

REQUESTION LETTER

Date- 26/02/2018

From

Dr. Sathiyalatha Sarathi
Professor and Head,
Obstetrics & Gynaecological Nursing Department,
Sree Balaji College of Nursing,
Bharath Institute of Higher Education and Research,
Chennai.

To

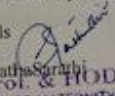
The Dean,
Sree Balaji College of Nursing,
Bharath Institute of Higher Education and Research,
Chennai.

Sub: Permission to conduct value-added course: Hands on Training in Personal Hygiene.

Dear Sir,

With reference to the subject mentioned above, the department proposes to conduct a value-added course titled: Hands on Training in Personal Hygiene on 05/03/2018 to 22/03/2018. We solicit your kind permission for the same.

Kind Regards


Dr. Sathiyalatha Sarathi
PROF. & HOD
DEPARTMENT OF MATERNITY NURSING
Sree Balaji College of Nursing
No. 7, Works Road,
Chennai-600 044
Department of Obstetrical and gynecological nursing



Date- 25/11/2019

From

The Principal,

SreeBalaji College of Nursing, Chennai

Bharath Institute of Higher Education and Research, Chennai

Chennai.

To

Dr. SathiyalathaSarathi

Professor and Head,

Obstetrics & Gynaecological Nursing Department,

Sree Balaji College of Nursing,

Sub: Permission to conduct value-added course: Hands on Training in Personal Hygiene.

Dear Sir,

With reference to the subject mentioned above, the department proposes to conduct a value-added course titled: Hands on Training in Personal Hygiene. 05/03/2018 to 22/03/2018. We solicit your kind permission for the same.


Principal
Dr. V. HEMAVATHY,
M.Sc.(N), M.A., M.Phil., Ph.D.(N),
PRINCIPAL
SREE BALAJI COLLEGE OF NURSING
No. 7, Works Road, Chrompet,
Chennai-600 044.

BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH

SREE BALAJI COLLEGE OF NURSING

DEPARTMENT OF OBSTETRICS AND GYNAECOLOGICAL NURSING

VALUE ADDED COURSE ON TRAINING IN PERSONAL HYGIENE

COURSE CO-ORDINATOR DETAILS

Faculty Name: Mrs.Pappyuvarani, Professor

Department of Obstetrics and Gynecological Nursing

Email ID: pappy.yuvarani@gmail.com

Mobile number: 8056504779

BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH

SREE BALAJI COLLEGE OF NURSING

DEPARTMENT OF FUNDAMENTALS OF NURSING

VALUE ADDED COURSE SYLLABUS(2019-2020)

ON

PERSONAL HYGIENE

Course Description:

Hours: 25

This course is designed to help the students to develop an understanding of the cleanliness, procedures in various Supervised Clinical settings. It is aimed at helping the students to acquire knowledge, understanding and skills in techniques of nursing and practice them in Supervised Clinical settings.

This course enables students to have a better understanding includes bathing , washing your hands , brushing your teeth and more.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Met
I	4	Describe the personal hygiene	Introduction <ul style="list-style-type: none">• Definition of personal hygiene• Good and bad Hygiene• Factors influencing hygienic practices<ul style="list-style-type: none">• Physical factors• Psychological factors• Socio – economic factors	Lecture, Discussion, about infection control	<ul style="list-style-type: none">• Essay type• Short Answer Questions• Objective Type
II	5	➤ Describe and explain about the oral hygienic care	<ul style="list-style-type: none">• Introduction• Definition of personal hygiene• Common Problems of the oral cavity• Infections in oral cavity• Nurse` s responsibility• Preparation and articles• Procedure• After Care	Lecture, Discussion, about infection control	<ul style="list-style-type: none">• Essay type• Short Answer Questions• Objective Type

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
III	6	➤ Explain TheSkin care	SKIN CARE <ul style="list-style-type: none"> • Introduction • Functions of the skin • Bathing • Bed Bathing • Bed Sore 	Lecture Discussion about Sterilization and disinfection	<ul style="list-style-type: none"> • Essay Type Short Answers • Objective Type Assess Skills With Checklist
IV	4	➤ Explain About TheCare of eyes , mouth and nose	CARE OF THE EYES , NOSE ,MOUTH <ul style="list-style-type: none"> • Introduction • Care of the eyes • Procedure • Care of the nose • Care of the mouth 	Lecture ,Discussion about The Personal protective equipment and standard precautions	<ul style="list-style-type: none"> • Essay Type Short Answers Objective Type
V	6	Explain about the perineum Care	CARE OF PERINEUM <ul style="list-style-type: none"> • Definition • Nurse's Responsibility • Articles • Procedure • After Care 	Lecture ,Discussion about The Personal protective equipment and standard precautions	Essay Type Short Answers Objective Type

Course Curriculum/Topics with schedule (Min of 30 hours)

Sl No	Date	Topic	Time	Hours
1	05/03/18	Introduction to Personal Hygiene and Prevention of diseases	10 am - 1pm	3 Hrs
2	07/03/18	Skin care and cloths	10am -1pm 2pm -4pm	5 Hrs
3	12/03/18	Hand and Foot Care	9am -1pm 2pm-4pm	6 Hrs
4	15/03/18	Oral Hygiene	10am -1pm 2pm -4pm	5 Hrs
5	19/03/18	Care of Eyes, Nose and Head	9am -1pm 2pm-5pm	7 Hrs
6	22/03/18	Genital Hygiene	9 am - 1pm	4 Hrs
			Total Hours	30

Bharath Institute of Higher Education and Research

SreeBalaji College of Nursing.

