



**Bharath**  
INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
A  
NAAC  
ACCREDITED



## SREE BALAJI COLLEGE OF PHYSIOTHERAPY

14.01.2016

From

Mrs.S. J. Kanimozhiselvi ,  
Tutor in Physiotherapy  
Sree Balaji College of Physiotherapy,  
Chennai

To

Dr.S.S.Subramanian., Ph.D  
The Dean,  
Sree Balaji College of Physiotherapy,  
Chennai.

Sir,

Sub: (Permission to conduct Workshop on Vestibular Rehabilitation Organized by our college and Aaro Green Physiotherapy & Fitness Solution- Reg)

Kindly consider in permitting the Workshop on Vestibular Rehabilitation by eminent expert Mrs. D. Jananie, on 18.02.2016 & 19.02.2016 for 2 days in line with our MOU with Aaro Green Physiotherapy & Fitness Solution.

Our students shall benefit this recent trends related to physiotherapy.

Thanking You.



*Kanimozhiselvi*  
Yours faithfully



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# SREE BALAJI COLLEGE OF PHYSIOTHERAPY

14.01.2016

To

Mrs.S. J. Kanimozhiselvi,  
Tutor in Physiotherapy

Madam,

With reference to your communication dated on 14.01.2016

Hereby we grant permission to conduct Workshop on Vestibular Rehabilitation  
on 18.02.2016 & 19.02.2016 for 2 days.

Dr.S.S.Subramanian., Ph.D

The Principal,

Sree Balaji College of Physiotherapy

Dr.S.S.SUBRAMANIAN, M.P.T (Orthopaedics),  
M.S (Education), M. Phil (Education), Ph.D (Physiotherapy)

The Principal,  
Sree Balaji College of Physiotherapy  
Velachery Main Road, Pallikaranai, Chennai







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# SREE BALAJI COLLEGE OF PHYSIOTHERAPY

## Two Days Workshop on Vestibular Rehabilitation

Date: 18.02.2016 & 19.02.2016 Time: 09.00 A.M to 04.00 P.M

### ORGANIZED BY

**AARO GREEN PHYSIOTHERAPY & FITNESS SOLUTION &**

**SREE BALAJI COLLEGE OF PHYSIOTHERAPY**

### Objectives:

To give a clear insight on Vestibular Rehabilitation in the field of physiotherapy.

### Course Outline:

To educate the principles - Vertigo - Types - Evaluation - Rehabilitation

### Resource Person

Speaker	Mrs. D. Jananie., Founder & Director, Aaro Green Physiotherapy & Fitness Solution	Vestibular Rehabilitation
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**Eligibility: II Year, III Year & IV Year B.P.T, Interns, M.P.T students, Clinical Physiotherapists**

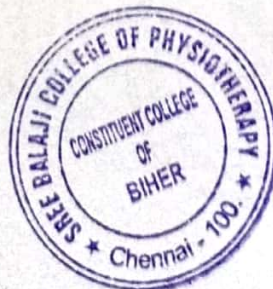
Fees: Free

For Registration Contact: 044 - 22461883, 044 - 22462179,

e - Mail: [sbcp2007@gmail.com](mailto:sbcp2007@gmail.com)

### ORGANIZING SECRETARY

Mrs. S. J. Kanimozhiselvi, Asst. Professor





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**INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

Approved by Council for Higher Education, Government of Tamil Nadu  
 Accredited by NAAC, Grade 'A' (2015)  
 Phone: 044-2270742 / 2290125 Fax: 044-22703880  
 Website: www.bharath.ac.in



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**AGENDA**

**DAY - I**

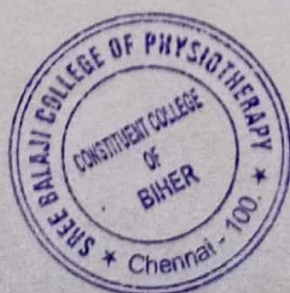
Time	Events
09.00 - 10.00	Vestibular Rehabilitation- Introduction
10.00 - 10.45	Vestibular Apparatus- How is it significant?
10.45 - 11.00	Tea Break
11.00 - 12.00	Vestibular Evaluation
12.00 - 01.00	Central & Peripheral Vertigo
01.00 - 01.30	Lunch Break
01.30 - 02.00	Benign Paroxysmal Positional Vertigo
02.00 - 02.45	Dix Hallpike's Test, Brandt- Daroff Exercise, Epley's Maneuver
02.45 - 03.00	Tea Break
03.00 - 04.00	Hands on Training on Testing



