



Sharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH

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SREE BALAJI COLLEGE OF PHYSIOTHERAPY

01.10.2015

From

Mrs. M. Sindhuja.,

Tutor in Physiotherapy

Sree Balaji College of Physiotherapy,

Chennai.

To

Dr.S.S.Subramanian., Ph.D

The Dean,

Sree Balaji College of Physiotherapy,

Chennai.

Sir,

Sub: (Permission to conduct Workshop on Management of Low back Pain Organized
by our college and Sri Ganapathi Sachidananda Trust - Reg)

Kindly consider in permitting the Workshop on Management of Low
back Pain by eminent expert Dr. A. Siva Subramanian., M.D, on 03.11.2015
&04.11.2015 for 2 days in line with our MOU with Sri Ganapathi Sachidananda Trust.

Our students shall benefit this recent trends related to physiotherapy.

Thanking You.



M. Sindhuja
Yours faithfully

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SREE BALAJI COLLEGE OF PHYSIOTHERAPY

01.10.2015

To

Mrs. M. Sindhuja.,

Tutor in Physiotherapy

Madam,

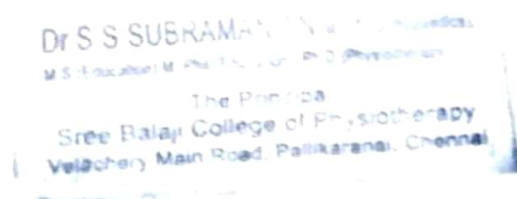
With reference to your communication dated on 01.10.2015.

Hereby we grant permission to conduct Workshop on Management of Low back Pain on 03.11.2015 & 04.11.2015 for 2 days

Dr.S.S.Subramanian., Ph.D

The Principal,

Sree Balaji College of Physiotherapy



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SREE BALAJI COLLEGE OF PHYSIOTHERAPY

18.10.2015

To

Dr. A. Siva Subramanian., M.D

Chief Medical Officer

Sri Ganapathi Sachidananda Trust Chennai

Sir,

Further continuation of our MOU, to enrich academic and research activities kindly coordinate the proposed approve Workshop to benefit faculty and students of both our institutions. Further classification if any kindly communicate the coordinator Mrs. M. Sindhuja., Asst. Professor., email Id: sbcp2007@gmail.com

Enclosing details along with

1. Course outline, objective
2. Dates, Resource person



Thanking You

Dr.S.S.Subramanian., Ph.D

The Principal,

Dr.S.S.SUBRAMANIAN M.P.T. (Orthopaedics),
M.S.(Education) M. Phil.(Education) Ph.D. Physiotherapy

Sree Balaji College of Physiotherapy

Sree Balaji College of Physiotherapy
Velachery Main Road, Palakkalana, Chennai

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INSTITUTE OF HIGHER EDUCATION AND RESEARCH



SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Two Days Workshop on Management of Low back pain

Date: 03.11.2015 & 04.11.2015 Time: 09.00 A.M to 04.00 P.M

ORGANIZED BY

**SRI GANAPATHI SACHIDANANDA TRUST & SREE BALAJI COLLEGE OF
PHYSIOTHERAPY**

Objectives:

To acquire knowledge on Management of Low back pain & its application in patients

Course Outline:

To educate the in depth knowledge on Low back pain and how to apply it in patients and Hands on training on it.

Resource Person

Speaker	Dr. A. Siva Subramanian., M.D Chief Medical Officer	Management of Low back pain
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Eligibility: I/II/III Year & IV Year B.P.T, Interns, M.P.T students, Clinical Physiotherapists

Fees: Free

For Registration Contact: 044 - 22461883, 044 - 22462179,

e - Mail: sbcp2007@gmail.com

ORGANIZING SECRETARY

Mr. M. Sindhuja, Asst. Professor



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SREE BALAJI COLLEGE OF PHYSIOTHERAPY

