



**Bharath**  
INSTITUTE OF HIGHER EDUCATION AND RESEARCH

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# SREE BALAJI COLLEGE OF PHYSIOTHERAPY

07.08.2015

From

Mrs.S. J. Kanimozhiselvi ,

Tutor in Physiotherapy

Sree Balaji College of Physiotherapy,

Chennai

To

Dr.S.S.Subramanian., Ph.D

The Dean,

Sree Balaji College of Physiotherapy,

Chennai

Sir,

Sub: (Permission to conduct Workshop on Facilitation & Inhibition Techniques in Neuro Physiotherapy Organized by our college and Pain & Stroke Rehabilitation Centre- Reg)

Kindly consider in permitting the Workshop on Facilitation & Inhibition Techniques in Neuro Physiotherapy by eminent expert Dr. Ravi., B.P.T (APTA), on 08.09.2015 & 09.09.2015 for 2 days in line with our MOU with Pain & Stroke Rehabilitation Centre.

Our students shall benefit this recent trends related to physiotherapy.

Thanking You.





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# SREE BALAJI COLLEGE OF PHYSIOTHERAPY

To

07.08.2015

Mrs.S. J. Kanimozhiselvi,  
Tutor in Physiotherapy  
Madam,

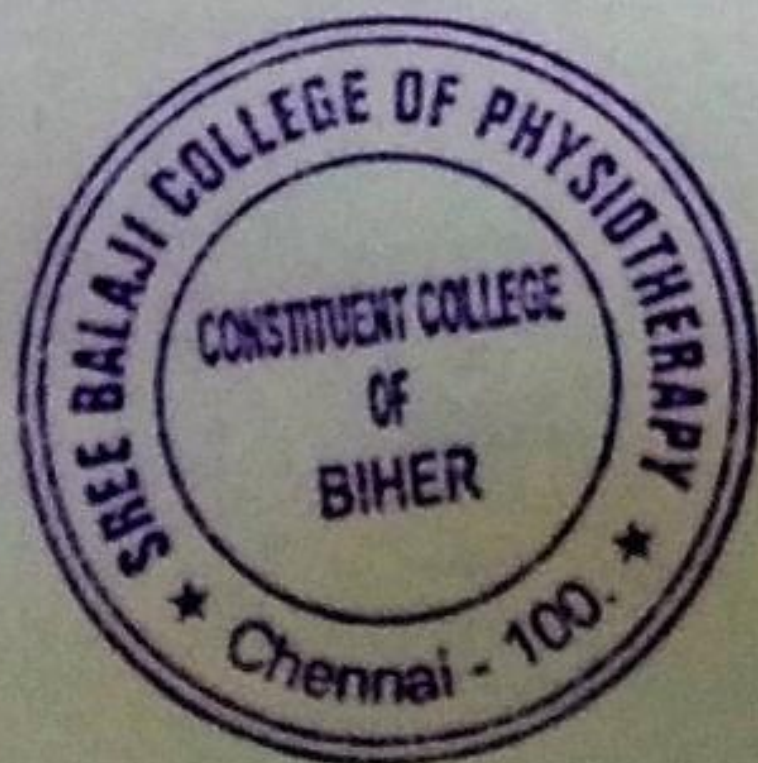
With reference to your communication dated on 07.08.2015

Hereby we grant permission to conduct Two Days Workshop on Facilitation & Inhibition Techniques in Neuro Physiotherapy on 08.09.2015 & 09.09.2015 for 2 days.

Dr.S.S.Subramanian., Ph.D

The Principal,

Sree Balaji College of Physiotherapy



Dr.S.S.SUBRAMANIAN, M.P.T (Orthopaedics),  
M.S (Education), M. Phil (Education), Ph.D (Physiotherapy)

The Principal,  
Sree Balaji College of Physiotherapy  
Velachery Main Road, Pallikaranai, Chennai



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Approved by the Council for Higher Education, Government of Tamil Nadu, Chennai. U.S. Study of Higher Education Development Unit of the Ministry of Education, Government of India. 17/3, Agastya Road, Selayar Tambaram, Chennai - 600 173, Tamil Nadu.



