

03.07.2017

From

Mr. S. Dinesh., M.P.T (Ortho)

Assistant Professor in physiotherapy

Sree Balaji College of Physiotherapy,

Chennai

To

Dr.S.S.Subramanian., Ph.D

The Dean,

Sree Balaji College of Physiotherapy,

Chennai

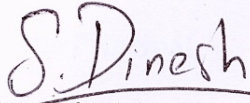
Sir,

Sub: Permission to conduct value added course on Short Term Course on Nutrition and Physical Fitness - Reg)

* Kindly consider in permitting the following value added course on Short Term Course on Nutrition and Physical Fitness by eminent expert Mr. Ramkrishna & Mr. Binny from 08.08.2017 to 29.08.2017, for a period of 3 weeks

Our students shall benefit this recent trends related to physiotherapy

Thanking You


Yours faithfully



Sharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Declared as Deemed-to-be University under section 3 of UGC Act, 1956)
UHE Notification No. 1-95200-1/03, Ministry of Human Resource Development, Govt. of India, dated 4th July 2002

Phone: 044-22290742 / 22290125 Telexfax: 044-22290886
Website: www.sharathuniv.ac.in

173, Agaram Road, Selayur, Tambaram
Chennai - 600 073, Tamil Nadu



SREE BALAJI COLLEGE OF PHYSIOTHERAPY

03.07.2017

To

Mr.S. Dinesh., M.P.T


Assistant Professor in physiotherapy

Sir,

With reference to your communication dated on 03.07.2017

Hereby we grant permission to conduct value added Short Term Course on Nutrition and Physical Fitness from 08.08.2017 to 29.08.2017, for a period of 3 weeks




Dr.S.S.Subramanian., Ph.D

The Principal,

Sree Balaji College of Physiotherapy



Bharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Declared as Deemed-to-be University under section 3 of UGC Act, 1956)
(Voc. Notification No. F-9-52202 - J.3 Ministry of Human Resource Development, Govt. of India, Dated 4 July 2002)

Phone: 044-22290742 / 22290125 Telefax: 044-22290885
Website: www.bharathuniv.ac.in

173, Agaram Road, Sakkyar, Tambaram
Chennai - 600 075, Tamil Nadu.



SREE BALAJI COLLEGE OF PHYSIOTHERAPY


24.07.2017

CIRCULAR

Notification for Value Added Course on Nutrition and Physical Fitness

The department of community health, by college of Physiotherapy, is scheduled to offer a value added course on Nutrition and Physical Fitness from 08.08.2017 to 29.08.2017 for a period of 3 weeks. Interested students can approach Mr. S. Dinesh., Asst. Professor & Course Coordinator




Dr.S.S.Subramanian., Ph.D

The Principal,

Sree Balaji College of Physiotherapy



Bharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Declared as Deemed-to-be University under section 3 of UGC Act, 1956)
(Vide Notification No. F.9-52000 - U.3, Ministry of Human Resource Development, Govt. of India, dated 4th July 2002)

Phone : 044-22290742 / 22290125 . Telefax : 044-22293886
Website : www.bharathuniv.ac.in

173, Agaram Road, Selaiyur, Tambaram,
Chennai - 600 073, Tamil Nadu.



SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Course on Short Term Course on Nutrition and Physical Fitness

DATE: 08.08.2017 to 29.08.2017

Objectives:

1. To understand, principles of fitness and nutrition
2. To be familiar with obesity, nutrition, lifestyle, diseases and various fitness training concepts

Course Outline:

1. Fitness components and principles
2. Nutrition and fitness influencing on health and disease
3. Fitness training concepts
4. Life style – impact of health and fitness
5. Diet assessment, counseling and analysis
6. Fitness related injuries and management

Recourse Persons

Speaker: 1	Mr. Ramkrishna – M.SC Sports General Manager – Academy & Training	Fitness One
Speaker: 2	Mr. Binny., B.P.T - Physiotherapist General Manager – Academy & Training	Fitness One

Eligibility: Final year B.P.T, Interns, M.P.T students, Clinical Physiotherapists

Fees: Free

For Registration Contact: 044 - 22461883, 044 - 22462179,

e - Mail: sbcp2007@gmail.com

ORGANIZING SECRETARY

Mr. S. Dinesh., M.P.T., Assistant Professor



Bharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Declared as Deemed-to-be University under section 3 of UGC Act, 1956)
(Vide Notification No. F.9-52000 - U.3, Ministry of Human Resource Development, Govt. of India, dated 4th July 2002)

Phone : 044-22290742 / 22290125 . Telefax : 044-22293886
Website : www.bharathuniv.ac.in



173, Agaram Road, Selaiyur, Tambaram,
Chennai - 600 073, Tamil Nadu.



SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Course on Short Term Course on Nutrition and Physical Fitness

DATE: 08.08.2017 to 29.08.2017

AGENDA

Course on Short Term Course on Nutrition and Physical Fitness			
Date	Topic	Time	Hour
08.08.2017	Principles of Fitness & Nutrition	03.00 P.M – 05.00 P.M	02.00 hrs
09.08.2017	Components of Fitness	03.00 P.M – 05.00 P.M	02.00 hrs
10.08.2017	Principles of Fitness	03.00 P.M – 05.00 P.M	02.00 hrs
11.08.2017	Effect of Nutrition in Fitness	03.00 P.M – 05.00 P.M	02.00 hrs
14.08.2017	Effect of Nutrition, Fitness in Health	02.00 P.M – 04.00 P.M	02.00 hrs
16.08.2017	Concepts of Fitness With Cardiac Problems	02.00 P.M – 04.00 P.M	02.00 hrs
17.08.2017	Maintain Fitness with Cardiac Problems	02.00 P.M – 04.00 P.M	02.00 hrs
18.08.2017	Fitness & Sports	03.00 P.M – 05.00 P.M	02.00 hrs
19.08.2017	Mal Nutrition	02.00 P.M – 04.00 P.M	02.00 hrs
21.08.2017	Maintain Fitness Without GYM	02.00 P.M – 04.00 P.M	02.00 hrs
22.08.2017	Diet Assessment	03.00 P.M – 05.00 P.M	02.00 hrs
23.08.2017	Counseling for Nutrition & Physical Fitness	03.00 P.M – 05.00 P.M	02.00 hrs
24.08.2017	Fitness for Female	03.00 P.M – 05.00 P.M	02.00 hrs
28.08.2017	Nutrition and Fitness in Geriatric Population	03.00 P.M – 05.00 P.M	02.00 hrs
29.08.2017	Fitness Management	03.00 P.M – 05.00 P.M	02.00 hrs
	Total		30 hrs



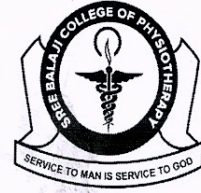
Bharath

INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Declared as Deemed-to-be University under section 3 of UGC Act, 1956)
(Vide Notification No. F.9-02002 U.S. Ministry of Human Resource Development, Govt. of India, dated 4th July 2002)

Phone : 044-22260742 / 22290125 Telefax : 044-22293886
Website : www.bharathuniv.ac.in

173, Agaram Road, Selaiyur, Tambaram,
Chennai - 600 073, Tamil Nadu.



SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Course on Short Term Course on Nutrition and Physical Fitness

DATE: 08.08.2017 to 29.08.2017

FEEDBACK FORM

1. Adherence with due time: Good / Punctual / Can Be Improved
2. Audiovisual - Adequate / Needs To Improve
3. Depth of session - Good / Bad / Not Enough
4. How much relevant to future - Practice Useful / Not Sure
5. Further suggestions - Its Very Longer Sessions/ More Such Events to be Conducted / No Comments
6. Way of presentation Good/ Bad/ Can be Improved
7. Preparation for the event can be informed before / more arrangement / can be done / appreciable



Bharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Declared as Deemed-to-be University under section 3 of UGC Act, 1956)
(Wide Notification No. F.9-52001-03 Ministry of Human Resource Development, Govt. of India, dated 4th July 2002)

Phone: 044-22290742 / 22290125 Telefax: 044-22293886
Website: www.bharathuniv.ac.in



179, Agaram Road, Selayur, Tambaram,
Chennai - 600 073, Tamil Nadu



SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Course on Short Term Course on Nutrition and Physical Fitness

DATE: 08.08.2017 to 29.08.2017

FEEDBACK FORM

1. Adherence with due time: Good / Punctual / Can Be Improved
2. Audiovisual - Adequate / Needs To Improve
3. Depth of session - Good / Bad / Not Enough
4. How much relevant to future - Practice Useful / Not Sure
5. Further suggestions - Its Very Longer Sessions/ More Such Events to be Conducted / No Comments
6. Way of presentation Good/ Bad/ Can be Improved
7. Preparation for the event can be informed before / more arrangement / can be done / appreciable

