



Bharath

INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Declared as deemed to be university under section 3 of UGC Act 1956, vide notification No.F.9-5/2000-U.3)

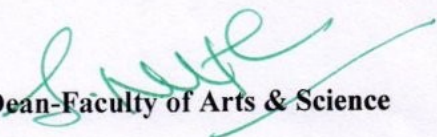
SCHOOL OF ARTS

Date : 02.12.2021

CIRCULAR

Sub : Organising Value added Course: Human Sexuality and Sex Education - Reg.

With reference to the above mentioned subject, we bring it to your notice that School of Arts, Bharath Institute of Higher Education & Research is organising **Value added course "Human Sexuality and Sex Education"**. The syllabus and registration form is enclosed below. The candidates those who are interested to join must fill the registration form and submit to the Course Coordinator Ms.D.Sharmila, Department of Biotechnology and Microbiology on or before 22.12.2021. The Registration form received after the mentioned date shall not be entertained under any circumstances.


Dean-Faculty of Arts & Science

Encl: A copy of Syllabus & Registration form

Copy to:

- 1.All HODs
- 2.Office File/ Notice Board
- 3.Course Coordinator



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Registration Form

Value Added Course

Date : 18.12.2021

Name : V. ARIRAMI
Reg. No. : U16MI004
Date of Birth : 12.08.1999
Gender : FEMALE
Department : MICROBIOLOGY
Year : 2021
Contact No. : 9840376529
Email ID : abimicro@gmail.com
Course Applied for : HUMAN SEXUALITY AND SEX EDUCATION


Signature



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Registration Form

Value Added Course

Date : 15/12/2021

Name : S. MYTHILY
Reg. No. : U16B3015
Date of Birth : 10.10.1999
Gender : FEMALE
Department : Biotechnology
Year : 2021
Contact No. : 9176532910
Email ID : smythily10@yahoo.co.in
Course Applied for : Human Sexuality and Sex Education

S. Mythily
Signature

Bharath Institute of Higher Education & Research
School of Arts
Students Registration List
Value Added Course: Human Sexuality and Sex Education

S.NO	REG. NO	NAME OF THE CANDIDATE	DEPARTMENT
1	U16MI001	SUJATHA S	BSC-MICRO
2	U16MI002	GAYATHRI S	BSC-MICRO
3	U16MI004	ABIRAMI V	BSC-MICRO
4	U16MI006	ARCHUDHAN L	BSC-MICRO
5	U16BS011	VELMURUGAN S	BSC-BIOTECH
6	U16BS013	ABIRAMI G	BSC-BIOTECH
7	U16BS014	SONIA RAJKUMARI	BSC-BIOTECH
8	U16BS015	MYTHILY S	BSC-BIOTECH
9	U16BS016	S SABESH KUMAR	BSC-BIOTECH
10	U16BS018	KOTA SRI NAGA HRIDAYANKA	BSC-BIOTECH
11	U16CA010	GIRIDHARAN J	BSC-BCA
12	U16CA012	RAJANDAS P	BSC-BCA
13	U16CA013	VIJAY K	BSC-BCA
14	U16CA014	MARI S	BSC-BCA
15	U16CA015	MUTHULAKSHMI U	BSC-BCA
16	U16CA018	SOUNDAR P	BSC-BCA
17	U16CA020	DEVIKA D	BSC-BCA
18	U16CA021	JOHN MATHEW A	BSC-BCA
19	U16CA022	BALAMURUGAN S	BSC-BCA
20	U16CA023	VENKATESH S	BSC-BCA
21	U16CA024	VIGNESHWARAN M	BSC-BCA
22	U16SC063	GAYATHRI K	BSC-CS
23	U16SC064	MURUGESHWARI K	BSC-CS
24	U16SC065	AJITHKUMAR S	BSC-CS
25	U16SC066	KUMARAN C	BSC-CS
26	U16SC067	SUDHA RANI S	BSC-CS
27	U16PS015	VALARMATHI R	BSC-PHYSICS
28	U16PS016	VIVEKANANDHAN M	BSC-PHYSICS
29	U16PS017	YESHWANTH T	BSC-PHYSICS
30	U16PS018	VIJAYA BASKAR B	BSC-PHYSICS
31	U16PS020	KAVITHA C	BSC-PHYSICS
32	U16PS021	PAVANKISHORE P	BSC-PHYSICS
33	U16PS022	NANDANI RANI	BSC-PHYSICS
34	U16CI008	KRISHNA MOORTHY D	BSC-CHEMISTRY
35	U16CI009	MOHAMED IMRAN R	BSC-CHEMISTRY
36	U16CI010	SELVARAJ G	BSC-CHEMISTRY



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Value Added Course

Human Sexuality and Sex Education

Syllabus

Introduction - Course Overview - WHO definitions of sexuality and formulate personal definitions of sexuality. Research and History of Human Sexuality - Discussion about major sex research that has been performed.

