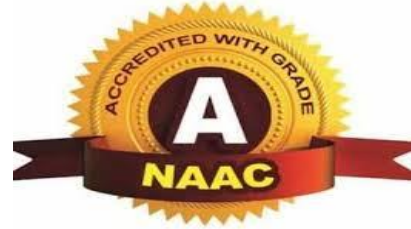




# **Bharath**

**INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

(Declared as deemed to be university under section 3 of UGC Act 1956, vide notification No.F.9-5/2000-U.3)



**SREE BALAJI COLLEGE OF NURSING**  
**DEPARTMENT OF COMMUNITY HEALTH NURSING**  
**VALUE ADDED COURSE**  
**ON**  
**INTRODUCTION TO PUBLIC HEALTH**

**COMMUNITY HEALTH NURSING**  
**CERTIFICATE COURSE ON**  
**CERTIFICATE PROGRAM IN INTRODUCTION TO**  
**PUBLIC HEALTH**

1. Requisition letter
2. Circular
3. Co -Ordinator detail
4. Syllabus
5. New lesson plan
6. Student list
7. Photo
8. Certificate
9. Feedback



**SREE BALAJI COLLEGE OF NURSING**



**No.7, Works Road, Chromepet, Chennai – 600 044.**

**Annexure 1**

Date- 4/09/2017

From  
K.R.Vasanthakohila  
Professor and Head,  
Community health Nursing Department,  
Sree Balaji College of Nursing,  
Bharath Institute of Higher Education and Research,  
Chennai.

To  
The Dean,  
Sree Balaji College of Nursing,  
Bharath Institute of Higher Education and Research,  
Chennai.

**Sub: Permission to conduct value-added course:** Introduction to public health

Dear Sir,

With reference to the subject mentioned above, the department proposes to conduct a value-added course titled: Introduction to public health 22/9/2017- 5/10/2017. We solicit your kind permission for the same.

Kind Regards

K.R.Vasanthakohila



**Bharath**  
INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
(Deemed as Deemed-to-be-University under section 3 of UGC Act 1956)


**SCHOOL OF NURSING  
CIRCULAR**

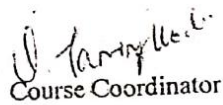
Date: 12-09-2017

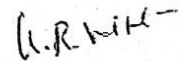
**Notification for Value added courses offered by the college of nursing**

The Department of community health, by college of nursing, is scheduled to offer a Value added Course on Introduction to Public Health from 22/09/2017 for a period of 3 weeks. Interested students can approach V.Tamizhkodi, Professor and Course Coordinator, Department of community health nursing for registration and for further details on or before 20<sup>th</sup> September 2017.

**Eligibility-II & IV year B.sc nursing students**

  
Principal

  
Course Coordinator

  
HOD

**Copy to:**

Vice Chancellor

Pro Vice Chancellor

Additional Registrar

Deans

CoE

Heads of Departments

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**  
**SCHOOL OF NURSING**  
**DEPARTMENT OF COMMUNITY HEALTH NURSING**  
**VALUE ADDED COURSE ON INTRODUCTION TO PUBLIC HEALTH**

**2017-2018**

**COURSE CO-ORDINATOR DETAILS**

**Faculty Name:** V. Tamizkodi, Professor, Department of Community health nursing

**Email ID:** [monishraj.anand@gmail.com](mailto:monishraj.anand@gmail.com)

**Mobile number:** 9486590688

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
SCHOOL OF NURSING  
DEPARTMENT OF COMMUNITY HEALTH NURSING  
VALUE ADDED COURSE SYLLABUS**

**2017-2018**

**COURSE ON PUBLIC HEALTH**

**OBJECTIVES**

1. To understand Changing Concept of Public Health.
2. To know Health care system and programmes in India.
3. To identify diseases and provide appropriate health care genes and common diseases.

**MODULE I: INTRODUCTION-CONCEPT IN HEALTH CARE**

Evolution of medicine and public health, Primary health care, Causation of diseases, Concept in prevention of diseases, Measurement of health, Emerging infectious diseases, Vaccination, Applied aspects of preventive medicine.

**MODULE II: EPIDEMIOLOGY OF COMMUNICABLE &NON-COMMUNICABLE DISEASES**

Epidemiology –Common terms and concepts, Communicable diseases-chicken pox, Tuberculosis, Acute respiratory infection, Typhoid, Arbovirus, Zoonotic diseases, AIDS &STD. Non communicable diseases-heart diseases, Hypertension, Diabetes mellitus, Cancer

**MODULE III: NUTRITION AND ENVIORMENTAL HEALTH**

Nutritional problems and programmes in India, food adulteration, Environmental sanitation, mental health and geriatric health

**MODULE IV: HEALTH CARE SYSTEM IN INDIA**

National health policies, Health Management, Planning and Economics, Telemedicine,

**Total Contact Hours: 40**

**TEXT BOOKS**

1. K.Park, Preventive and social medicine, 21st edition/s Banarsidas Bhanot Publication
2. V.K.Muthu, A Short Text Book of public health, 2nd edition, Jay pee brothers publication

**REFERENCE BOOKS**

1. A.H.Suryakantha, Community Medicine, 3<sup>rd</sup> edition, Jay pee brothers' publication
2. J.Kishore, Textbook on public health, 3rd edition, Jay pee brothers' publication.

**SCHOOL OF NURSING  
DEPARTMENT OF COMMUNITY HEALTH NURSING  
VALUE ADDED COURSE  
COURSE ON PUBLIC HEALTH (2017-2018)**

Session	Session	Session	Session	Session
Session I	Evaluation and concept of public health	22-09-2017	2	Dr.J.Krishnakumar
Session II	Applied aspects of preventive medicine	22-09-2017	3	Dr.V.R.Mohan Rao
Session III	Epidemiology -communicable diseases	25/09/2017	2	Dr.R.Uma Devi
Session IV	Epidemiology -Non-communicable diseases	25/09/2017	3	Dr.Shanthi Edward
Session V	Nutritional problems in India	27-09-2017	3	Dr.P.Mohan Kumar
Session VI	Current health schemes & National programmes in India	29-09-2017	2	Dr.S.Gopalakrishanan
Session VII	Food adulteration & Environmental Sanitation	02-10-2017	3	Dr.J.Krishnakumar
Session VIII	Health Management and Planning	04-10-2017	2	Dr.R.Uma Devi
Session IX	Health economics	06-10-2017	2	Dr.S.Gopalakrishanan
Session X	International health and telemedicine	09-10-2017	2	Dr.A.K.Savitha
Session XI	IEC & Health education	11-10-2017	3	Dr.Shanthi Edward
Session XI	Basic statistics in health care	13/10/2017	3	Mr.R.Thandapani

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
SREE BALAJI COLLEGE OF NURSING  
DEPARTMENT OF COMMUNITY HEALTH NURSING  
VALUE ADDED COURSE  
COURSE ON INTRODUCTION TO PUBLIC HEALTH (2017-2018)**

Students Name List

S.No	Reg No	Name
1	U14NR001	AJITHA R
2	U14NR002	AKSHAYA S
3	U14NR004	ANANTHASELVI A
4	U14NR005	ANITHA A
5	U14NR006	ANITHA S
6	U14NR007	ASHWINI D
7	U14NR008	BABY LAKSHMI M
8	U14NR009	BANU PRIYA R
9	U14NR0010	BANUMATHI T
10	U14NR011	BHAVANI R
11	U14NR013	BINDHU M
12	U14NR014	CHRISTINA MARY S
13	U14NR015	DAYOOPHI STEN
14	U14NR016	DEEPIKA B
15	U14NR017	DEEPIKA M
16	U14NR018	DEVI DAMAI
17	U14NR019	DEVI S
18	U14NR020	DINESH KUMAR V
19	U14NR021	DIVYA M
20	U14NR022	DIVYA R
21	U14NR023	GAYATHRI S
22	U14NR024	GOMATHI A
23	U14NR025	GOMATHI K
24	U14NR041	KOUSALYA R
25	U14NR042	KOWSALYA K
26	U14NR044	LAKSHIMI S
27	U14NR045	LAVANYA S
28	U14NR046	MAHALAKSHMI M
29	U14NR047	MANIVASAGAJOTHI M
30	U14NR048	MANJU PRIYA-044-220097055
31	U14NR049	MANOGAR C

32	U14NR050	MARIYA CHRISTY PAUL N D
33	U14NR051	MARIYAL P
34	U14NR052	MEENA T
35	U14NR054	MURALI K
36	U14NR055	NANDHINI V
37	U14NR077	SARANYA B
38	U14NR098	VINOTHINI B
39	U14NR099	YERRAM SAIRAMAKRISHMNA REDDY
40	U14NR016	HELEN ARUNODHAYAM



**BASIC STATISTICS IN HEALTH CARE**

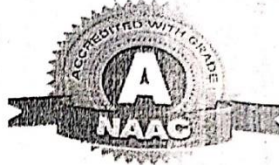


**EPIDIMIOLOGY -NON-COMMUNICABLE DISEASES**



**Bharath**

INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
(Declared as Deemed-to-be-University under section 3 of UGC Act 1956)

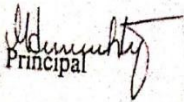


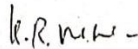
SCHOOL OF NURSING

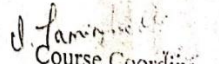
VALUE ADDED COURSE ON INTRODUCTION TO PUBLIC HEALTH

*Certificate of Appreciation*

This Is To Certify That Mr. /Ms. Kalavani K(U14NR036) B.Sc(N) II Year, Has Attended Three Weeks Value Added Course On INTRODUCTION TO PUBLIC HEALTH Conducted By Department Of Community Health Nursing At School Of Nursing, Chennai (TN), during September 2017.

  
Principal

  
HOD

  
Course Coordinator

SCHOOL OF NURSING  
STUDENT FEEDBACK FORM FOR VALUE ADDED COURSES  
 DEPARTMENT OF

Academic year: 2017

Name of the value added course offered: *Introduction to Public Health*

Period of Batch: 2014 - 2018

Course- Co ordinator: *Tamirakodi*

**STUDENT FEEDBACK**

Dear Student,

You are required to give your feedback on the following aspects. Please tick in the respective column.

S.No	Criteria	Rating				
		Excellent	Very good	Good	Fair	Satisfactory
1	Course content	✓				
2	Skill development	✓				
3	Motivation		✓			
4	Regularity and punctuality of teacher	✓				
5	Coverage of syllabus		✓			
6	Resource person interaction with students	✓				
7	Individual attention	✓				
8	Outcome	✓				
9	Competency of the course		✓			
10	Other suggestions	✓				

*T. Tamirakodi*  
 Course co-ordinator

*Ramya*  
 Signature of the student

## REQUISITION LETTER

From,  
Department of Obstetrical and gynecological nursing  
Sreebalaji college of nursing,  
Chrompet, Chennai-44

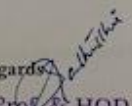
To  
Dr.V.Hernavathy  
The principal  
Sreebalaji college of nursing  
Chrompet, Chennai-44

Respected sir,

This is for your kind perusal that we, Obstetrical and gynecological nursing department are planning to conduct a value added course on Hands on Training in Midwifery from 22/09/2017 – 13/09/2017, for a period of two weeks. We kindly request you to grant us permission to conduct this programme and do the needful.

Thank you

Warm Regards,

  
Prof. & HOD  
DEPARTMENT OF MATERNITY NURSING  
Sree Balaji College of Nursing,  
No. 7, Works Road,  
Chrompet, Chennai-600 044.

Department of Obstetrical and gynecological nursing



Date- 25/11/2019

From

The Principal,

Sree Balaji College of Nursing,

Bharath Institute of Higher Education and Research,

Chennai

To

Dr. Sathiyalatha Sarathi

Professor and Head ,

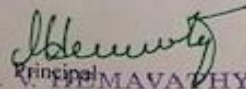
Obstetrics & Gynaecological Nursing Department,

Sree Balaji College of Nursing,

**Sub: Permission to conduct value-added course: Hands on Training in Midwifery**

Dear Sir,

With reference to the subject mentioned above, the department proposes to conduct a value-added course titled: Hands on Training in Midwifery 22/09/2017 – 13/09/2017. We solicit your kind permission for the same.

  
Principal  
Dr. V. PREMAVATHY,  
M.Sc (N), M.A., M.Phil., Ph.D.(N).  
PRINCIPAL  
SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road, Chromepet,  
Chennai-600 044



## SREE BALAJI COLLEGE OF NURSING

(Recognised By Indian Nursing Council, New Delhi and The Tamilnadu Nurses and Midwives Council )  
(Approved by Govt. of Tamil Nadu and Affiliated to Bharath Institute of Higher Education and Research)

No.7, Works Road, Chromepet, Chennai - 600 044.

### CIRCULAR

Date: 25/11/2019

#### Notification for Value added courses offered by college of Nursing

The Department of Obstetrical and gynecological nursing, college of Nursing, is scheduled to offer a Value added Course on Hands on Training in Midwifery 22/09/2017 – 13/09/2017 for a period of 3 weeks. Interested students can approach Mrs. Pappy yuvarani professor and Course Coordinator, Department of Obstetrical and Gynecological Nursing for registration and for further details on or before 20.09.2017.

HOD

Course Coordinator

Copy to:

Vice Chancellor

Pro Vice Chancellor

Additional Registrar

Deans

COE

Principal

Heads of Departments

PRINCIPAL

Dr. V. HEMAVATHY,  
M.Sc.(N), M.A., M.Phil., Ph.D.(N),  
PRINCIPAL

SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road, Chromepet,  
Chennai-600 044.

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**  
**SREE BALAJI COLLEGE OF NURSING**  
**DEPARTMENT OF OBSTETRICS AND GYNAECOLOGICAL NURSING**  
**VALUE ADDED COURSE ON TRAINING IN PERSONAL HYGIENE**

**COURSE CO-ORDINATOR DETAILS**

**Faculty Name:** Mrs.Pappyuvarani, Professor

Department of Obstetrics and Gynecological Nursing

**Email ID:** [pappy.yuvarani@gmail.com](mailto:pappy.yuvarani@gmail.com)

**Mobile number:** 8056504779

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**  
**SREE BALAJI COLLEGE OF NURSING**  
**DEPARTMENT OF FUNDAMENTALS OF NURSING**

## VALUE ADDED COURSE SYLLABUS

### HANDS ON TRAINING IN MIDWIFERY

**Course Description:**

**Hours: 30 Hours**

This course is designed to help the students to develop an understanding of the profession and practice of assisting women in childbirth a in various Supervised Clinical settings. It is aimed at helping the students to acquire knowledge, understanding and skills in techniques of nursing and practice them in Supervised Clinical settings.

This course enables students to have a better understanding and develop skill in midwifery and emergencies in the hospital.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Met
I	8	Describe the midwifery	<b>MIDWIFERY</b> <ul style="list-style-type: none"> <li>• Introduction</li> <li>• Aims</li> <li>• Objectives</li> <li>• Guidelines for establishment of new general nursing</li> <li>• Physical facilities</li> <li>• Education and training of midwifery</li> </ul>	Lecture, Discussion, about infection control	<ul style="list-style-type: none"> <li>• Essay type</li> <li>• Short Answer Questions</li> <li>• Objective</li> <li>• Type</li> </ul>
II	8	➤ Explain & Describe TheStrategic Framework	<ul style="list-style-type: none"> <li>• Selection of candidates for nurse practitioner in midwifery training</li> <li>• Integration of midwives into the public health system</li> <li>• Range of services to be provided by nurse practitioners in midwifery</li> </ul>	Lecture & Discussion About Infection transmission & its prevention	<ul style="list-style-type: none"> <li>• Essay type</li> <li>• Short answer</li> <li>• Objective</li> <li>• Type</li> </ul>

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Met
III	8	➤ Explain The education and training of nurse practitioners in midwifery	<p><b>EDUCATION AND TRAINING OF NURSE PRACTITIONERS IN MIDWIFERY</b></p> <ul style="list-style-type: none"> <li>• National Midwifery Training Institute</li> <li>• Regional Midwifery Training Institute</li> <li>• Budgetary Guidance</li> </ul>	Lecture Discussion about Sterilization and disinfection	<ul style="list-style-type: none"> <li>• Essay Type Short Answers</li> <li>• Objective Type Assessments Skills</li> </ul> <p>With Checklist</p>
IV	6	➤ Explain About The Midwifery Institutional Arrangements	<ul style="list-style-type: none"> <li>• Introduction,</li> <li>• Types &amp; Method of midwifery institutional arrangements</li> <li>• Financial arrangements for setting up midwifery –led care units</li> <li>• Career progression of nurse practitioner</li> </ul>	Lecture ,Discussion about The Personal protective equipment and standard precautions	<ul style="list-style-type: none"> <li>• Essay Type Short Answers</li> <li>• Objective Type</li> </ul>

**Course Curriculum/Names with schedule (Min of 30 hours)**

<b>S.No</b>	<b>Date</b>	<b>Names</b>	<b>Time</b>	<b>Hours</b>
1	22/09/17	Dr. Saraswathi,H.O.D, SreeBalaji Medical Coll& Hospital	10 am - 1pm	3 Hrs
2	27/09/17	Dr. ShamugaPriya,M.D , Med.Forte Hospital	10am -1pm 2pm -3pm	4 Hrs
3	29/09/17	Dr. Gomathi., M.D, Ramana Hospital	10am -1pm	3 Hrs
4	02/10/17	Dr. Devi, M.D, Kamatchi Hospital	10am -1pm 2pm -3pm	4 Hrs
5	04/10/17	Dr. Vasantha, M.D, DGO, B.P Jain, Hospital	10am -1pm	3 Hrs
6	05/10/17	Dr. Anadal, M.D , P.C.M.C Hospital	9 am - 1pm	4 Hrs
7	06/10/17	Dr. Vijayalakshmi, M.D, Ramana Hospital	10am -1pm	3 Hrs
8	09/10/17	Dr. Bhuvaneshwari, M.D, Subiksha Hospital	10am -12pm	2 Hrs
9	10/10/17	Prof. Nimmi.R, M.Sc Nursing, SBCN	10am -12pm	2 Hrs
10	12/10/18	Prof. Pappy yuvarani, M.Sc Nursing, SBCN	10am -12pm	2 Hrs

BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
SCHOOL OF NURSING  
DEPARTMENT OF OBSTETRICS AND GYNAECOLOGICAL NURSING  
VALUE ADDED COURSE  
HANDS ON TRAINING IN MIDWIFERY (2017-2018)

Students Name List

S.NO	Registration number	Name of the students	Signature
1.	U16NR001	AARTHY S	<i>Aarth</i>
2.	U16NR002	ABILASHA R	<i>Abilasha</i>
3.	U16NR005	ANSU MARY ABRAHAM	<i>Ansu</i>
4.	U16NR006	ANUSUYABEGUM H	<i>Anusuya</i>
5.	U16NR007	ASHIKA SHANI S	<i>Ashika</i>
6.	U16NR008	BERCY ALEXANDRA P	<i>Bercy</i>
7.	U16NR009	BHAGYA SHREE R	<i>Bhagya</i>
8.	U16NR010	DEEPA N	<i>Deepa</i>
9.	U16NR011	DEEPA R	<i>Deepa</i>
10.	U16NR012	DEEPALAKSHMI M	<i>Deepa</i>
11.	U16NR013	DEEPIKA B	<i>Deepika</i>
12.	U16NR014	DEEPIKA S	<i>Deepika</i>
13.	U16NR016	DHIVYA BHARATHI K	<i>Dhivya</i>
14.	U16NR017	DIVYA G	<i>Divya</i>
15.	U16NR018	DIVYA P	<i>Divya</i>
16.	U16NR019	EMELYNE KHARKONGOR	<i>Emelyne</i>
17.	U16NR020	GAYATHRI M	<i>Gayathri</i>
18.	U16NR021	GAYATHRI M	<i>Gayathri</i>
19.	U16NR022	GOMATHI S	<i>Gomathi</i>

20.	U16NR023	GOVINDAMMAL D	Gov
21.	U16NR024	GRACY SELVARANI J	Gracy
22.	U16NR025	HEMALATHA P	Hemalatha
23.	U16NR026	HEMALATHA V	Hemalatha V
24.	U16NR027	JAYASHREE D	Jayashree D
25.	U16NR028	JEEVITHA J	Jeevitha
26.	U16NR029	JENIFER D	Jenifer D
27.	U16NR032	KEERTHI D	Keerthi D
28.	U16NR033	KEERTHIKA C	Keerthika
29.	U16NR034	KIRUTHIKA M	Kiruthika
30.	U16NR036	LAKSHMI V	Lakshmi
31.	U16NR037	MAALIKAAFRIN S	Maalikaafreen
32.	U16NR038	MANJUMATHA D	Manjuma
33.	U16NR039	MOHANAPREETHA S	Mohana
34.	U16NR040	MONICA RAJAKUMARI G	Monica
35.	U16NR041	MONISHA A	Monisha A
36.	U16NR042	MONISHA B	Monisha B
37.	U16NR043	MONISHA M	Monisha M
38.	U16NR044	MONISHA R	Monisha R
39.	U16NR046	NALINI VALAR SELVI M	Nalini
40.	U16NR047	NILASANDHIYA T	Nilasandhiya
41.	U16NR048	NITHYA P	Nithya
42.	U16NR049	NIVEDHA N	Nivedha
43.	U16NR050	NIVEDHA T	Nivedha T
44.	U16NR051	NIVETHA B	Nivetha
45.	U16NR052	NIVETHA E	Nivetha E
46.	U16NR053	NIVETHA SHRI G	Nivetha S
47.	U16NR054	PAVITHRA K	Pavithra
48.	U16NR055	PAVITHRA M	Pavithra
49.	U16NR056	PRABHAVATHI S	Prabhavathi
50.	U16NR057	PRATHIBA V	Prathiba
51.	U16NR059	PRAVIENAA R	Pravienaa R



52.	U16NR060	PREMI JASMINE S	<i>Premi</i>
53.	U16NR061	PRIYADHARSHINI C	<i>Priyadharni</i>
54.	U16NR063	PRIYADHARSHNI M	<i>Priyadharni M.</i>
55.	U16NR064	PRIYANKA P	<i>Priyanka P.</i>
56.	U16NR065	PRIYANKA T	<i>PM</i>
57.	U16NR066	RAJESWARI J	<i>Rajeswari J.</i>
58.	U16NR067	RAMYA K	<i>Ramya</i>
59.	U16NR068	RAMYA R	<i>Ramya</i>
60.	U16NR069	REGIL NELSON	<i>Regil Nelson</i>

## **HANDS ON TRAINING IN MIDWIFERY**



## **HANDS ON TRAINING IN MANAGEMENT OF NORMAL LABOUR**





**Bharath**  
INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
(Declared as Deemed- to-be-University under section 3 of UGC Act 1956)



**SREE BALAJI SCHOOL OF NURSING**  
**VALUE ADDED COURSE ON HANDS ON TRAINING IN MIDWIFERY**  
*Certificate of Appreciation*

This Is to Certify That Mr. /Ms S. AARTHI (U16NR001) B.Sc (N) III year, Has Attended Three Weeks Value Added Course On **HANDS ON TRAINING IN MIDWIFERY** Conducted by Department of Obstetrics And Gynecological Nursing At School Of Nursing, Chennai (TN), during 22/09/2017 – 13/09/2017.

COURSE COORDINATOR

HOD

PRINCIPAL

SREE BALAJI COLLEGE OF NURSING

STUDENT FEEDBACK FORM FOR VALUE ADDED COURSES

DEPARTMENT OF OBSTETRICS AND GYNAECOLOGICAL NURSING

Academic year: 2017

Name of the value added course offered: Hands on training in Midwifery

Period of Batch: B.Sc (Nsg) IV year

Course - Coordinator: [Signature]

STUDENT FEEDBACK

Dear Student,

You are required to give your feedback on the following aspects. Please tick in the respective column.

S.No	Criteria	Rating				
		Excellent	Very good	Good	Fair	Satisfactory
1	Course content					
2	Skill development			✓		
3	Motivation		✓			
4	Regularity and punctuality of teacher			✓		
5	Coverage of syllabus					
6	Resource person interaction with students				✓	
7	Individual attention				✓	
8	Outcome			✓		
9	Competency of the course			✓		
10	Other suggestions			✓		

[Signature]  
Course co-coordinator

[Signature]  
Signature of the student

REQUISITION LETTER

From,

Department of fundamentals of nursing  
Sree balaji college of nursing,  
Chrompet, Chennai-44

To

Dr.V.Hemavathy  
The principal  
Sree balaji college of nursing  
Chrompet, Chennai-44

Respected sir,

This is for your kind perusal that we, fundamentals of nursing department are planning to conduct a value added course on **Fundamentals of nursing** from 7.02.2018 to 14.02.2018, for a period of two weeks. We kindly request you to grant us permission to conduct this programme and do the needful.

Thank you

  
Warm Regards

Phone & Fax : 2241 6605



## SREE BALAJI COLLEGE OF NURSING

(Recognised By Indian Nursing Council, New Delhi and The Tamilnadu Nurses and Midwives Council )  
(Approved by Govt. of Tamil Nadu and Affiliated to Bharath Institute of Higher Education and Research)

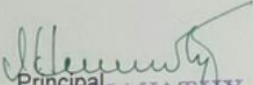
No.7, Works Road, Chromepet, Chennai - 600 044.

2 FEB 2018

Department of Fundamentals of Nursing  
Sree Balaji College of Nursing,  
Chennai.

Hereby we grant permission to conduct Value added course on **Fundamentals of nursing** from 7.02.2018 to 14.02.2018,, for a period of two weeks.

Warm Regards,

  
Principal  
Dr. V. HEMAVATHY,  
M.Sc.(N),M.A.,M.Phil.,Ph.D.(N),  
PRINCIPAL  
SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road, Chromepet,  
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No.7, Works Road, Chromepet, Chennai - 600 044.

Date: 22-01-2018

### CIRCULAR

#### Notification for Value added courses offered by the college of nursing

The Department of fundamental nursing, in college of nursing, is scheduled to offer a Value added Course on **fundamental of nursing** from 07/02/2018 for a period of 3 weeks. Interested students can approach Mrs.R.Ramani, Professor and Course Coordinator, Department of fundamental nursing for registration and for further details on or before 29<sup>th</sup> January 2018.

Eligibility-12<sup>th</sup> PASS

Course Coordinator

Principal

HOD

Dr. V. HEMAVATHY,  
M.Sc.(N), M.A., M.Phil., Ph.D.(N),  
PRINCIPAL

SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road Chromepet,  
Chennai-600 044.

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Vice Chancellor

Pro Vice Chancellor

Additional Registrar

Deans

CoE

Heads of Departments



**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**  
**SREE BALAJI COLLEGE OF NURSING**

**DEPARTMENT OF FUNDAMENTAL NURSING**  
**VALUE ADDED COURSE ON FUNDAMENTAL OF NURSING**  
**2017-2018**

**COURSE CO-ORDINATOR DETAILS**

**Faculty Name :** Mrs. R. Ramani, Professor, Department of fundamental nursing.

**Email ID:** ramani16112007@gmail.com

**Mobile number:** 9790405761.

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

**SREE BALAJI COLLEGE OF NURSING**

**DEPARTMENT OF FUNDAMENTALS NURSING**

**VALUE ADDED COURSE SYLLABUS 2017-2018**

**COURSE ON FUNDAMENTALS NURSING**

**Course Description:**

**HOURS : 30**

This course is designed to help the students to develop an understanding of the philosophy, objectives, theories and process of nursing in various Supervised Clinical settings. It is aimed at helping the students to acquire knowledge, understanding and skills in techniques of nursing and practice them in Supervised Clinical settings.

<b>Unit</b>	<b>Time (Hrs)</b>	<b>Learning Objectives</b>	<b>Content</b>	<b>Teaching Learning Activities</b>	<b>Assessment met</b>
I	10	Describe the concept of health, illness and health care agencies	<b>Introduction</b> <ul style="list-style-type: none"><li>• Concept of Health: Health – Illness continuum</li><li>• Factors influencing health</li><li>• Causes and risk factors for developing illness</li><li>• Body defences: Immunity and immunization</li><li>• Illness and illness Behaviour:</li><li>• Impact of illness on patient and family/</li><li>• Health Care Services: Health Promotion and prevention and Primary Care, Diagnosis, Treatment, Rehabilitation and Continuing Care</li><li>• Health care teams</li><li>• Types of health care agencies:</li><li>• Hospitals: Types, Organization Functions</li><li>• Health Promotion and Levels of Disease Prevention</li><li>• Primary health care and its delivery: Role of nurse</li></ul>	Lecture discussion Visit to health care agencies	<ul style="list-style-type: none"><li>➤ Essay type</li><li>➤ Short answer questions</li><li>➤ Objective type</li></ul>

II	16	<ul style="list-style-type: none"> <li>➤ Explain concept and scope of nursing</li> <li>➤ Describe values, code of ethics and professional conduct for nurses in India</li> </ul>	<p><b>NURSING AS A PROFESSION</b></p> <ul style="list-style-type: none"> <li>• Definition and Characteristics of a profession</li> <li>• Nursing: Definition, Concepts, philosophy, objectives</li> <li>• Characteristics, nature and scope of nursing practice</li> <li>• Functions of nurse</li> </ul>	<p>Lecture discussion Case discussion Role plays</p>	<ul style="list-style-type: none"> <li>➤ Essay type</li> <li>➤ Short answer</li> <li>➤ Objective type</li> </ul>
			<ul style="list-style-type: none"> <li>• Qualities of a nurse</li> <li>- Categories of nursing personnel</li> </ul>		

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment met
			<ul style="list-style-type: none"> <li>- Nursing as a Profession</li> <li>- History of Nursing in India</li> <li>Values: Definition, Types, Values</li> <li>Clarification and values in professional Nursing: Caring and Advocacy</li> <li>Ethics:               <ul style="list-style-type: none"> <li>- Definition and Ethical Principles</li> <li>- Code of ethics and professional conduct for nurses</li> </ul> </li> </ul>		
III	4	<ul style="list-style-type: none"> <li>➤ Explain the admission and discharge procedure</li> <li>➤ Performs admission and discharge procedure</li> </ul>	<p><b>HOSPITAL ADMISSION AND DISCHARGE</b></p> <ul style="list-style-type: none"> <li>• Admission to the hospital               <ul style="list-style-type: none"> <li>- Unit and its preparation</li> <li>- admission bed</li> <li>- Admission procedure</li> <li>- Special considerations</li> <li>- Medico-legal issues</li> <li>- Roles and Responsibilities of the nurse</li> </ul> </li> <li>• Discharge from the hospital               <ul style="list-style-type: none"> <li>- Types: Planned discharge, LAMA and abscond, Referrals and transfers</li> <li>- Discharge Planning</li> <li>- Discharge procedure</li> <li>- Special considerations</li> <li>- Medico--legal issues</li> <li>- Roles and Responsibilities of the nurse</li> <li>- Care of the unit after discharge</li> </ul> </li> </ul>	Lecture discussion Demonstration Lab Practice Supervised Clinical practice	Essay type Short answers Objective type Assess skills with checklist Clinical practical examination
IV	10	Communicate effectively with patient, families and team member and maintain effective human	<p><b>Communication and Nurse patient relationship</b></p> <ul style="list-style-type: none"> <li>• Communication: Levels, Elements, Types, Modes, Process, Factors influencing Communication</li> <li>- Methods of Effective Communication,</li> <li>- Attending skills</li> </ul>	Lecture discussion Role play and video film on the nurses interacting with the patient Practice session on patient	Essay type Short answers Objective type

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
		relations (projecting professional image) Appreciate the importance of patient teaching in nursing	<ul style="list-style-type: none"> <li>- Rapport building skills</li> <li>- Empathy skills</li> <li>- Barriers to effective communication,               <ul style="list-style-type: none"> <li>• Helping Relationships (NPR): Dimensions of Helping. Relationships, Phases of a helping relationship</li> <li>• Communicating effectively with patient, families and team members and maintain effective human relations with special reference to communicating with vulnerable group (children, women, physically and mentally challenged and elderly)</li> <li>• Patient Teaching: Importance, Purposes, Process, role of nurse and Integrating teaching in Nursing Process</li> </ul> </li> </ul>	teaching Supervised Clinical practice	
V	17	<ul style="list-style-type: none"> <li>➤ Explain the concept, uses, format and steps of nursing process</li> <li>➤ Documents nursing process as per the format</li> </ul>	<p><b>The Nursing Process</b></p> <ul style="list-style-type: none"> <li>• Critical Thinking and Nursing Judgment               <ul style="list-style-type: none"> <li>Critical Thinking: Thinking and Learning,                   <ul style="list-style-type: none"> <li>o Competencies, Attitudes for Critical Thinking, Levels of critical thinking in Nursing</li> </ul> </li> </ul> </li> <li>• Nursing Process Overview: Application in Practice               <ul style="list-style-type: none"> <li>o Nursing process format: INC, current format</li> <li>o Assessment Collection of Data: Types, Sources, Methods</li> <li>- Formulating Nursing judgment: Data interpretation                   <ul style="list-style-type: none"> <li>o Nursing diagnosis</li> <li>- Identification of client problems</li> <li>- Nursing diagnosis statement</li> </ul> </li> </ul> </li> <li>• Difference between medical and nursing diagnosis               <ul style="list-style-type: none"> <li>o Planning</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Lecture discussion</li> <li>• Demonstration</li> <li>• Exercise</li> <li>• Supervised Clinical practice</li> </ul>	Essay type Short answers Objective type

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
			<ul style="list-style-type: none"> <li>- Establishing Priorities</li> <li>- Establishing Goals and Expected Outcomes,</li> <li>- Selection of interventions: Protocols and standing Orders</li> <li>- Writing the Nursing Care Plan Implementation</li> <li>— Implementing the plan of care Evaluation</li> <li>- Outcome of care</li> <li>- Review and modify Documentation and Reporting</li> </ul>		
VI	4	<ul style="list-style-type: none"> <li>➤ Describe the purposes, types and techniques of recording and reporting</li> </ul>	<p><b>Documentation and Reporting</b></p> <ul style="list-style-type: none"> <li>• Documentation: Purposes of Recording and reporting</li> <li>• Communication within the Health Care Team,</li> <li>• Types of records; ward records, medical/nursing records,</li> <li>• Common Record-keeping forms, Computerized documentation</li> <li>• Guidelines for Reporting: Factual Basis, Accuracy, Completeness, currentness, Organization, confidentiality</li> <li>• Methods of Recording,</li> <li>• Reporting: Change-of shift reports: Transfer reports, Incident reports</li> <li>• Minimizing legal Liability through effective recordkeeping</li> </ul>	Lecture discussion Demonstration Practice Session Supervised Clinical practice	Essay type Short answers Objective type
VII	17	<ul style="list-style-type: none"> <li>➤ Describe principles and techniques of monitoring and maintaining vital signs</li> <li>➤ Monitor and maintain vital signs</li> </ul>	<p><b>Vital signs</b></p> <ul style="list-style-type: none"> <li>• Guidelines for taking vital signs:</li> <li>• Body temperature:               <ul style="list-style-type: none"> <li>• Physiology, Regulation, Factors affecting body temperature,</li> <li>• Assessment of body temperature: sites, equipments and technique, special considerations</li> </ul> </li> </ul>	Lecture Discussion Demonstration Practice Supervised Clinical practice	Essay type Short answers Objective type Assess with check list and clinical practical