## AGENDA

### DAY - II

Time	Events
09.00 - 09.30	Corrective Exercises for Vestibular Rehabilitation- Demonstration
09.30 - 10.00	Compensatory Exercises for Vestibular Rehabilitation- Demonstration
10.00 - 10.45	Self exercise for Vestibular Rehabilitation- Demonstration
10.45 - 11.30	Balance Exercises- Demonstration
11.30 - 11.45	Tea Break
11.45 - 12.30	Gaze Stabilization Exercise- Demonstration
12.30 - 01.00	Gait Training- Demonstration
01.00 - 01.30	Lunch Break
01.30 - 02.00	Outcome Measures and its Application
02.00 - 02.30	Hands on Training on Vestibular Rehabilitation
02.30 - 03.00	Hands on Training on Vestibular Rehabilitation
03.00 - 03.15	Tea Break
03.15 - 04.00	Evidence based practice- Vestibular Rehabilitation





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Division of Distance Education and Research



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SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Name: \_\_\_\_\_ D.O.B: \_\_\_\_\_ IAP/ Reg No: \_\_\_\_\_ Batch: \_\_\_\_\_  
 Contact No: \_\_\_\_\_ E-Mail: \_\_\_\_\_ Address: \_\_\_\_\_

Kindly Mention The Course Completed/ Presently Studying/ Working Institution

Course	College	University	Year of Completion Month & Year	Designation
UG				
PG				
Clinical Therapist				





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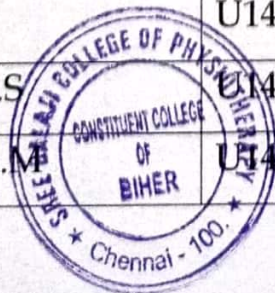


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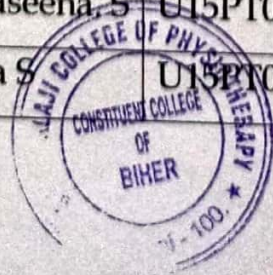
## Workshop on Vestibular Rehabilitation

Date: 18.02.2016& 19.02.2016

S.NO	NAME	REG. NUMBER	NAME OF THE INSTITUTION
1.	Binita Gurung	U14PT002	
2.	Ganesh Balaji. L	U14PT003	
3.	Gladis Sherin. R	U14PT004	
4.	Hema. S	U14PT005	
5.	Jeevitha. G	U14PT006	
6.	Madhan kumar. R	U14PT007	
7.	Mohammed Shabeer.N	U14PT008	
8.	Nivetha.S	U14PT009	
9.	P. Prasanth	U14PT010	
10.	Priyanka.M	U14PT011	
11.	Saranya Devi. M	U14PT012	
12.	Sathiya Priya. K	U14PT013	
13.	Shabana. S	U14PT014	
14.	Shadab Ahmed. V.M	U14PT015	
15.	Shalini.S	U14PT016	
16.	Suganthi.S	U14PT017	
17.	Sumithra.M	U14PT018	



18.	Thinakaran.C	U14PT020	
19.	Abinaya P	U15PT001	
20.	Akila V	U15PT002	
21.	Anu Priya K	U15PT003	
22.	Ashmika R	U15PT005	
23.	Atchaya G	U15PT006	
24.	Bhavana S	U15PT007	
25.	Bhuvaneshwari B	U15PT008	
26.	Boopathi S	U15PT009	
27.	Divya J	U15PT010	
28.	Gayathri M	U15PT011	
29.	Gayathri S	U15PT012	
30.	Hemalatha E	U15PT013	
31.	Ilakia S	U15PT014	
32.	Jagan B	U15PT015	
33.	Jeevitha K	U15PT016	
34.	Kalaiarasi K	U15PT017	
35.	Kalaivani E	U15PT018	
36.	Karthickeyan R	U15PT019	
37.	Kavitha N	U15PT020	
38.	Keerthika S	U15PT021	
39.	Kumutha R	U15PT022	
40.	Latha B	U15PT023	
41.	Madhumitha. M	U15PT024	
42.	Masthura Haseena S	U15PT025	
43.	Noorunnisha S	U15PT026	



