

16-17  
19.06.2017

From

Mrs.S. J. Kanimozhiselvi ,

Tutor in Physiotherapy

Sree Balaji College of Physiotherapy,

Chennai

To

Dr.S.S.Subramanian., Ph.D

The Dean,

Sree Balaji College of Physiotherapy,

Chennai

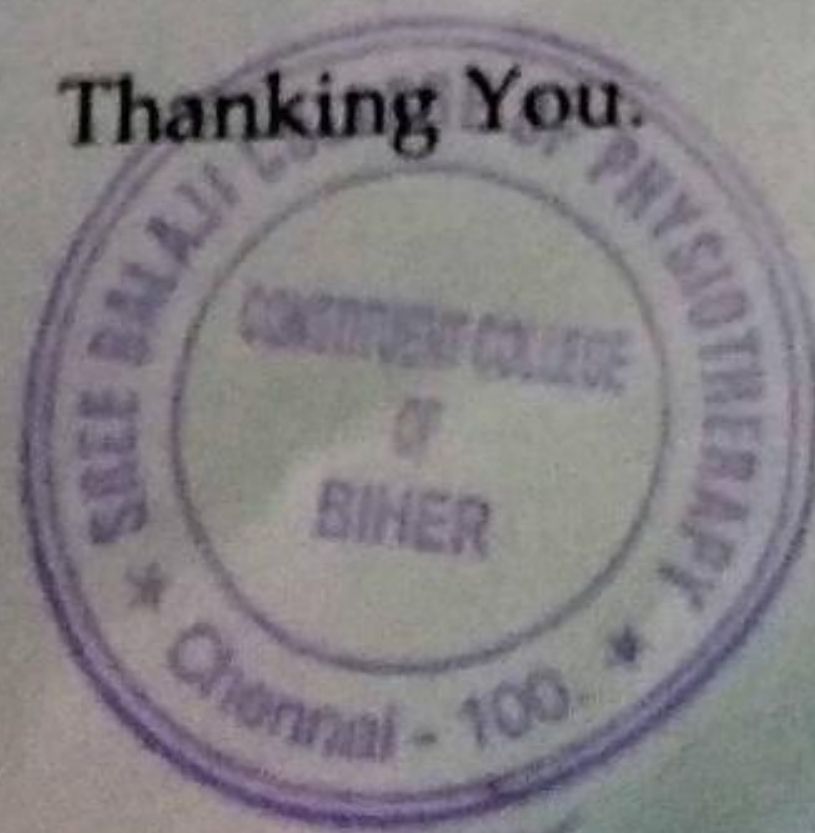
Sir,

Sub: (Permission to conduct Workshop on Orthopedic Physical Therapy Organized by our college and Pain & Stroke Rehabilitation Centre- Reg)

Kindly consider in permitting the Workshop on Orthopedic Physical Therapy by eminent expert Dr. Ravi., B.P.T (APTA), on 20.07.2017 & 21.07.2017 for 2 days in line with our MOU with Pain & Stroke Rehabilitation Centre.

Our students shall benefit this recent trends related to physiotherapy.

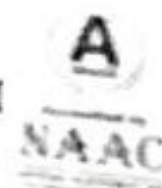
Thanking You.