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
			<ul style="list-style-type: none"> <li>- Temperature alterations: Heatstroke, Hypothermia</li> <li>Hot and cold applications</li> <li>Pulse: <ul style="list-style-type: none"> <li>- Physiology and Regulation, Characteristics of the pulse, Factors affecting pulse</li> <li>- Assessment of pulse: sites, location, equipments and technique, special considerations</li> <li>- Alterations in pulse:</li> </ul> </li> <li>Respiration: <ul style="list-style-type: none"> <li>- Physiology and Regulation, Mechanics of breathing</li> <li>Characteristics of the respiration, Factors affecting respiration</li> <li>- Assessment of respirations: technique, special considerations</li> <li>- Alterations in respiration</li> </ul> </li> <li>Blood pressure: <ul style="list-style-type: none"> <li>- Physiology and Regulation, Characteristics of the blood pressure, Factors affecting blood pressure</li> <li>- Assessment of blood pressure: sites, equipments and technique, special considerations</li> <li>- Alterations in blood pressure</li> </ul> </li> <li>Recording of vital signs</li> </ul>		
VIII	30	<ul style="list-style-type: none"> <li>➤ Describe purpose and process of health assessment</li> <li>➤ Describe the health assessment each body system</li> <li>➤ Perform health assessment of each body system</li> </ul>	<p><b>Health assessment</b></p> <ul style="list-style-type: none"> <li>• Purposes</li> <li>• Process of Health assessment</li> <li>- Health history</li> <li>- Physical examination: <ul style="list-style-type: none"> <li>- Methods- inspection, Palpation, Percussion, Auscultation, Olfaction</li> </ul> </li> <li>Preparation for examination: patient and unit.</li> <li>General assessment</li> <li>Assessment of each body System</li> <li>Recording of health assessment.</li> </ul>	<ul style="list-style-type: none"> <li>➤ Lecture discussion</li> <li>➤ Demonstration</li> <li>➤ Practice on simulators</li> <li>➤ Supervised Clinical practice</li> </ul>	<ul style="list-style-type: none"> <li>Essay type</li> <li>Short answers</li> <li>Objective Type</li> </ul>
IX	5	<ul style="list-style-type: none"> <li>➤ Identifies the various</li> </ul>	<p><b>Machinery, Equipment and linen</b></p>	<ul style="list-style-type: none"> <li>➤ Lecture discussion</li> </ul>	<ul style="list-style-type: none"> <li>➤ Essay type</li> <li>➤ Short</li> </ul>

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
		<p>machinery, equipment and linen and their care</p>	<p>Types: Disposables and re-usables- Linen, rubber goods, glass ware, metal, plastics, furniture, machinery Introduction : - Indent - Maintenance - Inventory</p>	<p>➤ Demonstration</p>	<p>answers ➤ Objective type</p>
X	62	<p>➤ Describe the basic, physiological and psychosocial needs of patient ➤ Describe the principles and techniques for meeting basic, Physiological and psychosocial needs of patient ➤ Perform nursing assessment, plan, implement and evaluate the care for meeting basic, physiological and psychosocial needs of patient</p>	<p><b>Meeting needs of patient</b> • Basic needs (Activities of daily living) Providing safe and clean environment: - Physical -environment: Temperature, Humidity, Noise, Ventilation, light, Odour, pests control- - Reduction of Physical hazards: fire, accidents - Safety devices: Restraints, side rails, airways, trapezetc - Role of nurse in providing safe and clean environment Hygiene:- - Factors Influencing Hygienic Practice - Hygienic care: Care of the Skin-Bath and pressure points, feet and nail, Oral cavity, Hair Care, Eyes, Ears, and Nose • Assessment, Principles, Types, Equipments, Procedure, Special Considerations - Patient environment: Room Equipment and linen, • Making patient beds Types of beds and bedmaking Comfort:- - Factors Influencing Comfort - Comfort devices Physiological needs: - Sleep and Rest: - Physiology of sleep - Factors affecting sleep - Promoting Rest and sleep</p>	<ul style="list-style-type: none"> <li>• Lecture discussion</li> <li>• Demonstration</li> <li>• Practice sessions</li> <li>• Supervised</li> <li>• Clinical practice</li> </ul>	<p>➤ Essay type ➤ Short answers ➤ Objective type ➤ Assess with check list and clinical practical examination</p>

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
			<ul style="list-style-type: none"> <li>- Sleep Disorders</li> <li>Nutrition:-</li> <li>- Importance</li> <li>- Factors affecting nutritional</li> <li>- Assessment of nutritional needs: Variables</li> <li>- Meeting Nutritional needs: Principles, equipments, procedure and special considerations</li> <li>- Oral</li> <li>- Enteral: Naso/ Orogastric, gastrostomy</li> <li>- Parenteral:</li> <li>- Urinary Elimination</li> <li>- Review of Physiology of Urine Elimination, Composition and characteristics of urine Factors Influencing Urination</li> <li>Alteration in Urinary Elimination</li> <li>Types and Collection of urine specimen:</li> <li>Observation, urine testing</li> <li>Facilitating urine elimination: assessment, types, equipments, procedures and special considerations</li> <li>- Providing urinal / bed pan <ul style="list-style-type: none"> <li>o Condom drainage</li> <li>o Perineal care</li> <li>o Catheterization</li> <li>o Care of urinary drainage</li> <li>o Care of urinary diversions</li> <li>o Bladder irrigation <ul style="list-style-type: none"> <li>▪ Bowel Elimination</li> </ul> </li> </ul> </li> <li>- Review of Physiology of Bowel Elimination, Composition and characteristics of faeces</li> <li>- Factors affecting Bowel elimination</li> <li>- Alteration in Bowel Elimination</li> <li>- Types and Collection of specimen of faeces: Observation</li> <li>- Facilitating bowel elimination: assessment,</li> </ul>		

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
			<p>equipments, procedures and special considerations</p> <p>Passing of Flatus tube</p> <p>Enemas</p> <p>Suppository</p> <p>Sitz bath</p> <p>Bowel wash</p> <p>Care of Ostomies Mobility and Immobility</p> <ul style="list-style-type: none"> <li>- Principles of Body Mechanics</li> <li>- Maintenance of normal body alignment and mobility</li> <li>- Factors affecting body Alignment and mobility</li> <li>- Hazards associated with immobility</li> <li>- Alteration in body Alignment and mobility</li> <li>- Nursing interventions for impaired Body Alignment and Mobility: assessment, types, devices used, method and special considerations, rehabilitation aspects</li> </ul> <p>Range of motion exercises o</p> <p>Maintaining body alignment:</p> <p>Positions</p> <p>Moving</p> <p>Lifting</p> <p>Transferring</p> <p>Walking</p> <p>Restraints</p> <ul style="list-style-type: none"> <li>- Oxygenation</li> <li>- Review of Cardiovascular and respiratory Physiology</li> <li>- Factors Affecting Oxygenation</li> <li>- Alterations in oxygenation</li> <li>- Nursing interventions in oxygenation: assessment, types, equipment used, procedure and special considerations</li> </ul> <p>Maintenance of patent airway</p> <p>Oxygen administration</p> <p>Suction</p> <p>Inhalations: dry and moist</p> <p>Chest physiotherapy and postural drainage</p>		

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
			<p>Care of Chest drainage  Pulse oximetry  CPR- Basic life support  Fluid, Electrolyte, and Acid —  Base Balances  - Review of Physiological Regulation of Fluid, Electrolyte, and Acid -Base Balances  - Factors Affecting Fluid, Electrolyte, and Acid - Base Balances  - Alterations in Fluid, Electrolyte, and Acid - Base Balances  Nursing interventions in Fluid, Electrolyte, and Acid  - Base imbalances:  assessment, types, equipment, procedure and special considerations  o Measuring fluid intake and output  Correcting Fluid, Electrolyte Imbalance:  Replacement of fluids:  Oral and Parenteral Venipuncture, regulating IV Flow rates, changing IV solutions and tubing, Changing IV dressing, Administering Blood transfusion  Restriction of fluids  Psychosocial Needs  Concepts of Cultural Diversity, Stress and Adaptation, Self-concept, Sexuality, Spiritual Health, Coping with loss, death and grieving  Assessment of psychosocial needs  - Nursing intervention for psychosocial needs  - Assist with coping and adaptation  - Creating therapeutic environment  o Recreational and diversional therapies.</p>		

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
XI	22	Describe principles and techniques for infection control and biomedical waste management in Supervised Clinical settings	<p><b>Infection control in Clinical settings</b></p> <ul style="list-style-type: none"> <li>• Infection control <ul style="list-style-type: none"> <li>Nature of infection</li> <li>Chain of infection transmission</li> </ul> </li> <li>Defenses against infection: natural and acquired <ul style="list-style-type: none"> <li>Hospital acquired infection (Nosocomial infection)</li> </ul> </li> <li>• Concept of asepsis: medical asepsis, and surgical asepsis</li> <li>Isolation precautions (Barrier nursing): <ul style="list-style-type: none"> <li>- Hand washing: simple, hand antisepsis and surgical antisepsis (scrub)</li> <li>- Isolation: source and protective</li> <li>- Personal protecting equipments: types, uses and technique of wearing and removing</li> <li>- Decontamination of equipment and unit</li> <li>- Transportation of infected patients</li> <li>- Standard safety precautions (Universal precautions)</li> <li>- Transmission based precautions</li> </ul> </li> <li>• Biomedical waste management: <ul style="list-style-type: none"> <li>- Importance</li> <li>- Types of hospital waste</li> <li>- Hazards associated with hospital waste</li> <li>- Decontamination of hospital waste</li> <li>- Segregation and Transportation and disposal</li> </ul> </li> </ul>	Lecture discussion Demonstration Practice session Supervised Clinical practice	
XII	42	Explain the principles, routes, effects of administration of medications Calculate conversions of drugs and dosages within	<p><b>Adminstration of Medications:</b></p> <ul style="list-style-type: none"> <li>• General <ul style="list-style-type: none"> <li>-Principles / consideration</li> <li>-Purposes of Medication</li> <li>-Principles: 5 rights; special consideration; Prescriptions;</li> </ul> </li> <li>Safety in Adminstering</li> </ul>		.Essay type Short answers Objective type Assess with check list and clinical practical examination

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
		<p>and between systems of measurements</p> <p>Administer drugs by the following routes-oral, Intra-dermal, Subcutaneous</p> <p>Intramuscular, Intra Venous topical, inhalation.</p> <p>Administer drugs by the following routes-oral, Intra-dermal, Subcutaneous</p> <p>Intramuscular, Intra Venous topical, inhalation</p>	<p>Medications and Medication Errors;</p> <ul style="list-style-type: none"> <li>-Drug Forms;</li> <li>-Routes of administration</li> <li>-Storage and maintenance of drugs and Nurses responsibility</li> <li>-Broad classification of drugs: <ul style="list-style-type: none"> <li>- Therapeutic Effect, Side Effects, Toxic Effects, Idiosyncratic Reactions, Allergic Reactions, Drug Tolerance, Drug Interactions,</li> </ul> </li> <li>- Factors Influencing drug Actions,</li> <li>- Systems of Drug Measurement: Metric System, Apothecary System, Household Measurements, Solutions.</li> <li>- Converting Measurements Units: Conversion within one system, Conversion between systems, Dosage Calculation,</li> <li>- Terminologies and abbreviations used in prescriptions of medications</li> <li>Oral Drugs Administration: Oral, Sub lingual and Buccal: Equipment, procedure</li> <li>Parenteral <ul style="list-style-type: none"> <li>- General principles: decontamination and disposal of syringes and needles</li> <li>- Types of parenteral therapies</li> <li>- Types of syringes, needles, canula, and infusion sets</li> <li>- Protection from Needle stick Injuries : Giving Medications with a safety syringes</li> <li>- Routes of parenteral therapies</li> <li>- Intra-dermal: purpose, site, equipment, procedure, special considerations</li> <li>- Subcutaneous: purpose, site, equipment, procedure, special considerations</li> <li>- Intramuscular: purpose, site, equipment, procedure, special</li> </ul> </li> </ul>		

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
			<p>considerations</p> <ul style="list-style-type: none"> <li>- Intra Venous: purpose,site, equipment, procedure, specialconsiderations</li> <li>- Advanced techniques: epidural,intra-the cal, intra-osseous, intra-peritoneal, intra-plural, intra-arterial-</li> </ul> <p>Role of nurse</p> <p>Topical Administration: purposes, site, equipment, procedure, special considerations for</p> <p>Application to Skin</p> <p>Application to mucous membrane</p> <ul style="list-style-type: none"> <li>- Direct application of liquids-Gargle and swabbing thethroat</li> <li>- Insertion of Drug into body cavity: Suppository, medicated packing in rectum/vagina</li> <li>- Instillations:, Ear, Eye, Nasal, Bladder, and Rectal</li> <li>- Irrigations: Eye, Ear, Bladder, Vaginal and Rectal</li> <li>- Spraying: Nose and throat</li> </ul> <p>Inhalation: Nasal, oral, endotracheal (steam, oxygen and medications) purposes, types,equipment, procedure, special considerations</p> <ul style="list-style-type: none"> <li>- Recording and reporting of medicationsadministered</li> </ul>		
XIII	10	<p>Describe the pre and post operative care of patients</p> <p>Explain the process of wound healing</p> <p>Explain the principles and</p>	<p><b>Meeting needs of Peri operative patients</b></p> <ul style="list-style-type: none"> <li>• Definition and concept of Peri operative Nursing</li> </ul> <p>PreoperativePhase</p> <ul style="list-style-type: none"> <li>- Preparation of patient for surgery</li> </ul> <p>Intra-operative</p> <p>Operation theatre Set up and environment</p>	<p>Lecture discussion</p> <p>Demonstration</p> <p>Practice session</p> <p>Supervised Clinical practice</p>	<p>Essay type</p> <p>Short answers</p> <p>Objective type</p> <p>Assess with check list and clinical practical</p>

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
		techniques of care Perform care of wounds	<ul style="list-style-type: none"> <li>- Role of nurse</li> <li>Postoperative Phase</li> <li>- Recovery unit</li> <li>- Post operative unit</li> <li>- Postoperative care,</li> <li>Wounds: types, Classifications, wound Healing Process, Factors affecting Wound, Complications of Wound Healing</li> <li>Surgical asepsis</li> <li>Care of the wound: types, equipments, procedure and special considerations</li> <li>- Dressings, Suture Care,</li> <li>- Care of Drainage</li> <li>- Application of Bandages, Binders, Splints &amp; Slings</li> <li>- Heat and Cold Therapy</li> </ul>		examination
XIV	15	Explain care of patients having alterations in body functioning	<p><b>Meeting special needs of the patient</b></p> <ul style="list-style-type: none"> <li>• Care of patients having alteration in:               <ul style="list-style-type: none"> <li>- Temperature (hyper and hypothermia); Types, Assessment, Management</li> <li>- Sensorium (Unconsciousness); Assessment, Management</li> <li>- Urinary Elimination (retention and incontinence); Assessment, Management</li> <li>- Functioning of sensory organs: ( Visual &amp; hearing impairment)</li> <li>- Assessment of Self-Care ability</li> <li>- Communication Methods and special considerations</li> <li>- Mobility (physically challenged, cast), assessment of Self-Care ability: Communication Methods and special considerations</li> <li>- Mental state (mentally challenged), assessment of Self-Care ability;</li> <li>- Communication Methods and special considerations</li> <li>- Respiration (distress); Types, Assessment, Management</li> <li>Comfort - (Pain) - Nature, Types,</li> </ul> </li> </ul>	Lecture discussion Case discussions Supervised clinical practice	Essay type Short answers Objective Type

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
			Factors influencing Pain, Coping, Assessment, Management; Treatment related to gastrointestinal system: nasogastric suction, gastric irrigation, gastric – analysis		
XV	5	Explain care of terminally ill patient	<b>Care of Terminally ill patient</b> <ul style="list-style-type: none"> <li>• Concepts of Loss, Grief, grievingProcess</li> <li>- Signs of clinicaldeath</li> <li>- Care of dying patient: special considerations</li> <li>- Advance directives: euthanasia, will, dying declaration ,organ donation etc</li> <li>- Medico-legalissues</li> <li>- Care of dead body: equipment, procedure and care ofunit</li> <li>- Autopsy</li> <li>- Embalming</li> </ul>	Lecture discussion Demonstration Case discussion / Role play Practice session Supervised Clinical practice	Essay type Short answers Objective Type
XVI	6	Explain the basic concepts of conceptual and theoretical models of nursing	<b>Professional Nursing concepts and practices</b> <ul style="list-style-type: none"> <li>• Conceptual and theoretical models of nursing practice: Introduction to models- holistic model, health belief model, health promotion modeletc</li> <li>Introduction to Theories in Nursing; Peplau’s, Henderson’s, Orem’s, Neuman’s, Roger’s and Roy’s</li> <li>Linking theories with nursing process</li> </ul>	Lecture discussion	Essay type Short Answers

Prescribed Internal Assessment Weightage:

**InternalAssessment : TermTest - 30**

**Assignment -20**

# **Fundamentals of Nursing**

## **Recommended Books:**

1. Taylor – Fundamentals of Nursing, 2007,LWW
2. Kozier – Fundamentals of Nursing,2007,Pearson
3. Potter – Basic Nursing ,2008,Elsevier
4. Lynn – Taylor’s Clinical NursingSkills,2008,LWW

## **Reference Books:**

1. Craven – Fundamentals of Nursing,2010,LWW
2. Potter – Fundamentals of Nursing,2009,Elsevier’s
3. St John’s Ambulance – First AID, 2007,St John’s AmbulanceAssociation.
4. LWW – Lippincott’s Nursing Procedure, 2008,LWW.
5. Jacob – Clinical Nursing Skills & Procedures,2008,Jaypee
6. Carpenito – Understanding NursingProcess,2007,LWW

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

**SREE BALAJI COLLEGE OF NURSING**

**DEPARTMENT OF FUNDAMENTALS OF NURSING**

**VALUE ADDED COURSE**

**ON**

**FUNDAMENTALS OF NURSING**

<b>SESSION</b>	<b>TOPIC</b>	<b>DATE</b>	<b>DURATION ( HR)</b>	<b>RESOURCE PERSON</b>
<b>SESSION I</b>	<b>DESCRIBE THE CONCEPT OF HEALTH ILLNESS,HEALTH CARE AGENCIES</b>	<b>7.2.18</b>	<b>3</b>	<b>MR.R.ELUMALI</b>
<b>SESSION II</b>	<b>EXPLAIN CONCEPT AND SCOPE OF NURSING,DESCRIBE VALUES CODE OF ETHICS AND PROFESSIONAL CONDUCT FOR NURSES IN INDIA</b>	<b>7.2.18</b>	<b>3</b>	<b>MRS.SARANSUSI</b>
<b>SESSION III</b>	<b>EXPLAIN THE ADMISSION AND DISCHARGE PROCEDURE PERFORMS ADMISIION AND DISCHARGE PROCEDURE</b>	<b>8.2.18</b>	<b>3</b>	<b>MRS.BIGMOLA</b>
<b>SESSION IV</b>	<b>COMMUNICATE EFFECTIVELY WITH PATIENT,FAMILIES AND TEAM MEMBERS AND MAINTAIN EFFECTIVE HUMAN RELATIONS</b>	<b>8.2.18</b>	<b>5</b>	<b>MRS.VIJAYALAKSH MI</b>

<b>SESSION V</b>	<b>EXPLAIN THE CONCEPTS,USES,FORMAT AND STEPS OF NURSING PROCESS</b>	<b>9.2.18</b>	<b>5</b>	<b>MRS.SURIYAKUMAR I</b>
<b>SESSION VI</b>	<b>DESCRIBE THE PURPOSES,TYPES AND TECHNIQUES OF RECORDING AND REPORTING</b>	<b>9.2.18</b>	<b>4</b>	<b>MR.ANANDHAN</b>

<b>SESSION VII</b>	<b>DESCRIBE THE PRINCIPLES AND TECHNIQUES OF MONITORING AND MAINTAINING VITAL SIGNS</b>	<b>10.2.18</b>	<b>4</b>	<b>MR.BASKAR</b>
<b>SESSION VIII</b>	<b>DESCRIBE PURPOSE AND PROCESS OF HEALTH AND BODYASSESSMENT</b>	<b>10.2.18</b>	<b>3</b>	<b>MR.V. SELVAM</b>

BHARATH INSTITUTE OF HIGHR EDUCATION AND RESARCH

SREE BALAJI COLLEGE OF NURSING

DEPARTMENT OF FUNDAMENTALS OF NURSING

VALUE ADDED COURSE

ON FUNDAMENTAL OF NURSING IST YEAR B.SC(N) (2018) BATCH  
STUDENTS NAME LIST

S.No	REG.NO	NAM OF THE STUDENTS	SIGNATURE
1.	U17NR001	ABINA BABU	<i>Abinababu</i>
2.	U17NR002	ABINAYA E	<i>Abinaya E</i>
3.	U17NR003	ABIRAMI R	<i>Abirami R</i>
4.	U17NR004	AIDA JOSEPH	<i>Aida Joseph</i>
5.	U17NR005	ANITHA A	<i>Anitha A</i>
6.	U17NR006	ANITHA M	<i>Anitha M</i>
7.	U17NR007	ANJU TREESA JOSEPH	<i>Anju Treesa Joseph</i>
8.	U17NR008	ANN MARY SANTHOSH	<i>Ann Mary Santhosh</i>
9.	U17NR009	ANNA SCARIA	<i>Anna Scaria</i>
10	U17NR010	ANSU ALEX	<i>Ansu Alex</i>
11	U17NR011	ANU ANNA JOSE	<i>Anu Anna Jose</i>
12	U17NR012	ANU P SAJI	<i>Anu P Saji</i>
13	U17NR013	ANUSHREE RAJEEV C P	<i>Anushree Rajeev C P</i>
14	U17NR014	ARCHANA BS	<i>Archana BS</i>
15	U17NR015	ASHLY S	<i>Ashly S</i>
16	U17NR016	ASHWINI M	<i>Ashwini M</i>
17	U17NR017	ATCHAYA K	<i>Atchaya K</i>

18	U17NR018	ATHIRA ANIL	Athira
19	U17NR019	AYANA BABU	Ayanababu
20	U17NR020	BALASOUNDARYA M	Balasoundarya
21	U17NR021	BHARATHI B	Bharathi B.
22	U17NR022	BHAVANI L	Bhavani L.
23	U17NR023	DEEPIKA B	Deepika.
24	U17NR024	DEEPIKA S	Deepika
25	U17NR025	DEEPIKA S	Deepika.
26	U17NR026	DEEPIKA V	Deepika V
27	U17NR027	ELIZABETH JACOB	Elizabeth Jacob
28	U17NR028	FEBA SAM	Feba Sam
29	U17NR029	HELEN JOSEPH	Helen Joseph
30	U17NR030	JANNET ANN MATHEW	Janet Ann Mathew
31	U17NR031	JAYALALITHA V	Jayalalitha V
32	U17NR032	JINSA SARA BIJU	Jinnsa Sara Biju
33	U17NR033	JISS MARY JOLLY	Jiss Mary Jolly
34	U17NR034	JOTHIKA G	Jothika G
35	U17NR035	KALPANA R	Kalpna R
36	U17NR036	KAVIPRIYA V	Kavipriya V
37	U17NR037	KAVITHA P	Kavitha P
38	U17NR038	KAVIYA P	Kavitha P
39	U17NR039	KAVIYAPRIYA K	Kaviyapriya K
40	U17NR040	KEERTHANA S	Keethana S.

41	U17NR041	KOWSALYA K	Kowsalya K.
42	U17NR042	KOWSALYA M	Kowsalya M.
43	U17NR043	LEELAVATHY R	Leelavathy R.
44	U17NR044	LINTA BABU	Linta Babu
45	U17NR045	LOVISHAL M	Lovishal M.
46	U17NR046	LUDHIYA ALIAS	Ludhiya Alias.
47	U17NR047	MEENA S	Meena S.
48	U17NR048	MEENU BINOY	Meenu Binoy
49	U17NR049	MEGHA V KURIAN	Megha V Kurian
50	U17NR050	MOHANA PRIYAA M	Mohana Priyaa M.
51	U17NR051	MONISHA N	Monisha N.
52	U17NR052	MUTHULAKSHMI G	Muthulakshmi G.
53	U17NR053	NANDHINI V	Nandhini V.
54	U17NR054	NARMATHA R	Narmatha R.
55	U17NR055	NAVANEETHAM K	Navaneetham K.
56	U17NR056	NIDHI ANNA NELSON	Nidhi Anna Nelson.
57	U17NR057	NITHYASRI K	Nithyasri K.
58	U17NR058	NIVETHA S	Nivetha S.
59	U17NR059	OVIYA G	Oviya G.
60	U17NR060	POOJA R	Pooja R.
61	U17NR061	POOJA MADALINE S I	Pooja Madaline S I.
62	U17NR062	PRAVEENA S	Praveena S.
63	U17NR063	PREETHI M	Preethi M.

64	U17NR064	PREMALATHA P	Premalatha
65	U17NR065	RAMYA T	Ramya
66	U17NR066	REVATHI G	Revathi G
67	U17NR067	RINCY T REGI	Rincy Regi
68	U17NR068	RIYA J MATHEW	Riya Mathew
69	U17NR069	RUCHIKA REBECCA MATHEW	Ruchika rebecca
70	U17NR070	SALOM ROSELIN D	Salom roselin
71	U17NR071	SANGEETHA S	Sangeetha S
72	U17NR072	SANTHIYA RS	Santhiya RS
73	U17NR073	SARAVANAPRIYA E	Saravany E
74	U17NR074	SARITHA K	Saritha K.
75	U17NR075	SATHYA S	Sathya S
76	U17NR076	SHABNA N	Shabna N
77	U17NR077	SHARMILA S	Sharmila S
78	U17NR078	SHERIN REJI	Sherin Reji
79	U17NR079	SINDHU P	Sindhu P
80	U17NR080	SINDHU S	S. hindhu
81	U17NR081	SINDHU V	Sindhu V.
82	U17NR082	SISIRA SASEENDRAN	Sis saseendran
83	U17NR083	SNEHA MATHEW	Sneha Mathew
84	U17NR084	SONIYA ROY	Soniya Roy
85	U17NR085	SOWMIYA S	Sowmya S
86	U17NR086	SREELAKSHMI B	Sreelakshmi B

87	U17NR087	SUNDARAVALLI S	Sundaravalli
88	U17NR088	SUSIPRIYA S	Susipriya
89	U17NR089	SUSMITHA N	Susmitha N.
90	U17NR090	SUVATHI C	Suvathi
91	U17NR091	SWAPNA SUNDARI R	Swapna Sundari
92	U17NR092	SWARNALATHA K	Swarnalatha
93	U17NR093	SWETHA B	Swetha B.
94	U17NR094	SWETHA G	Swetha G.
95	U17NR095	SWETHA P	Swetha P.
96	U17NR096	TINJUMOL KURIAKOSE	Tinjumol Kuria
97	U17NR097	TINSU THOMAS	Tinsu Thomas
98	U17NR098	VANISHREE M	Vanishree M.
99	U17NR099	VANISHREE R	Vanishree R.
100	U17NR100	VANMATHI S	Vanmathi S.

**SREE BALAJI COLLEGE OF NURSING**

**B.SC(N)-IYEAR(2017-2018) , SUBJECT- FUNDAMENTALS OF NURSING**



**VALUADDED COURSE STARTED ON 7.2.2017, THE FIRST CLASS WAS TAKEN BY MRS. R.RAMANI ABOUT INTRODUCTION ON NURSING FOR 4HOURS**




**THE CLASS WAS TAKEN BY MRS.MARGAREAT ON 8.2.2017, ABOUT NURSING AS A PROFESSION FOR 4HOURS**



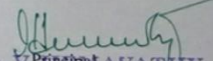
**SREE BALAJI COLLEGE OF NURSING**  
**VALUE ADDED COURSE ON FUNDAMENTAL OF NURSING**

*Certificate of Appreciation*

This Is To Certify That Mr. /Ms. POOJA MADALINE S I (UN17NR061) B. Sc(N) I Year, has Attended two Weeks Value Added Course regarding Fundamental Of Nursing Conducted By Department Of Fundamentals of Nursing at Sree Balaji College Of Nursing, Chennai (TN), during 7/02/2018 to 14/02/2018.

  
Course Coordinator

  
HOD

  
Dr. V. ~~Principa~~ AVATHY,  
M.Sc.(N), M.A., M.Phil., Ph.D.(N),  
PRINCIPAL  
SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road, Chromepet,  
Chennai-600 044.

SREE BALAJI SCHOOL OF NURSING

STUDENT FEEDBACK FORM FOR VALUE ADDED COURSES

DEPARTMENT OF FUNDAMENTALS OF NURSING

Dear Participants,

You are required to give your feedback on the following aspects. Please tick in the respective column.

Academic Year:2018


Name Of The Value Added Course Offered: FUNDAMENTALS OF NURSING

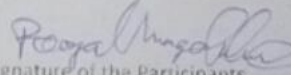
Period Of Batch:I YEAR

Course-Coordinator:R.RAMANI

STUDENT FEEDBACK

S.No	Criteria	Rating				
		Excellent	Very good	Good	Fair	Satisfactory
1	Course content	✓				
2	Skill development	✓				
3	Motivation			✓		
4	Regularity and punctuality of teacher		✓			
5	Coverage of syllabus	✓				
6	Resource person interaction with students		✓			
7	Individual attention	✓				
8	Outcome			✓		
9	Competency of the course		✓			
10	Other suggestions		✓			

  
Course co-ordinator

  
Signature of the Participants



REQUESTION LETTER

Date- 26/02/2018

From

Dr. Sathiyalatha Sarathi  
Professor and Head,  
Obstetrics & Gynaecological Nursing Department,  
Sree Balaji College of Nursing,  
Bharath Institute of Higher Education and Research,  
Chennai.

To

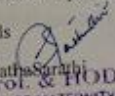
The Dean,  
Sree Balaji College of Nursing,  
Bharath Institute of Higher Education and Research,  
Chennai.

Sub: Permission to conduct value-added course: Hands on Training in Personal Hygiene.

Dear Sir,

With reference to the subject mentioned above, the department proposes to conduct a value-added course titled: Hands on Training in Personal Hygiene on 05/03/2018 to 22/03/2018. We solicit your kind permission for the same.

Kind Regards

  
Dr. Sathiyalatha Sarathi  
PROF. & HOD  
DEPARTMENT OF MATERNITY NURSING  
Sree Balaji College of Nursing  
No. 7, Works Road,  
Chennai-600 144  
Department of Obstetrical and gynecological nursing



Date- 25/11/2019

From

The Principal,

SreeBalaji College of Nursing, Chennai - 600 044

Bharath Institute of Higher Education and Research, Chennai.

To

Dr. SathiyalathaSarathi

Professor and Head,

Obstetrics & Gynaecological Nursing Department,

Sree Balaji College of Nursing,

**Sub: Permission to conduct value-added course: Hands on Training in Personal Hygiene.**

Dear Sir,

With reference to the subject mentioned above, the department proposes to conduct a value-added course titled: Hands on Training in Personal Hygiene. 05/03/2018 to 22/03/2018. We solicit your kind permission for the same.

  
Principal  
Dr. V. HEMAVATHY,  
M.Sc.(N), M.A., M.Phil., Ph.D.(N),  
PRINCIPAL  
SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road, Chrompet,  
Chennai-600 044.

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

**SREE BALAJI COLLEGE OF NURSING**

**DEPARTMENT OF OBSTETRICS AND GYNAECOLOGICAL NURSING**

**VALUE ADDED COURSE ON TRAINING IN PERSONAL HYGIENE**

**COURSE CO-ORDINATOR DETAILS**

**Faculty Name:** Mrs.Pappyuvarani, Professor

Department of Obstetrics and Gynecological Nursing

**Email ID:** [pappy.yuvarani@gmail.com](mailto:pappy.yuvarani@gmail.com)

**Mobile number:** 8056504779

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

**SREE BALAJI COLLEGE OF NURSING**

**DEPARTMENT OF FUNDAMENTALS OF NURSING**

**VALUE ADDED COURSE SYLLABUS(2019-2020)**

**ON**

**PERSONAL HYGIENE**

**Course Description:**

**Hours: 25**

This course is designed to help the students to develop an understanding of the cleanliness, procedures in various Supervised Clinical settings. It is aimed at helping the students to acquire knowledge, understanding and skills in techniques of nursing and practice them in Supervised Clinical settings.

This course enables students to have a better understanding includes bathing , washing your hands , brushing your teeth and more.

