

07.07.2017

From

Mrs.S. J. Kanimozhiselvi ,
Assistant professor in Physiotherapy
Sree Balaji College of Physiotherapy,
Chennai

To

Dr.S.S.Subramanian., Ph.D
The Dean,
Sree Balaji College of Physiotherapy,
Chennai

Sir,

Sub: (Permission to conduct Workshop on Alleviative pain and Aalternative therapy
Organized by our college and Aaro Green Physiotherapy & Fitness Solution - Reg)

Kindly consider in permitting the Workshop on Alleviative pain and Aalternative therapy by eminent expert Mrs. D. Jananie., Founder & Director, on 10.08.2017& 11.08.2017 for 2 days in line with our MOU with Aaro Green Physiotherapy & Fitness Solution.

Our students shall benefit this recent trends related to physiotherapy.

Thanking You.



J. Kanimozhiselvi
Yours faithfully



Bharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH

Phone: 044-22290742 / 22290125 Telefax: 044-22293896
Website: www.bharathuniv.ac.in



173 Agaram Road, Selayar, Tambaram
Chennai - 600 073 Tamil Nadu



SREE BALAJI COLLEGE OF PHYSIOTHERAPY

07.07.2017

To

Mrs. S.J. Kanimozhiselvi,

Asst. Professor in Physiotherapy

Madam,

With reference to your communication dated on 07.07.2017

Hereby we grant permission to conduct Workshop on Alleviative pain and Alternative therapy on 10.08.2017 & 11.08.2017 for 2 days.



Dr. S.S. Subramanian., Ph.D

The Principal,

Sree Balaji College of Physiotherapy

Dr. S. S. SUBRAMANIAN, M.P.T (Orthopaedics),
M.S (Education), M. Phil (Education), Ph.D (Physiotherapy)
The Principal,
Sree Balaji College of Physiotherapy
Velachery Main Road, Pallikarai, Chennai

26.07.2017

To

Mrs. D. Jananie.,

Founder & Director,

Aaro Green Physiotherapy & Fitness Solution

Sir,

Further continuation of our MOU, to enrich academic and research activities kindly coordinate the proposed approve Workshop to benefit faculty and students of both our institutions. Further classification if any kindly communicate the coordinator Mrs. S. J. Kanimozhiselvi, Tutor in Physiotherapy, email Id: sbcp2007@gmail.com

Enclosing details along with

1. Course outline, objective
2. Dates, Resource person

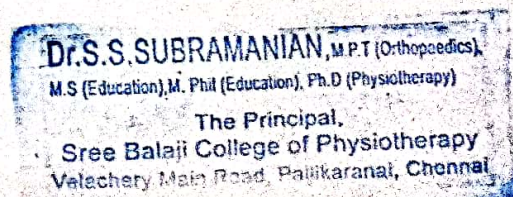
Thanking You



Dr.S.S.Subramanian., Ph.D

The Principal,

Sree Balaji College of Physiotherapy





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INSTITUTE OF HIGHER EDUCATION AND RESEARCH
Chartered and Declared as the University under Section 3 of UGC Act 1956
 U.S. Ministry of Higher Education Development Govt of India 2002 & 2003



SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Two Days Workshop on Alleviative pain and Alternative therapy

Date: 10.08.2017 & 11.08.2017

Time: 09.00 A.M to 04.00P.M

ORGANIZED BY

AARO GREEN PHYSIOTHERAPY & FITNESS SOLUTION & SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Objectives:

To enhance knowledge of Pain alleviation and Alternative therapies.

Course Outline:

To educate all possible cause and theories of Pain - Alternative pain management - Medical and physiotherapy management - Mind body interventions.

Resource Persons

Speaker	Mrs. D. Jananie, Founder & Director, Aaro Green Physiotherapy & Fitness Solution	Allieviative Pain and Alternative Therapy
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Eligibility: III & IV Year B.P.T, Interns, M.P.T students, Clinical Physiotherapists

Fees: Free

For Registration Contact: 044 - 22461883, 044 - 22462179,

e - Mail: sbcp2007@gmail.com

ORGANIZING SECRETARY

Mrs.S. J. Kanimozhiselvi, Tutor in Physiotherapy





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INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Deemed to be University under section 3 of UGC Act, 1956)
 (Non-Affiliated) No. P.S. 5/2005 U.I. Ministry of Human Resource Development, Govt. of India. (Since 1st July 2010)

Phone: 044-22290742 / 22290125 Website: 044-22293886
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173, Agaram Road, Sainiyar, Tambaram
 Chennai - 600 071, Tamil Nadu



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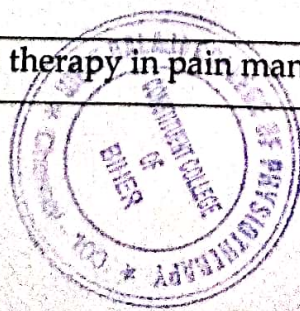
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AARO GREEN PHYSIOTHERAPY & FITNESS SOLUTION & SREE BALAJI
 COLLEGE OF PHYSIOTHERAPY

