### DISTRICTOR STREET

### SRI LAKSHMI NARAYANA INSTITUTE OF MEDICAL SCIENCES

### Osudu, Agaram Village, Villianur commune, Kuduppakkam Post, Pudhucherry-605 502

Date:04.05.2020

From

Dr.K.C.Mallika Arjuna Professor and Head, Department of Anatomy, Sri Lakshmi Narayana Institute of Medical Sciences Bharath Institute of Higher Education and Research, Chennai.

To

The Dean, Sri Lakshmi Narayana Institute of Medical College Bharath Institute of Higher Education and Research, Chennai.

Sub: Permission to conduct value-added course: Home Health Aide

Dear Sir.

With reference to the subject mentioned above, the department proposes to conduct a value-added course titled: <u>Home Health Aide</u> for first year M.B.B.S to 10 December 2020. We solicit your kind permission for the same.

Kind Regards

Dr.K.C.Malika Arjuna

### FOR THE USE OF DEANS OFFICE

Names of Committee members for evaluating the course:

The Dean: Dr. Rajasekar

The HOD: Dr.K.C.Malika Arjuna

The Expert: Mr.N.Anandramajayan

The committee has discussed about the course and is approved.

Dean

Subject Expert

HOD

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### Sri Lakshmi Narayana Institute of Medical Sciences osudu, agaram village, villianur commune, kudapakkam post, puducherry - 605 502.

[ Recognised by Medical Council of India, Ministry of Health letter No. U/12012/249/2005-ME ( P -II ) dt. 11/07/2011 ]

[ Affliated to Bharath University, Chennai - TN ]

### Circular

07.06.2020

Sub: Organising Value-added Course: Home Health Aide . reg

With reference to the above mentioned subject, it is to bring to your notice that Sri Lakshmi Narayana Institute of Medical Sciences, **Bharath Institute of Higher Education and Research** is organizing "Home Health Aide". The course content and registration form is enclosed below."

The application must reach the institution along with all the necessary documents as mentioned. The hard copy of the application should be sent to the institution by registered/ speed post only so as to reach on or before <u>July to Augest 2020</u>. Applications received after the mentioned date shall not be entertained under any circumstances.

Dean

Encl: Copy of Course content

### **Course Proposal**

### Course Title:

Home Health Aide

### Course Objective:

1. Introduce the students to health care

2. To learn complex of Home Health Aide

### Course Outcome:

Gain knowledge on Home Health Aide better understanding and easy learning

Course Audience: 1st year MBBS

Course Coordinator: Dr.Mallika Arjuna

Course Faculties with Qualification and Designation:

1. Dr. B Rajesh, M.Sc., Ph.D, Professor/Anatomy

2. Mr.N.Ananramajayan, M.Sc, Assistant Professor/Anatomy

Course Curriculum/subtopics with schedule (30 hours)

Sl.No Date		rte Topic		Hours	Faculty Name
SINo	Date	Topic	Time	Hours	
1.	15.12.20	Basic human anatomy & physiology	1-5p.m	4	Dr. B Rajesh
2.	16.12.20	Understanding a patient's needs	4-5p.m	1	Mr.N.Anandaramajayan
3.	17.12.20	Caring for the visually impaired	4-5p.m	1	Dr. B Rajesh
4.	19.12.20	Daily care of a patient	4-5p.m	1	Dr. B Rajesh
5.	20.12.20	Feeding a patient	4-5p.m	2	Mr.N.Anandaramajayan
6.	21.12.20	Basic nursing skills	4-5p.m	1	Dr. B Rajesh
7.	22.12.20	Understanding body mechanics	4-5p.m	1	Dr. B Rajesh
8.	27.12.20	Fall prevention care and restraints	4-6p.m	2	Mr.N.Anandaramajayan
9.	28.12.20	Communication with patients and their careers	4-6p.m	2	Dr. B Rajesh
10.	29.12.20	General health & hygiene	4-6p.m	2	Mr.N.Anandaramajayan
11.	30.12.20	Special skin care for pressure sores	4-6p.m	2	Dr. B Rajesh
12.	2.01.21	Role of a patient care assistant	4-6p.m	2	Mr.N.Anandaramajayan
13.	3.01.21	Bathing a patient	4-5p.m	1	Dr. B Rajesh
14.	4.01.21	Administering drugs as per prescriptions	4-5p.m	1	Mr.N.Anandaramajayan
15.	5.01.21	Disposal of medical waste	4-5p.m	1	Mr.N.Anandaramajayan

