

04.09.2017

From

Mrs. M. Sindhuja., B.P.T

Asst. Professor in Physiotherapy

Sree Balaji College of Physiotherapy,

Chennai

To

Dr.S.S.Subramanian., Ph.D

The Dean,

Sree Balaji College of Physiotherapy,

Chennai

Sir,

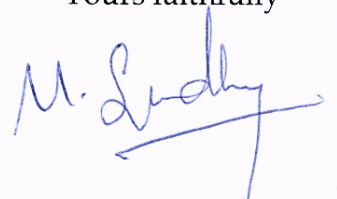
Sub: (Permission to conduct National Level Workshop on Hands on Workshop on Manual Therapy for Spine - Organized by our college and pain and stroke - Reg)

Kindly consider in permitting the National Level Workshop on Hands on Workshop on Manual Therapy for Spine by eminent expert Dr. Ravi., on 09.10.2017 to 10.10.2017, for a period of 2 days in line with our MOU with pain and stroke

Our students shall benefit this recent trends related to physiotherapy

Thanking You

Yours faithfully





Bharath

INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Declared as Deemed-to-be University under Section 3 of UGE Act, 1956)
(Site Notification No. F-8/3201-13 Ministry of Human Resource Development, Govt. of India, dated 6th Feb 2002)

Phone : 044-22290742 / 22290125 Teletax : 044-22293886
Website : www.bharathuniv.ac.in

173, Agaram Road, Sobbor, Tambaram,
Chennai - 600 073, Tamil Nadu.



SREE BALAJI COLLEGE OF PHYSIOTHERAPY

04.09.2017

To

Mrs. M. Sindhuja.,

Asst. Professor in Physiotherapy

Madam,

With reference to your communication dated on 04.09.2017

Hereby we grant permission to conduct National level workshop on hands on workshop on manual therapy for spine from 09.10.2017 to 10.10.2017 for a period of 2 days



Dr.S.S.Subramanian., Ph.D

The Principal,

Sree Balaji College of Physiotherapy

18.09.2017

To

Dr. Ravi., B.P.T (APTA)

The Founder & Chief Physiotherapist of Pain & Stroke

Chennai

Sir,


Further continuation of our MOU, to enrich academic and research activities kindly coordinate the proposed approve workshop to benefit faculty and students of both our institutions. Further classification if any kindly communicate the coordinator Mrs. M. Sindhuja., Asst. Professor., email Id: sbcp2007@gmail.com

Enclosing details along with

1. Course outline, objective
2. Dates, Resource person

Thanking You




Dr.S.S.Subramanian., Ph.D

The Principal,

Sree Balaji College of Physiotherapy



Bharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Declared as Deemed-to-be University under section 3 of UGC Act, 1956)
(Vide Notification No. F.9-5200 - U.3, Ministry of Human Resource Development, Govt. of India, dated 4th July 2002)

Phone : 044-22290742 / 22290125 . Telefax : 044-22293886
Website : www.bharathuniv.ac.in



173, Agaram Road, Selaiyur, Tambaram,
Chennai - 600 073, Tamil Nadu.



SREE BALAJI COLLEGE OF PHYSIOTHERAPY

National Level Workshop on Hands on Workshop on Manual Therapy for Spine

Date: 09.10.2017 to 10.10.2017

Time: 09.00 A.M to 04.00 P.M

ORGANIZED BY

PAIN & STROKE & SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Objectives:

To improve hand on technique skill of students & therapist

To improve quality of life by manual therapy technique

Course Outline:

To evaluate, assess the patients for manual therapy

To educate technique of manual therapy, contra indication, precaution

To improve hands on skill for students & therapist by application of technique

To teach ergonomics, posture and core exercises

Resource Persons

Speaker	Dr. Ravi Ranganathan., B.P.T (APTA)	The Founder & Chief Physiotherapist of Pain & Stroke
---------	-------------------------------------	---

**Eligibility: III Year & IV Year B.P.T, Interns, M.P.T students, Clinical
Physiotherapists**

Fees: Free

For Registration Contact: 044 - 22461883, 044 - 22462179,

e - Mail: sbcp2007@gmail.com

ORGANIZING SECRETARY

Mrs. M. Sindhuja., Asst. Professor & T. Vinitha., Consultant Physiotherapist



Bharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Declared as Deemed-to-be University under section 3 of UGC Act, 1956)
(Vide Notification No. F.9-5200 - U.3, Ministry of Human Resource Development, Govt. of India, dated 4th July 2002)

Phone : 044-22290742 / 22290125 . Telefax : 044-22293886
Website : www.bharathuniv.ac.in



173, Agaram Road, Selaiyur, Tambaram,
Chennai - 600 073, Tamil Nadu.