*Y. Kanimozhiselvi*  
Yours faithfully



**Sharath**  
INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
Certified as Deemed to be University under section 3 of UGC Act 1956.  
UPEI Registration No: 130209. UPEI No: 130209. UPEI No: 130209. UPEI No: 130209.  
Phone: 044-2297742, 2297743, 2297744, 2297745, 2297746, 2297747, 2297748, 2297749, 2297750, 2297751, 2297752, 2297753, 2297754, 2297755, 2297756, 2297757, 2297758, 2297759, 2297760, 2297761, 2297762, 2297763, 2297764, 2297765, 2297766, 2297767, 2297768, 2297769, 2297770, 2297771, 2297772, 2297773, 2297774, 2297775, 2297776, 2297777, 2297778, 2297779, 2297780, 2297781, 2297782, 2297783, 2297784, 2297785, 2297786, 2297787, 2297788, 2297789, 2297790, 2297791, 2297792, 2297793, 2297794, 2297795, 2297796, 2297797, 2297798, 2297799, 2297800, 2297801, 2297802, 2297803, 2297804, 2297805, 2297806, 2297807, 2297808, 2297809, 2297810, 2297811, 2297812, 2297813, 2297814, 2297815, 2297816, 2297817, 2297818, 2297819, 2297820, 2297821, 2297822, 2297823, 2297824, 2297825, 2297826, 2297827, 2297828, 2297829, 2297830, 2297831, 2297832, 2297833, 2297834, 2297835, 2297836, 2297837, 2297838, 2297839, 2297840, 2297841, 2297842, 2297843, 2297844, 2297845, 2297846, 2297847, 2297848, 2297849, 2297850, 2297851, 2297852, 2297853, 2297854, 2297855, 2297856, 2297857, 2297858, 2297859, 2297860, 2297861, 2297862, 2297863, 2297864, 2297865, 2297866, 2297867, 2297868, 2297869, 2297870, 2297871, 2297872, 2297873, 2297874, 2297875, 2297876, 2297877, 2297878, 2297879, 2297880, 2297881, 2297882, 2297883, 2297884, 2297885, 2297886, 2297887, 2297888, 2297889, 2297890, 2297891, 2297892, 2297893, 2297894, 2297895, 2297896, 2297897, 2297898, 2297899, 2297900, 2297901, 2297902, 2297903, 2297904, 2297905, 2297906, 2297907, 2297908, 2297909, 2297910, 2297911, 2297912, 2297913, 2297914, 2297915, 2297916, 2297917, 2297918, 2297919, 2297920, 2297921, 2297922, 2297923, 2297924, 2297925, 2297926, 2297927, 2297928, 2297929, 2297930, 2297931, 2297932, 2297933, 2297934, 2297935, 2297936, 2297937, 2297938, 2297939, 2297940, 2297941, 2297942, 2297943, 2297944, 2297945, 2297946, 2297947, 2297948, 2297949, 2297950, 2297951, 2297952, 2297953, 2297954, 2297955, 2297956, 2297957, 2297958, 2297959, 2297960, 2297961, 2297962, 2297963, 2297964, 2297965, 2297966, 2297967, 2297968, 2297969, 2297970, 2297971, 2297972, 2297973, 2297974, 2297975, 2297976, 2297977, 2297978, 2297979, 2297980, 2297981, 2297982, 2297983, 2297984, 2297985, 2297986, 2297987, 2297988, 2297989, 2297990, 2297991, 2297992, 2297993, 2297994, 2297995, 2297996, 2297997, 2297998, 2297999, 2298000.



