



Bharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Declared as Deemed-to-be University under section 3 of UGC Act, 1956)
(Vide Notification No. F.9-52003 - U.3, Ministry of Human Resource Development, Govt. of India, dated 4th July 2002)
Phone : 044-22290742 / 22290125 . Telefax : 044-22293886
Website : www.bharathuniv.ac.in



173, Agaram Road, Selsayur, Tambaram,
Chennai - 600 073, Tamil Nadu.



To

Mr. John Alfred Kotey,

Sports trainer

General manager,

SENFITNESS center, Tnagar,

Chennai-17


Dear sir ,

Here with we would like to send our 2 nd year BPT students for observation in your prestigious fitness center though they are having fitness as exam going subject this year. Kindly permit them to attend for the same on 18.12.2019.

Thanking you,

yours faithfully




Dr. S.S. SUBRAMANIAN, M.P.T (Orthopaedics),
M.S (Education), M. Phil (Education), Ph.D (Physiotherapy)
The Principal,
Dr. S.S. Subramanian Physiotherapy
Velachery Main Road, Pallikaranai, Chennai
The Principal,



SREE BALAJI COLLEGE OF PHYSIOTHERAPY <sbcp2007@gmail.com>

Photos

John Alfred <johnalfred777@hotmail.com>

December
16, 2019 at 12:39 PM

To: SREE BALAJI COLLEGE OF PHYSIOTHERAPY <sbcp2007@gmail.com>

Doctor,

Thank you for the pics.

Regards,

John
Sir,

Dear sir,

With reference to your letter i am pleased to teach your students one day about fitness.

On 18 th December 2019

Thanking you

Yours ,
John

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Accredited by
NAAC

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Students name list for SEN FITNESS

Sl no	Students name	Reg no
1.	AATHIRA.K	U18PT001
2.	ABDUL AZEEZ.S.M	U18PT002
3.	ABIRAMI.S	U18PT003
4.	ANITHA.P	U18PT004
5.	ANUCHANDANA.R.R	U18PT005
6.	ANUJ PAUL	U18PT006
7.	ARCHANA.S	U18PT007
8.	BALAJI.R	U18PT008
9.	BHUVANESHWARI.R	U18PT009
10.	DEEPIHA.A.G	U18PT010
11.	DENNY THARAKAN	U18PT011
12.	FARSANA FATHIMA.A	U18PT012
13.	GOKUL.E	U18PT013
14.	GOKULA KANNAN.G	U18PT014
15.	ILAMUGIL.J.B	U18PT015
16.	INIYA.R	U18PT016
17.	JANANI.K.S	U18PT017
18.	JEBASTHIYAL.A	U18PT018
19.	JOEL JOSHUA. B	U18PT019
20.	JOHANN CHRIS DAVID.J	U18PT020
21.	KAAVIYA ASAITHAMBI	U18PT021
22.	KAVYA PREETHA.R	U18PT022
23.	KEERTHANA DEVI.B	U18PT023
24.	KEERTHANA.M	U18PT024
25.	KIRTHIKA.S.K	U18PT025
26.	KOMATHY.J	U18PT026
27.	MEENA.S	U18PT027

28.	MOHAMED RIMAN	U18PT028
29.	MOHANAPRIYA.R	U18PT029
30.	MOOVENDER.M	U18PT030
31.	MUHAMMAD ABDUL QADIR.S	U18PT031
32.	NILA.P.A	U18PT032
33.	PANDIT SWARANGI BHARAT	U18PT033
34.	PON PERUMAL.M	U18PT034
35.	POOJA.S	U18PT035
36.	PREETHI.C	U18PT036
37.	RASICA.R	U18PT037
38.	P.ROHINI	U18PT038
39.	ROSHAN KENTANICK.N	U18PT039
40.	S.P.DEEKSHANA	U18PT040
41.	SADHANA.G.R	U18PT041
42.	SAHANA GAYATHRI.S	U18PT042
43.	SANDHIYA.S	U18PT043
44.	SANJANA VENKATARAMAN	U18PT044
45.	SANJAY GANDHI.L	U18PT045
46.	SARANYA.K	U18PT046
47.	SASIDHARAN.A	U18PT047
48.	SIVA ARTHI.R	U18PT048
49.	SNEKA.P	U18PT049
50.	SONA TOM	U18PT050
51.	SRIDEVI.A	U18PT051
52.	SRIMAN.A	U18PT052
53.	SUBITHRA.S	U18PT053
54.	SWETHA.E	U18PT054
55.	SWETHA.S	U18PT055
56.	VIDYA.K	U18PT056
57.	YUVASHREE.G	U18PT057
58.	YUVASHREE.S	U18PT058

Accompanying staff;1.Mrs.Sindhuja 2.Ms.Vennila




Dr. S. S. SUBRAMANIAN, MPT (Orthopaedics),
 M.S (Education), M. Phil (Education), Ph.D (Physiotherapy)
 The Principal,
D.P.S.S.S. (Pb. Category) P.Ty. Ph. Therapy
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Photos in Senfitness center



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Zen fitness

Experience and feed back


Need and scope of fitness trainer

Fitness, a booming industry for future, requires proper clinical training, exposure and knowledge related to fitness under normal conditions, person otherwise abled and for various medical conditions.

Concepts, techniques, limitations, care points related to fitness are paramount to emulate as entrepreneurs in future. Having basic knowledge of anatomy, biomechanics and kinesiology, physiotherapist are ideal as fitness trainer for various sports and games events. Related to preventive means of injuries, play vital in normal and abnormal scenarios.

Well equipped fitness and Diagnostic Centre located in centre of Chennai Metro city students and second year BPT program were trained with on field training by fitness experts along with fitness being kept as an exam going codes in that same year exposure In fitness enables people physiotherapist to emulate are entrepreneurs self health as well equipped and train them in fields related to sports and closing support the communication and photos taken during this occasion along with.




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