3	3	3	3	3	3	3	3	3	2	3	3	3	3	2
CO4	3	3	3	2	3	3	3	3	3	3	3	3	3	2	3	3	3
CO5	3	3	3	3	3	2	3	3	3	3	3	3	3	3	3	2	3

## ADVANCED THERAPEUTICS

### Syllabus

**UNIT I EXERCISE THERAPY :** Evaluation – prescription – concepts – physiological effects – limitation – clinical indications – care points – progression

- Documentation – types of exercises – strength endurance – role of biomedical engineering

**UNIT II ELECTROTHERAPY :** Electrotherapy low frequency, medium and high frequency equipments – limitations , effects , uses , indications , contraindications , safety precautions – electrotherapeutic – EMG Biofeedback

**UNIT III MANUAL THERAPY** : History – concepts indications – contraindication – safety precautions – evaluation – joint mobilization techniques

**UNIT IV** : Soft tissue techniques – muscle energy techniques – myofascial release , TP release – PR technique – neural tissue mobilisation

**UNIT V** : Clinical examination – disability evaluation – differential diagnosis – prescription of modalities – evaluation prognosis – documentation – evidence based practise

### **Reference**

#### **Books**

1 Text Book of work Physiology - Guyton, Prim Books Bangalore - 1991, 8th Edition.

2 Physicals agents in rehabilitation: from research to practical by Michell H. Cameron, 2nd edition (Saunders and Elsevier, 2003)

3 Therapeutic Modalities for Allied Health Professionals by William E. Prentice and Frank Underwood (McGraw-Hill, 1998)

#### **Journal**

1. European journal of physiotherapy ( advances in physiotherapy )
2. Archives of physical medicine and rehabilitation
3. Indian journal of physical therapy
4. International journal of therapy and rehabilitation
5. Journal of rehabilitation medicine

Course Code 19MPT2GE01	Course Name: Health Economics	Theory	Practical	Total Credit
	Total Contact Hours -135	4	2	6
	Prerequisite Course - BPT			
	Course Coordinator:			
Course Outcomes (CO)				
CO1	Community physiotherapist in natural and man-made disasters and disaster management.			
CO2	Need of health economics and methods of economic analysis in health.			
CO3	Definition and types of medical records, importance of medical record.			
CO4	Quality control and management- principles and methods.			
CO5	Inventory control and purchase management.			

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	3	3	3	3	3	3	2	3	3	3	2	3
CO2	3	3	3	3	3	3	3	3	3	2	3	3	3	3	2	3	3
CO3	3	3	3	3	3	3	2	3	3	3	3	3	2	3	3	3	3
CO4	3	3	3	3	2	3	3	3	3	3	3	3	3	3	3	3	2
CO5	3	3	3	3	3	3	3	3	3	2	3	3	3	2	3	3	3

## HEALTH ECONOMICS

### Syllabus

**Unit I:** Ethical principles in health economic analysis

**Unit II:** Measuring status of health and cost of illness

**Unit III :** Different health economic evaluations

**Unit IV:** Decision-analytic modelling

**Unit V:** Sensitivity analyses Insight in the use of health economic evaluations in real world

### Reference

Text Books

1.Drummond, Michael F. Methods for the economic evaluation of health care programmes [updated and rev.] ed.: Oxford: Oxford University Press, 2005.

2.Brazier, John. Measuring and Valuing Health Benefits for Economic Evaluation  
Oxford University Press, 2007.

Course Code 19MPT2GE02	Course Name: Yoga for Physiotherapist	Theory	Practical	Total Credit
	Total Contact Hours -135	4	2	6
	Prerequisite Course - BPT			
	Course Coordinator:			
Course Outcomes (CO)				
CO1	Demonstrate the introduction and principles of yoga.			
CO2	Knowledge of history of yoga and yoga in modern India.			
CO3	Outline of yoga background and importance of yoga in modern world.			
CO4	Learning the types and forms of asanas and description of physiological effect of yoga.			
CO5	Understanding the role of yoga in physiotherapy.			

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3	3	2
CO2	3	3	3	3	3	3	3	3	3	3	2	3	3	3	2	3	3
CO3	3	3	3	3	3	3	2	3	3	3	3	3	2	3	3	3	3
CO4	3	3	3	3	3	3	3	3	3	2	3	3	3	3	3	2	3
CO5	3	3	3	3	3	3	3	3	3	3	3	2	3	2	3	3	3

## YOGA FOR PHYSIOTHERAPIST

### Syllabus

**Unit I:** Scientific Study of yoga- types- Basics- Philosophy- Evolution -Physiologic & Therapeutic effects, Dangers- Precautions.