# SREE BALAJI COLLEGE OF PHYSIOTHERAPY

19.06.2017

To

Mrs.S. J. Kanimozhiselvi,  
Tutor in Physiotherapy

Madam,

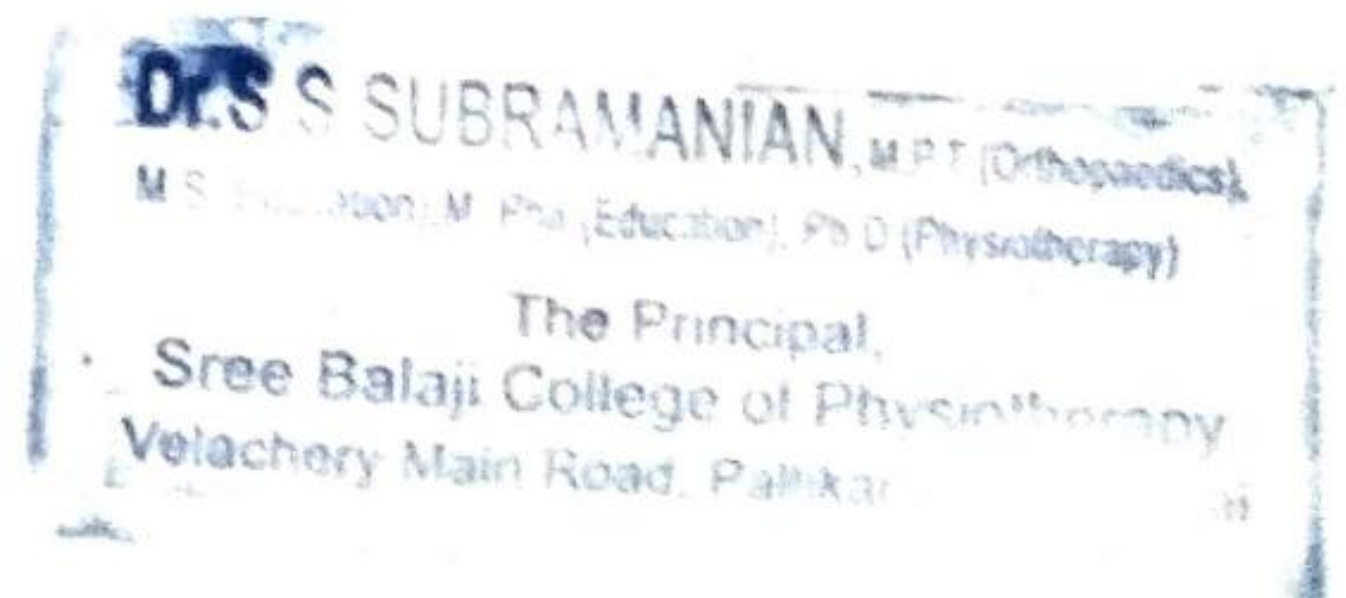
With reference to your communication dated on 19.06.2017

Hereby we grant permission to conduct Workshop on Orthopedic Physical Therapy  
on 20.07.2017 & 21.07.2017 for 2 days.

Dr.S.S.Subramanian., Ph.D

The Principal,

Sree Balaji College of Physiotherapy



05.07.2017

To

Dr. Ravi., B.P.T (APTA)

The Founder & Chief Physiotherapist of Pain & Stroke

Sir,

Further continuation of our MOU, to enrich academic and research activities kindly coordinate the proposed approve Workshop to benefit faculty and students of both our institutions. Further classification if any kindly communicate the coordinator Mrs. S. J. Kanimozhiselvi, Tutor in Physiotherapy, email id: [sbcp2007@gmail.com](mailto:sbcp2007@gmail.com)