16.	6.01.21	Patient handling, lifting, and moving patients	4-6p.m	2	Dr. B Rajesh
17.	7.01.21	Emergency first aid	4-6p.m	2	Mr.N.Anandaramajayaan
			Total Hours	30	

### REFERENCE BOOKS/ARTICLES:

- 1. Home Health Aide Training Manual and Handbook- Emmanuel C. Anene
- 2. Handbook of Home Health Care Administration- Marilyn D. Harris

### VALUE ADDED COURSE

1. Name of the programme & Code

Home Health Aide and AN HA01

2. Duration & Period

(30 hrs) from December 2015- 1st week to January 2021

3. Information Brochure and Course Content of Value Added Courses

Enclosed as Annexure- 1

4. List of students enrolled

Enclosed as Annexure- II

5. Assessment procedures:

Short notes's - Enclosed as Annexure- III

6. Certificate model

Enclosed as Annexure- IV

7. No. of times offered during the same year:

Once - December 2020 - 1st week to January 2021

- 8. Year of discontinuation: 2021
- 9. Summary report of each program year-wise

-		Value Added Course	e- December 2020 – Ja	anuary 2021	The state of the s
SI. No	Course Code	Course Name	Resource Persons	Target Students	Strength & Year
1	ANILIA OI	Home Health Aide	Dr.RAJESH.B		
		and AN HA01	N. N	1st MBBS	20 (December
			Mr.N.Anandaramajayan		2020 I week -
					January 2021)

### 10. Course Feed Back

Enclosed as Annexure- V

ESOURCE PERSON

STORESON & HOS BERAR INTERT BEARINGS Installing of Bearing Medical Control (1990) - Hos Sec

COORDINATOR

### HOME CARE AIDE

### Home care aide

### Introduction:

Home care includes any professional support services that allow a person to live safely in their home. In-home care services can help someone who is aging and needs assistance to live independently; is managing chronic health issues; is recovering from a medical setback; or has special needs or a disability. Professional caregivers such as nurses, aides, and therapists provide short-term or long-term care in the home, depending on a person's needs.

### The care you need in the place you love

Home care can be the key to achieving the highest quality of life possible. It can enable safety, security, and increased independence; it can ease management of an ongoing medical condition; it can help avoid unnecessary hospitalization; it can aid with recovery after an illness, injury, or hospital stay—all through care given in the comfort and familiarity of home. Home care can include:

Help with daily activities such as dressing and bathing

Assistance with safely managing tasks around the house

Companionship

### Therapy and rehabilitative services

Short- or long-term nursing care for an illness, disease, or disability—including tracheostomy and ventilator care

### Types of home care

Not all home care providers offer all the different types of home care services. This short guide will provide an overview of the different types of home care. Care is customized to your individual needs and may include services from one or more of the types described. Contacting a provider to discuss your needs can help determine what care is best for you.

While the multiple types of home care may serve different needs, they share a common goal: to enable happier, more independent living for the people receiving care, and to provide support and peace of mind for their families.

Types of home care

PERSONAL CARE AND COMPANIONSHIP

**BIHER** 

→ Help with everyday activities like bathing and dressing, meal preparation, and household tasks to enable independence and safety

Also known as Non-medical care, home health aide services, senior care, homemaker care, assistive care, or companion care

### PRIVATE DUTY

### **NURSING CARE**

→ Long-term, hourly nursing care at home for adults with a chronic illness, injury, or disability

Also known as Home-based skilled nursing, long-term nursing care, catastrophic care, tracheostomy care, ventilator care, nursing care, shift nursing, hourly nursing, or adult nursing

### HOME

### **HEALTH CARE**

→ Short-term, physician-directed care designed to help a patient prevent or recover from an illness, injury, or hospital stay

Also known as Medicare-certified home health care, intermittent skilled care, or visiting nurse services

