



Bharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Declared as deemed to be university under section 3 of UGC Act 1956, vide notification No.F.9-5/2000-U.3)

SCHOOL OF ARTS

Date : 20/10/2021

CIRCULAR

Sub: Organising Value added Course: Introduction to Human Values for Excellence-reg.,

With reference to the above mentioned subject, we bring it to your notice that School of Arts, Bharath Institute of Higher Education & Research is organising **Value added course "Introduction to Human Values for Excellence"**. The syllabus and registration form is enclosed below.

The candidates those who are interested to join must fill the registration form and submit to the Course Coordinator Ms.E.Srimathi, Department of Computer Applications on or before 27/10/2021. The Registration form received after the mentioned date shall not be entertained under any circumstances.

Encl: A copy of Syllabus & Registration form

Copy To:

- 1.All HODs
- 2.Office File/ Notice Board
- 3.Course Coordinator


Dean-Faculty of Arts & Science
Bharath Institute of Higher Education & Research
(Declared as Deemed to be University U/S 3 of UGC Act 1956)
Chennai-600 073. INDIA



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SCHOOL OF ARTS

Registration Form

Value Added Course

Date: 28/10/2021

Name : jprem J

Reg.No. : 016CA007

Gender : Male

Department : BCA

Year : 2021

Contact No. : 8432 550 733

Email ID : jprem562@gmail.com

Course Applied For : Introduction to Human values
for Excellence


Signature



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SCHOOL OF ARTS

Registration Form

Value Added Course

Date: 28/10/21

Name : Ajith-A
Reg.No. : U16 BE008
Gender : Male
Department : B.A-English
Year : 2021
Contact No. : 9343621015
Email ID : Ajith582@gmail.com
Course Applied For : Introduction to human values
for excellence


Signature

Bharath Institute of Higher Education & Research
 School of Arts
 Students Registration List
 Value Added Course: Introduction to Human Values for Excellence

S.NO	REG.NO	NAME OF THE CANDIDATE	DEPARTMENT
1	U16CA006	SURYA PRAKASH S	BCA
2	U16CA007	PREM J	BCA
3	U16CA008	NARENDHAR S	BCA
4	U16CA009	HARIHARAN E	BCA
5	U16CA010	GIRIDHARAN J	BCA
6	U16CA012	RAJANDAS P	BCA
7	U16CA013	VIJAY K	BCA
8	U16CA014	MARI S	BCA
9	U17CA055	ANY PUNAM GHOSH	BCA
10	U17CA056	AKASH I	BCA
11	U17CA057	RISHAB R	BCA
12	U16MA006	MANJU M	MATHS
13	U16MA007	MADHAN E	MATHS
14	U16MA008	GAYATHRI R	MATHS
15	U16MA009	ARUMUGAM K	MATHS
16	U16MA010	JAYA PRIYA S M	MATHS
17	U17MA009	KOLANGINATHAN P	MATHS
18	U17MA011	VIJAY B	MATHS
19	U17BS011	ANDREW PETBR P	BIOTECHNOLOGY
20	U17BS015	PREETHA .	BIOTECHNOLOGY
21	U17BS028	SUBHMOY SAMANTA .	BIOTECHNOLOGY
22	U16CI010	SELVARAJ G	CHEM
23	U17CI003	SATHIYA PRIYA S	CHEM
24	U17CI015	SETHURAMAN R	CHEM
25	U17BA013	PRAGADEESH K	BBA
26	U17BA018	MAHENDER SURESH KHONDE	BBA
27	U17BA022	MONISHA S	BBA
28	U17BA023	C MADHAN	BBA
29	U16SC001	PANDIYARAJAN K	CS
30	U16SC003	K SARATH KUMAR	CS
31	U16SC039	SELVAMANI G	CS
32	U16SC042	NEELAGANDAN D	CS
33	U16SC043	KARTHICK P	CS

