Annexure 1

REQUISITION LETTER

15-08-2021

From

Department of Psychiatric Nursing

Sree Balaji College of nursing

Chrompet, chennai-6000044

To

Dr.V.Hemavathy

The principal

Sree Balaji college of Nursing

Chrompet, chennai

Sub: Permission to conduct value-added course: Introduction to social and behavioral health science

Respected mam,

This is for your kind perusal that we, Psychiatric Nursing Department are planning to conduct a Value added course on Introduction to social and behavioral health science from 29.08.2021 -19.09.2021, for a period of three weeks.we kindly request you to grant us permission to conduct this programme and do the needful.

Thank you

Kind Regards

R.Ajitha Nancy Rani

FOR THE USE OF DEANS OFFICE

Names of Committee members for evaluating the course:

The Principal: Dr.V.Hemavathy

The HOD : Mrs.Ajithanancy Rani.R

The Expert: Dr.V.Hemavathy

The committee has discussed about the course and is approved.









Phone & Fax : 2241 6605

SREE BALAJI COLLEGE OF NURSING

(Recognised By Indian Nursing Council, New Delhi and The Tamilnadu Nurses and Midwives Council)
(Approved by Govt. of Tamil Nadu and Affiliated to Bharath Institute of Higher Education and Research)
No.7, Works Road, Chromepet, Chennai - 600 044.

17.8.2021

Department of Psychiatric Nursing

Sree Balaji College of Nursing

Chennai, Chrompet 600044

sub: permission granted to conduct value-added course Introduction to social and behavioral health science .

With reference to the letter dated on 15.08.2021. Hereby I grant permission to conduct value-added course titled Introduction to social and behavioral health science from 29.08,2021-19.09.2021

With Regards

Dr. V. HEMAVATHY, M.Sc.(N),MA,,M.Phil.,Ph.D.(N). PRINCIPAL

SREE BALAJI COLLEGE OF NURSING No. 7. Works Road, Chromepet, Chennai-600 044. Works Road Walls

Phone & Fax : 2241 6805









SREE BALAJI COLLEGE OF NURSING (Recognised By Indian Nursing Council, New Delhi and The Tamilinadu Nurses and Midwives Council)
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No.7, Works Road, Chromepet, Chennai - 600 044.

20.8.21

CIRCULAR

The Department of Psychiatric Nursing is scheduled to offer a Value added Course on INTRODUCTION TO SOCIAL AND BEHAVIORAL HEALTH SCIENCE from 29/08/2021 -19/9/2021 . Participants can approach Department of Psychiatric Nursing for

COLLEG Works Road, Chromepet

Dr. V. HEMAKATHY, M.Sc.(N), M.A., M.PHI, Ph.D.(N), PRINCIPAL SREE BALAJI COLLEGE OF NURSING No. 7, Works Road, Chromepe', Cliennai-600 044.

COURSE CO-ORDINATOR DETAILS

Faculty Name: Dr. V. Hemavathy, Principal/HOD, Department of Psychiatric Nursing.

Email ID: sbcnofficial2017@gmail.com

Mobile number: 9444207749.

BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH
SCHOOL OF NURSING
DEPARTMENT OF PSYCHIATRIC NURSING
VALUE ADDED COURSE ON
INTRODUCTION TO SOCIAL AND BEHAVIORAL HEALTH SCIENCE

2021-2022

OBJECTIVES

- 1. To help better awareness and understanding of Social and Behavioral Health.
- 2. To provide coping strategies for social health issues
- 3. To promote better understanding of health care
- 4. To evaluate the Impact of behaviour on health

Course Outcome: student will be able to demonstrate his or her in-depth understanding of the family values, equality and prejufices between the gender facts, concepts, of human relationship and principles underlying in living the life with positivity

MODULE 1. INTRODUCTION TO PSYCHOLOGY

- a) Social dynamics
- b) Attitude formation and behaviour
- c) Attitude and health

MODULE 2: IMPORTANCE OF ANTHROPOLOGY IN HEALTH

- a) Economic decisions,
- b) Family patterns,
- c) Political organization

MODULE 3: EPIDEMIOLOGY OF HEALTHCARE AND OUTCOMES

- a) Need, demand and use
- b) Defining Health Needs Assessment
- c) Approaches to Health Needs Assessment
- d) A Health Needs Assessment Framework