### **EXAMPLES OF CARE SERVICES**

### Personal Care and Companionship services may include:

- Assistance with self-care, such as grooming, bathing, dressing, and using the toilet
- Enabling safety at home by assisting with ambulation, transfer (eg, from bed to wheelchair, wheelchair to toilet), and fall prevention
- Assistance with meal planning and preparation, light housekeeping, laundry, errands, medication reminders, and escorting to appointments
- Companionship and engaging in hobbies and activities
- Supervision for someone with dementia or Alzheimer's disease

### Private Duty Nursing Care services may include:

- Care for diseases and conditions such as Traumatic brain injury (TBI), Spinal cord injury (SCI), ALS, MS
- Ventilator care

**BIHER** 

- Tracheostomy care
- Monitoring vital signs
- Administering medications
- Ostomy/gastrostomy care

Feeding tube care

Catheter care

Home Health Care services may include:

Short-term nursing services

Physical therapy

Occupational therapy

Speech language pathology

Medical social work

Home health aide services

### HOW IS IT PAID?

Personal care and companionship services are usually paid directly by the person receiving care (private pay), or through long-term care insurance or Medicaid. Other funding sources may be:

### Private pay

Long-term care insurance

Health insurance

Veterans benefits

Workers' compensation

Private duty nursing care can be paid through a variety of sources, including:

Private pay

Health insurance

Veterans benefits

Workers' compensation

Medicaid (with qualifications)

**BIHER** 

Direct payment by person receiving care (private pay)

When specific qualifications are met (generally, when services are ordered by a physician and a clinical assessment deems them necessary), Home Health services are typically paid for

BIHER SLIMS

### LIST OF PARTICIPANTS

Sl. Registration No. Number		Name of the Stude		
1	U15MB251	AARTHI .H		
2	U15MB252	ABARNA. M		
3	U15MB253	ABINAYA.J		
4	U15MB254	ADARSH .S		
5	U15MB255	AGILAN .A		
6	U15MB256	AKSHAYA .S		
7	U15MB257	AKSSHAYA ,M.R		
8	U15MB258	AMARNATH. S		
9	U15MB259	AMUDHESAR .K.M		
10	U15MB260	ANANDH.S		
11	U15MB261	ARCHITH VIGNESH .B		
12	U15MB262	ARJUNBALAJI .A		
13	U15MB263	ARUL NIVETHINI V.A		
14	U15MB264	ARUL PRINCE. E		
15	U15MB265	, ARUNKUMAR.S		
16	U15MB266	ARUN PRASAD. K		
17	U15MB267	ARUNA .S		
18	U15MB268	ASAN THASTHAGIR. M		
19	U15MB269	ASWIN. B		
20	U15MB270	BALAMANI KANDAN. S		

### VALUE ADDED COURSE

### Home Health Aide and AN HA01

List of students Enrolled – December 2020 to January 2021

Sl. No.	Registration Number	Name of the Student	Signature
1	U15MB251	AARTHI.H	Ait
2	U15MB252	ABARNA. M	m.A.
3	U15MB253	ABINAYA.J	J. 1811/12
4	U15MB254	ADARSH .S	Am
5	U15MB255	AGILAN .A	1
6	U15MB256	AKSHAYA .S	1
7	U15MB257	AKSSHAYA .M.R	Amour
8	U15MB258	AMARNATH. S	aman H
9	U15MB259	AMUDHESAR .K.M	Thur
10	U15MB260	ANANDH.S	Lun
11	U15MB261	ARCHITH VIGNESH .B	w
12	U15MB262	ARJUNBALAJI .A	and
13	U15MB263	ARUL NIVETHINI V.A	MMA
14	U15MB264	ARUL PRINCE. E	Nun
15	U15MB265	ARUNKUMAR.S	NK a ~ S
16	U15MB266	ARUN PRASAD. K	80
17	U15MB267	ARUNA .S	Jun. S
18	U15MB268	ASAN THASTHAGIR. M	Dur
19	U15MB269	ASWIN. B	Ban
20	U15MB270	BALAMANI KANDAN. S	K. R

RESOURCE PERSONS

COORDINATOR

1.