SREE BALAJI COLLEGE OF PHYSIOTHERAPY

National Level Workshop on Hands on Workshop on Manual Therapy for Spine

Date: 09.10.2017 to 10.10.2017

Time: 09.00 A.M to 04.00 P.M

ORGANIZED BY

PAIN & STROKE & SREE BALAJI COLLEGE OF PHYSIOTHERAPY

AGENDA

National Level Workshop on Hands on Workshop on Manual Therapy for Spine - Day - 1	
Time	Events
09.00 - 09.30	Introduction to manual therapy
09.30 - 10.00	History of manual therapy
10.00 - 10.30	Different school manual therapy
10.30 - 11.00	Mulligan, Maitland & Katter bone etc
11.00 - 11.10	Tea Break
11.10 - 11.30	Eligibility criteria for manual therapy
11.30 - 12.00	Indication and contra indication
12.00 - 12.30	Evaluation of patients
12.30 - 1.00	Documentation
01.00 - 01.30	Lunch
01.30 - 02.00	Mulligan concept basics
02.00 - 02.30	Limitation of mulligan concept
02.30 - 03.00	Mulligan technique for cervical spine & Demonstration of technique Hands on training
03.00 - 04.00	Clinical reasoning



Bharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
 (Declared as Deemed-to-be University under section 3 of UGC Act, 1956)
 (Vide Notification No. F.9-5200 - U.3, Ministry of Human Resource Development, Govt. of India, dated 4th July 2002)

Phone : 044-22290742 / 22290125 . Telefax : 044-22293886
 Website : www.bharathuniv.ac.in



173, Agaram Road, Selaiyur, Tambaram,
 Chennai - 600 073, Tamil Nadu.



SREE BALAJI COLLEGE OF PHYSIOTHERAPY

National Level Workshop on Hands on Workshop on Manual Therapy for Spine

Date: 09.10.2017 to 10.10.2017

Time: 09.00 A.M to 04.00 P.M

ORGANIZED BY

PAIN & STROKE & SREE BALAJI COLLEGE OF PHYSIOTHERAPY

AGENDA

National Level Workshop on Hands on Workshop on Manual Therapy for Spine - Day - 2	
Time	Events
09.00 - 09.30	Mulligan technique for thoracic spine
09.30 - 10.00	Demonstration & hands on training
10.00 - 10.30	Mulligan technique for lumbar spine
10.30 - 11.00	Demonstration and hands on training
11.00 - 11.10	Tea break
11.10 - 11.30	Maitland technique basics and concepts
11.30 - 12.00	Maitland spine mobilization
12.00 - 12.30	Mobilization of cervical spine
12.30 - 1.00	Demonization and hands on training
01.00 - 01.30	Mobilization of thoracic spine
01.30 - 02.00	Lunch
02.00 - 04.00	Mobilization of lumbar region hand on training of thoracic lumbar
04.00	Evidence based training



Bharath

INSTITUTE OF HIGHER EDUCATION AND RESEARCH

Established as Department for the University under section 3 of UGC Act, 1956.
UPEE No. 19-5200-12-2009 of Higher Education Development, Govt. of India, dated 17.10.2010.
Phone: 044-22290742 / 22290125. Telefax: 044-22293886. 173, Agaram Road, Sankarar, Tambaram,
Website: www.bharathuisv.ac.in Chennai - 600 073, Tamil Nadu.



SREE BALAJI COLLEGE OF PHYSIOTHERAPY

ORGANIZED BY

PAIN & STROKE & SREE BALAJI COLLEGE OF PHYSIOTHERAPY

CERTIFICATE OF PARTICIPATION

This is to certify that Mr / Ms S. NIVETHA (Reg No V14PT009) of
III/IV year/ Interns/ B.P.T/M.P.T/ Clinical Physiotherapists has participated in the National Level Workshop on Hands on
Workshop on Manual Therapy for Spine on 09.10.2017 to 10.10.2017

Dr. Ravi Ranganathan,

Chief Physiotherapist of Pain & Stroke

Dr.S.S.Subramanian., Ph.D

Principal



Bharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Declared as Deemed-to-be University under section 3 of UGC Act, 1956)
(Vide Notification No. F.9-5200 - U.3, Ministry of Human Resource Development, Govt. of India, dated 4th July 2002)

Phone : 044-22290742 / 22290125 . Telefax : 044-22293886
Website : www.bharathuniv.ac.in



173, Agaram Road, Selaiyur, Tambaram,
Chennai - 600 073, Tamil Nadu.