Enclosing details along with

1. Course outline, objective
2. Dates, Resource person

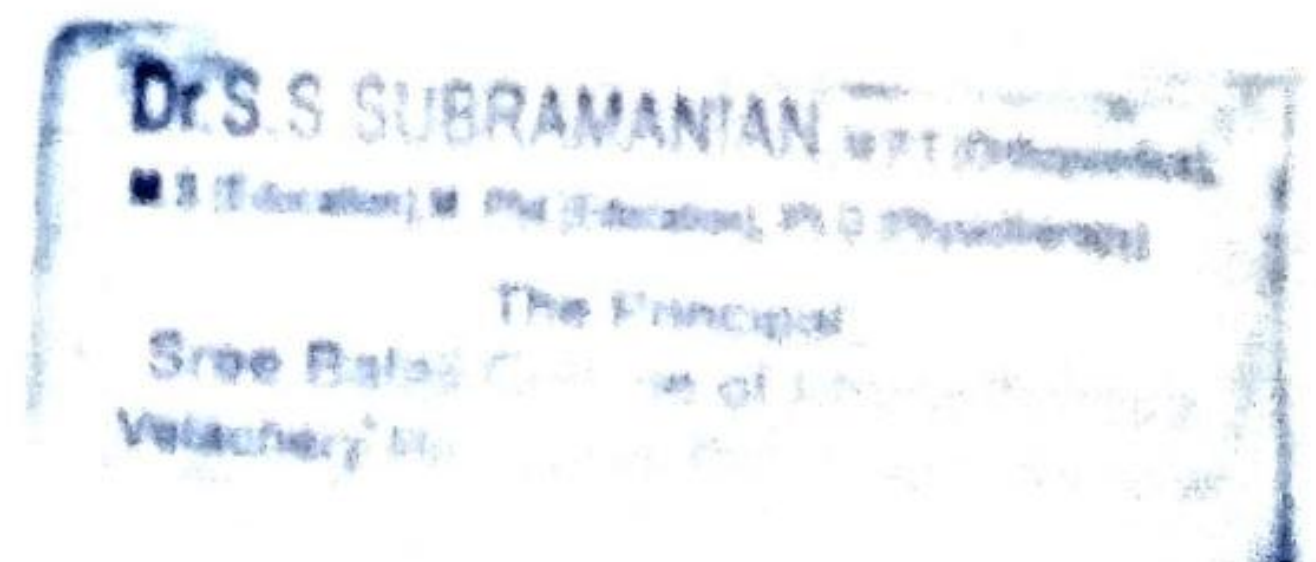
Thanking You



Dr.S.S.Subramanian., Ph.D

The Principal,

Sree Balaji College of Physiotherapy





**Bharath**  
INSTITUTE OF HIGHER EDUCATION AND RESEARCH



# SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Two Days Workshop on Orthopedic Physical Therapy

Date: 20.07.2017 & 21.07.2017

Time: 09.00 A.M to 04.00 P.M

ORGANIZED BY

PAIN & STROKE REHABILITATION CENTRE & SREE BALAJI COLLEGE OF PHYSIOTHERAPY

**Objectives:**

To know a thorough knowledge on Orthopedic Physical Therapy.

**Course Outline:**

To educate all possible Anatomy - Biomechanics - Pathomechanics - Orthopaedic Assessment and Screening - Special tests - Diagnostic Skills - Clinical Reasoning and Evidence Based therapeutic Interventions.

**Resource Person**

Speaker	Dr. Ravi., B.P.T (APTA), The Founder & Chief Physiotherapist of Pain & Stroke	Orthopedic Therapy.	Physical
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**Eligibility:** III Year & IV Year B.P.T, Interns, M.P.T students, Clinical Physiotherapists

Fees: Free

For Registration Contact: 044 - 22461883, 044 - 22462179,

e - Mail: [sbcpr2007@gmail.com](mailto:sbcpr2007@gmail.com)

**ORGANIZING SECRETARY**

Mrs. S. J. Kanimozhiselvi, Asst. Professor



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## AGENDA

### DAY - I

Time	Events
09.00 - 09.30	Introduction to Orthopaedic Physical Therapy
09.30 - 10.30	Basics of Relevant Anatomy, Biomechanics & Pathomechanics
10.30 - 11.00	Hands on Orthopaedic Assessment and Screening
11.00 - 11.10	Tea Break
11.10 - 11.30	Outcome measures in Orthopaedic Evaluation.
11.30 - 12.00	Special tests
12.00 - 12.30	Diagnostic Skills
12.30 - 01.00	Clinical Reasoning
01.00 - 01.30	Lunch Break
01.30 - 02.00	Individualized exercise instructions
02.00 - 02.30	K - Taping
02.30 - 03.00	Muscle Energy Technique and Cranio - Sacral therapy
03.00 - 03.15	Tea Break
03.15 - 04.00	Strain - Counterstrain Techniques