2

Manikarjune



### SRI LAKSHMI NARAYANA INSTITUE OF HIGHER EDUCATON AND RESEARCH

Annexure - IV

### Home Health Aide and AN HA01

### SHORT ANSWER QUESTIONS

Course Code: AN HA01

### I. ANSWER ALL THE QUESTIONS:

(10X2=20 marks)

- 1. What does in home health care do?
- 2. Who can qualify for home health care?
- 3. How do I arrange my home health care?
- 4. How Much Does Medicare pay for home health care per hour?
- 5. What do home care workers get paid?
- 6. What is the difference between a caregiver and a home health aide?
- 7. What are the four major services in healthcare?
- 8. What kind of home care does Medicare pay for?
- 9. What is considered a skilled need for home health?
- 10. What does home care entail?

HOME HEALTH Aid DISMB260 1. Wide Ronge of Service need for long. Len. 2 musing home can et also includ occupationed a physical theopy (15) 2. Under con of doctor plan of concred ed 2 Revin Regular by doctor 23. By docta on congim 24 ls 5000 -10000 25. le 450 /day 6. Care give a Typically family mente Hon healt and u some one for autride

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# Sri Lakshmi Narayana Institute of Medical Sciences



### ENERGE EN STEEL ST

This is to certify that

ARCHITH VIGNESH .B.

has

actively participated in the Value Added Course on Home Health Aid held during

December 2020 to January 2021 Organized by Sri Lakshmi Narayana Institute of Medical

Sciences, Pondicherry- 605 502, India.

RESOURCE PERSON

COORDINATOR

A Martin



## Sri Lakshmi Narayana Institute of Medical Sciences Athlian or charath intitions of region colors on & Research

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### 

This is to certify that

AGILAN.A

has actively

participated in the Value Added Course on Home Health Aid held during December 2020 to

January 2021 Organized by Sri Lakshmi Narayana Institute of Medical Sciences,

Pondicherry- 605 502, India.

RESOLIRCE PERSON

COORDINATOR

### **Student Feedback Form**

Course Name: Home Health Aide

Subject Code: AN HA01

Name of Student: ARJUM BALATT Roll No.: VIS MB 262

We are constantly looking to improve our classes and deliver the best training to you.

Your evaluations, comments and suggestions will help us to improve our performance:

Sl. No.	Particulars	1	2	3	4	5
1	Objective of the course is clear					
2	Course contents met with your expectations					/
3	Lecturer sequence was well planned					/
4	Lectures were clear and easy to understand				/	
5	Teaching aids were effective				/	
6	Instructors encourage interaction and were helpful					/
7	The level of the course					-
8	Overall rating of the course	1	2	3	4	5

\* Rating: 5 – Outstanding; 4 - Excellent; 3 – Good; 2- Satisfactory; 1 - Not-Satisfactory

Suggestions if any:

Verygood

Signature of Student

### **Student Feedback Form**

Course Name: Home Health Aide

Subject Code: AN HA01

Name of Student: BALAMBAIL KAAIDBA) Roll No.: VIS MB270

We are constantly looking to improve our classes and deliver the best training to you.

Your evaluations, comments and suggestions will help us to improve our performance:

Sl. No.	Particulars	1	2	.3	4	5
1	Objective of the course is clear			/		
2	Course contents met with your expectations				_	
3	Lecturer sequence was well planned				_	
4	Lectures were clear and easy to understand					/
5	Teaching aids were effective					-
6	Instructors encourage interaction and were helpful					/
7	The level of the course					/
8	Overall rating of the course	1	2	3	4	5

\* Rating: 5 - Outstanding; 4 - Excellent; 3 - Good; 2- Satisfactory; 1 - Not-Satisfactory

Suggestions if any:

NIL	

Signature of Student

From

Dr.K.C.Mallika Arjuna
Professor and Head,
Department of Anatomy,
Sri Lakshmi Narayana Institute of Medical Sciences,
(BIHER University),
Puducherry - 2.

To

The Dean, Sri Lakshmi Narayana Institute of Medical Sciences, (BIHER University), Puducherry - 2.

Sub: Completion of value-added course: Home Health Aide and AN HA01- Reg.

Dear Sir,

With reference to the subject mentioned above, the Department of Anatomy has conducted the value-added course on **Home Health Aide and AN HA01** during December 2020 to January 2021 for 1st year MBBS Students 2020 -2021 Batch. We solicit your kind action to send certificates for the participants whose list is attached with this letter.

Kind Regards,

Encl: Participants List

\* Duanikarp.