Participant list of Value added course: Hands on Training in Personal Hygiene on 05/03/2018 to 22/03/2018

S.NO	Name of the students	Registration number	Signature
1.	AARTHR	U15NR001	<i>Aarth</i>
2.	ABEENA ELSA VARGHESE	U15NR002	<i>Abineela</i>
3.	ABINAYA.R	U15NR003	<i>Abinaya</i>
4.	AJITH KUMARA	U15NR004	<i>Ajith</i>
5.	AMBIKA.P	U15NR005	<i>Ambika</i>
6.	ANANTHLA	U15NR006	<i>Anantha</i>
7.	ANBU SELV.B	U15NR007	<i>Anbu</i>
8.	ANU SURESH	U15NR008	<i>Anu Suresh</i>
9.	ANU PRIYA.D	U15NR009	<i>Anu Priya</i>
10.	ANUSUYA.A	U15NR010	<i>Anusuya</i>
11.	ARCHANA.D	U15NR011	<i>Archana</i>
12.	BALAJI.S	U15NR015	<i>Balaji</i>
13.	BARRANI .G.R	U15NR017	<i>Barrani</i>
14.	BEAUTLIN.J	U15NR018	<i>Beautlin</i>
15.	BHARATHI.K	U15NR019	<i>Bharathi</i>
16.	BHAVANIR	U15NR020	<i>Bhavanir</i>
17.	DEEPIKA.R	U15NR021	<i>Deepika</i>
18.	DEEPIKA SRINIVASAN	U15NR022	<i>Deepika</i>
19.	DHANALAKSHMLM	U15NR023	<i>Dhanalakshmi</i>
20.	DURGADEVLS	U15NR024	<i>Durgadevi</i>
21.	GIRIJA.D	U15NR026	<i>Girija</i>

22.	INDUMATH.P	U15NR028	Indumathi
23.	ISABEL MONIKA.N	U15NR029	Isabel Monika. N.
24.	JAYANTHIS	U15NR031	Jayanthi
25.	JAYASREE.M	U15NR032	Jayasree M.
26.	JENIFER.R	U15NR033	Jenifer
27.	KALAIVANL.M	U15NR034	Kalai
28.	KALAIVANL.S	U15NR035	Kalaivanis
29.	KALAIVANL.S	U15NR036	Kalai
30.	KAVIPRIYA.K	U15NR037	Kavipriya
31.	KAVIYA.C.S	U15NR038	Kaviya
32.	KAYALVIZHIS	U15NR039	Kayalvi
33.	KEERTHANA.L	U15NR040	Keerthana
34.	KIRUTHIGA.S	U15NR041	Kiruthiga
35.	KOKILA.K	U15NR042	Kokila
36.	KOWSALYA.G	U15NR043	Kowsalya
37.	KOWSALYA.R	U15NR044	Kowsalya
38.	LAKSHMI.R	U15NR045	Lakshmi
39.	MAGIMAI YUVANKA M	U15NR046	Magimai
40.	MAHALAKSHMI.R	U15NR047	Mahalakshmi
41.	MANGAYARKARASI . M	U15NR048	Mangayarkarasi
42.	MANJUA	U15NR049	Manju
43.	MANJUREKHA.A	U15NR050	Manjurekha
44.	MOHAN.M	U15NR051	Mohan
45.	NAGARANI.S	U15NR052	Nagani

HANDS ON TRAINING IN HAND WASHING TECHNIQUE

45 students has participated in the value added courses on hands on training in personal hygiene organized by Obstetrics and Gynecological department on 05/03/2018.






COLLEGE OF NURSING
VALUE ADDED COURSE ON HANDS ON TRAINING IN PERSONAL HYGIENE
CERTIFICATE OF APPRECIATION

This is to Certify That Mr. /Ms M. JAYASREE (U15NR032) B.Sc(N) II Year, has Attended Three Weeks Value Added Course On HANDS ON TRAINING IN PERSONAL HYGIENE Conducted By Department Of Obstetrics And Gynecological Nursing at Sree Balaji School of Nursing, Chennai (TN), during 05/03/2018 to 22/03/2018.


COURSE COORDINATOR


HOD


PRINCIPAL

SREE BALAJI COLLEGE OF NURSING

STUDENT FEEDBACK FORM FOR VALUE ADDED COURSES

DEPARTMENT OF OBSTETRICS AND GYNAECOLOGICAL NURSING

Academic year: 2018

Name of the value added course offered: Hands on Training in personal hygiene

Period of Batch: B.SCCN IV year


Course - Coordinator: S. Praveen Kumar

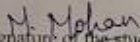
STUDENT FEEDBACK

Dear Student,

You are required to give your feedback on the following aspects. Please tick in the respective column.

S.No	Criteria	Rating				
		Excellent	Very good	Good	Fair	Satisfactory
1	Course content			✓		
2	Skill development			✓		
3	Motivation		✓			
4	Regularity and punctuality of teacher			✓		
5	Coverage of syllabus			✓		
6	Resource person interaction with students		✓			
7	Individual attention		✓			
8	Outcome			✓		
9	Competency of the course			✓		
10	Other suggestions			✓		


Course co-ordinator


Signature of the student