<b>Unit</b>	<b>Time (Hrs)</b>	<b>Learning Objectives</b>	<b>Content</b>	<b>Teaching Learning Activities</b>	<b>Assessment Methods</b>
I	4	Describe the personal hygiene	<b>Introduction</b> <ul style="list-style-type: none"><li>• Definition of personal hygiene</li><li>• Good and bad Hygiene</li><li>• Factors influencing hygienic practices<ul style="list-style-type: none"><li>• Physical factors</li><li>• Psychological factors</li><li>• Socio – economic factors</li></ul></li></ul>	Lecture, Discussion, about infection control	<ul style="list-style-type: none"><li>• Essay type</li><li>• Short Answer Questions</li><li>• Objective Type</li></ul>
II	5	➤ Describe and explain about the oral hygienic care	<ul style="list-style-type: none"><li>• Introduction</li><li>• Definition of personal hygiene</li><li>• Common Problems of the oral cavity</li><li>• Infections in oral cavity</li><li>• Nurse` s responsibility</li><li>• Preparation and articles</li><li>• Procedure</li><li>• After Care</li></ul>	Lecture, Discussion, about infection control	<ul style="list-style-type: none"><li>• Essay type</li><li>• Short Answer Questions</li><li>• Objective Type</li></ul>

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
III	6	➤ Explain TheSkin care	<b>SKIN CARE</b> <ul style="list-style-type: none"> <li>• Introduction</li> <li>• Functions of the skin</li> <li>• Bathing</li> <li>• Bed Bathing</li> <li>• Bed Sore</li> </ul>	Lecture Discussion about Sterilization and disinfection	<ul style="list-style-type: none"> <li>• Essay Type Short Answers</li> <li>• Objective Type Assess Skills</li> </ul> With Checklist
IV	4	➤ Explain About TheCare of eyes , mouth and nose	<b>CARE OF THE EYES , NOSE ,MOUTH</b> <ul style="list-style-type: none"> <li>• Introduction</li> <li>• Care of the eyes</li> <li>• Procedure</li> <li>• Care of the nose</li> <li>• Care of the mouth</li> </ul>	Lecture ,Discussion about The Personal protective equipment and standard precautions	<ul style="list-style-type: none"> <li>• Essay Type Short Answers Objective Type</li> </ul>
V	6	Explain about the perineum Care	<b>CARE OF PERINEUM</b> <ul style="list-style-type: none"> <li>• Definition</li> <li>• Nurse's Responsibility</li> <li>• Articles</li> <li>• Procedure</li> <li>• After Care</li> </ul>	Lecture ,Discussion about The Personal protective equipment and standard precautions	Essay Type Short Answers Objective Type

**Course Curriculum/Topics with schedule (Min of 30 hours)**

<b>Sl No</b>	<b>Date</b>	<b>Topic</b>	<b>Time</b>	<b>Hours</b>
<b>1</b>	<b>05/03/18</b>	<b>Introduction to Personal Hygiene and Prevention of diseases</b>	<b>10 am - 1pm</b>	<b>3 Hrs</b>
<b>2</b>	<b>07/03/18</b>	<b>Skin care and cloths</b>	<b>10am -1pm 2pm -4pm</b>	<b>5 Hrs</b>
<b>3</b>	<b>12/03/18</b>	<b>Hand and Foot Care</b>	<b>9am -1pm 2pm-4pm</b>	<b>6 Hrs</b>
<b>4</b>	<b>15/03/18</b>	<b>Oral Hygiene</b>	<b>10am -1pm 2pm -4pm</b>	<b>5 Hrs</b>
<b>5</b>	<b>19/03/18</b>	<b>Care of Eyes, Nose and Head</b>	<b>9am -1pm 2pm-5pm</b>	<b>7 Hrs</b>
<b>6</b>	<b>22/03/18</b>	<b>Genital Hygiene</b>	<b>9 am - 1pm</b>	<b>4 Hrs</b>
			<b>Total Hours</b>	<b>30</b>

Bharath Institute of Higher Education and Research

SreeBalaji College of Nursing.

Participant list of Value added course: Hands on Training in Personal Hygiene on 05/03/2018 to 22/03/2018

S.NO	Name of the students	Registration number	Signature
1.	AARTHR	U15NR001	<i>Aarth</i>
2.	ABEENA ELSA VARGHESE	U15NR002	<i>Abineela</i>
3.	ABINAYA.R	U15NR003	<i>Abinaya</i>
4.	AJITH KUMARA	U15NR004	<i>Ajith</i>
5.	AMBIKA.P	U15NR005	<i>Ambika</i>
6.	ANANTHLA	U15NR006	<i>Ananth</i>
7.	ANBU SELVIB	U15NR007	<i>Anbu</i>
8.	ANU SURESH	U15NR008	<i>Anu Suresh</i>
9.	ANU PRIYA.D	U15NR009	<i>Anu</i>
10.	ANUSUYA.A	U15NR010	<i>Anusuya</i>
11.	ARCHANA.D	U15NR011	<i>Archana</i>
12.	BALAJI.S	U15NR015	<i>Balaji</i>
13.	BARRANI .G.R	U15NR017	<i>Barrani</i>
14.	BEAUTLIN.J	U15NR018	<i>Beautlin</i>
15.	BHARATHIK	U15NR019	<i>Bharathi</i>
16.	BHAVANIR	U15NR020	<i>Bhavanir</i>
17.	DEEPIKA.R	U15NR021	<i>Deepika</i>
18.	DEEPIKA SRINIVASAN	U15NR022	<i>Deepika</i>
19.	DHANALAKSHMLM	U15NR023	<i>Dhanalakshmi</i>
20.	DURGADEVLS	U15NR024	<i>Durga</i>
21.	GIRIJA.D	U15NR026	<i>Girija</i>

22.	INDUMATH.P	U15NR028	Indumathi
23.	ISABEL MONIKA.N	U15NR029	Isabel Monika. N.
24.	JAYANTHIS	U15NR031	Jayanthi
25.	JAYASREE.M	U15NR032	Jayasree M.
26.	JENIFER.R	U15NR033	Jenifer
27.	KALAIVANL.M	U15NR034	Kalai
28.	KALAIVANL.S	U15NR035	Kalaivanis
29.	KALAIVANL.S	U15NR036	Kalai
30.	KAVIPRIYA.K	U15NR037	Kavipriya
31.	KAVIYA.C.S	U15NR038	Kaviya
32.	KAYALVIZHIS	U15NR039	Kayalvi
33.	KEERTHANA.L	U15NR040	Keerthana
34.	KIRUTHIGA.S	U15NR041	Kiruthiga
35.	KOKILA.K	U15NR042	Kokila
36.	KOWSALYA.G	U15NR043	Kowsalya
37.	KOWSALYA.R	U15NR044	Kowsalya
38.	LAKSHMLR	U15NR045	Lakshmi
39.	MAGIMAI YUVANKA M	U15NR046	Magimai
40.	MAHALAKSHMLR	U15NR047	Mahalakshmi
41.	MANGAYARKARASI . M	U15NR048	Mangayarkarasi
42.	MANJUA	U15NR049	Manju
43.	MANJUREKHA.A	U15NR050	Manjurekha
44.	MOHAN.M	U15NR051	Mohan
45.	NAGARANL.S	U15NR052	Nagan



## HANDS ON TRAINING IN HAND WASHING TECHNIQUE

45 students has participated in the value added courses on hands on training in personal hygiene organized by Obstetrics and Gynecological department on 05/03/2018.





COLLEGE OF NURSING  
VALUE ADDED COURSE ON HANDS ON TRAINING IN PERSONAL HYGIENE  
*CERTIFICATE OF APPRECIATION*

This is to Certify That Mr. /Ms M. JAYASREE (U15NR032) B.Sc(N) II Year, has Attended Three Weeks Value Added Course On HANDS ON TRAINING IN PERSONAL HYGIENE Conducted By Department Of Obstetrics And Gynecological Nursing at Sree Balaji School of Nursing, Chennai (TN), during 05/03/2018 to 22/03/2018.

  
COURSE COORDINATOR

  
HOD

  
PRINCIPAL

SREE BALAJI COLLEGE OF NURSING

STUDENT FEEDBACK FORM FOR VALUE ADDED COURSES

DEPARTMENT OF OBSTETRICS AND GYNAECOLOGICAL NURSING

Academic year: 2018

Name of the value added course offered: Hands on Training in personal hygiene

Period of Batch: B.SCCN IV year


Course - Coordinator: S. Praveen Kumar

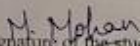
STUDENT FEEDBACK

Dear Student,

You are required to give your feedback on the following aspects. Please tick in the respective column.

S.No	Criteria	Rating				
		Excellent	Very good	Good	Fair	Satisfactory
1	Course content			✓		
2	Skill development			✓		
3	Motivation		✓			
4	Regularity and punctuality of teacher			✓		
5	Coverage of syllabus			✓		
6	Resource person interaction with students		✓			
7	Individual attention		✓			
8	Outcome			✓		
9	Competency of the course			✓		
10	Other suggestions			✓		

  
Course co-ordinator

  
Signature of the student



**Sharath**  
INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Declared as deemed to be university under section 3 of UGC Act 1956, vide notification No.F.9-5/2000-U.3)



**SREE BALAJI COLLEGE OF NURSING**  
**DEPARTMENT OF COMMUNITY HEALTH NURSING**  
**VALUE ADDED COURSE**  
**ON**  
**INTRODUCTION TO COMMUNITY HEALTH**

# **COMMUNITY HEALTH NURSING**

## **INTRODUCTION TO COMMUNITY HEALTH**

1. Requisition letter
2. Circular
3. Co-Ordinator detail
4. Syllabus
5. New lesson plan
6. Student list
7. Photo
8. Certificate
9. Feedback



**SREE BALAJI COLLEGE OF NURSING**



**No.7, Works Road, Chromepet, Chennai – 600 044.**

**Annexure 1**

Date- 7/02/2018

From  
K.R.Vasanthakohila  
Professor and Head,  
Community health Nursing Department,  
Sree Balaji College of Nursing,  
Bharath Institute of Higher Education and Research,  
Chennai.

To  
The Dean,  
Sree Balaji College of Nursing,  
Bharath Institute of Higher Education and Research,  
Chennai.

**Sub: Permission to conduct value-added course:**Introduction to Community health nursing

Dear Sir,

With reference to the subject mentioned above, the department proposes to conduct a value-added course titled: Introduction to Community health nursing 05/03/2018- 23/03/2018.We solicit your kind permission for the same.

Kind Regards

K.R.Vasanthakohila



BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH

SCHOOL OF NURSING

DEPARTMENT OF COMMUNITY HEALTH NURSING

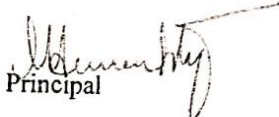
Date:22-2-2018


### CIRCULAR

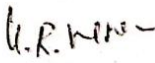
#### Notification for Value added courses offered by the College of Nursing

The Department of,Community Health Nursing, is scheduled to offer a Value added Course on Introduction to community health nursing from 05/03/2018 to 23/03/2018 for a period of 3 weeks. Interested students can approach C.Jegatha, Professor and Course Coordinator, Department of Community health nursing for registration and for further details on or before 1<sup>st</sup> March 2018.

**Eligibility-II B.Sc. (N) students**

  
Principal

  
Course Coordinator

  
HOD

Copy to:

Vice Chancellor

Pro Vice Chancellor

Additional Registrar

Deans

CoE

Heads of Departments

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**  
**SREE BALAJI COLLEGE OF NURSING**  
**DEPARTMENT OF COMMUNITY HEALTH NURSING**  
**VALUE ADDED COURSE ON INTRODUCTION TO COMMUNITY HEALTH NURSING**  
**2017-2018**  
**COURSE CO-ORDINATOR DETAILS**

**Faculty Name:** C.Jegatha

Professor Department of community health nursing

Sree Balaji College of nursing, Chennai

.

**Email ID:** [jegatharavikumar@gmail.com](mailto:jegatharavikumar@gmail.com)

**Mobile number:** 9486955160

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
SREE BALAJI COLLEGE OF NURSING**

**DEPARTMENT OF COMMUNITY HEALTH NURSING**

**VALUE ADDED COURSE SYLLABUS**

**2017-2018**

**COURSE ON INTRODUCTION TO COMMUNITY HEALTH NURSING**

**OBJECTIVES**

1. Explore the evolution of public health in India and community health nursing
2. Explain the concepts and determinants of health
3. Identify the levels of prevention and health problems of India
4. Develop basic understanding about the health care planning and the present health care delivery system in India at various levels
5. Locate the significance of primary health care and comprehensive primary health care as part of current health care delivery system focus
6. Discuss health care policies and regulations in India
7. Demonstrate understanding about an overview of environmental science
8. Identify the role and significance of environmental protection and preservation
9. Relate the influence of environmental factors and sanitation on health and disease

**MODULE I: CONCEPTS OF COMMUNITY HEALTH AND COMMUNITY HEALTH NURSING**

• Definition of public health, community health and community health nursing • Public health in India and its evolution and Scope of community health nursing • Review: Concepts of health & Illness/ disease Definition, dimensions and determinants of health and disease • Natural history of disease • Levels of prevention Primary, Secondary & tertiary prevention Review • Health problems (Profile) of India

**MODULE II: HEALTH CARE PLANNING AND ORGANIZATION OF HEALTH CARE AT VARIOUS LEVELS**

• Health planning steps • Health planning in India –various committees and commissions on health and family welfare and Five Year plans • Participation of community and stakeholders in health planning • Health care delivery system in India Infrastructure and Health sectors, Delivery of health services at sub centre (SC)PHC, CHC, District level, state level and national level, • Sustainable development goals (SDGs), Comprehensive Primary Health Care (CPHC)- elements, principles • CPHC through SC/Health Wellness Center (HWC)

### **MODULE III: ECOSYSTEM:**

**Concept**, structure and functions of ecosystems, Types & Characteristics- Forest ecosystem, Grassland ecosystem, Desert ecosystem, Aquatic ecosystem, Energy flow in ecosystem

**Total Contact Hours: 30**

### **TEXT BOOKS**

- K.Park (2019), Text book of Preventive and Social Medicine (25th edition) M/s Banarsidas Bhanat.
- Sunita Patney (2013) Textbook of Community Health Nursing (1<sup>st</sup> edition) CBS Publishers & Distributors.

### **REFERENCE BOOKS**

- SubdarlaladarshPankaji, (2011) Text book of community medicine (3<sup>rd</sup> edition) CBS Publishers & Distributors.
- Kamala (2010) Community Health Nursing –I (1 edition) Florence.
- Kasturi sundar Rao (2009) Community Health Nursing (4<sup>th</sup> edition) B.TPublications

**SREE BALAJI COLLEGE OF NURSING**  
**DEPARTMENT OF COMMUNITY HEALTH NURSING**  
**VALUE ADDED COURSE**  
**COURSE ON INTRODUCTION TO COMMUNITY HEALTH NURSING (2017-2018)**

<b>Session</b>	<b>Topic</b>	<b>Date</b>	<b>Duration (Hr)</b>	<b>Resource person</b>
Session I	Concepts of health & Illness/ disease	22-03-2018	3	J.KRISHNA KUMAR
Session II	Levels of prevention	22-03-2018	3	DR.GOPALA KRISHNAN
Session III	Health planning in India	22-03-2018	4	DR. SHANTHI
Session IV	Health care delivery system in India	23-03-2018	3	J.KRISHNA KUMAR
Session V	Comprehensive Primary Health Care	23-03-2018	3	DR.MOHAN RAO
Session VI	Ecosystem	23-03-2018	4	J.KRISHNA KUMAR
Session VII	Energy flow in ecosystem	02-04-2018	3	DR.MARRIYAPPAN
Session VIII	Participation of community and stakeholders in health planning	02-04-2018	3	J.KRISHNA KUMAR
Session IX	Natural history of disease	02-04-2018	4	DR.UMA DEVI

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
SREE BALAJI COLLEGE OF NURSING  
DEPARTMENT OF COMMUNITY HEALTH NURSING  
VALUE ADDED COURSE  
COURSE ON INTRODUCTION TO COMMUNITY HEALTH (2017-2018)**

**Students Name List**

<b>S.No</b>	<b>Reg No</b>	<b>Name</b>
1	U16NR001	AARTHY S
2	U16NR002	ABILASHA R
3	U16NR005	ANSU MARY ABRAHAM
4	U16NR006	ANUSUYABEGUM H
5	U16NR007	ASHIKA SHANI S
6	U16NR008	BERCY ALEXANDRA P
7	U16NR009	BHAGYA SHREE R
8	U16NR010	DEEPA N
9	U16NR011	DEEPA R
10	U16NR012	DEEPALAKSHMI M
11	U16NR013	DEEPIKA B
12	U16NR014	DEEPIKA S
13	U16NR016	DHIVYA BHARATHI K
14	U16NR017	DIVYA G
15	U16NR018	DIVYA P
16	U16NR019	EMELYNE KHARKONGOR
17	U16NR020	GAYATHRI M
18	U16NR021	GAYATHRI M
19	U16NR022	GOMATHI S
20	U16NR023	GOVINDAMMAL D
21	U16NR024	GRACY SELVARANI J
22	U16NR025	HEMALATHA P
23	U16NR026	HEMALATHA V
24	U16NR027	JAYASHREE D
25	U16NR028	JEEVITHA J
26	U16NR029	JENIFER D
27	U16NR032	KEERTHI D
28	U16NR033	KEERTHIKA C
29	U16NR034	KIRUTHIKA M
30	U16NR036	LAKSHMI V
31	U16NR037	MAALIKAAFRIN S

32	U16NR038	MANJUMATHA D
33	U16NR039	MOHANAPREETHA S
34	U16NR040	MONICA RAJAKUMARI G
35	U16NR041	MONISHA A
36	U16NR042	MONISHA B
37	U16NR043	MONISHA M
38	U16NR044	MONISHA R
39	U16NR046	NALINI VALAR SELVI M
40	U16NR047	NILASANDHIYA T

# A TALK ON HEALTH IN INDIA



**COURSE COMPLETION CERTIFICATES**





**Bharath**  
INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
(Declared as Deemed-to-be-University under section 3 of UGC Act 1956)



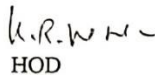
SCHOOL OF NURSING

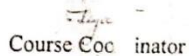
VALUE ADDED COURSE ON INTRODUCTION TO COMMUNITY HEALTH NURSING

*Certificate of Appreciation*

This Is To Certify That Mr. /Ms. MONISHA A(U16NR041) B.Sc(N) II Year, Has Attended Three Weeks Value Added Course On **INTRODUCTION TO COMMUNITY HEALTH NURSING** Conducted By Department Of Community Health Nursing At School Of Nursing, Chennai (TN), during March, 2018.

  
Principal

  
HOD

  
Course Coordinator

**SCHOOL OF NURSING**  
**STUDENT FEEDBACK FORM FOR VALUE ADDED COURSES**  
**DEPARTMENT OF**

Academic year: 2019

Name of the value added course offered: INTRODUCTION TO COMMUNITY HEALTH NURSING

Period of Batch: 2016 - 2020

Course-co-ordinator: Jegalga . c

**STUDENT FEEDBACK**

Dear Student,

You are required to give your feedback on the following aspects. Please tick in the respective column.