MODULE 4: IMPACTS OF HUMAN BEHAVIOUR ON HEALTH

- a) Energy Balance & Cancer Prevention
- b) Tobacco And Alcohol Prevention
- c) Womens'health d) Obesity Prevention
- e) Disease Communication & Screening

Course Audience: B.Sc Nursing, III YEAR Course Coordinator: DR.V. Hemavathy

Course Faculties with Qualification and Designation:

- 1. DR. V.HEMAVATHY, M.SC (NSG)M.PHIL.PHD, PRINCIPAL, SBCN
- 2. DR.PRIYA, MD, SBMCH
- 3. DR.LAKSHMIPRIYA ,MD, SBMCH
- 4. MRS.AJITHA NANCY RANI.R M.Sc (N) PROFESSOR
- MRS.SARADHADEVI.S M.Sc (N) ASST PROFESSOR
 MRS.AJITHAKUMARI.G M.Sc (N) ASST PROFESSOR
 MRS.ANJANI.P.N M.Sc (N) ASST PROFESSOR

| Sl No | Date | topics | Date | Duration | |
|----------|------------|----------------------------|------------|----------|--|
| 1 | 29-08-2021 | Introduction to psychology | 29-08-2021 | 3 Hours | |
| 2 | 30-08-2021 | Attitude and health | 30-08-2021 | 3 Hours | |

| 3 | 06-09-2021 | Economic decisions, | 06-09-2021 | 3 Hours |
|----|------------|--------------------------------------|------------|---------|
| 4 | 07-09-2021 | Family patterns, | 07-09-2021 | 3 Hours |
| 5 | 13-09-2021 | Need, demand and use of human values | 13-09-2021 | 3 Hours |
| 6 | 14-09-2021 | Health Needs Assessment | 14-09-2021 | 3 Hours |
| 7 | 15-09-2021 | Impacts Of Human Behaviour On Health | 15-09-2021 | 3 Hours |
| 8 | 17-09-2021 | Tobacco And Alcohol Prevention | 17-09-2021 | 3 Hours |
| 9 | 18-09-2021 | Womens'health | 18-09-2021 | 3 Hours |
| 10 | 19-09-2021 | Obesity Prevention | 19-09-2021 | 3 Hours |

REFERENCES

- Behavioural Sciences in Medical Practice 2nd Edition By Mehta Manju, Jaypee Brothers Medical Publishers
- Health Behavior Change 3rd Edition by Pip Mason, Elsevier

