

Phone & Fax : 2241 6605



SREE BALAJI COLLEGE OF NURSING

(Recognised By Indian Nursing Council, New Delhi and The Tamilnadu Nurses and Midwives Council)
(Approved by Govt. of Tamil Nadu and Affiliated to Bharath Institute of Higher Education and Research)

No.7, Works Road, Chromepet, Chennai - 600 044.

19/11/2019

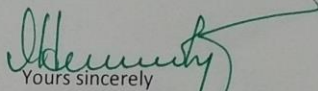
The Director,
The Schizophrenia Research Foundation (SCARF),
Anna Nagar,
Chennai -600101

Respected Sir/Madam

Sub: Requesting for Observational visit- Reg

As part of our curriculum, We kindly request you to permit the students of III year B.Sc Nursing (95 candidates) and II year post basic B.Sc Nursing (6 Candidates), M.Sc Nursing (1 candidate) for one day Observational visit in your Institution on the month of December , kindly conform the date and do the needful.

Thanking you,


Yours sincerely

Dr. V. HEMAVATHY,
M.Sc.(N), M.A., M.Phil., Ph.D.(N),
PRINCIPAL

SREE BALAJI COLLEGE OF NURSING
No. 7, Works Road, Chromepet,
Chennai-600 044



permission for observation visit

5 messages

Hemavathy hemavathy <sbcnofficial2017@gmail.com>

Tue, Nov 19, 2019 at 9:36 AM

To: kotterao <kotte_rao@yahoo.com>, The spastics society of tamilnadu <spastn@dataone.in>, SIVANANDA RAJARAM <sivanand@md2.vsnl.net.in>

Respected sir / madam

As part of our curriculum we kindly request you to permit the students of III Year B. SC Nursing(95 candidates) and II Year Post Basic B.SC Nursing(6 candidates) M.sc Nursing (1 candidates) for one day observation visit in your institution. on the month of December (before 20). kindly confirm the date, time, fees and do the needful.

Warm regards
Dr.V.HEMAVATHY
Principal
Sree Balaji College of Nursing
CLC Works Road, Chrompet, Chennai - 44

kotterao <kotte_rao@yahoo.com>

Tue, Nov 19, 2019 at 11:11 AM

Reply-To: kotterao <kotte_rao@yahoo.com>
To: Hemavathy hemavathy <sbcnofficial2017@gmail.com>

Dear Madam

Greetings from SCARF.

We can accomodate upto 55 students in the Auditorium. You can plan two dates for the visits. The preferable dates is 3 December 2019. we would like to have one batch in the morning and another batch in the afternoon.

Each batch needs to pay Rs. 750/- for the orientation.

Looking forward to hear from you about the feasibility.

With Regards

Rao
D. Kotteswara Rao
Assistant Director
Community Mental Health and Students Placement
Schizophrenia Research Foundation (India)
R/7A, North Main Road
Anna Nagar West Extension
Chennai 600 101
Ph: 044 2615 1073 Telefax: 044 2615 3971
Mobile: 94444 10815
Web: http://www.scarfindia.org

Visited the facility and attended the orientation class.
D. Kotteswara Rao
3/12/2019

D. KOTTESWARA RAO
Assistant Director
Schizophrenia Research Foundation

R/7A, North Main Road,
Anna Nagar West Extn.,
Chennai-600101.

R.No: 5003
3.12.19
Rs 1500/-



[Quoted text hidden]

Mail Delivery Subsystem <mailer-daemon@googlemail.com>
To: sbcnofficial2017@gmail.com

