From

The Course Coordinator

Introduction to Latino Nutrition, Health, and Chronic Disease Prevention

Department of Physiology

Sree Balaji Medical College

Bharath Institute of Higher Education and Research,

Chennai

To

The Dean

Sree Balaji Medical College

Bharath institute of Higher Education Research,

Chennai

Sub: -Permission to conduct value- added course: Introduction to Latino Nutrition, Health, and Chronic Disease Prevention

Respected sir,

With reference to subject mentioned above, the Physiology proposes to conduct a value-added course titled: Introduction to Latino Nutrition, Health, and Chronic Disease Prevention

We kindly solicit your kind permission to commence the program.

Warm Regards,

Course Coordinator

SREE BALAJI MEDICAL COLLEGE & HOSPITAL

CHROMPET CHENNAI -600044

Date: 7/26/2021

R. No 317/ SBMCH/2021

CIRCULAR

Notification for Value added courses offered by the Department of Physiology

The Department of Physiology of Sree Balaji Medical College is scheduled to offer a Value added Course on Introduction to Latino Nutrition, Health, and Chronic Disease Prevention from 8/23/2021 for a period of 3 weeks. Interested students can approach the Head of Physiology department and Course Coordinator, for registration and for further details on or before 8/16/2021.

Eligibility-MBBS STUDENTS

Course Coordinator

Copy to:

Dean office

Vice Principal

Medical Superintendent

AO College

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SREE BALAJI MEDIGAL COLLEGE & HOSPITAL

VALUE ADDED COURSE ON INTRODUCTION TO LATINO NUTRITION, HEALTH, AND CHRONIC DISEASE PREVENTION 40 HOURS - ONLINE CLASS

MODULE	торіс	HOURS	TEACHING METHODOLOGY	FACULTY
1.	Introductions,	2	LECTURE	COMMUNITY MEDICINE TUTOR
2.	course overview,	2	LECTURE	COMMUNITY MEDICINE TUTOR
3.	chronic disease overview	2	LECTURE	COMMUNITY MEDICINE TUTOR
4.	Evidence-based medicine/ public health	1	LECTURE	COMMUNITY MEDICINE TUTOR
5.	Dictary guidelines & recommendations to the public	1	LECTURE	COMMUNITY MEDICINE TUTOR
6.	Evaluating the scientific evidence on nutrition and chronic disease	2	LECTURE	COMMUNITY MEDICINE TUTOR

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7.	Synthesizing the evidence and communicating the synthesis and recommendations	2	LECTURE	COMMUNITY MEDICINE TUTOR
8.	Nutrition and obesity	2	LECTURE	COMMUNITY MEDICINE TUTOR
9.	Nutrition and diabetes	2	LECTURE	COMMUNITY MEDICINE TUTOR
10.	Nutrition and coronary heart disease	3	LECTURE	COMMUNITY MEDICINE TUTOR
11.	Nutrition and hypertension	2	LECTURE	COMMUNITY MEDICINE TUTOR
12.	Nutrition and cancer	2	LECTURE	COMMUNITY MEDICINE TUTOR
13.	Food systems, policy, and culture: Contributing to chronic disease?	2	LECTURE	COMMUNITY MEDICINE TUTOR
14.	Dietary supplements: Regulation, health benefits, and safety	2	LECTURE	COMMUNIT MEDICINE TUTOR
15.	Fluoride: Effective for cavity prevention?	2	LECTURE	COMMUNIT MEDICINE TUTOR
16.	Safe? Food colorings, additives, & flavorings: What do we know about safety?	2	LECTURE	COMMUNIT MEDICINE TUTOR
17.	Diet & neural health- from optimizing IQ to preventing dementia and depression	3		COMMUNITY MEDICINE TUTOR

			LECTURE	
18.	Diet & digestive health	2		COMMUNITY MEDICINE TUTOR
			LECTURE	
19.	ASSIGNMENT 1	2	MCQS	
20.	ASSIGNMENT 2	2	MCQS	



Bharath Institute of Higher Education and Research Sree Balaji Medical College & Hospital

CERTIFICATE

This is to certify that Mr./Ms, PAVITHRA N has completed the value added course on Introduction to Latino Nutrition, Health, and Chronic Disease Prevention conducted by Physiology at Sree Balaji Medical College & Hospital, Chennai held during 8/23/2021.