## AGENDA

### DAY - II

Time	Events
09.00 - 09.30	Evidence Based Therapeutic interventions
09.30 - 10.30	Brief note on Red and Yellow Flags
10.30 - 11.00	Regional Assessment and Management
11.00 - 11.10	Tea Break
11.10 - 11.30	Upper Extremity
11.30 - 12.00	Lower Extremity
12.00 - 12.30	Spine and Pelvis
12.30 - 01.00	Visceral and Soft tissue Mobilization Techniques
01.00 - 01.30	Lunch Break
01.30 - 02.00	Deformities, Soft Tissue Injuries Assessment and Management
02.00 - 02.30	Hands on Dry Needling Technique
02.30 - 03.00	Muscle Energy Technique
03.00 - 03.15	Tea Break
03.15 - 04.00	Home Management and Follow - up





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 PHYSIOTHERAPY

REGISTRATION FORM

Name:

D.O.B:

IAP / Reg.No:

Batch:

Contact No:

E-Mail:

Address:

Kindly Mention The Course Completed/ Presently Studying/ Working Institution

Course	College	University	Year of Completion Month & Year	Designation
UG				
PG				
Clinical Therapist				



# SREE BALAJI COLLEGE OF PHYSIOTHERAPY

## Workshop on Orthopedic Physical Therapy

Date: 20.07.2017 & 21.07.2017

S.NO	NAME	REG. NUMBER	NAME OF THE INSTITUTION
1.	Binita Gurung	U14PT002	
2.	Ganesh Balaji. L	U14PT003	
3.	Gladis Sherin. R	U14PT004	
4.	Hema. S	U14PT005	
5.	Jeevitha. G	U14PT006	
6.	Madhan kumar. R	U14PT007	
7.	Mohammed Shabeer.N	U14PT008	
8.	Nivetha.S	U14PT009	
9.	P. Prasanth	U14PT010	
10.	Priyanka.M	U14PT011	
11.	Saranya Devi. M	U14PT012	
12.	Sathiya Priya. K	U14PT013	
13.	Shabana. S	U14PT014	
14.	Shadab Ahmed. V.M	U14PT015	
15.	Shalini.S	U14PT016	
16.	Suganthi.S	U14PT017	
17.	Sumithra.M	U14PT018	
18.	Thinakaran.C	U14PT020	





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 Website: www.bharathuniv.ac.in



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Date: 20.07.2017 & 21.07.2017

Time: 09.00 A.M to 04.00 P.M

ORGANIZED BY

PAIN & STROKE REHABILITATION CENTRE & SREE BALAJI COLLEGE OF PHYSIOTHERAPY

## FEEDBACK FORM Workshop

Criteria	Strongly Agree (3)	Agree (2)	Disagree (1)
Workshop was relevant to my needs	✓		
Length of Workshop was sufficient		✓	
Content was well organized	✓		
Questions were engaged	✓		
Instructions were clear and understandable	✓		
Workshop met my expectations	✓		
The presentations were effective	✓		





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**SREE BALAJI COLLEGE OF PHYSIOTHERAPY**

