



**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

(Declared as Deemed-to-be University under section 3 of UGC Act 1956)  
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**ASSESSMENT OF KNOWLEDGE AND PRACTICES OF  
HYGIENE AMONG VISUALLY CHALLENGED  
ADOLESCENTS AND EFFECTIVENESS OF BRAILLE  
CHARTS ON IMPARTING HYGIENIC HEALTH TIPS-  
A CROSS SECTIONAL STUDY.**

**By**

**Dr. SUPRAJA NAGARATHINAM**

Dissertation submitted to the  
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**In partial fulfillment  
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M.D. COMMUNITY MEDICINE**

**DEPARTMENT OF COMMUNITY MEDICINE  
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