Male and Female Anatomy - Major gender differences and similarities with respect to reproductive physiology.

Sexual Development - Major gender differences and similarities with respect to reproductive physiology. Human Sexual Response - Discussion about stages of the human sexual response model.

Sexual Orientation and Gender Identity - General and greater understanding of individuals, their history, public policies impacting the community, as well as health disparities disproportionately impacting the LGBTQ+ community.

Differentiate between biological sex, sex orientation, gender identity and gender expression. Demonstrate a greater understanding of underrepresented and marginalized sexual communities.

Sex and Communication - Incorporate Communication Skills into conversations about Sex and Sexuality. Sexually Transmitted infections - HIV/AIDS - explain and discuss their etiology, transmission, symptoms, diagnosis, treatment and prevention. Experience an increase perceived susceptibility to personal risk for STD and HIV infections.

Contraception - Identify and contrast current methods. Pregnancy, Child birth and Abortion - Process of Conception, gestation, labor and delivery, demonstrating knowledge of the physical, emotional and consumer related aspects of pregnancy.

Dating and Relationships/Sexual Coercion, Rape and Abuse - Define consent, sexual misconduct and sexual assault. Sex and the Media - Prostitution, Pornography - Examine, Human Sexual Trafficking - Political, Social, Public Health Issues. Sexual Ethics and Legality.

Bharath Institute of Higher Education & Research
School of Arts
Lesson Plan

Value Added Course: Human Sexuality and Sex Education Course Duration: 30 Hrs				
S.No	Date	Topic	Time	Hour
1	28.12.2021	Introduction - Research and History of Human Sexuality	10 AM - 12 PM	2
2	30.12.2021	Male and Female Anatomy	10 AM - 12 PM	2
3	07.01.2022	Sexual Development and Human Sexual Response	10 AM - 12 PM	2
4	08.01.2022	Sexual Orientation and Gender Identity	10 AM - 12 PM	2
5	21.01.2022	Sex and Communication	10 AM - 12 PM	2
6	22.01.2022	Sexually Transmitted Infections - HIV/AIDS	10 AM - 12 PM	2
7	28.01.2022	Contraception	10 AM - 12 PM	2
8	29.01.2022	Pregnancy	10 AM - 12 PM	2
9	04.02.2022	Child Birth and Abortion	10 AM - 12 PM	2
10	05.02.2022	Dating and Relationships	10 AM - 12 PM	2
11	11.02.2022	Sexual Coercion, Rape and Abuse	10 AM - 12 PM	2
12	12.02.2022	Sex and the Media	10 AM - 12 PM	2
13	18.02.2022	Sexual Ethics and Legality	10 AM - 12 PM	2
14	19.02.2022	Prostitution and Pornography	10 AM - 12 PM	2
15	25.02.2022	Human Sexual Trafficking	10 AM - 12 PM	2

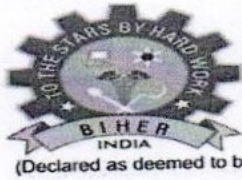
Bharath Institute of Higher Education & Research

School of Arts

Course TimeTable

Value Added Course: Human Sexuality and Sex Education Course Duration: 30 Hrs

S.No	Date	Time	Hour
1	28.12.2021	10 AM - 12 PM	2
2	30.12.2021	10 AM - 12 PM	2
3	07.01.2022	10 AM - 12 PM	2
4	08.01.2022	10 AM - 12 PM	2
5	21.01.2022	10 AM - 12 PM	2
6	22.01.2022	10 AM - 12 PM	2
7	28.01.2022	10 AM - 12 PM	2
8	29.01.2022	10 AM - 12 PM	2
9	04.02.2022	10 AM - 12 PM	2
10	05.02.2022	10 AM - 12 PM	2
11	11.02.2022	10 AM - 12 PM	2
12	12.02.2022	10 AM - 12 PM	2
13	18.02.2022	10 AM - 12 PM	2
14	19.02.2022	10 AM - 12 PM	2
15	25.02.2022	10 AM - 12 PM	2