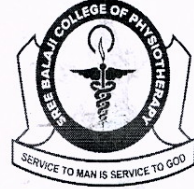


Sharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH



Phone: 044-22290742 / 22290126 Telefax: 044-22291695
Website: www.sharathuniv.ac.in

173, Agaram Road, Selayur, Tambaram
Chennai - 600 073, Tamil Nadu



SREE BALAJI COLLEGE OF PHYSIOTHERAPY

LIST OF PARTICIPANTS

Course on Short Term: Clinical Nutrition and Physical Fitness

on 08.08.2017 to 29.08.2017

S.No	Name	Reg No	Signature
1	Binita Gurung	U14PT002	<i>Binita</i>
2	Ganesh Balaji. L	U14PT003	<i>Ganesh</i>
3	Gladis Sherin. R	U14PT004	<i>Gladis Sherin R</i>
4	Hema. S	U14PT005	<i>Hema</i>
5	Jeevitha. G	U14PT006	<i>Jeevitha</i>
6	Madhan kumar. R	U14PT007	<i>Madhan</i>
7	Mohammed Shabeer.N	U14PT008	<i>Shabeer N</i>
8	Nivetha.S	U14PT009	<i>Nivetha</i>
9	P. Prasanth	U14PT010	<i>Prasanth</i>
10	Priyanka.M	U14PT011	<i>Priyanka</i>
11	Saranya Devi. M	U14PT012	<i>Saranya</i>
12	Sathiya Priya. K	U14PT013	<i>Sathiya Priya</i>
13	Shabana. S	U14PT014	<i>Shabana</i>
14	Shadab Ahmed. V.M	U14PT015	<i>Shadab</i>
15	Shalini.S	U14PT016	<i>Shalini</i>
16	Suganthi.S	U14PT017	<i>Suganthi</i>
17	Sumithra.M	U14PT018	<i>Sumithra</i>

18	Thinakaran.C	U14PT020	Thinakaran
19	Abinaya P	U15PT001	Abinaya P
20	Akila V	U15PT002	Akila V
21	Anu Priya K	U15PT003	Anu Priya K
22	Ashmika R	U15PT005	Ashmika R
23	Atchaya G	U15PT006	Atchaya G
24	Bhavana S	U15PT007	Bhavana S
25	Bhuvaneshwari B	U15PT008	Bhuvaneshwari B
26	Boopathi S	U15PT009	Boopathi S
27	Divya J	U15PT010	Divya J
28	Gayathri M	U15PT011	Gayathri M
29	Gayathri S	U15PT012	Gayathri S
30	Hemalatha E	U15PT013	Hemalatha E
31	Ilakia S	U15PT014	Ilakia S
32	Jagan B	U15PT015	Jagan B
33	Jeevitha K	U15PT016	Jeevitha K
34	Kalaiarasi K	U15PT017	Kalaiarasi K
35	Kalaivani E	U15PT018	Kalaivani E



Sharath

INSTITUTE OF HIGHER EDUCATION AND RESEARCH

Approved by
NAAC



SREE BALAJI COLLEGE OF PHYSIOTHERAPY

CERTIFICATE OF PARTICIPATION

This is to certify that Mr / Ms DIVYA.S (Reg No U15FT010) of
I/II/III/IV year B.P.T/ Clinical Physiotherapists has participated in the Course on Short Term Conducted Short Term Conducted

on 08.08.2017 to 29.08.2017 in “Course on Short Term Course on Nutrition and Physical Fitness”

S. Dinesh

Mr. S. Dinesh., M.P.T

Coordinator

S. S. Subramanian

Dr.S.S.Subramanian., Ph.D

Principal



Bharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Declared as Deemed-to-be University under section 3 of UGC Act, 1956)
(Vide Notification No. F.9-5/2000 - U.3, Ministry of Human Resource Development, Govt. of India, dated 4th July 2002)



Phone : 044-22290742 / 22290125 . Telefax : 044-22293886
Website : www.bharathuniv.ac.in

173, Agaram Road, Selayur, Tambaram,
Chennai - 600 073, Tamil Nadu.

SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Course on Short Term Course on Nutrition and Physical Fitness

DATE: 08.08.2017 to 29.08.2017