**Unit II:** Principle & Practice of Pranayama Hatha Yoga, clinical Applications

**Unit III:** Yoga & Human Systems, Yoga in Physical and Mental Health, Yoga for Personality Development- Yoga & Stress Management, Yoga & Pregnancy

**Unit IV :** Advanced Yoga Techniques -Research in Yoga

**Unit V :** Physiotherapy and Yoga, Clinical Applications of Yoga

## **Reference**

1. Application in Yoga, Gharote, manmath M. ,Lonavla, 2008
2. The Complete book of Yoga, Sri Ananda, Orient Paper Backs, Delhi, 2003

Course. Code 19MPT2CT02	Course Name: Clinical Training II	Total Credit
	Total Contact Hours - 255	3
	Prerequisite Course - BPT	
	Course Coordinator:	
Course Outcomes (CO)		
CO1	Explain the components of basic assessment for a patient.	
CO2	List the impairments resulting in functional limitation and participation restriction.	
CO3	Demonstrate clinical observatory skill and the bed side manners.	
CO4	Understanding of policy of the inpatient service and outpatient services.	
CO5	Understand the role of physiotherapy in various clinical conditions and the documentation of patient service.	

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	2
CO2	3	3	3	3	3	3	3	2	3	3	3	3	3	3	2	3	3
CO3	3	3	3	3	3	3	3	3	3	3	3	3	3	2	3	3	3
CO4	3	3	3	3	3	2	3	3	3	3	3	3	3	3	3	3	2
CO5	3	3	3	2	3	3	3	3	3	3	3	3	3	3	3	3	2

## CLINICAL TRAINING II

### Syllabus

Unit I : Postings for Observation , evaluation and assessment of cases in Physio care for Musculoskeletal, Sports injuries, Hand injury-patients

Unit II : Aurogreen postings for Aquatic therapy

Unit III : FitnessOne and EXRX postings for Fitness

Unit IV : Pain and stroke posting for clinical evaluation,gait analysis

Unit V : NIEPMD Postings for Physically challenged.

## SEMESTER III - COURSE OUTCOME, CO PO MAPPING

Course Code 19MPT3AE01	Course Name: Allied Elective in Cardiorespiratory Conditions	Theory	Practical	Total Credit
	Total Contact Hours -360	10	8	18
	Prerequisite Course –BPT			
	Course Coordinator:-			
Course Outcomes (CO)				
CO1	Understanding the importance of pediatric cardiorespiratory conditions.			
CO2	Understand about assessment and management of degenerative conditions.			
CO3	Understand the importance and management of cardiorespiratory conditions.			
CO4	Understand about complication impairment and disability and their management.			
CO5	Understand the geriatric conditions under the theories of ageing and physiological changes due to ageing.			

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3	3	2
CO2	3	3	3	3	3	3	3	3	2	3	3	3	3	3	2	3	3
CO3	3	3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	2
CO4	3	3	3	3	3	3	2	3	3	3	3	3	2	3	3	3	3
CO5	3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	2	3

### ALLIED ELECTIVE IN CARDIORESPIRATORY CONDITIONS

#### Syllabus

Unit I : Anatomy applied anatomy - physiology - pathomechanics - related to cardio vascular and pulmonary system

Unit II : development of CV - pulmonary systems - age related changes of CV and pulmonary systems.

Unit III : Respiratory Conditions - Cardio vascular conditions - peripheral vascular diseases - investigations - medical treatment - surgical techniques - key hole surgeries - congenital conditions.

Unit IV : Mechanical ventilation - ICU - post operative care - suction - tracheostomy - Neonatal ICU - Non - invasive cardio - respiratory procedures.

Unit V : Cardio pulmonary fitness training - importance of team work - Life style modifications.

### **References**

1. Crofton & doogles, Respiratory diseases Vol - 1 & II, SEATON, 1Ed, 2003.
2. Berne, Cardio - vascular physiology, Mosby, 4 Ed, 2012
3. Downie, Cash textbook of chest, heart & vascular disorders, ELBS, 1Ed, 2005.

Course Code 19MPT3CT03	Course Name: Clinical Training III	Total Credit
	Total Contact Hours - 255	3
	Prerequisite Course - BPT	
	Course Coordinator:	
Course Outcomes (CO)		
CO1	Explain the components of basic assessment for a patient.	
CO2	List the impairments resulting in functional limitation and participation restriction.	
CO3	Demonstrate clinical observatory skill and the bedside manners.	
CO4	Understanding of policy of the inpatient service and outpatient services.	
CO5	Understand the role of physiotherapy in various clinical conditions and the documentation of patient service.	