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Course Feedback form

Value Added Course

Date: 25.02.2022

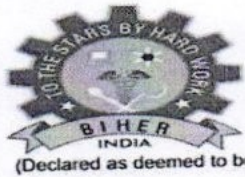
Course Title: Human Sexuality and Sex Education

Name : S. Balamurugan
Reg. No. : U16CA022
Department : BCA

S.No.	Particulars	1	2	3	4	5
(1. Very Unsatisfied 2. Unsatisfied 3. Neutral 4. Satisfied 5. Very Satisfied)						
1.	Objectives of the course clear to you					✓
2.	Course contents met with your expectations					✓
3.	Lecture sequence was well planned				✓	
4.	Lectures were clear and easy to understand					✓
5.	Teaching aids were effective				✓	
6.	Instructors encourage interaction and were helpful				✓	
7.	The level of the course					✓
(1. Very poor 2. Poor 3. Average 4. Good 5. Excellent)						
8.	Overall rating of the course:	1	2	3	4	5

Please give Suggestion for the improvement of the course:


Signature



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Course Feedback form

Value Added Course

Date: 25.02.2022

Course Title: Human Sexuality and Sex Education

Name : C. Kavitha
Reg. No. : U16PS020
Department : Physics

S.No.	Particulars	1	2	3	4	5
(1. Very Unsatisfied 2. Unsatisfied 3. Neutral 4. Satisfied 5. Very Satisfied)						
1.	Objectives of the course clear to you				✓	
2.	Course contents met with your expectations				✓	
3.	Lecture sequence was well planned					✓
4.	Lectures were clear and easy to understand					✓
5.	Teaching aids were effective				✓	
6.	Instructors encourage interaction and were helpful					✓
7.	The level of the course					✓
(1. Very poor 2. Poor 3. Average 4. Good 5. Excellent)						
8.	Overall rating of the course:					5

Please give Suggestion for the improvement of the course:


Signature

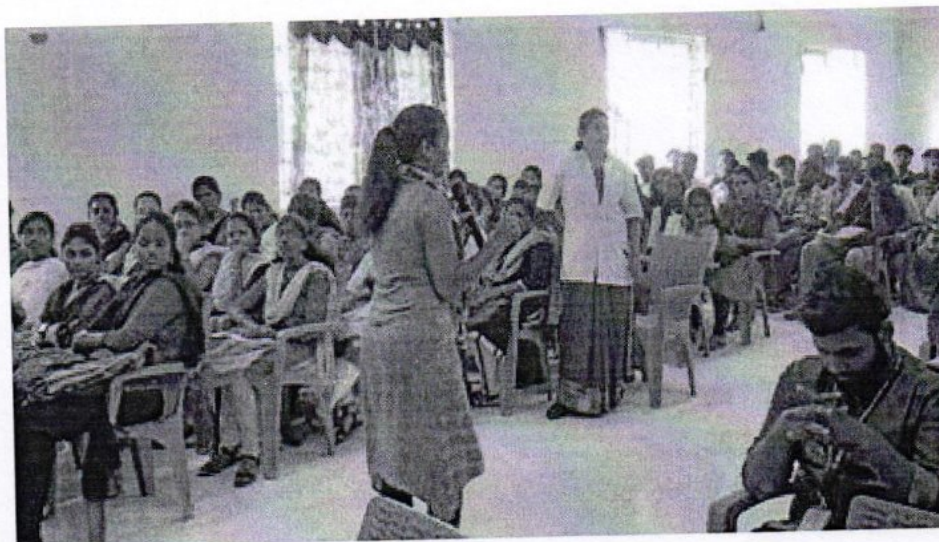


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Name of the course	Human Sexuality and Sex Education
Handled by	Ms.D.Sharmila, Assistant professor Department of Biotechnology and Microbiology, School of Arts, BIHER.



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INSTITUTE OF HIGHER EDUCATION AND RESEARCH

School of Arts

CERTIFICATE OF PARTICIPATION

This is to certify that

ARCHUDHAN L

has participated in the Human Sexuality and Sex Education, conducted by
School of Arts, BIHER, from December 28, 2021 to February 25, 2022.

Ms.D.Sharmila

Course Co-ordinator & Convenor

Dr. A. Muthukumaravel

Dean - Arts and Science