DATE: 20.07.2017 & 21.07.2017

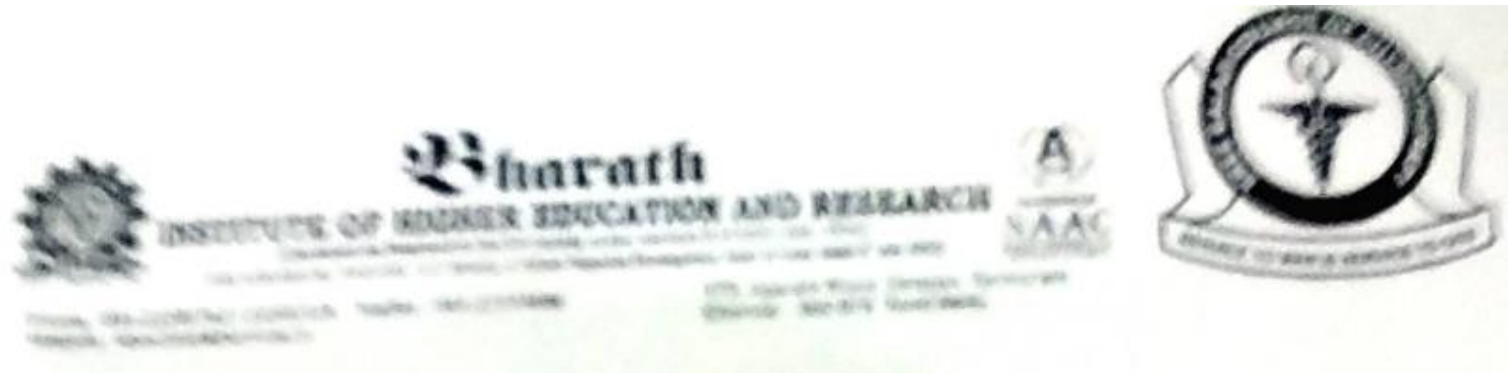
**WORKSHOP**

TIME: 9AM - 4PM

**FEEDBACK FORM**

Criteria	Strongly Agree (3)	Agree (2)	Disagree (1)
Workshop was relevant to my needs	✓		
Length of seminar was sufficient		✓	
Content was well organized	✓		
Questions were engaged	✓		
Instructions were clear and understandable	✓		
Workshop expectations	✓		
The presentations were effective	✓		





# SREE BALAJI COLLEGE OF PHYSIOTHERAPY

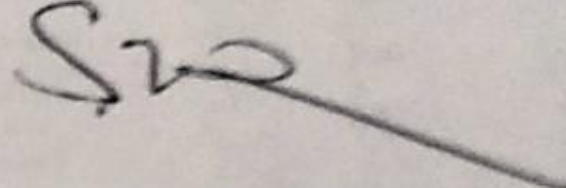
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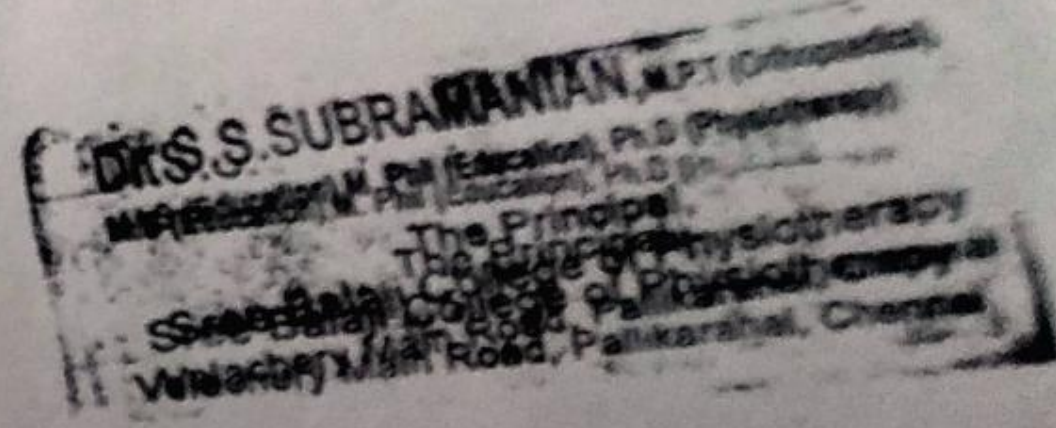
PAIN & STROKE REHABILITATION CENTRE & SREE BALAJI COLLEGE OF PHYSIOTHERAPY

## CERTIFICATE OF PARTICIPATION

This is to certify that Mr / Ms GILADIS SHERIN . R (Reg No UI4PT 009) of III/IV year/ Interns B.P.T/M.P.T/ Clinical Physiotherapists has participated in the Workshop on Orthopedic Physical Therapy on 20.07.2017 & 21.07.2017.

Dr. Ravi, B.P.T (APTA)  
The Founder & Chief Physiotherapist of Pain & Stroke

  
Dr.S.S.Subramanian., Ph.D  
Principal



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# SREE BALAJI COLLEGE OF PHYSIOTHERAPY

## Workshop on Orthopedic Physical Therapy