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3	3	2
CO2	3	3	3	3	3	3	3	3	2	3	3	3	3	2	3	3	3
CO3	3	3	3	3	3	3	3	3	3	3	3	2	3	3	3	3	2
CO4	3	3	3	3	3	3	3	3	3	3	2	3	3	3	2	3	3
CO5	3	3	3	3	3	3	3	3	3	3	3	3	2	3	3	2	3

## CLINICAL TRAINING III

### Syllabus

Unit I :ICU care in VHS

Unit II : Ventilator assisted patients care in VHS

Unit III : Patient fitness evaluation in physio care

Unit IV : Endurance training in Aaro green

unit V : EMG biofeedback in JOGO

## SEMESTER IV - COURSE OUTCOME, CO PO MAPPING

Course Code 19MPT4AE01	Course Name: Elective in Advance Cardiorespiratory Conditions	Theory	Practical	Total Credit
	Total Contact Hours -360	10	8	18
	Prerequisite Course - BPT			
	Course Coordinator:			
Course Outcomes (CO)				
CO1	Understand the importance of growth and development of cardiorespiratory conditions.			
CO2	Understand about basic concept of cardiorespiratory diagnostics in physiotherapy assessment and management.			
CO3	Understand about the different types of manual therapy concepts used in physiotherapy for treating different cardiorespiratory physiotherapy conditions.			
CO4	Able to plan and prescribe short and long term physiotherapy treatment by selecting appropriate mode of evaluation and interventions.			
CO5	Understand the concepts of rehabilitation and delivery of health care with medical team work.			

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	2	3	3	3	3	3	3	3	3	2	3	3
CO2	3	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3	2
CO3	3	3	3	3	3	3	3	3	3	2	3	3	3	2	3	3	3
CO4	3	3	3	3	3	3	3	3	3	3	3	2	3	3	3	2	3
CO5	3	3	3	3	3	3	3	2	3	3	3	3	2	3	3	3	3

## **ELECTIVE IN ADVANCE CARDIORESPIRATORY CONDITIONS**

Unit I : Anatomy applied anatomy - physiology - pathomechanics - related to cardio vascular and pulmonary system

Unit II :development of CV - pulmonary systems - age related changes of CV and pulmonary systems.

Unit III : Respiratory Conditions - Cardio vascular conditions - peripheral vascular diseases - investigations - medical treatment - surgical techniques - key hole surgeries - congenital conditions.

Unit IV : Mechanical ventilation - ICU - post operative care - suction - tracheostomy - Neonatal ICU - Non - invasive cardio - respiratory procedures.

Unit V : Cardio pulmonary fitness training - importance of team work - Life style modifications.

### **References**

1. Crofton & doogles, Respiratory diseases Vol - 1 & II,SEATON,1Ed, 2003.
2. Berne, Cardio - vascular physiology, Mosby, 4 Ed, 2012
3. Downie, Cash textbook of chest, heart & vascular disorders, ELBS, 1Ed, 2005.
4. Charles V Pollack-Differential Diagnosis of Cardio Pulmonary Disease
5. Alexander Hough - Phyiotherapy in Respiratory Care
6. Ellen Hillegass-Essentials of Cardio Pulmonary PT
7. Darlene Reid-Cardiopulmonary Physical Therapy
8. Robert M.Kacmarek - EGAN'S Fundamentals of Respiratory care
9. Donna Frownfelter-Cardio Pulmonary Physical Therapy 3rd ed
10. Pryor & Webber-Physiotherapy for Respiratory & Cardiac problems 2nd ed
11. Cash-Text book of Chest Heart and Vascular Disorders
12. Fishman-Pulmonary Diseases & Disorders vol 1 & 2 4th ed
13. Goldberger's-Clinical Electrocardiography
14. Kaplan - Clinical Hypertension - 11th Ed
15. Kulkarni - Pediatric Cardiology
16. Scot Irwin - Cardiopulmonary Physical Therapy

Course Code 19MPT4CT04	Course Name: Clinical Training IV	Total Credit
	Total Contact Hours -255	3
	Prerequisite Course - BPT	
	Course Coordinator:	
Course Outcomes (CO)		
CO1	Explain the components of basic assessment for a patient.	
CO2	List the impairments resulting in functional limitation and participation restriction.	
CO3	Demonstrate clinical observatory skill and the bedside manners.	
CO4	Understanding of policy of the inpatient service and outpatient services.	
CO5	Understand the role of physiotherapy in various clinical conditions and the documentation of patient service.	

Mapping of Course Outcomes with Program Outcomes (1/2/3 indicates strength of correlation 3-High, 2 Medium, 1 Low)																	
CO/ PO/ PSO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	2	3
CO2	3	3	3	3	3	3	3	3	3	3	2	3	3	2	3	3	3
CO3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3	2
CO4	3	3	3	3	3	2	3	3	3	3	3	3	3	3	2	3	3
CO5	3	3	3	3	3	3	3	3	3	3	2	3	3	3	3	3	2

## **CLINICAL TRAINING IV**

### **Syllabus**

Unit I :ICU care in VHS

Unit II : Ventilator assisted patients care in VHS

Unit III : Patient fitness evaluation in physio care

Unit IV : Endurance training in Aaro green

unit V : EMG biofeedback in JOGO