# SREE BALAJI COLLEGE OF PHYSIOTHERAPY

To  
 Dr. Ravi., B.P.T (APTA)  
 The Founder & Chief Physiotherapist of Pain & Stroke  
 Sir,

21.08.2015

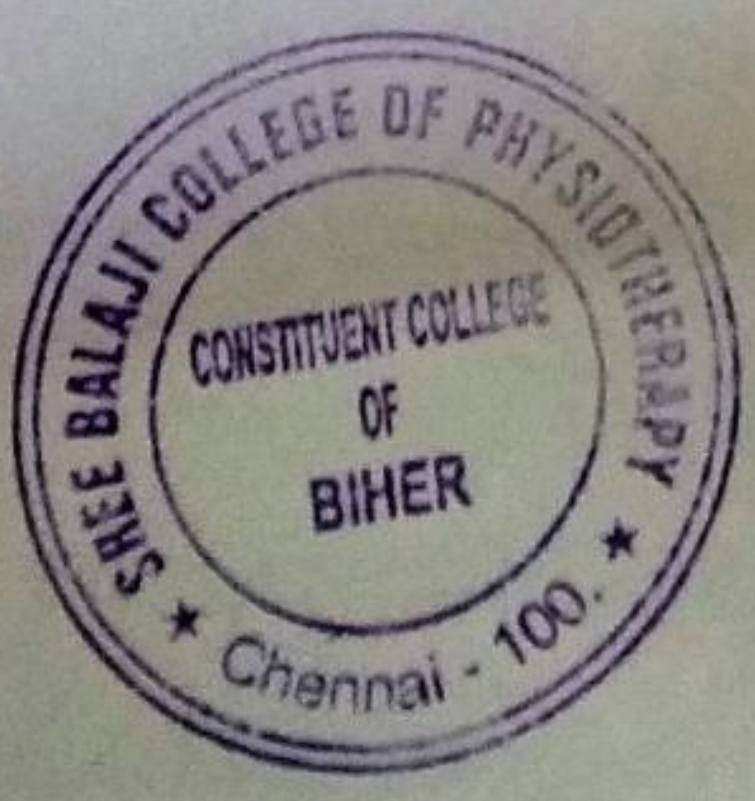
Further continuation of our MOU, to enrich academic and research activities kindly coordinate the proposed approve Workshop to benefit faculty and students of both our institutions. Further classification if any kindly communicate the coordinator Mrs. S. J. Kanimozhiselvi, Tutor in Physiotherapy, email Id: [sbcp2007@gmail.com](mailto:sbcp2007@gmail.com)

Enclosing details along with

1. Course outline, objective
2. Dates, Resource person

Thanking You

Dr.S.S.Subramanian., Ph.D



**The Principal,**  
**Dr.S.S.SUBRAMANIAN, M.P.T (Orthopedics)**  
**Sree Balaji College of Physiotherapy**  
 The Principal,  
 Sree Balaji College of Physiotherapy  
 Velachery Main Road, Pallikaranai, Chennai



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# SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Two Days Workshop on Facilitation & Inhibition Techniques in Neuro  
Physiotherapy

Date: 08.09.2015 & 09.09.2015 Time: 09.00 A.M to 04.00 P.M

ORGANIZED BY

PAIN & STROKE REHABILITATION CENTRE & SREE BALAJI COLLEGE OF  
PHYSIOTHERAPY

**Objectives:**

To know a thorough knowledge on Facilitation & Inhibition Techniques in Neuro  
Physiotherapy.

**Course Outline:**

To educate Facilitation & Inhibition Techniques- Application- Neurological  
Condition Specific- Dangers & Precautions

**Resource Person**

Speaker	Dr. Ravi., B.P.T (APTA), The Founder & Chief Physiotherapist of Pain & Stroke	Workshop on Facilitation & Inhibition Techniques in Neuro Physiotherapy
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**Eligibility:** III Year & IV Year B.P.T, Interns, M.P.T students, Clinical  
Physiotherapists

Fees: Free

For Registration Contact: 044 - 22461883, 044 - 22462179,

e-Mail: [cp2007@gmail.com](mailto:cp2007@gmail.com)

ORGANIZING SECRETARY

Mrs. S. J. Kannaniselvi, Asst. Professor





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22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100



