

30.10.2016

From

Mrs. M. Sindhuja.,

Tutor in Physiotherapy

Sree Balaji College of Physiotherapy,

Chennai

To

Dr.S.S.Subramanian., Ph.D

The Dean,

Sree Balaji College of Physiotherapy,

Chennai

Sir,

Sub: (Permission to conduct Workshop on Interaction Between Mind and Body
Organized by our college and Sri Ganapathi Sachidananda Trust - Reg)

Kindly consider in permitting the Workshop on Interaction Between Mind and Body
by eminent expert Dr. A. Siva Subramanian., M.D, on 26.11.2016 & 27.11.2016 for 2
days in line with our MOU with Sri Ganapathi Sachidananda Trust.

Our students shall benefit this recent trends related to physiotherapy.

Thanking You.



M. Sindhuja
Yours faithfully

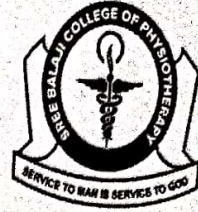


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Chennai - 600 073, Tamil Nadu



SREE BALAJI COLLEGE OF PHYSIOTHERAPY

30.10.2016

To

Mrs. M. Sindhuja.,

Tutor in Physiotherapy

Madam,

With reference to your communication dated on 30.10.2016

Hereby we grant permission to conduct Workshop on Interaction Between Mind and Body on 26.11.2016 & 27.11.2016 for 2 days



Dr.S.S.Subramanian., Ph.D

The Principal,

Sree Balaji College of Physiotherapy

DR.S.S.SUBRAMANIAN, M.P.T (Orthopaedics),
M.S (Education), M. Phil (Education), Ph.D (Physiotherapy)
The Principal,
Sree Balaji College of Physiotherapy
Velachery Main Road, Parkkaranai, Chennai

13.11.2016

To

Dr. A. Siva Subramanian., M.D

Chief Medical Officer

Sri Ganapathi Sachidananda Trust Chennai

Sir,

Further continuation of our MOU, to enrich academic and research activities kindly coordinate the proposed approve Workshop to benefit faculty and students of both our institutions. Further classification if any kindly communicate the coordinator Mrs. M. Sindhuja., Asst. Professor., email Id: sbcp2007@gmail.com

Enclosing details along with

1. Course outline, objective
2. Dates, Resource person

Thanking You



Dr.S.S.Subramanian., Ph.D

The Principal,

Sree Balaji College of Physiotherapy



Dr.S.S.SUBRAMANIAN, M.P.T (Orthopaedics),
M.S (Education), M. Phil (Education), Ph.D (Physiotherapy)

The Principal,

Sree Balaji College of Physiotherapy
Velachery Main Road, Pallikaranai Chennai



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 Chennai - 600 073 Tamil Nadu



SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Two Days Workshop on Interaction Between Mind and Body

Date: 26.11.2016 & 27.11.2016

Time: 09.00 A.M to 04.00 P.M

ORGANIZED BY

SRI GANAPATHI SACHIDANANDA TRUST & SREE BALAJI COLLEGE OF
 PHYSIOTHERAPY

Objectives:

To acquire knowledge on Mind and Body Interaction and Self Experience its effect.

Course Outline:

To educate the importance of mind and body towards one another- Various
 Techniques and Hands on training on it.

Resource Person

Speaker	Dr. A. Siva Subramanian., M.D Chief Medical Officer	Interaction Between Mind and Body
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**Eligibility: I/II/III Year & IV Year B.P.T, Interns, M.P.T students, Clinical
 Physiotherapists**

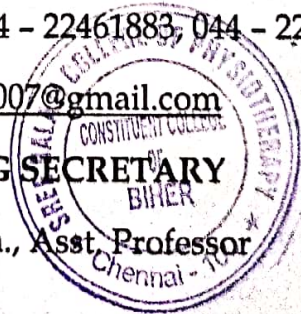
Fees: Free

For Registration Contact: 044 - 22461883, 044 - 22462179,

e - Mail: sbcp2007@gmail.com

ORGANIZING SECRETARY

Mrs. M. Sindhuja., Asst Professor





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AGENDA

DAY - I

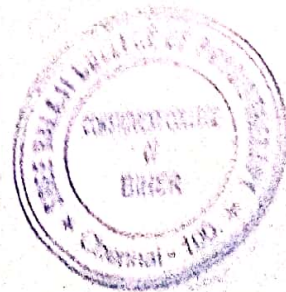
Time	Events
09.00 - 09.45	Introduction to Mind body philosophy
09.45 - 10.30	Evaluating the Mind body Relationship
10.30 - 11.00	Guided Imagery Technique
11.00 - 11.15	Tea Break
11.15 - 12.00	Hands on Music and Dance therapy
12.00 - 12.30	Hands on Yoga
12.30 - 01.00	Hands on tai chi
01.00 - 01.30	Lunch Break
01.30 - 02.15	Body acting / Affecting Mind
02.15 - 03.00	Evaluation of Modulation process
03.00 - 03.15	Tea Break
03.15 - 04.00	Hands on training with Mechanism of Biofeedback



