

01.09.2017

From

Mrs. Deepa.S., M.P.T (Neuro)

Assistant Professor in physiotherapy

Sree Balaji College of Physiotherapy,

Chennai

To

Dr.S.S.Subramanian., Ph.D

The Dean,

Sree Balaji College of Physiotherapy,

Chennai

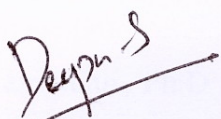
Sir,

Sub: - Permission to conduct value added Course on Short Term - Introduction to Child Nutrition and Cooking - Reg)

Kindly consider in permitting the following value added Course on Short Term- Introduction to Child Nutrition and Cooking by eminent expert Ms. Shalini & Mrs. M.Bamini from 26.10.2017 to 14.11.2017, for a period of 3 weeks

Our students shall benefit this recent trends related to physiotherapy

Thanking You

  
Yours faithfully



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High Notification No. F.9-52002 of 3 Ministry of Human Resource Development, Govt. of India, dated 4<sup>th</sup> July 2002

Phone: 044-22290742 / 22290125 Fax: 044-22290886  
Website: www.bharathuniv.ac.in

173, Agaram Road, Selsayur, Tambaram,  
Chennai - 600 073, Tamil Nadu



# SREE BALAJI COLLEGE OF PHYSIOTHERAPY

01.09.2017

To

Mrs. Deepa. S., M.P.T

Assistant Professor in physiotherapy

Madam,

With reference to your communication dated on 01.09.2017

Hereby we grant permission to conduct value added course on Short Term-  
Introduction to Child Nutrition and Cooking from 26.10.2017 to 14.11.2017, for a period  
of 3 weeks



*S. S. Subramanian*

Dr.S.S.Subramanian., Ph.D

The Principal,

Sree Balaji College of Physiotherapy

PRINCIPAL

SREE BALAJI COLLEGE OF PHYSIOTHERAPY  
Velachery Main Road, Maravancherry  
Pallikaranai, Chennai - 600 100



**Bharath**

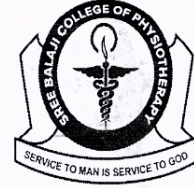
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Website: www.bharathuniv.ac.in

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Chennai - 606 073, Tamil Nadu.




# SREE BALAJI COLLEGE OF PHYSIOTHERAPY

15.09.2017

## CIRCULAR

### Notification for Value Added Course on Introduction to Child Clinical Nutrition & Cooking

The department of community health, by college of Physiotherapy, is scheduled to offer a **value added course on Introduction to Child Clinical Nutrition & Cooking from 26.11.2017 to 14.11.2017 for a period of 3 weeks**. Interested students can approach Mrs. Deepa.S., Asst. Professor & Course Coordinator

  
Dr.S.S.Subramanian., Ph.D

The Principal,

Sree Balaji College of Physiotherapy



PRINCIPAL  
SREE BALAJI COLLEGE OF PHYSIOTHERAPY  
Velachery Main Road, Narayanapuram  
Pallikaranai, Chennai - 600 100



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# SREE BALAJI COLLEGE OF PHYSIOTHERAPY

## Course on Short Term: Introduction to Child Nutrition & Cooking

DATE: 26.10.2017 to 14.11.2017

### Objectives of the Course:

1. To know the importance of balanced diet and mal nutrition related health issues
2. To analyze understand factors influencing child health from cooking sources and nutritional values

### Course Outline:

1. Child development, related to food and nutrition
2. Obesity, mal nutrition - hormones - life style changes among children
3. Law - international dietary guidelines - WHO - UNESCO - government - NGO - mother role for child growth practice

### Recourse Persons

|            |  |   |
|------------|--|---|
| Speaker: 1 | Ms. Shalini, B.Sc Clinical Nutrition & Dietetics, M.Sc Medical Sociology | Fitness One   |
| Speaker: 2 | Mrs. M. Bamini., M.Sc., R.D<br>Chief Dietitian                           | Sundaram Medical Foundation,<br>Anna Nagar, Chennai |

**Eligibility: Final year B.P.T, Interns, Clinical Physiotherapists**

Fees: Free

For Registration Contact: 044 - 22461883, 044 - 22462179,

e - Mail: [sbcp2007@gmail.com](mailto:sbcp2007@gmail.com)

**ORGANIZING SECRETARY**

Mrs. Deepa.S., M.P.T., Assistant Professor



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# SREE BALAJI COLLEGE OF PHYSIOTHERAPY