# SREE BALAJI COLLEGE OF PHYSIOTHERAPY

**Two Days Workshop on Facilitation & Inhibition Techniques in Neuro Physiotherapy**

Date: 08.09.2015 & 09.09.2015 Time: 09.00 A.M to 04.00 P.M

ORGANIZED BY

**PAIN & STROKE REHABILITATION CENTRE & SREE BALAJI COLLEGE OF PHYSIOTHERAPY**

AGENDA

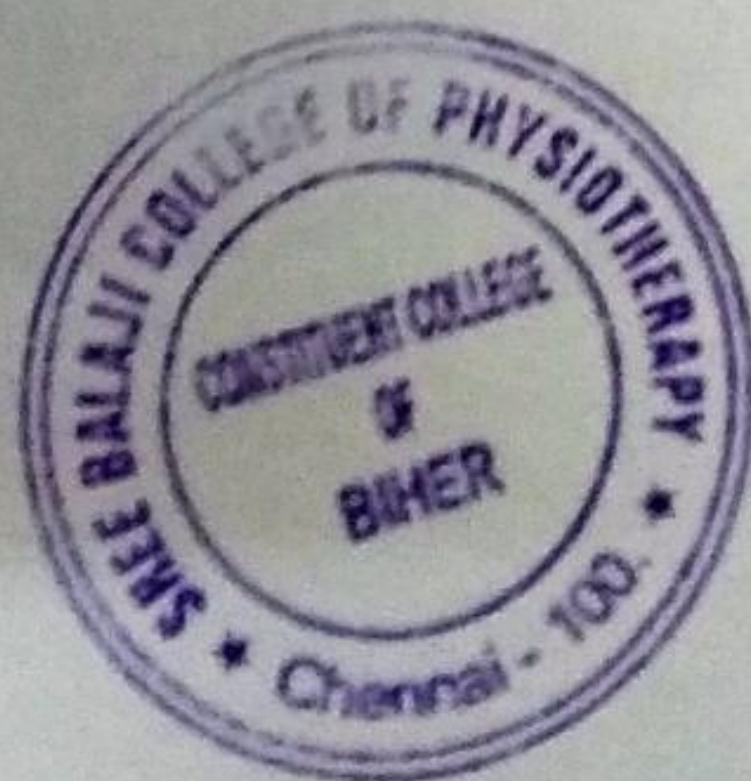
DAY - I

Time	Events
09.00 - 09.30	Introduction to Facilitatory & Inhibitory techniques
09.30 - 10.30	Where and When to use?
10.30 - 11.00	Theories Behind, Muscle Tone & Assessment
11.00 - 11.10	Tea Break
11.10 - 11.30	Neurological Conditions -Facilitatory & Inhibitory techniques
11.30 - 12.00	Manual Facilitatory techniques
12.00 - 12.30	Facilitation & Inhibition -PNF techniques
12.30 - 01.00	Facilitation & Inhibition-Sensory Integration
01.00 - 01.30	Lunch Break
01.30 - 02.00	Facilitation & Inhibition- Brunnstorm Therapy
02.00 - 02.30	Facilitation & Inhibition- Roods Approach
02.30 - 03.00	Facilitation & Inhibition- Neuro Developmental Therapy
03.00 - 03.15	Tea Break
03.15 - 04.00	Contra Indications & Precaution

## AGENDA

### DAY - II

Time	Events
09.00 - 09.30	Decision Making
09.30 - 10.30	Application of Facilitation & Inhibition techniques in Various Neurological Conditions
10.30 - 11.00	Facilitation & Inhibition techniques in Stroke- Upper Limb
11.00 - 11.10	Tea Break
11.10 - 11.30	Facilitation & Inhibition techniques in Stroke- Upper Limb
11.30 - 12.00	Hands on Training
12.00 - 12.30	Facilitation & Inhibition techniques in Stroke- Lower Limb
12.30 - 01.00	Hands on Training
01.00 - 01.30	Lunch Break
01.30 - 02.00	Facilitation & Inhibition techniques in Cerebral Palsy
02.00 - 02.30	Hands on Training
02.30 - 03.00	Facilitation & Inhibition techniques on other Neurological Conditions
03.00 - 03.15	Tea Break
03.15 - 04.00	Home Management and Follow - up





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Workshop on Facilitation & Inhibition Techniques in Neuro Physiotherapy

Date: 08.09.2015 & 09.09.2015 Time: 09.00 A.M to 04.00 P.M

ORGANIZED BY

PAIN & STROKE REHABILITATION CENTRE & SREE BALAJI COLLEGE OF PHYSIOTHERAPY

## REGISTRATION FORM

Name: \_\_\_\_\_ D.O.B: \_\_\_\_\_ IAP / Reg No: \_\_\_\_\_ Batch: \_\_\_\_\_  
Contact No: \_\_\_\_\_ E-Mail: \_\_\_\_\_ Address: \_\_\_\_\_

Kindly Mention The Course Completed/ Presently Studying/ Working Institution

Course	College	University	Year of Completion Month & Year	Designation
UG				
PG				
Clinical Therapist				