S.No	Criteria	Rating				
		Excellent	Very good	Good	Fair	Satisfactory
1	Course content	✓				
2	Skill development	✓				
3	Motivation	✓				
4	Regularity and punctuality of teacher	✓				
5	Coverage of syllabus		✓			
6	Resource person interaction with students	✓				
7	Individual attention	✓				
8	Outcome		✓			
9	Competency of the course	✓				
10	Other suggestions	✓				

Jegalga . c  
 Course Coordinator

*[Handwritten Signature]*  
 Signature of the student

Date 22.3.2018

From,

MRS.V.J.BINIPAUL

Department of Child Health Nursing

SreeBalaji College of nursing

Chrompet, chennai-600044

Bharath Institute of Higher Education and Research,

Chennai.

To,

Dr.V.Hemavathy

The principal

Sree Balaji college of Nursing

Bharath Institute of Higher Education and Research,

Chrompet, Chennai

**Sub: Permission to conduct value-added course: CERTIFICATE COURSE ON PAEDIATRIC NURSING**

Dear Sir,

With reference to the subject mentioned above, the department proposes to conduct a value-added course titled: **CERTIFICATE COURSE ON PAEDIATRIC NURSING** on 9/4/2018 to 28/4/2018. We solicit your kind permission for the same.

Kind Regards

MRS.V.J.BINIPAUL

**FOR THE USE OF DEANS OFFICE**

Names of Committee members for evaluating the course:

The PRINCIPAL: DR.VAEMAVATHY

The HOD: MRS.V.J.BINIPAUL

The Expert: DR.SATHYALATHA SARATHY PhD

The committee has discussed about the course and is approved.

PRINCIPAL

(Sign & Seal)

Subject Expert

(Sign & Seal)

Prof. & HOD

DEPARTMENT OF MATERNITY NURSING

Sree Balaji College of Nursing

No. 7, Works Road,

Chromepet, Chennai-800 044

HOD

(Sign & Seal)

HEAD OF THE DEPARTMENT

PEADIATRIC NURSING

SREE BALAJI COLLEGE OF NURSING

7, WORKS ROAD, CHROMEPET,

CHENNAI - 600 044.

Dr. V. HEMAVATHY,  
M.Sc.(N), M.A., M.Phil., Ph.D.(N),  
PRINCIPAL  
SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road, Chromepet,  
Chennai-600 044.



# SREE BALAJI COLLEGE OF NURSING

(Recognised By Indian Nursing Council, New Delhi and The Tamilnadu Nurses and Midwives Council )  
(Approved by Govt. of Tamil Nadu and Affiliated to Bharath Institute of Higher Education and Research)

No.7, Works Road, Chromepet, Chennai - 600 044.

26.4.2019

Dr.V.Hemavathy

The Principal

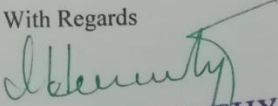
Sree Balaji College of nursing

Chrompet, Chennai

Respected Madam,

Hereby we grant permission to conduct value added course on "CERTIFICATE COURSE ON  
PAEDIATRIC NURSING" on. 9/4/2018 to 28/4/2018

With Regards

  
**Dr. V. HEMAVATHY,**  
M.Sc.(N), M.A., M.Phil., Ph.D.(N).  
PRINCIPAL  
SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road, Chromepet  
Chennai-600 044.





# SREE BALAJI COLLEGE OF NURSING

(Recognised By Indian Nursing Council, New Delhi and The Tamilnadu Nurses and Midwives Council )  
(Approved by Govt. of Tamil Nadu and Affiliated to Bharath Institute of Higher Education and Research)  
No.7, Works Road, Chromepet, Chennai - 600 044.

28-3-2018

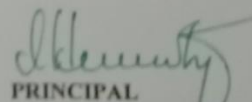
## CIRCULAR

Sub: Organising Value-added Course: CERTIFICATE COURSE ON PAEDIATRIC NURSING

With reference to the above mentioned subject, it is to bring to your notice that SreeBalaji College of Nursing Bharath Institute of Higher Education and Research, is organising "CERTIFICATE COURSE ON PAEDIATRIC NURSING" The course content and registration form is enclosed below.

The application must reach the institution along with all the necessary documents as mentioned. The hard copy of the application should be sent to the institution by registered/ speed post only so as to reach on or before 7<sup>th</sup> April 2018. Applications received after the mentioned date shall not be entertained under any circumstances.



  
PRINCIPAL

Dr. V. HEMAVATHY,  
M.Sc (N), M.A., M.Phil., Ph.D. (N),  
PRINCIPAL  
SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road, Chromepet,  
Chennai-600 044.

Encl. Copy of Course content and Registration form.

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

**SREE BALAJI COLLEGE OF NURSING.**

**DEPARTMENT OF PAEDIATRIC NURSING.**

**VALUE ADDED COURSE CERTIFICATE COURSE ON PAEDIATRIC  
NURSING**

**2018-2019**

**COURSE CO-ORDINATOR DETAILS**

**FACULTY NAME: MRS BINDHIYA RAJA, ASSO.PROFESSOR, DEPARTMENT OF  
PAEDIATRIC NURSING.**

**EMAIL ID:bindhiyaraja@gmail.com**

**Mobile number: 8939133289.**

Course Title: CERTIFICATE COURSE ON PAEDIATRIC NURSING

Course Objective

- Understand the basic concept of Nursing
- List the National policy and legislations in relation to child health and welfare
- Enumerate Principles of growth & development
- Assessment of Anthropometric Measurements
- Determine Integrated management of neonatal and childhood illness (IMNCI)
- Assess a child with nutritional deficiency and manage the deficiency disorder

Course Outcome: students will be able to assess, plan and implement an integrated care plan for a pediatric patient with the application of principles of growth and Development.

Course Audience: III year B.Sc. Nursing

Course Coordinator: MRS.R.Bindhiya.

Course Faculties with Qualification and Designation:

1. MRS. R. BINDHIYAM.Sc NURSING, ASSO PROFESSOR

Course Curriculum/Topics with schedule (Min of 30 hours)

SINo	Date	Topic	Time	Hours
1.	09.04.2018	General Pediatrics Principles of acute paediatric nursing- assessment and management of infants, children and setting. Foundational knowledge of normal anatomy and physiology, and childhood development. Infant and Child Nutrition	10.am	3
2.	10-04-2018	Modem concepts of child care- Internationally accepted rights of the child. <ul style="list-style-type: none"><li>• National policy and legislations in relation to child health and welfare.</li><li>• National programmes related to child health and welfare -agencies</li></ul>	10.am	4

		related to welfare services to the children. Infants and children -Child health nursing procedures.		
3.	13-04-2018	The healthy child · Principles of growth & development · Factors affecting growth & development · Growth and development from birth to adolescence. · The needs of normal children through the stages of developmental and parental guidance · Nutritional needs of children & infants: breast feeding, exclusive breast feeding, supplementary/artificial feeding and weaning	10.am	4
4.	16-04-2018	Nursing care of a neonate · Nursing care of a normal newborn care/Essential newborn care · Neonatal resuscitation · Nursing management of a low-birth-weight baby	10.am	4
5.	17.04.2018	Integrated management of neonatal and childhood illness (IMNCI)		3
6.	20.04.2018	Nutritional deficiency disorders	10.am	3
7.	23.04.2018	Hematological disorders	10.am	3
8.	25.04.2018	Management of behavioral and social problems in children	10.am	3
9.	27.04.2018	Child guidance clinics	10.am	2
			Total Hours	30

## REFERENCE BOOKS

1. Seeram, E. *Computed Tomography: Physical Principles, Clinical Applications and Quality Control*. Philadelphia: W. B. Saunders & Co., 2001.
2. Von Schulthess, G. K., ed. *Clinical Positron Emission Tomography* Philadelphia: Lippincott, Williams & Wilkins, 1999.

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

**SREE BALAJI COLLEGE OF NURSING**

**PARTICIPANT LIST OF VALUE ADDED COURSE:" CERTIFICATE COURSE ON  
PAEDIATRIC NURSING"**

Sl.No	Reg.No	Name of the candidate	Signature
1	U15NROO1	AARTHI R	Aarthi R
2	U15NROO2	ABEENA ELSA VARGHESE	Abeena Elsa
3	U15NROO3	ABINAYA R	Abinaya R
4	U15NROO4	AJITH KUMAR A	Ajith Kumar
5	U15NROO5	AMBIKA P	Ambika P
6	U15NROO6	ANANTHI A	Ananthi A
7	U15NROO7	ANBUSELVI B	Anbuselvi B
8	U15NROO8	ANU SURESH	Anu Suresh
9	U15NROO9	ANUPRIYA D	Anupriya D
10	U15NRO10	ANUSUYA A	Anusuya A
11	U15NRO11	ARCHANA D	Archana D
12	U15NR013	ARUNA R	Aruna R
13	U15NRO15	BALAJI S	Balaji S
14	U15NRO16	BANCY M	Bancy M
15	U15NRO17	BARRANI G R	Barrani G R
16	U15NRO18	BEAUTLIN J	Beautlin J
17	U15NRO19	BHARATHI K	Bharathi K
18	U15NRO20	BHAVANI R	Bhavani R
19	U15NRO21	DEEPIKA R	Deepika R
20	U15NRO22	DEEPIKA SRINIVASAN	Deepika Srinivasan

21	U15NRO23	DHANALAKSHMI M	<i>Arul</i>
22	U15NRO24	DURGADEVI S	<i>DS</i>
23	U15NRO26	GIRIJA D	<i>Arul</i>
24	U15NRO28	INDUMATHI P	<i>Arul</i>
25	U15NRO29	ISABELMONIKA N	<i>Arul</i>
26	U15NRO31	JAYANTHI S	<i>Arul</i>
27	U15NRO32	JAYASHREE M	<i>Arul</i>
28	U15NRO33	JENIFER R	<i>Arul</i>
29	U15NRO34	KALAIVANI M	<i>Arul</i>
30	U15NRO35	KALAIVANI S	<i>Arul</i>

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

**SREE BALAJI COLLEGE OF NURSING.**

**DEPARTMENT OF PAEDIATRIC NURSING.**

**VALUE ADDED COURSE CERTIFICATE COURSE ON PAEDIATRIC  
NURSING**

**2018-2019**

The Session was conducted by Dr.Sathyalatha SarathyPhd and various aspectes of the topic were elaborately discussed and completed the session with a national anthem.





**Bharath**  
INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
(Declared as Deemed - to - be - University under section 3 of UGC Act 1956)

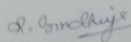


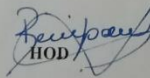
SREE BALAJI COLLEGE OF NURSING

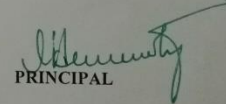
VALUE ADDED COURSE ON CERTIFICATE COURSE ON PAEDIATRIC NURSING

**CERTIFICATE OF PARTICIPATION**

This is to certify that Mr /MSU15NRO21 DEEPIKA.R Bsc (IV) has attended three weeks value added course on  
CERTIFICATE COURSE ON PAEDIATRIC NURSING conducted by Department Of PAEDIATRIC NURSING  
At Sree Balaji School of Nursing, Chennai (TN), India during 9/4/2018 to 28/4/2018.

  
COURSE COORDINATOR

  
HOD

  
PRINCIPAL

## COURSE/TRAINING FEEDBACK FORM

**Course:** CERTIFICATE COURSE ON PAEDIATRIC NURSING

**Date:** 27.4.2018

**Name:** JAYASHREE.M

**Reg NO.** U15NR032

**Department:** Department of Child Health Nursing

**Q 1:** Please rate your overall satisfaction with the format of the course:

- a. Excellent b. Very Good c. Satisfactory d. unsatisfactory

**Q 2:** Please rate course notes:

- a. Excellent b. Very Good c. Satisfactory d. unsatisfactory

**Q 3:** The lecture sequence was well planned

- a. Excellent b. Very Good c. Satisfactory d. unsatisfactory

**Q 4:** The lectures were clear and easy to understand

- a. Excellent b. Very Good c. Satisfactory d. unsatisfactory

**Q 5:** Please rate the quality of pre-course administration and information:

- a. Excellent b. Very Good c. Satisfactory d. unsatisfactory

**Q 6:** Any other suggestions:

**Comments:**

Thank you for taking the time to complete this survey, your comments are much appreciated.

**OPTIONAL Section:** Name Jayashree

Signature Jayashree Date 27.04.2018



# **Sharath**

**INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

(Declared as deemed to be university under section 3 of UGC Act 1956, vide notification No.F.9-5/2000-U.3)



**SREE BALAJI COLLEGE OF NURSING**  
**DEPARTMENT OF COMMUNITY HEALTH NURSING**  
**VALUE ADDED COURSE**  
**ON**  
**HOSPITAL HOUSE KEEPING**

**COMMUNITY HEALTH NURSING**  
**INTRODUCTION TO HOSPITAL HOUSE**  
**KEEPING**

1. Requisition letter
2. Circular
3. Co-Ordinator detail
4. Syllabus
5. New lesson plan
6. Student list
7. Photo
8. Certificate
9. Feedback



**SREE BALAJI COLLEGE OF NURSING**



**No.7, Works Road, Chromepet, Chennai – 600 044.**

**Annexure 1**

Date- 25/07/2018

From  
K.R.Vasanthakohila  
Professor and Head,  
Community health Nursing Department,  
Sree Balaji College of Nursing,  
Bharath Institute of Higher Education and Research,  
Chennai.

To  
The Dean,  
Sree Balaji College of Nursing,  
Bharath Institute of Higher Education and Research,  
Chennai.

**Sub: Permission to conduct value-added course:HOSPITALHOUSE KEEPING**

Dear Sir,

With reference to the subject mentioned above, the department proposes to conduct a value-added course titled:**HospitalHouse Keeping**10/8/2018- 29/08/2018.We solicit your kind permission for the same.

Kind Regards

K.R.Vasanthakohila

**FOR THE USE OF DEANS OFFICE**

Names of Committee members for evaluating the course:

The Dean: Dr.V.Hemavathy

The HOD: K.R.Vasanthakohila

The Expert: Mrs. B.Dhanalakshmi

The committee has discussed about the course and is approved.

Dean

Subject Expert

HOD



# Bharath

INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
(Declared as Deemed - to - be - University under section 3 of UGC Act 1956)

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

**SCHOOL OF NURSING**

**DEPARTMENT OF COMMUNITY HEALTH NURSING**

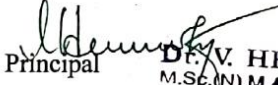
Date: 1.8-2018

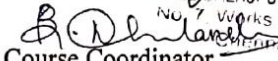
## CIRCULAR


### Notification for Value added courses offered by the School of Nursing

The Department of, Community Health Nursing, is scheduled to offer a Value added Course on Hospital House Keeping from 10/08/2018 for a period of 3 weeks. Interested students can approach Mrs.Dhanalakshmi, Professor and Course Coordinator, Department of Community Health Nursing for registration and for further details on or before 8<sup>st</sup> August 2018.

### Eligibility-II Bsc(N) students

  
Principal  
**D.V. HEMAVATHY,**  
M.Sc.(N), M.A., M.Phil., Ph.D.(N).  
PRINCIPAL  
SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road, Chromepet,  
Chennai - 600 044

  
Course Coordinator

  
HOD

**HEAD OF THE DEPARTMENT  
COMMUNITY HEALTH NURSING,  
SREE BALAJI COLLEGE OF NURSING,  
7, WORKS ROAD, CHROME PET,  
CHENNAI - 600 044.**

Copy to:

Vice Chancellor

Pro Vice Chancellor

Additional Registrar

Deans

CoE

Heads of Departments

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

**SCHOOL OF NURSING**

**DEPARTMENT OF COMMUNITY HEALTH NURSING**

**VALUE ADDED COURSE ON HOSPITALHOUSE KEEPING**

**2018-2019**

**COURSE CO-ORDINATOR DETAILS**

**Faculty Name:** Mrs.Dhanalakshmi,  
Professor and Course Coordinator,  
Department of Community Health Nursing.

.

**Email ID:** [ghanamnirai2010@gmail.com](mailto:ghanamnirai2010@gmail.com)

**Mobile number:** 9884483370.

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
SCHOOL OF NURSING  
DEPARTMENT OF COMMUNITY HEALTH NURSING  
VALUE ADDED COURSE SYLLABUS**

**2018-2019**

**COURSE ON HOSPITAL HOUSE KEEPING**

**OBJECTIVES**

1. Explore the evolution of public health in India and community health nursing
2. Explain the concepts and determinants of health
3. Identify the levels of prevention and health problems of India
4. Develop basic understanding about the health care planning and the present health care delivery system in India at various levels
5. Locate the significance of primary health care and comprehensive primary health care as part of current health care delivery system focus
6. Discuss health care policies and regulations in India
7. Demonstrate understanding about an overview of environmental science
8. Identify the role and significance of environmental protection and preservation
9. Relate the influence of environmental factors and sanitation on health and disease

**MODULE I: SANITATION**

- Basic principles of sanitation and peculiarity to hospital environment. - Basic principles of personal hygiene - Basic knowledge about different detergent and disinfectants - Different cleaning procedures applicable to different hospital areas - Basic knowledge about cleaning equipments - Their operation techniques - Their maintenance. Different processes of Water treatment & purification, removing bacteria.

**MODULE II: WASTE DISPOSAL**

Hospital Waste – Source and generation of waste Hazards of hospital waste to hospital population and community. Principles of collection of different types of hospital. Wastes and special precautions. Transportation methods of different types of hospital waste from the source to the place of final disposal. Basic principles and methods of handling and disposal of solid, liquid, pathological, nuclear waste. Final disposal of waste – • Sewer disposal • Incineration • Land of filling (bunch) • other methods of disposals.