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PHYSIOTHERAPY

AGENDA

DAY - I

Time	Events
09:00 - 09:45	Low back Pain-The Common Condition
09:45 - 10:30	Anatomy
10:30 - 11:00	Etiology & Classification
11:00 - 11:15	Tea Break
11:15 - 12:00	Incidence & Prevalence
12:00 - 12:30	Clinical Presentation
12:30 - 01:00	Assessment of Low back Pain
01:00 - 01:30	Lunch Break
01:30 - 02:15	Investigation, Evaluation & Special tests
2:15 - 03:00	Hands on Special Tests
3:00 - 03:15	Tea Break
3:15 - 04:00	Hands on application of Outcome Measures on Patients



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AGENDA

DAY - II

Time	Events
09.00 - 09.45	Rationale & Aim Of Management
09.45 - 10.30	Medical & Surgical Management
10.30 - 11.00	Physiotherapy Management- An Overview
11.00 - 11.15	Tea Break
11.15 - 12.00	Hands On Mc Kenzie Exercises for Low Back Pain
12.00 - 12.30	Hands on Tapping Technique for Low Back Pain
12.30 - 01.00	Ergonomics
01.00 - 01.30	Lunch Break
01.30 - 02.15	Hands On Manual Therapy Techniques for Low Back Pain
02.15 - 03.00	Hands on Trigger Release Technique for Low Back Pain
03.00 - 03.15	Tea Break
03.15 - 04.00	Evidences for Physiotherapy Management in Low Back Pain



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SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Workshop on Interaction Between Mind and Body

Date: 03.11.2015 & 04.11.2015 Time: 09.00 A.M to 04.00 P.M

ORGANIZED BY

SRI GANAPATHI SACHIDANANDA TRUST & SREE BALAJI COLLEGE OF PHYSIOTHERAPY

REGISTRATION FORM

Name:

D.O.B:

IAP / Reg No:

Batch:

Contact No:

E-Mail:

Address:

Kindly Mention The Course Completed/ Presently Studying/ Working Institution

Course	College	University	Year of Completion Month & Year	Designation
UG				
PG				
Clinical Therapist				



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SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Management of Low back pain- Participant List

Date: 03.11.2015 & 04.11.2015

S.NO	NAME	REG. NUMBER	NAME OF THE INSTITUTION
1.	Binita Gurung	U14PT002	
2.	Ganesh Balaji. L	U14PT003	
3.	Gladis Sherin. R	U14PT004	
4.	Hema. S	U14PT005	
5.	Jeevitha. G	U14PT006	
6.	Madhan kumar. R	U14PT007	
7.	Mohammed Shabeer.N	U14PT008	
8.	Nivetha.S	U14PT009	
9.	P. Prasanth	U14PT010	
10.	Priyanka.M	U14PT011	
11.	Saranya Devi. M	U14PT012	
12.	Sathiya Priya. K	U14PT013	
13.	Shabana. S	U14PT014	
14.	Shadab Ahmed. V.M	U14PT015	
15.	Shalini.S	U14PT016	
16.	Suganthi.S	U14PT017	
17.	Sumithra.M	U14PT018	



18.	Thinakaran.C	U14PT020
19.	Abinaya P	U15PT001
20.	Akila V	U15PT002
21.	Anu Priya K	U15PT003
22.	Ashmika R	U15PT005
23.	Atchaya G	U15PT006
24.	Bhavana S	U15PT007
25.	Bhuvaneshwari B	U15PT008
26.	Boopathi S	U15PT009
27.	Divya J	U15PT010
28.	Gayathri M	U15PT011
29.	Gayathri S	U15PT012
30.	Hemalatha E	U15PT013
31.	Ilakia S	U15PT014
32.	Jagan B	U15PT015
33.	Jeevitha K	U15PT016
34.	Kalaiarasi K	U15PT017
35.	Kalaivani E	U15PT018
36.	Karthickeyan R	U15PT019
37.	Kavitha N	U15PT020
38.	Keerthika S	U15PT021
39.	Kumutha R	U15PT022
40.	Latha B	U15PT023
41.	Madhumitha. M	U15PT024
42.	Masthura Haseena. S	U15PT025
43.	Noorunnisha S	U15PT026