BHARATH INSTITUTE OF HIGHER EDUCATION

DEPARTMENT OF PSYCHIATRIC NURSING VALUE ADDED COURSE – INTRODUCTION TO SOCIAL AND BEHAVIORAL HEALTH SCIENCE

| S.NO | REG. NO | NAME OF THE CANDIDATE |
|------|----------|-----------------------|
| 1 | U15NR001 | AARTHI R |

| 2 | U15NR002 | ABEENA ELSA VARGHESE |
|------|--|----------------------|
| 3 | U15NR003 | ABINAYA R |
| 4 | U15NR004 | AJITH KUMAR A |
| 5 | U15NR005 | AMBIKA P |
| 6 | U15NR006 | ANANTHI A |
| 7 | U15NR007 | ANBUSELVI B |
| 8 | U15NR008 | ANU SURESH |
| 9 | U15NR009 | ANUPRIYA D |
| 10 | U15NR010 | ANUSUYA A |
| 11 | U15NR010 | ARCHANA D |
| 1220 | 73 (SA) 12 (CA) (SA) (CA) (CA) (CA) (CA) (CA) (CA) (CA) (C | ARIVUMATHI G |
| 12 | U15NR012 | |
| 13 | U15NR013 | ARUNA R |
| 14 | U15NR014 | AYESHABANU B |
| 15 | U15NR015 | BALAJI S |
| 16 | U15NR016 | BANCY M |
| 17 | U15NR017 | BARRANI G R |
| 18 | U15NR018 | BEAUTLIN J |
| 19 | U15NR019 | BHARATHI K |
| 20 | U15NR020 | BHAVANI R |
| 21 | U15NR021 | DEEPIKA R |
| 22 | U15NR022 | DEEPIKA SRINIVASAN |
| 23 | U15NR023 | DHANALAKSHMI M |
| 24 | U15NR024 | DURGADEVI S |
| 25 | U15NR025 | GAYATHRI R |
| 26 | U15NR026 | GIRIJA D |
| 27 | U15NR027 | HAMEETHA BEGUM A |
| 28 | U15NR028 | INDUMATHI P |
| 29 | U15NR029 | ISABELMONIKA N |
| 30 | U15NR030 | JANAKI R |
| 31 | U15NR031 | JAYANTHI S |
| 32 | U15NR032 | JAYASHREE M |
| 33 | U15NR033 | JENIFER R |
| 34 | U15NR034 | KALAIVANI M |
| 35 | U15NR035 | KALAIVANI S |
| 36 | U15NR036 | KALAIVANI S |
| 37 | U15NR037 | KAVIPRIYA K |
| 38 | U15NR038 | KAVIYA C S |
| 39 | U15NR039 | KAYALVIZHI S |
| 40 | U15NR040 | KEERTHANA L |
| 41 | U15NR041 | KIRUTHIGA S |
| 42 | U15NR042 | KOKILA K |
| 43 | U15NR043 | KOWSALYA G |
| 44 | U15NR044 | KOWSALYA R |
| 45 | U15NR045 | LAKSHMI R |
| 46 | U15NR046 | MAGIMAI YUVANKA M |
| 47 | U15NR047 | MAHALAKSHMI R |
| 48 | U15NR048 | MANGAYARKARASI M |
| 49 | U15NR049 | MANJU A |
| 50 | U15NR050 | MANJUREKHA A |
| 51 | U15NR051 | MOHAN M |
| 52 | U15NR052 | NAGARANI S |
| 53 | U15NR053 | NALINI J |
| 54 | U15NR054 | NALINI J NALINI M |
| | 013NK034 | INVERNI IN |

| 55 | U15NR055 | NANDHINI A |
|----|----------|-------------------|
| 56 | U15NR056 | NITHYA R |
| 57 | U15NR057 | PARAMESWARI A |
| 58 | U15NR058 | PARAMESHWARI D |
| 59 | U16NR001 | AARTHY.S |
| 60 | U16NR002 | ABILASHA.R |
| 61 | U16NR004 | AKSHYA.R |
| 62 | U16NR005 | ANSU MARY ABRAHAM |
| 63 | U16NR006 | ANUSUYABEGUM.H |
| 64 | U16NR007 | ASHIKA SHANI.S |
| 65 | U16NR008 | BERCY ALEXANDRE.P |

The department of psychiatric nursing, offered a value added course on, introduction to social and behavioral health sciences from 29/08/2021 to 19/9/2021 for a period of 3 weeks. The participants actively interacted with the speakers.









COLLEGE OF NURSING

VALUE ADDED COURSE ON INTRODUCTION TO SOCIAL AND BEHAVIORAL HEALTH SCIENCE

CERTIFICATE OF PARTICIPATION

This is to certify that Mr/Ms <u>ANBUSELVI B (U15NR007)</u> has attended three weeks value added course on **Introduction To Social and Behavioral Health Science** conducted by Department of Psychiatric Nurising at Bharath Institute of Higher Education and Research, Chennai (TN), India during 29-08-2021 to 19-09-2021.

COURSE COORDINATOR

HOD

Annexure 4

Course/Training Feedback Form

| Course: Date: Name: Reg No. Departi | ** *3 | nt: psychiat | ric Nursing | | | |
|---|----------|--------------|-----------------------------------|-------------------|-------------------|--|
| Q 1 : Ple | ease | rate your ov | verall satisfaction | n with the format | t of the course: | |
| | a. | Excellent | b. Very Good | c. Satisfactory | d. unsatisfactory | |
| Q 2 : Ple | ease | rate course | notes: | | | |
| | a. | Excellent | b. Very Good | c. Satisfactory | d. unsatisfactory | |
| | | | ice was well plan b. Very Good | | d. unsatisfactory | |
| Q 4: The lectures were clear and easy to understand | | | | | | |
| | a. | Excellent | b. Very Good | c. Satisfactory | d. unsatisfactory | |
| Q 5: Please rate the quality of pre-course administration and information: a. Excellent b. Very Good c. Satisfactory d. unsatisfactory | | | | | | |
| Q 6: Any other suggestions: | | | | | | |
| Comme | nts | : | | | | |
| Thank you for taking the time to complete this survey, your comments are much appreciated. | | | | | | |
| OPTIONAL Section: Name | | | | | | |
| Signatu | e _ | | 7. 2. 7. 7. 7. | | Date | |