

**SREE BALAJI MEDICAL COLLEGE & HOSPITAL**

**CHROMPET CHENNAI -600044**

Date: 10/27/2021

**R. No 295/ SBMCH/2021**


**CIRCULAR**

**Notification for Value added courses offered by the Department of Medicine**

The Department of Medicine of Sree Balaji Medical College is scheduled to offer a Value added Course on Introduction to Beauty And Skin Care from 11/24/2021 for a period of 3 weeks. Interested students can approach the Head of Medicine department and Course Coordinator, for registration and for further details on or before 11/17/2021.

**Eligibility-MBBS STUDENTS**

Course Coordinator

  
HOD

Copy to:

Dean office

Vice Principal

Medical Superintendent

AO College

## INTRODUCTION TO BEAUTY AND SKIN CARE

### Course Outcomes

1. Develop good appearance and behaviour, practice tasks as per industry and express good communication skills.
2. Create positions and maintain high standards of health & safety at the work Place.
3. Carry out skin analysis, CTM, Exfoliation, Extraction, treatments for various types of skin manually & electrically, pack application. Illustrate and explain skin structure and common skin problems
4. Carry out hair & scalp analysis, shampooing, deep conditioning v, head massage , hair treatments for different hair problems, strand test, global coloring, head hcena, grey hair coverage. Illustrate and explain hair structure, hair growth cycle, pH scale, chemical composition and types of hair.
5. Understand how to maintain, wash and care for your hair
6. Learn how to style hair according to the face
7. Discover the various hair problems and the ways to deal with them
8. Examine the various hair styling tools and techniques
9. Understand the difference between men's and women's hair
10. Understand the importance of personal hygiene

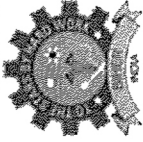
**Duration Of Course :** 30 hours

**Course Coordinator :** Professor/ Assoc Prof of Dermatology

### Course Syllabus

S.No	TOPIC	DURATION	FACULTY
1	Introduction to Course	2 hours	Assoc Prof of Dermatology
2	Personality Development, Sterilization & Sanitization	2 hours	Assist. Prof of Dermatology
3	Recognize & comply safe working practices and environment aspect	2 hours	Assist. Prof of Dermatology
4	Identify different types of hair, Comply with health and safety standard and process laid out by manufactures instruction. Analyze the hair and scalp	2 hours	Assoc Prof of Dermatology
5	Consultation rules and counselling	2 hours	Assist. Prof of Dermatology

6	Self Awareness	2 hours	Assoc Prof of Dermatology
7	Self hygiene practices	2 hours	Assist. Prof of Dermatology
8	Basic Skin care	2 hours	Assist. Prof of Dermatology
9	Common skin lesions and differentiation	2 hours	Assoc Prof of Dermatology
10	Management of common skin lesions	2 hours	Assoc Prof of Dermatology
11	Aesthetic skin care	2 hours	Assist. Prof of Dermatology
12	Hand washing technique and personal hygiene	2 hours	Assist. Prof of Dermatology
13	Practicals	2 hours	Assist. Prof of Dermatology
14	Viva voce	2 hours	Assist. Prof of Dermatology
15	Assessment	2 hours	Assist. Prof of Dermatology



**Bharath Institute of Higher Education and Research  
Sree Balaji Medical College & Hospital**



**CERTIFICATE**

This is to certify that Mr./Ms. KISHOR B has completed the value added course on Introduction to Beauty And Skin Care conducted by Medicine at Sree Balaji Medical College & Hospital, Chennai held during 11/24/2021.

**Dr.P.Sai Kumar MD**

Vice Principal, SBMCH

**Dr.Gunasekeran MS**

Dean, SBMCH

## Introduction to Beauty And Skin Care

S. No	Regn. No.	Name
1	U19MB150	RAJALAKSHMI C
2	U19MB151	RAKSHITHA S
3	U19MB152	RAM KUMAR A
4	U19MB153	RAM PRASANTH R K
5	U19MB154	RAMANI D
6	U19MB155	RAMNATHKUMAR A P
7	U19MB156	RAMPRASAD D
8	U19MB157	RASHIKA R
9	U19MB158	RHODA RUBAVATHY R
10	U19MB159	RISHI S
11	U19MB160	RISHIKA RATHI
12	U19MB161	RITHANYA M
13	U19MB162	RITHIKA R
14	U19MB163	RITHISH R
15	U19MB164	RITVIJ MISHRA
16	U19MB165	ROOPA KRISHNAN K
17	U19MB166	ROUNIKA DAS
18	U19MB167	SAATHVIKA S
19	U19MB168	SAHIL NAIDU
20	U19MB169	SAILESH RAHUL K
21	U19MB170	SAKTHE SUNDARAMOORTHY S
22	U19MB171	SAM CHARLES
23	U19MB172	SAMRITHA P S
24	U19MB173	SAMYUKTHA DEVI G
25	U19MB174	SAMYUKTHA N
26	U19MB175	SANA NAZAR K V
27	U19MB176	SANDHIYA A
28	U19MB177	SANDHIYA R
29	U19MB178	SANJANA SINGH
30	U19MB179	SANJUKTHA B C
31	U19MB180	SANKESH A M
32	U19MB181	SANMITHIRA N
33	U19MB182	SANTHANA MATHAN RAJ D S V
34	U19MB183	SANTHOSH V
35	U19MB184	SANTHOSHI T

**COURSE FEEDBACK FORM**

Date: 20-12-21.

Course Title: INTRODUCTION TO BEAUTY AND SKIN CARE

Name: Sahil Naidu.


RegNo: Department: Dermatology

S.NO	Particulars	1	2	3	4	5
(1. Very Unsatisfied 2. Unsatisfied 3. Neutral 4. Satisfied 5. Very satisfied)						
1.	Objectives of the course clear to you					
2.	The course contents met with your expectations					
3.	The lecture sequence was well planned					
4.	The lecturers were clear and easy to understand					
5.	The teaching aids were effective					
6.	The instructors encourage interaction and were helpful					
7.	The level of the course					
(1. Very poor 2. Poor 3. Average 4. Good 5. Excellent)						
8.	Overall rating of the course:	1	2	3	4	5

Please give suggestion for the improvement of the course:

Weakness of the course:

Strength of the course:

  
Signature

\*\*\*Thank you\*\*\*

**COURSE FEEDBACK FORM**

Date: 20/10/21

Course Title: *Introduction to Beauty & Skin Care*

Name: *Rithika*

RegNo:

Department: ~~Beauty~~ *Dermatology*

S.NO	Particulars	1	2	3	4	5
(1. Very Unsatisfied 2. Unsatisfied 3. Neutral 4. Satisfied 5. Very satisfied)						
1.	Objectives of the course clear to you			✓		
2.	The course contents met with your expectations				✓	
3.	The lecture sequence was well planned				✓	
4.	The lecturers were clear and easy to understand				✓	
5.	The teaching aids were effective				✓	
6.	The instructors encourage interaction and were helpful				✓	
7.	The level of the course				✓	
(1. Very poor 2. Poor 3. Average 4. Good 5. Excellent)						
8.	Overall rating of the course:	1	2	3	4	5

Please give suggestion for the improvement of the course:

Weakness of the course:

Strength of the course:

*Rithika*  
Signature

\*\*\*Thank you\*\*\*