34	U16SC048	PURUSHOTHAMAN K	CS
35	U16SC049	NIRMALA S	CS
36	U16SC072	SHANMATHY K	CS
37	U16SC073	MANJUSHA D	CS
38	U16SC074	MANIGANDAN B	CS
39	U16SC075	KAMAL RAJ S	CS
40	U16SC076	ZEBEDEE	CS
41	U16BE008	AJITH A	ENGLISH
42	U16BE009	SARATH KUMAR R	ENGLISH
43	U16BE010	SANDHIYA B	ENGLISH
44	U16BE011	OBRIAN CAMBELL	ENGLISH
45	U16BE012	ANKUSH MUKHERJEE	ENGLISH
46	U16BE013	BHARATHI G	ENGLISH
47	U16MI004	ABIRAMI V	MICRO
48	U16MI006	ARCHUDHAN L	MICRO
49	U16MI008	GOKUL A	MICRO
50	U16MI009	SNEHA S	MICRO
51	U16MI010	SWETHA G	MICRO
52	U17MI022	SURYA R	MICRO
53	U17MI023	SOFIA A	MICRO
54	U16VC006	VENKATESAN G	VISCOM
55	U16VC007	KAPIL KUMAR N	VISCOM
56	U16VC008	VIJAY R	VISCOM
57	U16VC009	SANTHAKUMAR K	VISCOM



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SCHOOL OF ARTS

Value Added Course

Introduction to Human values for Excellence

Syllabus

UNIT-I

Concept of Human Values, Value Education towards Personal Development

UNIT-II

National and International Values: Constitutional or national values - Democracy, socialism, secularism, equality, justice, liberty, freedom and fraternity.

UNIT-III

Impact of Global Development on Ethics and Values Conflict of cross-cultural influences, mass media, cross-border education, materialistic values, professional challenges and compromise. Modern Challenges of Adolescent Emotions and behavior; Sex and spirituality: Comparison and competition; positive and negative thoughts.

UNIT-IV

Therapeutic Measures Control of the mind through Simplified physical exercise - Meditation - Objectives, types, effect on body, mind and soul - Yoga - Objectives, Types, Asanas Activities: (i) Moralisation of Desires (ii) Neutralisation of Anger (iii) Eradication of Worries (iv) Benefits of Blessings

UNIT-IV

Concept of Human Rights - Indian and International Perspectives - Evolution of Human Rights - Definitions under Indian and International documents - Broad classification of Human Rights and Relevant Constitutional Provisions. (i) Right to Life, Liberty and Dignity (ii) Right to Equality (iii) Right against Exploitation (iv) Cultural and Educational Rights (v) Economic Rights (vi) Political Rights g. Social Rights

Bharath Institute of Higher Education & Research
School of Arts

Lesson Plan

Value Added Course: Introduction to Human Value for Excellence Course Duration:30 Hrs				
S.No	Date	Topic	Time	Hour
1	28/10/2021	Concept of Human Values	2.00-3.00p.m	1
2	29/10/2021	Value Education towards Personal Development	10.00-12.00p.m	1
3	11-02-21	National and International Values	2.00-3.00p.m	2
4	11-04-21	Constitutional or national values	10.00-12.00p.m	2
5	11-05-21	Democracy, socialism, secularism	2.00-4.00p.m	2
6	11-09-21	Equality, justice, liberty, freedom and fraternity	10.00-12.00p.m	1
7	15/11/2021	Impact of Global Development on Ethics and Values Conflict of cross-cultural influences	2.00-4.00p.m	2
8	18/11/2021	Mass media, cross-border education, materialistic values, professional challenges and compromise	10.00-12.00p.m	2
9	22/11/2021	Modern Challenges of Adolescent Emotions and behavior	2.00-4.00p.m	1
10	25/11/2021	Sex and spirituality: Comparison and competition; positive and negative thoughts.	10.00-12.00p.m	2
11	29/11/2021	Theraupatic Measures Control of the mind through Simplified physical exercise	2.00-4.00p.m	2
12	12-02-21	Meditation – Objectives, types, effect on body, mind and soul	10.00-12.00p.m	2
13	12-03-21	Yoga – Objectives, Types, Asanas Activities: Moralisation of Desires	2.00-4.00p.m	2
14	12-06-21	Neutralisation of Anger ,Eradication of Worries, Benefits of Blessings	10.00-12.00p.m	2
15	12-09-21	Concept of Human Rights – Indian and International Perspectives	2.00-4.00p.m	2
16	13/12/2021	Evolution of Human Rights	10.00-12.00p.m	2
17	16/12/2021	classification of Human Rights and Relevant Constitutional Provisions	10.00-12.00p.m	2