44.	Pavithra R	U15PT027	
45.	Priyanka K	U15PT029	
46.	Ramya S	U15PT030	
47.	Ramya E	U15PT031	
48.	Rekha G K	U15PT032	
49.	Sahithya T	U15PT034	
50.	Sanjana P	U15PT035	
51.	Shanthakumar S	U15PT036	
52.	Saranya R	U15PT037	
53.	Shamlindevanisha D	U15PT038	
54.	Simran Tandon	U15PT039	
55.	Soniya Mohan	U15PT040	
56.	Srimathi S	U15PT041	
57.	Sujitha S	U15PT043	
58.	Swathi R	U15PT044	
59.	Tamizhmani V S	U15PT045	
60.	Sai Bhargavi S	U15PT046	
61.	Titus J	U15PT047	
62.	Vani Shree U	U15PT048	
63.	Venippriya PN	U15PT049	
64.	Vijay Kumar S	U15PT050	
65.	Shalini L	U15PT051	





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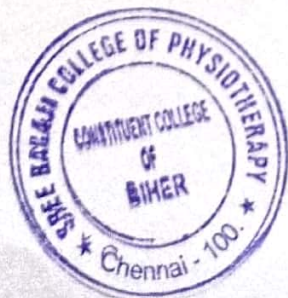
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SREE BALAJI COLLEGE OF PHYSIOTHERAPY

### FEEDBACK FORM Workshop

Criteria	Strongly Agree (3)	Agree (2)	Disagree (1)
Workshop was relevant to my needs	✓		
Length of Workshop was sufficient	✓		
Content was well organized	✓		
Questions were engaged	✓		
Instructions were clear and understandable	✓		
Workshop met my expectations	✓		
The presentations were effective	✓		





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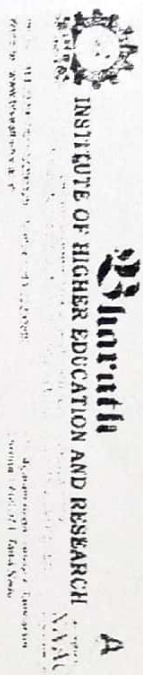
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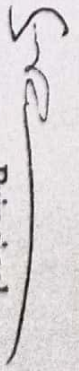
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SREE BALAJI COLLEGE OF PHYSIOTHERAPY

## CERTIFICATE OF PARTICIPATION

This is to certify that Mr / Ms NIVETHA . S U14PT009 (Reg No ) of II/III/IV year / Interns B.P.T/M.P.T / Clinical Physiotherapists has participated in Workshop on Vestibular Rehabilitation on 18.02.2016 & 19.02.2016

Mrs. D. Jananie, Founder & Director, Dr.S.S.Subramanian, Ph.D  
Aaro Green Physiotherapy & Fitness Solution

  
Principal



**DR.S.S.SUBRAMANIAN, M.P.T (Orthopaedic)**  
M.S (Education), M. Phil (Education), Ph.D (Physiotherapy)  
The Principal,  
Sree Balaji College of Physiotherapy  
Velachery Main Road, Pallikarantal, Chennai.