AGENDA

DAY - II

Time	Events
09.00 - 09.45	Mind Body Intervention / Training
09.45 - 10.30	Relationship between Health - Illness - disease
10.30 - 11.00	Hands on Hypnotherapy
11.00 - 11.15	Tea Break
11.15 - 12.00	Mind acting / affecting Body
12.00 - 12.30	Hands on Art therapy
12.30 - 01.00	Hands on Guided Meditation
01.00 - 01.30	Lunch Break
01.30 - 02.15	Psycho - Immuno Neurology
02.15 - 03.00	Mental Health in Physiotherapy
03.00 - 03.15	Tea Break
03.15 - 04.00	Basic Body Awareness Training

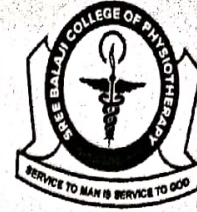




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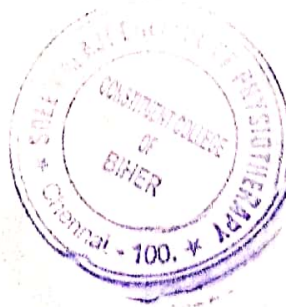
REGISTRATION FORM

Name: D.O.B: IAP / Reg No: Batch:

Contact No: E-Mail: Address:

Kindly Mention The Course Completed/ Presently Studying/ Working Institution

Course	College	University	Year of Completion Month & Year	Designation
UG				
PG				
Clinical Therapist				

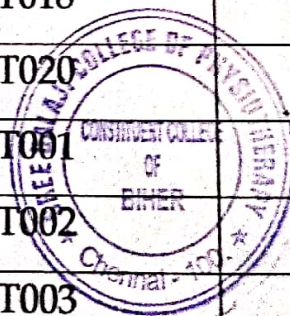


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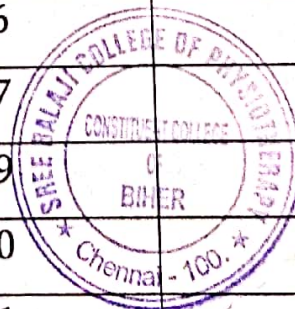
Workshop on Interaction Between Mind and Body

Date: 26.11.2016 & 27.11.2016

S.NO	NAME	REG. NUMBER	NAME OF THE INSTITUTION
1.	Binita Gurung	U14PT002	
2.	Ganesh Balaji. L	U14PT003	
3.	Gladis Sherin. R	U14PT004	
4.	Hema. S	U14PT005	
5.	Jeevitha. G	U14PT006	
6.	Madhan kumar. R	U14PT007	
7.	Mohammed Shabeer.N	U14PT008	
8.	Nivetha.S	U14PT009	
9.	P. Prasanth	U14PT010	
10.	Priyanka.M	U14PT011	
11.	Saranya Devi. M	U14PT012	
12.	Sathiya Priya. K	U14PT013	
13.	Shabana. S	U14PT014	
14.	Shadab Ahmed. V.M	U14PT015	
15.	Shalini.S	U14PT016	
16.	Suganthi.S	U14PT017	
17.	Sumithra.M	U14PT018	
18.	Thinakaran.C	U14PT020	
19.	Abinaya P	U15PT001	
20.	Akila V	U15PT002	
21.	Anu Priya K	U15PT003	



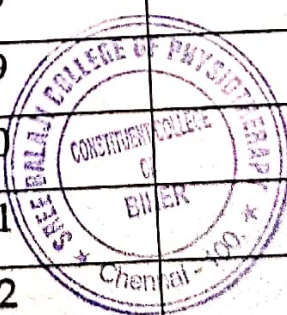
22.	Ashmika R	U15PT005	
23.	Atchaya G	U15PT006	
24.	Bhavana S	U15PT007	
25.	Bhuvaneshwari B	U15PT008	
26.	Boopathi S	U15PT009	
27.	Divya J	U15PT010	
28.	Gayathri M	U15PT011	
29.	Gayathri S	U15PT012	
30.	Hemalatha E	U15PT013	
31.	Ilakia S	U15PT014	
32.	Jagan B	U15PT015	
33.	Jeevitha K	U15PT016	
34.	Kalaiarasi K	U15PT017	
35.	Kalaivani E	U15PT018	
36.	Karthickeyan R	U15PT019	
37.	Kavitha N	U15PT020	
38.	Keerthika S	U15PT021	
39.	Kumutha R	U15PT022	
40.	Latha B	U15PT023	
41.	Madhumitha. M	U15PT024	
42.	Masthura Haseena. S	U15PT025	
43.	Noorunnisha S	U15PT026	
44.	Pavithra R	U15PT027	
45.	Priyanka K	U15PT029	
46.	Ramyia S	U15PT030	
47.	Ramyia E	U15PT031	