Wed, Nov 20, 2019 at 1:49 PM

FIELD VISIT REPORT ON SCARF

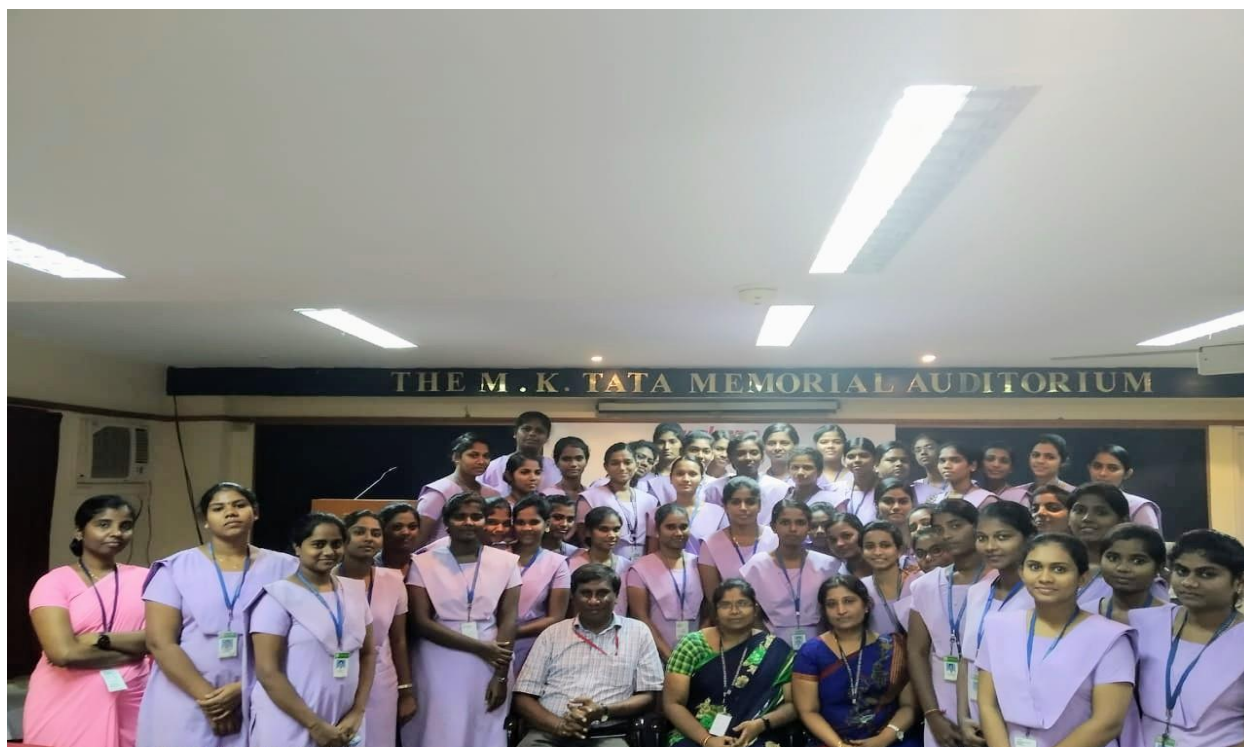


REPORT ON SCARF

We started from college at 3.12.2019 to SCARF as a part of our requirements of INC syllabus. We went along with Mrs. Ajithanancy M.sc (N)Professor, Mrs Saradhadevi M.sc(N)Asso.prof ,Mrs AjithakumariM.sc (N)Asso.prof, Mrs.Abhinaya B.sc(N) Tutor and Mrs. Ashwini P.B.B.sc(N) Tutor. We reached at 12.30 pm. We gathered in the auditorium and Mr. Kotteswara Rao had explained about the SCARF and its functions.

OBJECTIVES OF SCARF

1. Research into biological, social and psychological aspects of schizophrenia.
2. Treatment and rehabilitation of people suffering from schizophrenia and prevention reduction of disability.
3. Community out reach programme in urban slums and villages to offer treatment and improve awareness.
4. Educating the public about schizophrenia, to create awareness and understanding, to facilitate early detection, to eliminate social stigmatization.



VARIOUS UNITS OF SCARF

The nucleus of SCARF activities is in the center at Anna Nagar in Chennai. This is storeyed building, houses

- Out- patient clinic
- Day care center
- Vocational units for men and women
- Research wing with a computer cell
- Training and education center
- Special services for women and elderly mentally disabled.
- Child Guidance clinic
- A residential facility for 35 persons
- Auditorium
- Library
- Administration and accounts

SERVICES OF SCARF





RESIDENTIAL CARE

The primary goal of the multi- disciplinary team at SCARF is to address the needs of patients and caregivers of serious mental illness. The patients are accepted for respective specialty centers for short/long term residential care based on the recommendations of the

psychiatrist, who has been treating him/her with the consent of family and the person needing such care. A thorough psychological and physical assessment of the patient shall be made at the time of admission.

The treatment plan includes drug therapy and psychological rehabilitation. Patients are involved in activities ranging from making paper bags, areca plates, printing, gardening, yoga, music etc. This is done in the three residential centers with the primary objectives of symptom control, reducing disability, improving functioning and recovery. Periodic excursions are also organized for the clients. The centers are run on a cost sharing basis with a percentage of beds allocated for who cannot afford to pay.



SCARF has established three residential centers:

- BhavishyaBhavan - The Thiruverkadu center was established in 1991 (on land donated by the temple trust with donations from Help Age India, IDBI. Madras Round Table I) and houses 90 mentally disabled women and elderly.
- Just outside the town of Mahabalipuram is the BhagwanMahavirManavSanmargaSeva Kendra, a center for 45 men. On land donated by srisankaracharya of kanchi with srisagalchand, Jindal trust & sri.G.N. Damani being the major donors.
- Sarada Menon Center in our main building in Anna Nager was inaugurated in 2003 with contributions from the Chennai Willingdon trust .The swadhar scheme of the Government of India and the MK Tata trust. It accommodates 35 persons who require rehabilitation.

