

01.08.2017

From

Mr.V. Balasubramani., M.P.T

Assistant Professor in physiotherapy

Sree Balaji College of Physiotherapy,

Chennai

To

Dr.S.S.Subramanian., Ph.D

The Dean,

Sree Balaji College of Physiotherapy,

Chennai

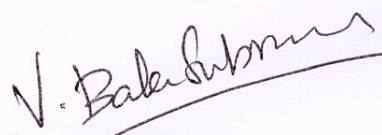
Sir,

(Sub: Permission to conduct value added course on Introduction to Nutrition & Dietetics - Reg)

Kindly consider in permitting the following value added course on Introduction to Nutrition & Dietetics by eminent expert Dr. Dharini Krishnan & Mrs. Abirami Ramesh Babu on 22.09.2017 to 13.10.2017, for a period of 3 weeks

Our students shall benefit this recent trends related to physiotherapy

Thanking You


Yours faithfully



Bharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Established as Bharath Institute of Higher Education under Section 3 of UGC Act, 1956)
(Ude Notification No. F-5295 - U 3 Ministry of Human Resource Development, Govt. of India, dated 4th July 2002)
Phone: 044-22290742 / 22290125 Telefax: 044-22290886
Website: www.bharathuniv.ac.in



173, Agaram Road, Selayur, Tambaram
Chennai - 600 073, Tamil Nadu.



SREE BALAJI COLLEGE OF PHYSIOTHERAPY

01.08.2017

To

Mr. V. Balasubramani., M.P.T

Assistant Professor in physiotherapy

Sir,

With reference to your communication dated on 01.08.2017

Hereby we grant permission to conduct value added course on Introduction to Nutrition & Dietetics from 22.09.2017 to 13.10.2017 for a period of 3 weeks



Dr.S.S.Subramanian., Ph.D

The Principal,

Sree Balaji College of Physiotherapy

PRINCIPAL
SREE BALAJI COLLEGE OF PHYSIOTHERAPY
Velachery Main Road, Narayanapuram
Pallikaranai, Chennai - 600 100



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SREE BALAJI COLLEGE OF PHYSIOTHERAPY


21.08.2017

CIRCULAR

Notification for Value Added Course on Short Term Introduction to Nutrition and Dietetics

The department of community health, by college of Physiotherapy, is scheduled to offer a **value added course on Short Term Introduction to Nutrition and Dietetics from 22.09.2017 to 13.10.2017 for a period of 3 weeks**. Interested students can approach Mr. V. Balasubramani., Asst. Professor & Course Coordinator




Dr.S.S.Subramanian., Ph.D

The Principal,

Sree Balaji College of Physiotherapy

PRINCIPAL
SREE BALAJI COLLEGE OF PHYSIOTHERAPY
Velachery Main Road, Narayanapuram
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173, Agaram Road, Selaiyur, Tambaram,
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SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Course on Short Term: Introduction to Nutrition and Dietetics

DATE: 22.09.2017 to 13.10.2017

Objectives of the Course:

1. To be familiar with important of nutrition for different age groups
2. To understand the benefits, nature of food consumed on health and disease

Course Outline:

1. Nutrition for female - children - pregnancy - elderly
2. Importance of dietary prescription for cardiac - diabetic - renal - sports subjects
3. Diet sources - calories required - measurable scales - adulteration of food
4. Junk food - healthy balanced diet - minerals - vitamins from food

Recourse Persons

Speaker: 1	Dr. Dharini Krishnan., Ph. D	A leading Consultant Dietitian in Chennai
Speaker: 2	Mrs. Abirami Ramesh Babu. M.P.T.	Health Fitness Specialist, Sri Venkateswara Physiotherapy Clinic, Kanchipuram

Eligibility: Final year B.P.T, Interns, Clinical Physiotherapists

Fees: Free

For Registration Contact: 044 - 22461883, 044 - 22462179,

e - Mail: sbcp2007@gmail.com

ORGANIZING SECRETARY

Mr.V. Balasubramani., Assistant Professor



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SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Course on Short Term: Introduction to Nutrition and Dietetics