Bharath Institute of Higher Education & Research
School of Arts

Course TimeTable

Value Added Course: Introduction to Human Values for Excellence

Course Duration:30 Hrs

S.No	Date	Time	Hour
1	28/10/2021	2.00-3.00p.m	1
2	29/10/2021	10.00-12.00p.m	1
3	11-02-21	2.00-3.00p.m	2
4	11-04-21	10.00-12.00p.m	2
5	11-05-21	2.00-4.00p.m	2
6	11-09-21	10.00-12.00p.m	1
7	15/11/2021	2.00-4.00p.m	2
8	18/11/2021	10.00-12.00p.m	2
9	22/11/2021	2.00-4.00p.m	1
10	25/11/2021	10.00-12.00p.m	2
11	29/11/2021	2.00-4.00p.m	2
12	12-02-21	10.00-12.00p.m	2
13	12-03-21	2.00-4.00p.m	2
14	12-06-21	10.00-12.00p.m	2
15	12-09-21	2.00-4.00p.m	2
16	13/12/2021	10.00-12.00p.m	2
17	16/12/2021	10.00-12.00p.m	2



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Course Feedback form

Value Added Course

Date: 16/12/2021

Course Title: Introduction to Human Values for Excellence


Name: Sofia.A

RegNo: U17M1A023

Department: B.Sc. Microbiology

S.No	Particulars	1	2	3	4	5
	(1. Very Unsatisfied 2. Unsatisfied 3. Neutral 4. Satisfied 5. Very Satisfied)					
1.	Objectives of the course clear to you				✓	
2.	Course contents met with your expectations					✓
3.	Lecture sequence was well planned					✓
4.	Lectures were clear and easy to understand					✓
5.	Teaching aids were effective				✓	
6.	Instructors encourage interaction and were helpful				✓	
7.	The level of the course					✓
	(1. Very poor 2. Poor 3. Average 4. Good 5. Excellent)					✓
8.	Overall rating of the course:	1	2	3	4	5

Please give Suggestion for the improvement of the course:


Signature



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Course Feedback form

Value Added Course

Date: 16/12/2021

Course Title: Introduction to Human Values for Excellence

Name: Manju.M

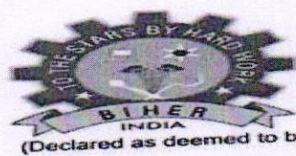
Reg No: U16MA006

Department: B.Sc. Maths

S.No	Particulars	1	2	3	4	5
(1. Very Unsatisfied 2. Unsatisfied 3. Neutral 4. Satisfied 5. Very Satisfied)						
1.	Objectives of the course clear to you				✓	
2.	Course contents met with your expectations					✓
3.	Lecture sequence was well planned				✓	
4.	Lectures were clear and easy to understand					✓
5.	Teaching aids were effective				✓	
6.	Instructors encourage interaction and were helpful				✓	
7.	The level of the course					✓
(1. Very poor 2. Poor 3. Average 4. Good 5. Excellent)						
8.	Overall rating of the course:	1	2	3	4	5

Please give Suggestion for the improvement of the course:

Manju
Signature



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Resource Person Details

Mr.V.Asaitambi,
Assistant Professor,
Department of Computer Science,
Government Arts College for Men
Chennai-35



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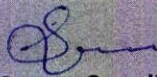
Bharath Institute of Science and Technology

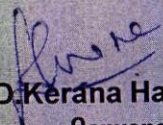
83,3,Agharam Main Road, Secretariat Colony, Tiruvanchery, Selaiyur, Chennai - 600126,Tamil Nadu, India.

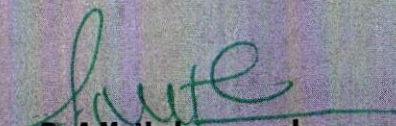
School of Arts

Certificate of Participation

This certificate is awarded to Mr./ Ms. SURYA PRAKASH S for enthusiastic participation and completion of the Certificate Course on Introduction to Human Values for Excellence from 28.10.2021 to 16.12.2021


Course Coordinator


Dr. D. Kerana Hanirex
Convener


Dr. A. Muthukumaravel
Dean - Arts & Science