### **MODULE III: HOSPITAL LINEN SERVICES**

Acquire basic knowledge in: Linen and their importance in hospital. • Classification of linen. • Characteristics of linen of different types. • Nature of fabrics and uses. Linen selection, procurement, storing, physical facilities required for linen rooms. • Preparation • Mending • Security, safety & control • Collecting of dirty and clean linen • Processing • Condemnation & incineration • Replacement Role of good material management in effective linen service.

### **MODULE IV: ENVIRONMENTAL HYGIENE**

Types of environment. Factors effecting the environment in hospital. Lay out, configuration work, flow of men, material and equipment in different hospital areas. Air, water, noise, pollution, causes of pollution and their control and prevention in hospital.

**Total Contact Hours: 30**

#### **TEXT BOOKS**

- K.Park (2019), Text book of Preventive and Social Medicine (25th edition) M/s Banarsidas Bhanat.
- Sunita Patney (2013) Textbook of Community Health Nursing (1<sup>st</sup> edition) CBS Publishers & Distributors.
- Housekeeping Manual for Health Care Facilities, American Hospital Association, Chicago, Illinois, 1966.
- Hospital Management by Released January 2013  
Publisher(s): Pearson India publication

#### **REFERENCE BOOKS**

- Goel S.L .- Administration Rural Hospitals; Hospital Administration and Management, Vo l .I I I
- Prasad D .- Management t o f Tension in Hospital Situation; Hospital Administration and Management, V ol. I I
- SubdarlaladarshPankaji, (2011) Text book of community medicine (3<sup>rd</sup> edition) CBS Publishers & Distributors.

**SCHOOL OF NURSING  
DEPARTMENT OF COMMUNITY HEALTH NURSING  
VALUE ADDED COURSE  
COURSE ON HOSPITAL HOUSE KEEPING (2018-2019)**

<b>Session</b>	<b>Topic</b>	<b>Date</b>	<b>Durat ion (Hr)</b>	<b>Resource person</b>
Session I	Basic Principles of Sanitation and Peculiarity to Hospital Environment	10-08-2018	3	Dr.Mohan Rao
Session II	Different Cleaning Procedures Applicable to Different Hospital Areas	13-08-2018	3	J.Krishna Kumar
Session III	Principles of Collection of Different Types of Hospital	14-08-2018	4	Dr.Marriyappan
Session IV	Characteristics of Linen of Different Types	16-08-2018	3	J.Krishna Kumar
Session V	Basic Principles and Methods of Handling and Disposal of Solid	16-08-2018	3	Dr.Uma Devi
Session VI	Sewer Disposal	18-08-2018	4	Dr.Gopala Krishnan
Session VII	Types of Environment	21-08-2018	3	Dr. Shanthi
Session VIII	Replacement Role of Good Material Management in Effective Linen Service	23-08-2018	3	J.Krishna Kumar
Session IX	Causes of Pollution and Their Control and Prevention in Hospital.	25-08-2018	4	Dr.Marriyappan

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
SCHOOL OF NURSING  
DEPARTMENT OF COMMUNITY HEALTH NURSING  
VALUE ADDED COURSE  
COURSE ON HOSPITAL HOUSE KEEPING (2018-2019)**

**Students Name List**

<b>S.No</b>	<b>Reg No</b>	<b>Name</b>
1	U16NR001	AARTHY S
2	U16NR002	ABILASHA R
3	U16NR005	ANSU MARY ABRAHAM
4	U16NR006	ANUSUYABEGUM H
5	U16NR007	ASHIKA SHANI S
6	U16NR008	BERCY ALEXANDRA P
7	U16NR009	BHAGYA SHREE R
8	U16NR010	DEEPA N
9	U16NR011	DEEPA R
10	U16NR012	DEEPALAKSHMI M
11	U16NR013	DEEPIKA B
12	U16NR014	DEEPIKA S
13	U16NR016	DHIVYA BHARATHI K
14	U16NR017	DIVYA G
15	U16NR018	DIVYA P
16	U16NR019	EMELYNE KHARKONGOR
17	U16NR020	GAYATHRI M
18	U16NR021	GAYATHRI M
19	U16NR022	GOMATHI S
20	U16NR023	GOVINDAMMAL D
21	U16NR024	GRACY SELVARANI J
22	U16NR025	HEMALATHA P
23	U16NR026	HEMALATHA V
24	U16NR027	JAYASHREE D
25	U16NR028	JEEVITHA J
26	U16NR029	JENIFER D
27	U16NR032	KEERTHI D
28	U16NR033	KEERTHIKA C
29	U16NR034	KIRUTHIKA M
30	U16NR036	LAKSHMI V
31	U16NR037	MAALIKAAFRIN S
32	U16NR038	MANJUMATHA D
33	U16NR039	MOHANAPREETHA S
34	U16NR040	MONICA RAJAKUMARI G
35	U16NR041	MONISHA A
36	U16NR042	MONISHA B
37	U16NR043	MONISHA M

38	U16NR044	MONISHA R
39	U16NR046	NALINI VALAR SELVI M
40	U16NR047	NILASANDHIYA T
41	U16NR048	NITHYA P
42	U16NR049	NIVEDHA N
43	U16NR050	NIVEDHA T
44	U16NR051	NIVETHA B
45	U16NR052	NIVETHA E



**SEMINAR ON BASIC PRINCIPLES OF SANITATION AND  
PECULIARITY TO HOSPITAL ENVIRONMENT**



**TALK ON BASIC PRINCIPLES AND METHODS OF HANDLING AND DISPOSAL OF SOLID**



**Bharath**  
INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
(Declared as Deemed-to-be-University under section 3 of UGC Act 1956)



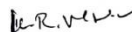
**SCHOOL OF NURSING**

**VALUE ADDED COURSE ON HOSPITAL HOUSE KEEPING**

*Certificate of Appreciation*

This Is To Certify That Mr. /Ms.**DIVYA.P** (U16NR018) B.Sc(N) II Year, Has Attended Three Weeks Value Added Course On **HOSPITAL HOUSE KEEPING** Conducted By Department Of Community Health Nursing At School Of Nursing, Chennai (TN), during **AUGUST 2018**.

  
Principal  
Chennai-600 044  
No. 7, Works Road, Chromepet,  
SREE BALAJI COLLEGE OF NURSING  
PRINCIPAL  
M.Sc.(N), M.A., M.Phil., Ph.D. (N),  
**Dr. V. HEMAVATHY.**

  
HOD  
HEAD OF THE DEPARTMENT  
COMMUNITY HEALTH NURSING  
SREE BALAJI COLLEGE OF NURSING  
7, WORKS ROAD, CHROME PET,  
CHENNAI - 600 044.

  
Course Coordinator

**SCHOOL OF NURSING**  
**STUDENT FEEDBACK FORM FOR VALUE ADDED COURSES**  
**DEPARTMENT OF**  
**COMMUNITY HEALTH NURSING**

Academic year: 2018 - 2019  
 Name of the value added course offered: HOSPITAL HOUSE-KEEPING.  
 Period of Batch: 2016 - 2020  
 Course- Co ordinator: B. DHANA LAKSHMI

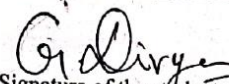
**STUDENT FEEDBACK**

Dear Student,

You are required to give your feedback on the following aspects. Please tick in the respective column.

S.No	Criteria	Rating				
		Excellent	Very good	Good	Fair	Satisfactory
1	Course content	✓				
2	Skill development		✓			
3	Motivation	✓				
4	Regularity and punctuality of teacher	✓				
5	Coverage of syllabus		✓			
6	Resource person interaction with students	✓				
7	Individual attention	✓				
8	Outcome	✓				
9	Competency of the course		✓			
10	Other suggestions	✓				

  
 Course co-coordinator

  
 Signature of the student

Date 20-7-2018

From,

Mrs.V.J.Binipaul  
Department of Child Health Nursing  
Sree Balaji College of nursing  
Bharath Institute of Higher Education and Research,  
Chennai.

To,

The Principal  
Sree Balaji College of Nursing  
Bharath Institute of Higher Education and Research,  
Chennai

**Sub: Permission to conduct value-added course: Home Health Aide Training**

Dear Madam,

With reference to the subject mentioned above, the department proposes to conduct a value-added course titled: **Home Health Aide Training** On 10/08/2018 to 28/08/2018. We solicit your kind permission for the same.

Kind Regards

MRS.V.J.BINIPAUL

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FOR THE USE OF PRINCIPALS OFFICE

Names of Committee members for evaluating the course:

THE PRINCIPAL : DR.V.HEMAVATHY

THE HOD : MRS.V.J.BINIPAUL

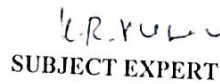
THE EXPERT : MRS. VASANTHA KOHILA

The committee has discussed about the course and is approved.

  
PRINCIPAL

(Sign & Seal)

Dr. V. HEMAVATHY,  
M.Sc (N), M.A., M.Phil., Ph.D (N)  
PRINCIPAL  
SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road, Chromepet,  
Chennai-600 044.

  
SUBJECT EXPERT

(Sign & Seal)  
HEAD OF THE DEPARTMENT  
COMMUNITY HEALTH NURSING  
SREE BALAJI COLLEGE OF NURSING  
7, WORKS ROAD, CHROMEPET,  
CHENNAI - 600 044.

  
HOD

(Sign & Seal)

HEAD OF THE DEPARTMENT  
PEDIATRIC NURSING  
SREE BALAJI COLLEGE OF NURSING  
7, WORKS ROAD, CHROMEPET,  
CHENNAI - 600 044.

Phone & Fax : 2241 6605



## SREE BALAJI COLLEGE OF NURSING

(Recognised By Indian Nursing Council, New Delhi and The Tamilnadu Nurses and Midwives Council )  
(Approved by Govt. of Tamil Nadu and Affiliated to Bharath Institute of Higher Education and Research)

No.7, Works Road, Chromepet, Chennai - 600 044.

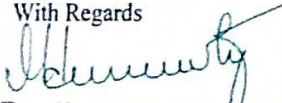
23.07.2018

Dr.V.Hemavathy  
The Principal  
Sree Balaji College of nursing  
Chrompet, Chennai

Respected Madam

Hereby we grant permission to conduct value added course on the topic of "HOME HEALTH AIDE TRAINING" On 10/08/2018 to 28/08/2018.

With Regards

  
Dr. V. HEMAVATHY,  
M.Sc.(N),M.A.,M.Phil.,Ph.D.(N),  
PRINCIPAL  
SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road, Chromepet,  
Chennai-600 044.



Phone & Fax : 2241 6605



# SREE BALAJI COLLEGE OF NURSING

(Recognised By Indian Nursing Council, New Delhi and The Tamilnadu Nurses and Midwives Council )  
(Approved by Govt. of Tamil Nadu and Affiliated to Bharath Institute of Higher Education and Research)

No.7, Works Road, Chromepet, Chennai - 600 044.

01-8-2018


## CIRCULAR

**Sub: Organising Value-added Course: ' HOME HEALTH AIDE TRAINING'**

With reference to the above mentioned subject, it is to bring to your notice that Sree Balaji College of Nursing Bharath Institute of Higher Education and Research, is organizing Value added course on "Home Health Aide Training" The course content and registration form is enclosed below."

The application must reach the institution along with all the necessary documents as mentioned. The hard copy of the application should be sent to the institution by registered/ speed post only so as to reach on or before 7 Aug 2018. Applications received after the mentioned date shall not be entertained under any circumstances.



  
PRINCIPAL

Dr. V. HEMAVATHY,  
M.Sc.(N), M.A., M.Phil., Ph.D.(N),  
PRINCIPAL  
SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road, Chromepet,  
Chennai-600 044.

Encl: Copy of Course content and Registration form.

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**  
**SREE BALAJI COLLEGE OF NURSING**  
**VALUE ADDED COURSE ON HOME HEALTH AIDE TRAINING**

**DEPARTMENT OF PAEDIATRIC NURSING**

**2017-2018**

**COURSE CO-ORDINATOR DETAILS**

**Faculty Name:** Mrs.S.Geetha, Associate Professor, Department of Pediatric Nursing.

**Email ID** : [sgeetams@gmail.com](mailto:sgeetams@gmail.com)

**Mobile number:** 9790302009

**COURSE TITLE:‘ HOME HEALTH AIDE TRAINING’**

**CourseObjective**

1. The aim of the safety issues is to create a safe environment for the home health aide and the Patient by identifying and describing regulations and other safe care requirements.
2. Identify and describe about Home Care Fundamentals related to proper communication skills.with patients, families, other healthcare providers, and insurance companies.
3. Describe Specialized care regimens performed by the home health aide.
4. Explain how to take and record vital signs and collect bodily specimens for testing.

**CourseOutcome:**Students will be able to Create a safe environment for the home health aide and the Patient

**Course Audience:IV year B.Sc Nursing**

**Course Coordinator:Mrs. S. Geetha**

**Course Faculties with Qualification and Designation:**

1. Mrs. Vasantha kohilaM.Sc Nursing, Professor
2. Mrs..V.J.BinipaulM.Sc Nursing, Professor
3. Mrs .Tamil SelviM.Sc Nursing Asso.Professor

**Course Curriculum/Topics with schedule (Min of 30 hours)**

S.No	Date	Topic	Time	Hours
1.	10-08-2018	Safety Issues	10.am	3
2.	13-08-2018	Safe Patient Handling Health Care Ergonomics	10.am	3
3.	16-08-2018	Home Care Fundamentals	10.am	3
4.	17-08-2018	Communication Skills and Working with People	10.am	3
5.	20-08-2018	Caring for the Elderly Patient	10.am	3
6.	21-08-2018	Infection Control ,Cleanliness,And Safety in the Home	10.am	3
7.	22-08-2018	Specialized Care.	10.am	3
8.	23-08-2018	Skin Care and Personal Care	10.am	3
9.	24-08-2018	Rehabilitation	10.am	2
10.	27.08.2018	Vital Signs,FluidBalance,and Specimen Collection	10.am	2
11.	28.08.2018	Common Diseases.	10.am	2
			Total Hours	30

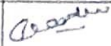
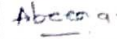
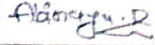
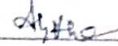
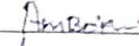



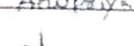
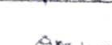
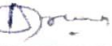

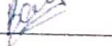


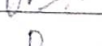







**REFERENCE BOOKS**

1. **Jane John , J (2016)**, “ Home Health Aide Training Manual And Handbook”Createspace Independent Publishing Platform.
2. **Joan M. BirchenallRN (2012)**, “Textbook for the Home Care Aide” Mosby's 3rd Edition

BHARATHI INSTITUTE OF HIGHER EDUCATION AND RESEARCH

SREE BALAJI COLLEGE OF NURSING

VALUE ADDED COURSE: HOME HEALTH AIDE TRAINING ON 10/08/2018.

Sl.No	Reg.No	Name of the candidate	Signature
1	U15NRO01	AARTHI R	
2	U15NRO02	ABEENA ELSA VARGHESE	
3	U15NRO03	ABINAYA R	
4	U15NRO04	AJITH KUMAR A	
5	U15NRO05	AMBIKA P	
6	U15NRO06	ANANTHI A	
7	U15NRO07	ANBUSELVI B	
8	U15NRO08	ANU SURESH	
9	U15NRO09	ANUPRIYA D	
10	U15NRO10	ANUSUYA A	
11	U15NRO11	ARCHANA D	
12	U15NR013	ARUNA R	
13	U15NRO15	BALAJI S	
14	U15NRO16	BANCY M	
15	U15NRO17	BARRANI G R	
16	U15NRO18	BEAUTLIN J	
17	U15NRO19	BHARATHI K	
18	U15NRO20	BHAVANI R	
19	U15NRO21	DEEPIKA R	
20	U15NRO22	DEEPIKA SRINIVASAN	
21	U15NRO23	DHANALAKSHMI M	
22	U15NRO24	DURGADEVI S	
23	U15NRO26	GIRIJA D	

24	U15NRO28	INDUMATHI P	Indu
25	U15NRO29	ISABELMONIKA N	Isabel
26	U15NRO31	JAYANTHI S	Jayanti
27	U15NRO32	JAYASHREE M	Jayashree
28	U15NRO33	JENIFER R	Jenifer
29	U15NRO34	KALAIVANI M	Kalaivani
30	U15NRO35	KALAIVANI S	Kalaivani
31	U15NRO36	KAVIPRIYA	Kavipriya
32	U15NR037	KAVIYA.C.S	Kaviya
33	U15NRO38	KAYALVIZHIS	Kayalvizhis
34	U15NRO40	KIRUTHIGA.S	Kiruthiga
35	U15NRO40	KIRUTHIGA.S	Kiruthiga
36	U15NRO41	KOKILA.K	Kokila
37	U15NRO42	KOWSALYA.G	Kowsalya
38	U15NRO43	KOWSALYA.R	Kowsalya
39	U15NRO44	LAKSHMI.R	Lakshmi
40	U15NRO45	MAGIMAI YUVANKA M	Magimai

## HOME HEALTH AID TRAINING



**HOME HEALTH AIDE TRAINING** was held on 10/08/2018. The session was conducted by Sree Balaji College of Nursing, resource person Mrs. R. Vasantha Kohila highlighted Verbal, written, and non-verbal communication; observation skills and reporting patient changes; effectively dealing with patients, families, and other health providers; the effects of pain and medication on communication.