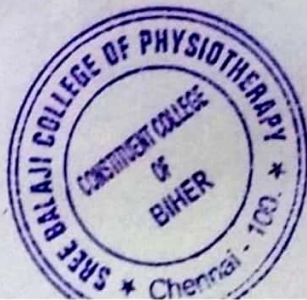


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44.	Pavithra R	U15PT027	
45.	Priyanka K	U15PT029	
46.	Ramya S	U15PT030	
47.	Ramya E	U15PT031	
48.	Rekha G K	U15PT032	
49.	Sahithya T	U15PT034	
50.	Sanjana P	U15PT035	
51.	Shanthakumar S	U15PT036	
52.	Saranya R	U15PT037	
53.	Shamlindevanisha D	U15PT038	
54.	Simran Tandon	U15PT039	
55.	Soniya Mohan	U15PT040	
56.	Srimathi S	U15PT041	
57.	Sujitha S	U15PT043	
58.	Swathi R	U15PT044	
59.	Tamizhmani V S	U15PT045	
60.	Sai Bhargavi S	U15PT046	
61.	Titus J	U15PT047	
62.	Vani Shree U	U15PT048	
63.	Venippriya PN	U15PT049	
64.	Vijay Kumar S	U15PT050	
65.	Shalini L	U15PT051	



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SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Two Days Workshop on Management of Low back Pain

Date: 03.11.2015 & 04.11.2015 Time: 09.00 A.M to 04.00 P.M

ORGANIZED BY

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PHYSIOTHERAPY

FEEDBACK FORM Workshop

Criteria	Strongly Agree (3)	Agree (2)	Disagree (1)
Workshop was relevant to my needs	✓		
Length of Workshop was sufficient	✓		
Content was well organized	✓		
Questions were engaged	✓		
Instructions were clear and understandable		✓	
Workshop met my expectations		✓	
The presentations were effective	✓		





SREE BALAJI COLLEGE OF PHYSIOTHERAPY

DATE: 03.11.2015 to 04.11.2015

FEEDBACK FORM

TIME: 9AM - 11PM

Criteria	Strongly Agree (3)	Agree (2)	Disagree (1)
Workshop was relevant to my needs	✓		
Length of Workshop was sufficient	✓		
Content was well organized	✓		
Questions were engaged	✓		
Instructions were clear and understandable		✓	
Workshop met my expectations		✓	
The presentations were effective	✓		





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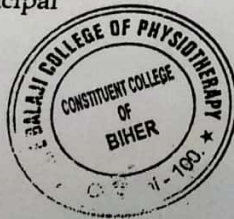
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CERTIFICATE OF PARTICIPATION

This is to certify that Mr / Ms SUMITHRA. M UI4PT018 (Reg No) of I/II/III/IV year/ Interns B.P.T/M.P.T/ Clinical Physiotherapists has participated in the Management of Low back pain on 03.11.2015 & 04.11.2015.

Dr. A. Siva Subramanian., M.D, Chief Medical Office, Dr.S.S.Subramanian., Ph.D
Sri Ganapathi Sachidananda Trust Principal



Dr.S.S.SUBRAMANIAN, M.P.T (Orthopaedics),
M.S (Education), M. Phil (Education), Ph.D (Physiotherapy)
The Principal,
Sree Balaji College of Physiotherapy
Velachery Main Road, Pallikaranal, Chennai

SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Workshop on Management of Low Back pain



Dr. S. S. SUBRAMANIAN, M.P.T (Orthopaedics),
M.S (Education), Ph.D (Education), Ph.D (Physiotherapy)
The Principal,
Sree Balaji College of Physiotherapy
Velachery Main Road, Pallikarai, Chennai

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