

CERTIFICATE

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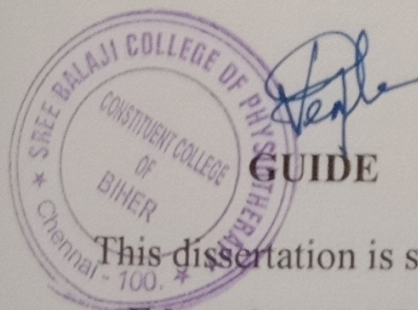
Date:

This is to certify that **Ms. R.MEGA** Student of Sree Balaji College of Physiotherapy has satisfactorily completed this dissertation work on

**“COMPARING THE EFFECTIVENESS OF AEROBICS AND PILATES
IN ADOLESCENT GIRLS WITH PRIMARY DYSMENORRHEA”**

Subra
30/09/2020
INTERNAL EXAMINER

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EXTERNAL EXAMINER



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This dissertation is submitted to **“BIHER (Bharath University of Higher Education and Research) “**towards partial fulfilment of Bachelor of

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