AGENDA

DAY - I

Time	Events
09.00 - 09.30	Definition of pain and its Basics
09.30 - 10.00	Theories of pain
10.00 - 10.30	Introduction to Alternative pain management
10.30 - 11.00	Definition and Types of Alternative Therapy
11.00 - 11.10	Tea Break
11.10 - 11.30	Outcome measures in pain evaluation
11.30 - 12.00	Hands on Yoga
12.00 - 12.30	Hands on Acupuncture
12.30 - 01.00	Evaluation of pain
01.00 - 01.30	Lunch Break
01.30 - 02.00	Reiki Healing and Herbal therapy in pain management
02.00 - 02.30	Mind Body Interventions
02.30 - 02.45	Tea Break
02.45 - 04.00	Role of Music therapy in pain management



AGENDA

DAY - II

Time	Events
09.00 - 10.00	Hands on Pain management in Physiotherapy
10.00 - 11.00	Hands on IFT, TENS, Wax bath therapy, IRR
11.00 - 11.15	Tea Break
11.15 - 11.45	Hands on Therapeutic touch and Hydrotherapy
11.45 - 12.30	Hands on Herbal therapy and Ayurveda
12.30 - 01.00	Hands on chiropractic therapy
01.00 - 01.30	Lunch Break
01.30 - 02.00	Introduction to Guided Imagery Technique
02.00 - 02.30	Hands on Biofeedback Training
02.30 - 02.45	Tea Break
02.45 - 04.00	Practical Dietary Approaches



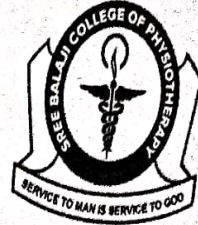


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 Chennai - 600 073, Tamil Nadu



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 COLLEGE OF PHYSIOTHERAPY**

REGISTRATION FORM

Name: _____ D.O.B: _____ IAP / Reg No: _____ Batch: _____
 Contact No: _____ E-Mail: _____ Address: _____

Kindly Mention The Course Completed/ Presently Studying/ Working Institution

Course	College	University	Year of Completion Month & Year	Designation
UG				
PG				
Clinical Therapist				



SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Workshop on Alleviative pain and Alternative therapy

Date: 10.08.2017& 11.08.2017

S.NO	NAME	REG. NUMBER	NAME OF THE INSTITUTION
1.	Binita Gurung	U14PT002	
2.	Ganesh Balaji. L	U14PT003	
3.	Gladis Sherin. R	U14PT004	
4.	Hema. S	U14PT005	
5.	Jeevitha. G	U14PT006	
6.	Madhan kumar. R	U14PT007	
7.	Mohammed Shabeer.N	U14PT008	
8.	Nivetha.S	U14PT009	
9.	P. Prasanth	U14PT010	
10.	Priyanka.M	U14PT011	
11.	Saranya Devi. M	U14PT012	
12.	Sathiya Priya. K	U14PT013	
13.	Shabana. S	U14PT014	
14.	Shadab Ahmed. V.M	U14PT015	
15.	Shalini.S	U14PT016	
16.	Suganthi.S	U14PT017	
17.	Sumithra.M	U14PT018	
18.	Thinakaran.C	U14PT020	





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 COLLEGE OF PHYSIOTHERAPY**

FEEDBACK FORM Workshop

Criteria	Strongly Agree (3)	Agree (2)	Disagree (1)
Workshop was relevant to my needs	✓		
Length of Workshop was sufficient	✓		
Content was well organized	✓		
Questions were engaged	✓		
Instructions were clear and understandable	✓		
Workshop met my expectations		✓	
The presentations were effective		✓	





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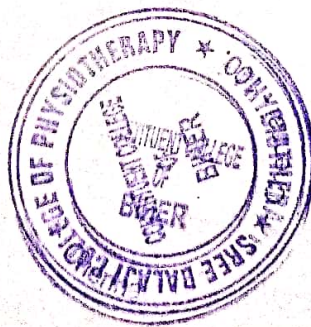
Date : 10.08.2017 & 11.08.2017

WORKSHOP

Time : 9 AM - 4 PM

FEEDBACK FORM

Criteria	Strongly Agree (3)	Agree (2)	Disagree (1)
Workshop was relevant to my needs	✓		
Length of seminar was sufficient	✓		
Content was well organized	✓		
Questions were engaged	✓		
Instructions were clear and understandable	✓		
Workshop expectations		✓	
The presentations were effective		✓	



Shree Balaji
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 (An Autonomous Institute)
 (Established in 1983)
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ORGANIZED BY
AARO GREEN PHYSIOTHERAPY & FITNESS SOLUTION & SREE BALAJI COLLEGE OF PHYSIOTHERAPY
CERTIFICATE OF PARTICIPATION

This is to certify that Mr / Ms THINAKARAN. C (Reg No U14PT020) of
 III/IV year / Interns B.P.T/M.P.T/ Clinical Physiotherapists has participated in the Workshop on Alleviative pain and Alternative
 therapy on 10.08.2017 & 11.08.2017.

Mrs. D. Jananie, Founder & Director,
 Aaro Green Physiotherapy & Fitness Solution



Dr.S.S.Subramanian, Ph.D
Dr.S.S.Subramanian, Ph.D
 Principal

Dr.S.S.SUBRAMANIAN, MPT (Orthopedics)
 M.S (Education), M. Phil (Education), Ph.D (Physiotherapy)
Sree Balaji College of Physiotherapy
 Velachery Main Road, Chennai

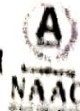


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 Chennai - 600 073, Tamil Nadu



SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Workshop on Alleviating Pain & Alternative Therapy