# SREE BALAJI COLLEGE OF PHYSIOTHERAPY

## Workshop on Facilitation & Inhibition Techniques in Neuro Physiotherapy

### Participant List

Date: 08.09.2015 & 09.09.2015

S.NO	NAME	REG. NUMBER	NAME OF THE INSTITUTION
1.	Binita Gurung	U14PT002	
2.	Ganesh Balaji. L	U14PT003	
3.	Gladis Sherin. R	U14PT004	
4.	Hema. S	U14PT005	
5.	Jeevitha. G	U14PT006	
6.	Madhan kumar. R	U14PT007	
7.	Mohammed Shabeer.N	U14PT008	
8.	Nivetha.S	U14PT009	
9.	P. Prasanth	U14PT010	
10.	Priyanka.M	U14PT011	
11.	Saranya Devi. M	U14PT012	
12.	Sathiya Priya. K	U14PT013	
13.	Shabana. S	U14PT014	
14.	Shadab Ahmed. V.M	U14PT015	
15.	Shalini.S	U14PT016	
16.	Suganthi.S	U14PT017	



17.	Sumithra.M	U14PT018	
18.	Thinakaran.C	U14PT020	
19.	Abinaya P	U15PT001	
20.	Akila V	U15PT002	
21.	Anu Priya K	U15PT003	
22.	Ashmika R	U15PT005	
23.	Atchaya G	U15PT006	
24.	Bhavana S	U15PT007	
25.	Bhuvaneshwari B	U15PT008	
26.	Boopathi S	U15PT009	
27.	Divya J	U15PT010	
28.	Gayathri M	U15PT011	
29.	Gayathri S	U15PT012	
30.	Hemalatha E	U15PT013	
31.	Ilakia S	U15PT014	
32.	Jagan B	U15PT015	
33.	Jeevitha K	U15PT016	
34.	Kalaiarasi K	U15PT017	
35.	Kalaivani E	U15PT018	
36.	Karthickeyan R	U15PT019	
37.	Kavitha N	U15PT020	
38.	Keerthika S	U15PT021	
39.	Kumutha R	U15PT022	
40.	Latha B	U15PT023	
41.	Madhumitha. M	U15PT024	
42.	Masthura Haseena. S	U15PT025	

43.	Noorunnisha S	U15PT026	
44.	Pavithra R	U15PT027	
45.	Priyanka K	U15PT029	
46.	Ramya S	U15PT030	
47.	Ramya E	U15PT031	
48.	Rekha G K	U15PT032	
49.	Sahithya T	U15PT034	
50.	Sanjana P	U15PT035	
51.	Shanthakumar S	U15PT036	
52.	Saranya R	U15PT037	
53.	Shamlindevanisha D	U15PT038	
54.	Simran Tandon	U15PT039	
55.	Soniya Mohan	U15PT040	
56.	Srimathi S	U15PT041	
57.	Sujitha S	U15PT043	
58.	Swathi R	U15PT044	
59.	Tamizhmani V S	U15PT045	
60.	Sai Bhargavi S	U15PT046	
61.	Titus J	U15PT047	
62.	Vani Shree U	U15PT048	
63.	Venippriya PN	U15PT049	
64.	Vijay Kumar S	U15PT050	
65.	Shalini L	U15PT051	





# SREE BALAJI COLLEGE OF PHYSIOTHERAPY

*Workshop on Facilitation & Inhibition Techniques in Neuro Physiotherapy*

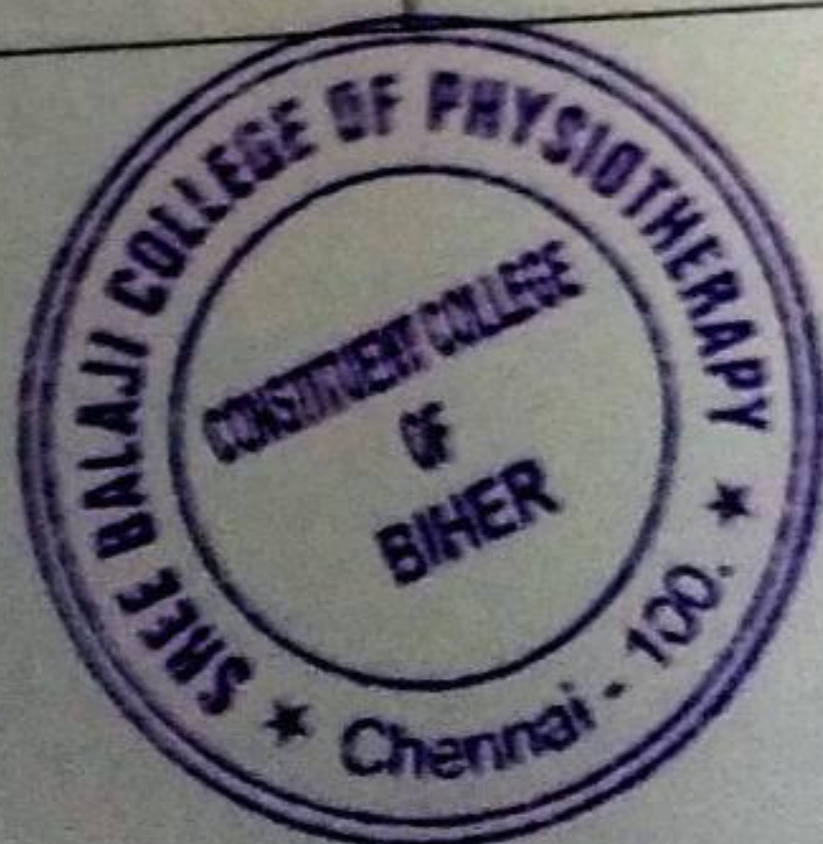
Date: 08/09/2015 & 09/09/2015 Time: 09.00 A.M to 04.00 P.M