DATE: 22.09.2017 to 13.10.2017

AGENDA

Introduction to Nutrition and Dietetics			
Date	Topic	Time	Hour
22.09.2017	Introduction for Important of Nutrition	02.00 P.M – 03.30 P.M	01.30 hrs
25.09.2017	Benefits of Nutrition & Diet	03.00 P.M – 04.30 P.M	01.30 hrs
26.09.2017	Nutrition for Female in Different Age Group	03.00 P.M – 05.00 P.M	02.00 hrs
27.09.2017	Nutrition for Pregnant Ladies	03.00 P.M – 05.00 P.M	02.00 hrs
28.09.2017	Nutrition for Young Lactating Mothers	03.00 P.M – 04.30 P.M	01.30 hrs
29.09.2017	Diet for Fitness	03.00 P.M – 05.00 P.M	02.00 hrs
30.09.2017	Dietary Advise for Cardiac Patients	02.00 P.M – 04.00 P.M	02.00 hrs
03.10.2017	Dietary Advise for Post Surgery Patients	02.00 P.M – 04.00 P.M	02.00 hrs
04.10.2017	Nutrition for Sports Persons and Dietary Advise	02.00 P.M – 04.00 P.M	02.00 hrs
05.10.2017	Sources of Diet & Recommended	02.00 P.M – 04.00 P.M	02.00 hrs
06.10.2017	Food Adulteration & Prevention	02.30 P.M – 03.30 P.M	01.30 hrs
07.10.2017	Health Balanced Diet	02.30 P.M – 03.30 P.M	01.30 hrs
09.10.2017	Diet for Young Children	02.30 P.M – 03.30 P.M	01.30 hrs
10.10.2017	Diet for School Children	03.00 P.M – 04.30 P.M	01.30 hrs
11.10.2017	Difference Between Home Food & Junk Food	03.00 P.M – 04.30 P.M	01.30 hrs
12.10.2017	Complications of Obesity	03.00 P.M – 05.00 P.M	02.00 hrs
13.10.2017	Healthy Diet	03.00 P.M – 05.00 P.M	02.00 hrs
	Total Hrs		30 hrs



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SREE BALAJI COLLEGE OF PHYSIOTHERAPY

LIST OF PARTICIPANTS

Course on Introduction To Nutrition & Dietetics on 22.09.2017 to 13.10.2017

S.No	Name	Reg No	Signature
1	Gladis Sherin. R	U14PT004	<i>Gladis</i>
2	Hema. S	U14PT005	<i>Hema S</i>
3	Jeevitha. G	U14PT006	<i>Jeevitha</i>
4	Madhan kumar. R	U14PT007	<i>Madhan</i>
5	Mohammed Shabeer.N	U14PT008	<i>Shabeer N</i>
6	Nivetha.S	U14PT009	<i>Nivetha S</i>
7	Divya J	U15PT010	<i>Divya</i>
8	Gayathri M	U15PT011	<i>Gayathri M</i>
9	Gayathri S	U15PT012	<i>Gayathri</i>
10	Hemalatha E	U15PT013	<i>Hemalatha E</i>
11	Ilakia S	U15PT014	<i>Ilakia S</i>
12	Jagan B	U15PT015	<i>Jagan B</i>
13	Jeevitha K	U15PT016	<i>Jeevitha</i>
14	Kalaiarasi K	U15PT017	<i>Kalaiarasi</i>
15	Kalaivani E	U15PT018	<i>Kalaivani E</i>
16	Karthickeyan R	U15PT019	<i>Karthickeyan</i>
17	Kavitha N	U15PT020	<i>Kavitha</i>
18	Ramya E	U15PT031	<i>Ramya</i>
19	Rekha G K	U15PT032	<i>Rekha</i>
20	Sahithya T	U15PT034	<i>Sahithya T</i>
21	Gopi Krishnan .A	U16PT011	<i>Gopikrishnan</i>

22	Hema. A	U16PT012	Hema
23	Iswarya. S	U16PT013	Iswarya-S.
24	Joshna kousalya	U16PT014	Joshna
25	Jyothi. K	U16PT015	Jyothi.
26	Kaleeswari. R	U16PT016	Kaleeswari
27	Kalyani. E	U16PT017	Kalyani
28	Kamalee. K	U16PT018	Kamalee-K
29	Keerthana. K	U16PT019	Keerthana.
30	Kirthika. B	U16PT020	Kirthika B
31	Kotteswari. S.G	U16PT021	Kotteswari
32	Lavanya. R	U16PT022	Lavanya.R.
33	Loganayaki. S	U16PT023	Loganayaki
34	Mega. R	U16PT024	Mega
35	Monika. M	U16PT025	Monika



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SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Course on Short Term: Introduction to Nutrition and Dietetics

DATE: 22.09.2017 to 13.10.2017

FEEDBACK FORM

1. Adherence with due time: Good / Punctual / Can Be Improved
2. Audiovisual - Adequate / Needs To Improve
3. Depth of session - Good / Bad / Not Enough
4. How much relevant to future - Practice Useful / Not Sure
5. Further suggestions - Its Very Longer Sessions/ More Such Events to be Conducted / No Comments
6. Way of presentation Good / Bad / Can be Improved
7. Preparation for the event can be informed before / more arrangement / can be done / appreciable



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Sharath

INSTITUTE OF HIGHER EDUCATION AND RESEARCH

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SREE BALAJI COLLEGE OF PHYSIOTHERAPY

CERTIFICATE OF PARTICIPATION

This is to certify that Ms A. N. E. M. S. (Reg No U16PT012) of
I/II/III/IV year B.P.T/ Clinical Physiotherapists has participated in the Course on Short Term Conducted on 22.09.2017 to

13.10.2017 in "Course on Short Term Introduction to Nutrition and Dietetics"

Shree

Mr. V. Balasubramani., M.P.T

Coordinator

Dr.S.S.Subramanian., Ph.D

Principal



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