48.	Rekha G K	U15PT032	
49.	Sahithya T	U15PT034	
50.	Sanjana P	U15PT035	
51.	Shanthakumar S	U15PT036	
52.	Saranya R	U15PT037	
53.	Shamlindevanisha D	U15PT038	
54.	Simran Tandon	U15PT039	
55.	Soniya Mohan	U15PT040	
56.	Srimathi S	U15PT041	
57.	Sujitha S	U15PT043	
58.	Swathi R	U15PT044	
59.	Tamizhmani V S	U15PT045	
60.	Sai Bhargavi S	U15PT046	
61.	Titus J	U15PT047	
62.	Vani Shree U	U15PT048	
63.	Venippriya PN	U15PT049	
64.	Vijay Kumar S	U15PT050	
65.	Shalini L	U15PT051	
66.	Abinaya. B	U16PT001	
67.	Abdul Asif. K	U16PT002	
68.	Abul Hussain. K	U16PT003	
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70.	Bharathi. M	U16PT005	
71.	Bhuvana. K	U16PT006	
72.	Deepthi Priya. K	U16PT007	
73.	Devi. B	U16PT008	



74.	Evarani. K	U16PT009	
75.	Gokul Raj. M	U16PT010	
76.	Gopi Krishnan .A	U16PT011	
77.	Hema. A	U16PT012	
78.	Iswarya. S	U16PT013	
79.	Joshna kousalya	U16PT014	
80.	Jyothi. K	U16PT015	
81.	Kaleeswari. R	U16PT016	
82.	Kalyani. E	U16PT017	
83.	Kamalee. K	U16PT018	
84.	Keerthana. K	U16PT019	
85.	Kirthika. B	U16PT020	
86.	Kotteswari. S.G	U16PT021	
87.	Lavanya. R	U16PT022	
88.	Loganayaki. S	U16PT023	
89.	Mega. R	U16PT024	
90.	Monika. M	U16PT025	
91.	Nasara Parveen .A	U16PT026	
92.	Nithish kannan. S	U16PT027	
93.	Nivethika. B	U16PT028	
94.	Parameswari.V	U16PT029	
95.	Pavithra. S	U16PT030	
96.	Prasanth. R	U16PT031	
97.	Raveena. P	U16PT032	
98.	Reshma. S	U16PT033	
99.	Reuben Joshua. J	U16PT034	





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SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Two Days Workshop on Interaction Between Mind and Body

Date: 26.11.2016 & 27.11.2016

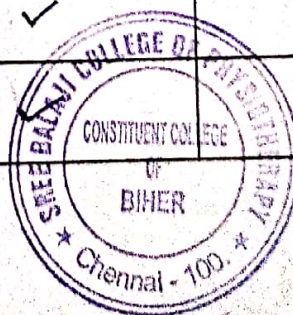
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FEEDBACK FORM Workshop

Criteria	Strongly Agree (3)	Agree (2)	Disagree (1)
Workshop was relevant to my needs	✓		
Length of Workshop was sufficient	✓		
Content was well organized	✓		
Questions were engaged	✓		
Instructions were clear and understandable	✓		
Workshop met my expectations		✓	
The presentations were effective			





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SREE BALAJI COLLEGE OF PHYSIOTHERAPY

DATE: 26.11.2016 & 27.11.2016. WORKSHOP

TIME: 9AM - 4PM

FEEDBACK FORM

Criteria	Strongly Agree (3)	Agree (2)	Disagree (1)
Workshop was relevant to my needs	✓		
Length of seminar was sufficient	✓		
Content was well organized	✓		
Questions were engaged	✓		
Instructions were clear and understandable	✓		
Workshop expectations		✓	
The presentations were effective		✓	





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CERTIFICATE OF PARTICIPATION

This is to certify that Mr / Ms RAVEENA . P (Reg No U16PT032) of I/II/III/IV year/ Interns B.P.T/M.P.T/ Clinical Physiotherapists has participated in the Workshop on Interaction Between Mind and Body on 26.11.2016 & 27.11.2016.

Dr. A. Siva Subramanian., M.D, Chief Medical Office,
Sri Ganapathi Sachidananda Trust

Dr.S.S.Subramanian., Ph.D

Principal



Dr.S.S.SUBRAMANIAN, MPT (Orthopedics),
M.S (Education), M. Phil (Education), Ph.D (Physiotherapy)
The Principal,
Sree Balaji College of Physiotherapy
Velachery Main Road, Chennai



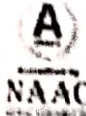
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Workshop on Interaction between Mind and Body