**Bharath**  
INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
(Declared as Deemed to be University under section 3 of UGC Act 1956)



SREE BALAJI COLLEGE OF NURSING  
VALUE ADDED COURSE ON CERTIFICATE PROGRAM IN HOME HEALTH AIDE TRAINING

**CERTIFICATE OF PARTICIPATION**

This is to certify that Mr /MS. VIGNES INDUMATHI B.B.Sc (IV) has attended three weeks value added course on  
**HOME HEALTH AIDE TRAINING** conducted by Department of Pediatric Nursing at Sree Balaji College of Nursing, Chennai (TN),  
India 10/08/2018 to 28/08/2018.

S. Geetha  
COURSE COORDINATOR

*[Signature]*  
HOD

*[Signature]*  
PRINCIPAL

COURSE/TRAINING FEEDBACK FORM

COURSE: HOME HEALTH AIDE TRAINING

Date: 28/08/2018.

Name: DHANALAKSHMI M

Reg NO: U15NRO23

Department: Department of Child Health Nursing

Q 1: Please rate your overall satisfaction with the format of the course:

- a.  Excellent b.  Very Good c.  Satisfactory d.  unsatisfactory

Q 2: Please rate course notes:

- a.  Excellent b.  Very Good c.  Satisfactory d.  unsatisfactory

Q 3: The lecture sequence was well planned

- a.  Excellent b.  Very Good c.  Satisfactory d.  unsatisfactory

Q 4: The lectures were clear and easy to understand

- a.  Excellent b.  Very Good c.  Satisfactory d.  unsatisfactory

Q 5: Please rate the quality of pre-course administration and information:

- a.  Excellent b.  Very Good c.  Satisfactory d.  unsatisfactory

Q 6: Any other suggestions:

Comments:

Thank you for taking the time to complete this survey, your comments are much appreciated.

OPTIONAL Section: Name DHANALAKSHMI M

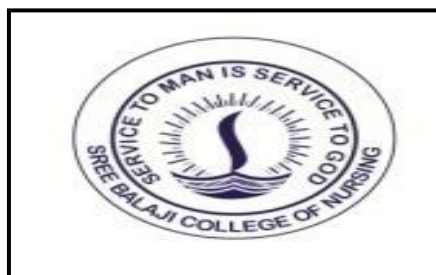
Signature [Signature] Date 28. 8. 2018



# **Bharath**

**INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

(Declared as deemed to be university under section 3 of UGC Act 1956, vide notification No.F.9-5/2000-U.3)



**SREE BALAJI COLLEGE OF NURSING**  
**DEPARTMENT OF MEDICAL SURGICAL NURSING**  
**VALUE ADDED COURSE ON**  
**HEALTH AND HYGIENE**

# **VALUE ADDED COURSE – CERTIFICATE COURSE ON HEALTH AND HYGIENE**

1. 1. Requisition letter
2. Permission letter
3. Circular
4. Co -Coordinator detail
5. Syllabus
6. New lesson plan
7. Student list
8. Photo
9. Certificate
10. Feedback

REQUISITION LETTER

From,  
Mrs. Grija Baskaran  
Professor and Head,  
Department of medical surgical nursing  
Sree balaji college of nursing,  
Bharath Institute of Higher Education and Research  
Chennai

Date: 2/02/2018

To  
Dr. V. Hemavathy  
The principal,  
Sree balaji college of nursing  
Bharath Institute of Higher Education and Research  
Chennai

**Sub: Permission to conduct value-added course: HEALTH AND HYGIENE**

Dear Madam,

With reference to the subject mentioned above, the department proposes to conduct a value added course titled: **health and hygiene** On 14/02/2018 to 28/02/2018. We solicit your kind permission for the same.

  
With Regards

Phone & Fax : 2241 6605



## SREE BALAJI COLLEGE OF NURSING

(Recognised By Indian Nursing Council, New Delhi and The Tamilnadu Nurses and Midwives Council )  
(Approved by Govt. of Tamil Nadu and Affiliated to Bharath Institute of Higher Education and Research)

No.7, Works Road, Chromepet, Chennai - 600 044.

5<sup>th</sup> FEB 2018

Department of Medical surgical nursing

SreeBalaji College of Nursing,

Chennai.

Hereby we grant permission to conduct Value added course on Short term course on health and hygiene from 14/02 /2018 to 28/02/2018. for a period of two weeks.

Warm Regards,

  
Principal

Dr. V. HEMAVATHY,  
M.Sc.(N),M.A.,M.Phil.,Ph.D.(N),  
PRINCIPAL  
SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road, Chromepet  
Chennai-600 044





Phone & Fax : 2241 6605



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No.7, Works Road, Chromepet, Chennai - 600 044.

Date: 04-02-2019

## CIRCULAR

### Notification for Value added courses offered by the college of nursing

The Department medical surgical nursing, is scheduled to offer a Value added Course on health and hygiene from 14/02/2019 for a period of 3 weeks. Interested students can approach Mrs. G. E. Margareat Thatcher, Associate Professor and Course Coordinator, Department of medical surgical nursing for registration and for further details on or before 12 -02-2019..

Eligibility-12<sup>th</sup> PASS

*G. E. Margareat Thatcher*  
Course Coordinator

*[Signature]*  
HOD

*[Signature]*  
Dr. V. HEMAVATHY,  
M.Sc.(N), M.A., M.Phil., Ph.D.(N),  
PRINCIPAL  
SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road, Chromepet.  
Chennai-600 044.

Copy to:

Vice Chancellor

Pro Vice Chancellor

Additional Registrar

Deans

CoE

Heads of Departments



**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

**SREE BALAJI COLLEGE OF NURSING**

**DEPARTMENT OF MEDICAL SURGICAL NURSING**

**VALUE ADDED COURSE ON HEALTH AND HYGIENE**

**2018-2019**

**COURSE CO-ORDINATOR DETAILS**

**Faculty Name:** Mrs.G.E.MARGREAT THATCHER, Professor, Department of Medical Surgical Nursing

**Email ID:** magihepsi@gmail.com

**Mobile number:** 8939759076.

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

**SREE BALAJI COLLEGE OF NURSING**

**DEPARTMENT OF MEDICAL SURGICAL NURSING**

**VALUE ADDED COURSE SYLLABUS**

**2018-2019**

**COURSE DESCRIPTION ON HEALTH AND HYGIENE**

**30 HOURS**

**COURSE OBJECTIVES:**

- Understand issues related to the present day healthcare system
- Acquire basic understanding of other healthcare systems
- Apply the principles of health administration, education and promotion of healthcare
- Analyze delivery of healthcare services, management, and human resources
- Understand principles of economics, marketing, planning and legal considerations within the healthcare system and organization
- Prepare for information processing and statistical analysis to generate data for the contextual needs of the healthcare planning
- Cultivate effective communication skills with adequate emphasis on the effective writing
- Impart medical expertise essential to assist medical treatment

**I. Introduction to Health, and Hygiene (5 hour)**

- A.** SocializationActivity
  - 1. Self Introductions
  - 2. CommunityStories
- B.** Water Missions –International
  - 1. What is Water Missions -
  - 2. The Need for Health, Hygiene, and Sanitation Education in Water Missions Internationalprojects?
  - 3. The “Living Water Message” to the Community
- C.** Overview of the Health, Hygiene, and SanitationProgram
  - 1. Identification of Subsequent Health Problems within theCommunity
  - 2. As a Team, Draw a Bird’s Eye View (a map) of YourCommunity

## II. Qualities of Healthy Living (5hours)

### A. Health (1hour)

1. Individual member's Understanding of Health:
2. Desired Definition of Health:
3. The broad definition of health as it pertains to an individual:
  4. The Health Risks, especially to Water Borne Diseases, of the different categories of family members (small children, larger children, parents, and older or extended family members).
  5. Communal activities that directly affect the health of individuals and groups.
    - a. Farming
      - Soil Erosion
      - i. Fertilizers
      - ii. Herbicides
      - iii. Insecticides
    - b. Waste Disposal
      - i. Human Waste
      - ii. Animal Waste
      - iii. Household Waste
      - iv. Commercial and Industrial Waste

### B. Hygiene (3 hour)

1. Individual Participant's Understanding of Hygiene:
2. Desired Definition of Hygiene.

*(Hygiene refers to practices conducive to maintaining health and preventing diseases, especially through cleanliness.)*

3. The broad definition of hygiene as it applies to an individual.  
*(Hygiene is the sum total of all the actions or inactions that effect the health of an individual.)*
4. The Hygiene Practices of the different categories of family members (small children, larger children, parents, and older or extended family members) that negatively affects individual health.

## III. Water (5hours)

### A. Water Sources

1. Rain Water
2. Surface Water
3. Ground Water

### B. The Water Cycle

### C. Uses of Water

### D. Water Storage Methods

### E. Water Contamination (*with "Water Contamination Routes" exercise*)

- F. Prevention of Water Contamination (*Blocking the Routes of Water Contamination” exercise*)
  - G. Purification of Water.
  - H. The Importance of Safe Water Usage
- IV. Waterborne Diseases: Causes, Transmission, Symptoms, Treatment & Prevention: (5hours)
- A. Diseases Caused by Contaminated Water:
    - 1. Typhoid
    - 2. Polio
    - 3. Diarrhea
    - 4. Dysentery
    - 5. Cholera
    - 6. Guinea Worm Disease
  - B. Diseases Contracted by Parasites in Water:
    - 1. Malaria
    - 2. Bilharzias /Schistosomiasis
    - 3. Skin and Eye Infection
    - 4. River Blindness
    - 5. Intestinal Worms
- V. Hygiene Behaviors that Affect Your Daily Life (5hours)
- A. Translating Awareness and Knowledge into Behaviors
    - 1. “A Story With A Gap” (*Tell a story that relates to the student’s daily practices, but which omits an important step that they should know.*)
    - 2. Discuss the story “with a gap.” (*For the lesson plan...and how knowing something does not always result in exercising appropriate behaviors.*)
    - 3. Appropriate and Inappropriate Hygiene Behaviors
    - 4. Personal Hygiene
      - a. Hand Washing
      - b. Bathing
      - c. Washing (*tooth brushing to*)
    - 5. Disposal of Waste
      - a. Disposal of Human Feces
      - b. Disposal and Appropriate Uses of Animal Feces
      - c. Disposal of Household Trash and Garbage
    - 6. Water and Food Handling (The Good, The Bad, and The Ugly)
      - a. Water Sources and Protection of water sources
      - b. Water Collecting and food handling
  - B. Water and food Storage

**SREE BALAJI COLLEGE OF NURSING**  
**DEPARTMENT OF MEDICAL SURGICAL NURSING**  
**VALUE ADDED COURSE**  
**ON**  
**HEALTH AND HYGIENE (2018-2019)**

<b>Session</b>	<b>Topic</b>	<b>Date</b>	<b>Duration (Hr)</b>	<b>Resource person</b>
Session I	<u>Introduction to Health, and Hygiene</u>	14-02-2018	4	Dr. Samson
Session II	I. <u>Qualities of Healthy Living (5hours)</u>	15-02-2018	7	J.Krishna Kumar
Session III	<u>Water cycle</u>	16-02-2018	7	Dr. Marriyappan
Session IV	<u>Waterborne Diseases: Causes, Transmission, Symptoms, Treatment &amp; Prevention:</u>	19-02-2018	5	Dr. shanthi
Session V	<u>Hygiene Behaviors that Affect Your Daily Life</u>	20-02-2018	7	Dr. Devi

**STUDENT NAME LIST**

<b>S.No</b>	<b>Reg No</b>	<b>Name</b>
1	U16NR001	AARTHY S
2	U16NR002	ABILASHA R
3	U16NR005	ANSU MARY ABRAHAM
4	U16NR006	ANUSUYABEGUM H
5	U16NR007	ASHIKA SHANI S
6	U16NR008	BERCY ALEXANDRA P
7	U16NR009	BHAGYA SHREE R
8	U16NR010	DEEPA N
9	U16NR011	DEEPA R
10	U16NR012	DEEPALAKSHMI M
11	U16NR013	DEEPIKA B
12	U16NR014	DEEPIKA S
13	U16NR016	DHIVYA BHARATHI K
14	U16NR017	DIVYA G
15	U16NR018	DIVYA P
16	U16NR019	EMELYNE KHARKONGOR
17	U16NR020	GAYATHRI M
18	U16NR021	GAYATHRI M
19	U16NR022	GOMATHI S
20	U16NR023	GOVINDAMMAL D
21	U16NR024	GRACY SELVARANI J
22	U16NR025	HEMALATHA P
23	U16NR026	HEMALATHA V
24	U16NR027	JAYASHREE D
25	U16NR028	JEEVITHA J
26	U16NR029	JENIFER D
27	U16NR032	KEERTHI D
28	U16NR033	KEERTHIKA C
29	U16NR034	KIRUTHIKA M
30	U16NR036	LAKSHMI V
31	U16NR037	MAALIKAAFRIN S
32	U16NR038	MANJUMATHA D
33	U16NR039	MOHANAPREETHA S
34	U16NR040	MONICA RAJAKUMARI G
35	U16NR041	MONISHA A
36	U16NR042	MONISHA B
37	U16NR043	MONISHA M
38	U16NR044	MONISHA R
39	U16NR046	NALINI VALAR SELVI M

40	U16NR047	NILASANDHIYA T
41	U16NR048	NITHYA P
42	U16NR049	NIVEDHA N
43	U16NR050	NIVEDHA T
44	U16NR051	NIVETHA B
45	U16NR052	NIVETHA E
46	U16NR053	NIVETHA SHRI G
47	U16NR054	PAVITHRA K
48	U16NR055	PAVITHRA M
49	U16NR056	PRABHAVATHI S
50	U16NR057	PRATHIBA V
51	U16NR059	PRAVIENAA R
52	U16NR060	PREMI JASMINE S
53	U16NR061	PRIYADHARSHINI C
54	U16NR063	PRIYADHARSHNI M
55	U16NR064	PRIYANKA P
56	U16NR065	PRIYANKA T
57	U16NR066	RAJESWARI J
58	U16NR067	RAMYA K
59	U16NR068	RAMYA R
60	U16NR069	REGIL NELSON
61	U16NR070	RENUKADEVI N
62	U16NR071	REVATHY A
63	U16NR072	RIDEIBUROM SYMBLAI
64	U16NR073	RUKMANIDEVI V
65	U16NR074	SADHANA R
66	U16NR076	SANTHA RUBY S
67	U16NR077	SANTHIYA P
68	U16NR078	SARANYA S
69	U16NR079	SARASWATHI A L
70	U16NR080	SATHIYA SWATHI C
71	U16NR081	SAVITHA K
72	U16NR082	SELESMARTINA J
73	U16NR083	SHALINI A
74	U16NR085	SIVAPRIYA V
75	U16NR086	SOFIA M
76	U16NR087	SOWMIYA B
77	U16NR088	SOWMIYA S
78	U16NR089	SRIMATHI S
79	U16NR090	SUGANYA K
80	U16NR091	SUMITHRA S

## **SREE BALAJI COLLEGE OF NURSING**

**B.SC(N)-IIYEAR(2018-2019) , SUBJECT- HEALTH AND HYGIENE**



**VALUADDED COURSE STARTED ON 14.2.2019, THE FIRST CLASS WAS TAKEN BY MRS. PREMA ABOUT INTRODUCTION ON HEALTH AND HYGIENE FOR 5HOURS**



**THE CLASS WAS TAKEN BY MRS.SASI KALA ON 22.2.2019, ABOUT WATER BORNE DISEASE FOR 5HOURS**



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The first Deemed-to-be University under section 3 of UGC Act 1956



**SREE BALAJI COLLEGE OF NURSING**

**VALUE ADDED COURSE – CERTIFICATE COURSE ON HEALTH AND HYGIENE**

**CERTIFICATE OF PARTICIPATION**

*This is to certify that Mr/Ms ABINA BABU has attended three weeks value added course - CERTIFICATE COURSE ON HEALTH AND HYGIENE conducted by Department of MEDICAL SURGICAL NURSING at Bharath Institute of Higher Education and Research, Chennai (TN), India during 14<sup>th</sup> FEB 2018- 6<sup>th</sup> MARCH 2018*

*M.E. Muthu*  
Course Coordinator

*Devi*  
HOD

*Hemavathy*  
PRINCIPAL

**Dr. V. HEMAVATHY,**  
M.Sc.(N), M.A., M.Phil., Ph.D.(N),  
PRINCIPAL  
SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road, Chromepet,  
Chennai-600 044.



Annexure 4

Bharath Institute of Higher Education and Research  
SreeBalaji College of Nursing,

Course/Training Feedback Form

Course: Short Term Course on Health and hygiene

Date: 14/2/2015

Name: A. ANITHA

Reg NO. U17NR005

Department:

Q 1: Please rate your overall satisfaction with the format of the course:

- a. Excellent b. Very Good c. Satisfactory d. unsatisfactory

Q 2: Please rate course notes:

- a. Excellent b. Very Good c. Satisfactory d. unsatisfactory

Q 3: The lecture sequence was well planned

- a. Excellent b. Very Good c. Satisfactory d. unsatisfactory

Q 4: The lectures were clear and easy to understand

- a. Excellent b. Very Good c. Satisfactory d. unsatisfactory

Q 5: Please rate the quality of pre-course administration and information:

- a. Excellent b. Very Good c. Satisfactory d. unsatisfactory

Q 6: Any other suggestions:

Comments:

Thank you for taking the time to complete this survey, your comments are much appreciated.

OPTIONAL Section: Name A. ANITHA

Signature

A. ANITHA

Date

14/2/2015