Centers are manned by a professional, multi disciplinary team .these centers offer varying, need based periods of stay and intensive efforts at improving the skills lost by the patients. Patients in all centers are engaged in work during the day and exposed to recreational activities, yoga and music. Periodic excursions are also organized for them. They are discharged when found suitable to go back to their families. The centers are run on a cost sharing basis with a percentages of beds allocated for those who cannot afford to pay.

Research is one of the major activities of SCARF . It is done intramurally and in collaboration with national and international organization.

The main area of research have been:

- Phenomenology, courses and outcome of schizophrenia
- Disability in mental disorders
- Untreated psychosis

On a tv screen fitted to the rear bus, and were created specifically to educate people about the signs and symptoms of psychotic disorders. The films also explain the process of tele-psychiatry and the objectives of the program.

“The highest of distinctions is service to others.” - kings George IV

Volunteering is the perfect way to feel connected to your community. The simple act of offering yours skills and enthusiasm will positively impact the lives of others, as well as your own. Several factors drive people into community service, but the powerful force behind volunteering is the social change that is made through the inspiration of people to make a difference to help those in need. SCARF cannot function without the energy and input of volunteers like you.

Everyone Can:

We know that everyone has a talent to offer. Whether it's expertise in a particular field or simply offering their valuable time to help fulfill volunteer opportunities within their community . You can help us teach our clients to improve their language skills. Creativity or take them out for day out.

Frame of Mind is a unique film festival on Mental Health organized by SCARF, an NGO in Chennai, India committed to Mental Health.

The portrayal and interpretation of mental disorder in films vary according to the different cinematic traditions across the globe.

The two main objective of the festival are to improve awarwness about Mental Health and beat the stigma attached to mental disorders and to stimulate & promote interest on Mental Health issues among film maker.

The 6th edition of Frame of Mind will be held on 30th and 31st August, 2014 at Russian centre of science and culture.

The theme for this year's competition section is "Leading fulfilling life with Mental illness.

The competition section seeks to counter negative, inaccurate and clicked images of people with mental illness.

CONCLUSION:

The visit was wonderful and came to known about SCARF and the function of it. It was really goods to known about SCARF and the patients after the disease also can have normal life. Mental health is also important as physical health. It must be taken care well. Thanks for the arrangement of this one day field visit.

SREE BALAJI COLLEGE OF NURSING
ATTENDANCE SHEET

S. NO	NAME OF THE STUDENT	REGISTRATION NUMBER
1.	ABINA BABU	U17NR001
2.	ABINAYA E	U17NR002
3.	ABIRAMI R	U17NR003
4.	AIDA JOSEPH	U17NR004
5.	ANITHA M	U17NR006
6.	ANJU TREESA JOSEPH	U17NR007
7.	ANN MARY SANTHOSH	U17NR008
8.	ANNA SCARIA	U17NR009
9.	ANSU ALEX	U17NR010
10.	ANU ANNA JOSE	U17NR011
11.	ANU P SAJI	U17NR012
12.	ANUSHREE RAJEEV C P	U17NR013
13.	ARCHANA B S	U17NR014
14.	ASHLY S	U17NR015
15.	ASHWINI M	U17NR016
16.	ATCHAYA K	U17NR017
17.	ATHIRA ANIL	U17NR018
18.	AYANA BABU	U17NR019
19.	BHARATHI B	U17NR021
20.	BHAVANI L	U17NR022
21.	DEEPIKA B	U17NR023
22.	DEEPIKA S	U17NR024
23.	DEEPIKA S	U17NR025
24.	DEEPIKA V	U17NR026
25.	ELIZABETH JACOB	U17NR027
26.	FEBA SAM	U17NR028
27.	HELEN JOSEPH	U17NR029
28.	JANNET ANN MATHEW	U17NR030

29.	JAYALALITHA V	U17NR031
30.	JINSA SARA BIJU	U17NR032
31.	JISS MARY JOLLY	U17NR033
32.	JOTHIKA G	U17NR034
33.	KALPANA R	U17NR035
34.	KAVIPRIYA V	U17NR036
35.	KAVITHA P	U17NR037
36.	KAVIYA P	U17NR038
37.	KAVIYAPRIYA K	U17NR039
38.	KEERTHANA S	U17NR040
39.	KOWSALYA K	U17NR041
40.	KOWSALYA M	U17NR042
41.	LEELAVATHY R	U17NR043
42.	LINTA BABU	U17NR044
43.	LOVISHAL M	U17NR045
44.	LUDHIYA ALIAS	U17NR046
45.	MEENA S	U17NR047
46.	MEENU BINOY	U17NR048
47.	MEGHA V KURIAN	U17NR049
48.	MOHANA PRIYAA M	U17NR050
49.	MONISHA N	U17NR051
50.	MUTHULAKSHMI G	U17NR052
51.	NANDHINI V	U17NR053
52.	NARMATHA R	U17NR054
53.	NIDHI ANNA NELSON	U17NR056
54.	NITHYASRI K	U17NR057
55.	NIVETHA S	U17NR058