SREE BALAJI COLLEGE OF PHYSIOTHERAPY

National Level Workshop on Hands on Workshop on Manual Therapy for Spine

ORGANIZED BY

PAIN & STROKE & SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Date: 09.10.2017 to 10.10.2017

Time: 09.00 A.M to 04.00 P.M

S.NO	CANDIDATE NAME
1	Binita Gurung
2	Ganesh Balaji. L
3	Gladis Sherin. R
4	Hema. S
5	Jeevitha. G
6	Madhan kumar. R
7	Mohammed Shabeer.N
8	Nivetha.S
9	P. Prasanth
10	Priyanka.M
11	Saranya Devi. M
12	Sathiya Priya. K

13	Shabana. S
14	Shadab Ahmed. V.M
15	Shalini.S
16	Suganthi.S
17	Sumithra.M
18	Thinakaran.C
19	Abinaya P
20	Akila V
21	Anu Priya K
22	Ashmika R
23	Atchaya G
24	Bhavana S
25	Bhuvaneshwari B
26	Boopathi S
27	Divya J
28	Gayathri M
29	Gayathri S
30	Hemalatha E
31	Ilakia S
32	Jagan B
33	Jeevitha K
34	Kalaiarasi K

35	Kalaivani E
36	Karthickeyan R
37	Kavitha N
38	Keerthika S
39	Kumutha R
40	Latha B
41	Madhumitha. M
42	Masthura Haseena. S
43	Noorunnisha S
44	Pavithra R
45	Priyanka K
46	Ramya S
47	Ramya E
48	Rekha G K
49	Sahithya T
50	Sanjana P
51	Shanthakumar S
52	Saranya R
53	Shamlindevanisha D
54	Simran Tandon
55	Soniya Mohan
56	Srimathi S

57	Sujitha S
58	Swathi R
59	Tamizhmani V S
60	Sai Bhargavi S
61	Titus J
62	Vani Shree U
63	Venippriya PN
64	Vijay Kumar S
65	Shalini L
66	Abinaya. B
67	Abdul Asif. K
68	Alwin Raj. A
69	Bharathi. M
70	Bhuvana. K
71	Deepthi Priya. K
72	Devi. B
73	Evarani. K
74	Gokul Raj. M
75	Gopi Krishnan .A
76	Hema. A
77	Joshna kousalya
78	Jyothi. K

79	Kaleeswari. R
80	Kamalee. K
81	Keerthana. K
82	Kirthika. B
83	Kotteswari. S.G
84	Loganayaki. S
85	Mega. R
86	Monika. M
87	Nasara Parveen .A
88	Nivethika. B
89	Parameswari.V
90	Pavithra. S
91	Prasanth. R
92	Raveena. P
93	Reshma. S
94	Reuben Joshua. J
95	Rohith kumar. R. D
96	Sagar. L
97	S. Samuel
98	Samuel Dhayalan. S
99	Sandiya. C
100	Sathish. U

101	Savitha Yogavarthini. T
102	Shobana .P
103	Soniya Sri. S
104	Subalakshmi. A
105	Suganthi. A
106	Tamilzharasi. A
107	Tharunkumar.V
108	Vignesh. P
109	Vijay Prakash. I
110	Vishnu Deepa. B

SRM College of Physiotherapy

S.NO	CANDIDATE NAME
1	D.Padma Sri
2	Valarmathy
3	R.Tharani
4	E.Narmatha
5	C.S.Aravinda
6	E.Punitha
7	P.Sangeetha
8	S.Balaji
9	X.Medlim Marisha

10	P.Pavishwarya
11	Hameeda
12	S.Thamarai Selvi
13	S.Ramkumar
14	S.Latha
15	D.Radika

Meenakshi College of Physiotherapy

S.NO	CANDIDATE NAME
1	Janet Merlin
2	Rachael Lourdez Sonia
3	Pradeep Kumar
4	Sebha Simson
5	N.Divya
6	Aruna Devi
7	G.Pradeepa
8	A. Mahashwetha
9	Harishkumar
10	Ananya Sarah Lawrence
11	B. Sumitha
12	S.Subashini

13	R .Bindhu oviya
14	G. Kaviya Varshini
15	L. Krithika
16	Ajith

ACS College of Physiotherapy

ACS COLLEGE OF PHYSIOTHERAPY

NO	NAME
1.	Ajeesh P
2.	D Dinesh
3.	T Neela Mohan
4.	V. Anirudh Srinivas
5.	P Rajadurai
6.	B Muthu Samy
7.	B Arun
8.	R Bhuvaneshwari
9.	M Suganya
10.	K Meenachi
11.	V Abhinaya
12	J Harsha Banu
13.	T Pooja Priya
14.	V Vijaya Lakshmi
15.	S Chandra Lekha
16.	K Bindhuja
17	R Logeshwari