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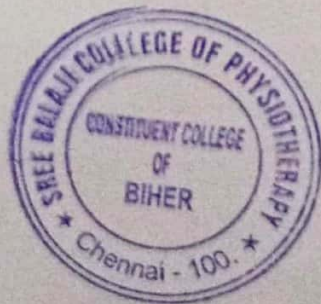
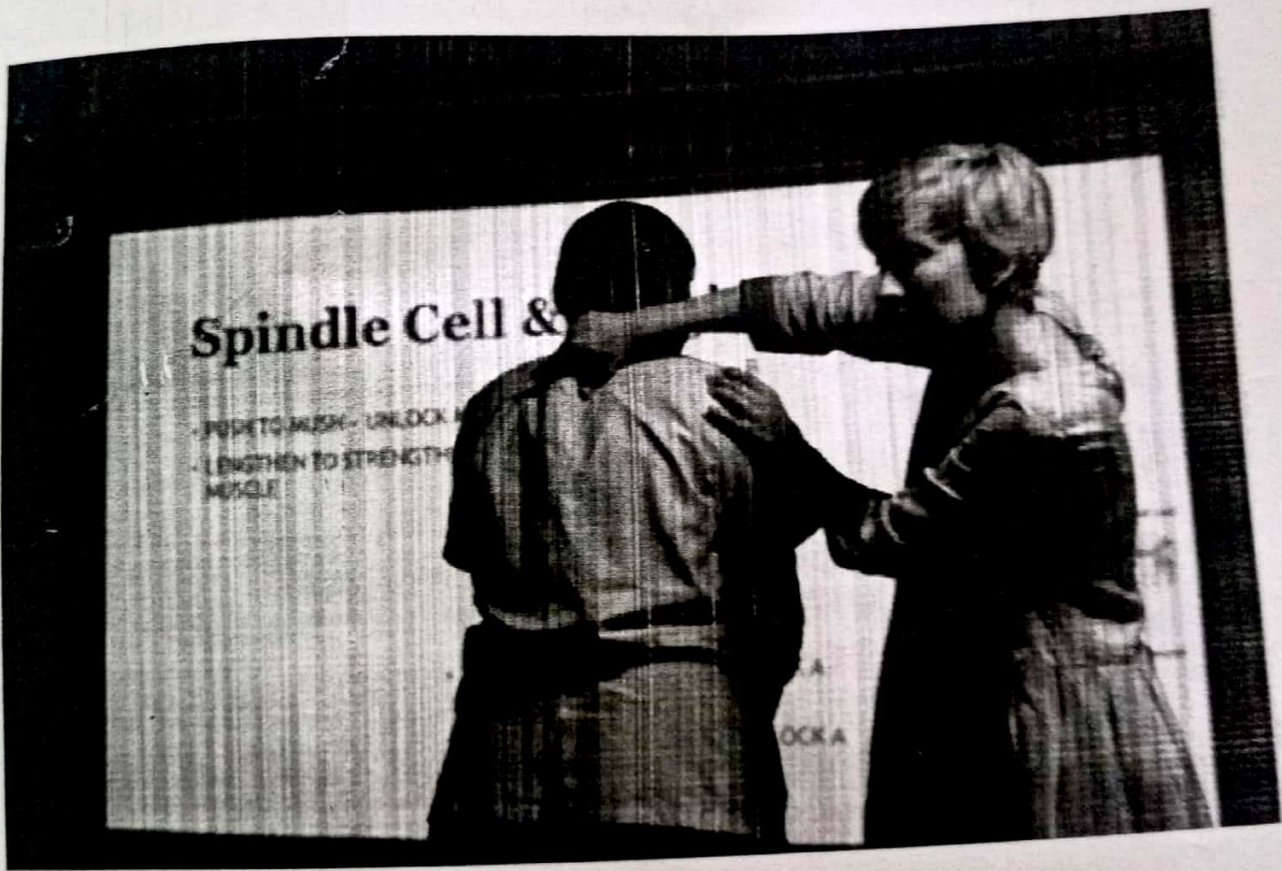
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 Website: www.bharathuniv.ac.in

177, Appalar Street, Sakinaka, Tambaram  
 Chennai - 600 071, Tamil Nadu



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## Workshop on Vestibular Rehabilitation



**Dr. S. S. SUBRAMANIAN**, M.P.T (Orthopedics),  
 M.S (Education), M. Phil (Education), Ph.D (Physiotherapy)  
 The Principal,  
 Sree Balaji College of Physiotherapy  
 Velachery Main Road, Pallikaranai, Chennai