ORGANIZED BY

PAIN & STROKE REHABILITATION CENTRE & SREE BALAJI COLLEGE OF  
PHYSIOTHERAPY

## FEEDBACK FORM Workshop

Criteria	Strongly Agree (3)	Agree (2)	Disagree (1)
Workshop was relevant to my needs	✓		
Length of Workshop was sufficient	✓		
Content was well organized		✓	
Questions were engaged		✓	
Instructions were clear and understandable	✓		
Workshop met my expectations	✓		
The presentations were effective	✓		





# SREE BALAJI COLLEGE OF PHYSIOTHERAPY

DATE: 08.09.2015 & 09.09.2015

## FEEDBACK FORM

TIME: 7 PM - 4 PM

Criteria	Strongly Agree (3)	Agree (2)	Disagree (1)
Workshop was relevant to my needs	✓		
Length of Workshop was sufficient	✓		
Content was well organized		✓	
Questions were engaged		✓	
Instructions were clear and understandable	✓		
Workshop met my expectations	✓		
The presentations were effective	✓		





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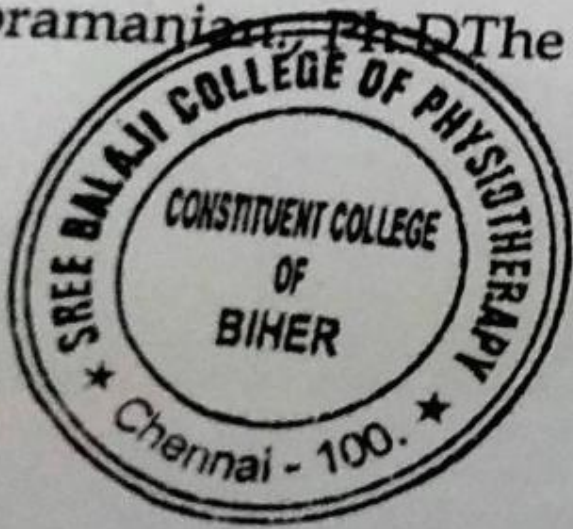
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### CERTIFICATE OF PARTICIPATION

This is to certify that Mr / Ms PAVITHRA. R U15PT027 (Reg No ) of III/IV year/  
Interns B.P.T/M.P.T/ Clinical Physiotherapists has participated in the Workshop on Facilitation & Inhibition Techniques in Neuro  
Physiotherapy on 08.09.2015 & 09.09.2015

Dr. Ravi., B.P.T (APTA) Dr. S.S. Subramanian, Ph.D The Founder & Chief Physiotherapist of Pain & Stroke Principal



*[Signature]*  
Dr. S. S. SUBRAMANIAN, M.P.T (Orthopaedics),  
M.S (Education), M. Phil (Education), Ph.D (Physiotherapy)  
The Principal,  
Sree Balaji College of Physiotherapy  
Velachery Main Road, Pallikaranai, Chennai



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Phone: 044-2291742, 22291125, 22291126, 22291127  
 Website: www.bharathuniversity.in



# SREE BALAJI COLLEGE OF PHYSIOTHERAPY

## Workshop on Facilitation & Inhibition techniques in Neuro Physiotherapy



**Dr.S.S.SUBRAMANIAN, M.P.T (Orthopaedics),**  
 M.S (Education), M. Phil (Education), Ph.D (Physiotherapy)  
 The Principal,  
 Sree Balaji College of Physiotherapy  
 Velachery Main Road, Pallikaralai, Chennai