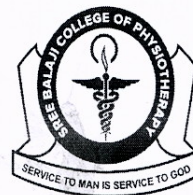
18.	R Anish Fathima
19.	V S Gayathri Devi
20.	V B Udhaya Priya



Bharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH

Phone : 044-22290742 / 22290125 Teletax : 044-22293886
Website : www.bharathuniv.ac.in

173, Agaram Road, Selayur, Tambaram
Chennai - 600 073, Tamil Nadu



SREE BALAJI COLLEGE OF PHYSIOTHERAPY

National Level Workshop on Hands on Workshop on Manual Therapy for Spine

ORGANIZED BY

PAIN & STROKE & SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Date: 09.10.2017 to 10.10.2017

Time: 09.00 A.M to 04.00 P.M

REGISTRATION FORM

Name: NIJETHA.S D.O.B:

IAP/Reg No:

Batch: 20

Contact No:

E-Mail:

Address:

Kindly Mention The Course Completed/ Presently Studying/ Working Institution

Course	College	University	Year of Completion Month & Year	Designation
✓ UG	SREE BALAJI COLLEGE OF PHYSIOTHERAPY	BITNER	III BPT STUDENT	
PG				
Clinical Therapist				



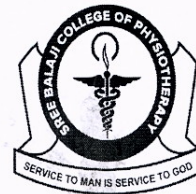
Bharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Declared as Deemed-to-be University under section 3 of UGC Act, 1956)

(Vno Registration No. F.5-52/2005 - U.S. Ministry of Human Resource Development, Govt. of India, dated 4th July 2005)

Phone : 044-22290742 / 22290125 Telephone : 044-22293888
Website : www.bharathuniv.ac.in

173, Agaram Road, Selvaivur, Tambaram,
Chennai - 600 073, Tamil Nadu



SREE BALAJI COLLEGE OF PHYSIOTHERAPY

National Level Workshop on Hands on Workshop on Manual Therapy for Spine

ORGANIZED BY

PAIN & STROKE & SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Date: 09.10.2017 to 10.10.2017

Time: 09.00 A.M to 04.00 P.M

FEEDBACK FORM

1. Adherence with due time: Good / Punctual / Can Be Improved
2. Audiovisual - Adequate / Needs To Improve
3. Depth of session - Good / Bad / Not Enough
4. How much relevant to future - Practice Useful / Not Sure
5. Further suggestions - Its Very Longer Sessions/ More Such Events to be Conducted / No Comments
6. Way of presentation Good/ Bad/ Can be Improved
7. Preparation for the event can be informed before / more arrangement / can be done / appreciable



Bharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Declared as Opened for the University under section 3 of UGC Act, 1956)

(New Notification No. F.9-42002 - U.S. Ministry of Human Resource Development, Govt. of India, dated 4th July 2002)

Phone : 044-22290742 / 22290125 Telefax : 044-22290888
Website : www.bharathuniv.ac.in

173 Agaram Road, Selayur, Tambaram
Chennai - 600 073, Tamil Nadu



SREE BALAJI COLLEGE OF PHYSIOTHERAPY

National Level Workshop on Hands on Workshop on Manual Therapy for Spine

ORGANIZED BY

PAIN & STROKE & SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Date: 09.10.2017 to 10.10.2017

Time: 09.00 A.M to 04.00 P.M

FEEDBACK FORM

1. Adherence with due time: Good / Punctual / Can Be Improved
2. Audiovisual - Adequate / Needs To Improve
3. Depth of session - Good / Bad / Not Enough
4. How much relevant to future - Practice Useful / Not Sure
5. Further suggestions - Its Very Longer Sessions/ More Such Events to be Conducted / No Comments
6. Way of presentation Good/ Bad/ Can be Improved
7. Preparation for the event can be informed before / more arrangement / can be done / appreciable



Bharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Declared as Deemed-to-be University under section 3 of UGC Act, 1956)
(Vide Notification No. F3-52000 - U-3, Ministry of Human Resource Development, Govt. of India, dated 4th July 2002)

Phone : 044-22290742 / 22290125 . Telefax : 044-22293886
Website : www.bharathuniv.ac.in

173, Agaram Road, Selaiyur, Tambaram,
Chennai - 600 073, Tamil Nadu.



SREE BALAJI COLLEGE OF PHYSIOTHERAPY

National Level Workshop on Hands on Workshop on Manual Therapy for Spine

ORGANIZED BY

PAIN & STROKE & SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Date: 09.10.2017 to 10.10.2017

Time: 09.00 A.M to 04.00 P.M