Dr.P.Sai Kumar MD

Dr.Gunasekeran MS

Dean, SBMCH

Vice Principal, SBMCH

inti	oduction to Latino Nu	trition, Health, and Chronic Disease Prevention
S. No	Regn. No.	Name
· 1	U18MB133	MONA J
. 2	U18MB134	MONICA NANCY F
3	U18MB135	MONIKA V
4 ,	U18MB136	MONISHA P
5	U18M8137	MOUSHMI A
6	U18MB138	MRIDUL
7	U18M8139	MRIDULA B
8	U18MB140	MRITUNJAY PRATAP SINGH
9	U18MB141	MUKHTHA RENESWARI K
10	U18MB142	NACHIAPPAN M
11	U18MB143	NAMEERA N A
12	U18M8144	NARMADA DEVI C M
13	U18MB145	NEHA ARUL MALAR R
14	U18MB146	NEHAL LODHA R
15	U18MB147	NIHARIKA M S NILOFER GNANA SELVAN A
16	U18MB148	
17	U18MB149	NIRMAL ARUL MATHEW J NISHA T
18 19	U18MB150 U18MB151	NISHOK T G R
20	U18MB152	NITHIN B
20	U18MB153	NIVAEDHAA T
22	U18MB154	NIVEDITHA B
23	U18M8155	NIVETHAA M
24	U18MB156	NIVETHINI S
25	U18MB157	NOWMIYA M
26	U18MB158	PAVENDAN A V
27	U18MB159	PAVITHRAA K R
28	U18MB160	PERAVALI VIHARIKA
29	U18MB161	PONRAJ B
30	U18MB162	POOJA B
31	U18MB163	POOJA G B
32	U18MB164	POOMAALAI S B
33	U18MB165	PRATIK DAS (04.02.1999)
34	U18MB166	PRATIK DAS (12.11.1999)
35	U18MB167	PRAVEEN K
36	U18MB168	PRAVEENA KUMARI J
37	U18MB169	PREETHI DEVI S
38	U18MB170	PRITHI K
39	U18M8171	PRITHVI BHAUMIK
40	U18MB172	PRIYADHARSAN L
41	U18MB173	PRIYADHARSHAN C
42	U18MB174	PRIYADHARSHINI T
43	U18MB175	RACHAGULLA VENKATA SIVA NAGA BRAHMACHARI
44	U18MB176	RAJESH J
45	U18MB177	RAMYA MALAISAMY
46	U18MB178	RAMYAJAYAN
47	U18MB179	RAMYASRI S
48	U18MB180	RANJAN V
49	U18MB181	REENA E
50	U18MB182	RESHMA A
51	U18MB183	RISHI ELANGO
52	U18MB184	RISHI KUMAR S
53	U18MB185	RITHIK DANIEL RAJ G
54	U18MB186	ROHITH G
55	U18MB187	SABIN JOSEPH

COURSE FEEDBACK FORM

Date: 22 8 - 2

Course Title: Lating Nutrition heath and . Chronic deviare prevention Name: Nivethaa M.

RegNo:

Department:

Commity Medicine

S.NO	Particulars		1	2	3	4	5
	(1. Very Unsatisfied 2. Unsatisfied 3. Neutral 4. Satisfie	d 5.	Ve	ry sat	isfied	<u>)</u>	
1.	Objectives of the course clear to you						
2.	The course contents met with your expectations				ļ		
3.	The lecture sequence was well planned			<u> </u>	<u> </u>		
4.	The lecturers were clear and easy to understand			<u> </u>			<u> </u>
5.	The teaching aids were effective				<u> </u>		
6.	The instructors encourage interaction and were helpful	_			<u> </u>	_	
7.	The level of the course	L		<u> </u>	<u>L</u> .		<u> </u>
	(1. Very poor 2. Poor 3. Average 4. Good 5.	Exc	elle	nt)			
8.	Overall rating of the course:		1	2	3	13	5

Please give suggestion for the improvement of the course:

Weakness of the course:

Strength of the course:

Thank you

COURSE FEEDBACK FORM

Date: 23 -9 2

Course Title: Latino Nulution
Heath and chronic during
Name:
RegNo: Pavendan. AV.

Department: Connochy Medicie

S.NO	Particulars	1	2	3	4	5
	(1. Very Unsatisfied 2. Unsatisfied 3. Neutral 4. Satisfi	ed 5. V	ery sat	isfie	1)	
1.	Objectives of the course clear to you				/	
2.	The course contents met with your expectations					
3.	The lecture sequence was well planned				/	
4.	The lecturers were clear and easy to understand					
5.	The teaching aids were effective					<u> </u>
6.	The instructors encourage interaction and were helpful					
7.	The level of the course					
	(1. Very poor 2. Poor 3. Average 4. Good 5.	Excell	ent)		·	
8.	Overall rating of the course:	1	2	3	4	5

Please give suggestion for the improvement of the course:

Weakness of the course:

Strength of the course:

Thank you



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