## Course on Short Term: Introduction to Child Nutrition & Cooking

DATE: 26.10.2017 to 14.11.2017

### AGENDA

| Introduction to Child Nutrition & Cooking |  |                       |        |
|---|--|-----------------------|--------|
| Date                                      | Topic  | Time                  | Hour   |
| 26.10.2017                                | Introduction to Child Nutrition                | 03.00 P.M – 05.00 P.M | 2hrs   |
| 27.10.2017                                | Mal Nutrition                                  | 03.00 P.M – 05.00 P.M | 2hrs   |
| 30.10.2017                                | Child Development & Nutrition                  | 03.00 P.M – 05.00 P.M | 2hrs   |
| 31.10.2017                                | Food and Hormones                              | 03.00 P.M – 05.00 P.M | 2hrs   |
| 01.11.2017                                | Junk Food & Obesity in Side Effects            | 03.00 P.M – 05.00 P.M | 2hrs   |
| 02.11.2017                                | Anemia's and Nutritional Guidelines            | 03.00 P.M – 05.00 P.M | 2hrs   |
| 03.11.2017                                | Food and Life Style in Children                | 03.00 P.M – 05.00 P.M | 2hrs   |
| 04.11.2017                                | Flameless Cooking                              | 03.00 P.M – 05.00 P.M | 2hrs   |
| 06.11.2017                                | Vegetables & Cooking Times                     | 03.00 P.M – 05.00 P.M | 2hrs   |
| 07.11.2017                                | Fruits & Calories                              | 03.00 P.M – 05.00 P.M | 2hrs   |
| 08.11.2017                                | International Dietary Advice for Children      | 03.00 P.M – 05.00 P.M | 2hrs   |
| 09.11.2017                                | UNESCO, UNICEF                                 | 03.00 P.M – 05.00 P.M | 2hrs   |
| 10.11.2017                                | Government of India Food and Nutritional Board | 03.00 P.M – 05.00 P.M | 2hrs   |
| 13.11.2017                                | NGOS   | 03.00 P.M – 05.00 P.M | 2hrs   |
| 14.11.2017                                | Role of Mother in Child Growth                 | 03.00 P.M – 05.00 P.M | 2hrs   |
|   | Total  |                       | 30 hrs |



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# SREE BALAJI COLLEGE OF PHYSIOTHERAPY

## LIST OF PARTICIPANTS

Course on Short Term: Introduction to Child Nutrition and Cooking

on 26.10.2017 to 14.11.2017

| S.No | Name               | Reg No   | Signature |
|------|--------------------|----------|-----------|
| 1    | Priyanka.M         | U14PT011 |           |
| 2    | Saranya Devi. M    | U14PT012 |           |
| 3    | Sathiya Priya. K   | U14PT013 |           |
| 4    | Shabana. S         | U14PT014 |           |
| 5    | Shadab Ahmed. V.M  | U14PT015 |           |
| 6    | Shalini.S          | U14PT016 |           |
| 7    | Ramya S            | U15PT030 |           |
| 8    | Ramya E            | U15PT031 |           |
| 9    | Rekha G K          | U15PT032 |           |
| 10   | Sahithya T         | U15PT034 |           |
| 11   | Sanjana P          | U15PT035 |           |
| 12   | Shanthakumar S     | U15PT036 |           |
| 13   | Saranya R          | U15PT037 |           |
| 14   | Shamlindevanisha D | U15PT038 |           |
| 15   | Simran Tandon      | U15PT039 |           |
| 16   | Soniya Mohan       | U15PT040 |           |
| 17   | Srimathi S         | U15PT041 |           |
| 18   | Sujitha S          | U15PT043 |           |
| 19   | Swathi R           | U15PT044 |           |

|    |                         |          |             |
|----|-------------------------|----------|-------------|
| 20 | Tamizhmani V S          | U15PT045 | Tami        |
| 21 | Savitha Yogavarthini. T | U16PT041 | Savitha     |
| 22 | Shobana .P              | U16PT042 | Shobana     |
| 23 | Soniya Sri. S           | U16PT043 | Soniya      |
| 24 | Subalakshmi. A          | U16PT044 | Suba        |
| 25 | Suganthi. A             | U16PT045 | Suganthi    |
| 26 | Tamilzharasi. A         | U16PT046 | Tamara      |
| 27 | Tharunkumar.V           | U16PT047 | Tharun      |
| 28 | Vignesh. P              | U16PT048 | Vignesh     |
| 29 | Vijay Prakash. I        | U16PT049 | Vijay       |
| 30 | Vishnu Deepa. B         | U16PT050 | Vishnu      |
| 31 | Yuvarani. R             | U16PT051 | Yuvarani    |
| 32 | Shakshi L               | U17PT050 | Shakshi     |
| 33 | Shivani R               | U17PT052 | Shivani     |
| 34 | Sivalakshmi K           | U17PT053 | Sivalakshmi |
| 35 | Subhashini V            | U17PT054 | Subhashini  |
| 36 | Suwedha S               | U17PT055 | Suwedha     |
| 37 | Swetha S                | U17PT056 | Swetha      |
| 38 | Udhaya N                | U17PT058 | Udhaya      |
| 39 | Uthiravathy R           | U17PT059 | Uthiravathy |
| 40 | Yamuna Devi S           | U17PT060 | Yamuna      |



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## Course on Short Term: Introduction to Child Nutrition & Cooking

DATE: 26.10.2017 to 14.11.2017

1. Adherence with due time: Good / Punctual / Can Be Improved
2. Audiovisual - Adequate / Needs To Improve
3. Depth of session - Good / Bad / Not Enough
4. How much relevant to future - Practice Useful / Not Sure
5. Further suggestions - Its Very Longer Sessions/ More Such Events to be Conducted / No Comments
6. Way of presentation Good/ Bad/ Can be Improved
7. Preparation for the event can be informed before / more arrangement / can be done / appreciable





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**Course on Short Term: Introduction to Child Nutrition & Cooking**

DATE: 26.10.2017 to 14.11.2017





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Website: www.bharathuniv.ac.in



**NAAC**

ACCREDITED

173, Agaram Road, Selaiyur, Tambaram,  
Chennai - 600 073, Tamil Nadu.



## SREE BALAJI COLLEGE OF PHYSIOTHERAPY

### CERTIFICATE OF PARTICIPATION

This is to certify that Mr / ~~Ms~~ VIJANESH . P (Reg No U16PT048) of  
I/II/III/IV year B.P.T/ Clinical Physiotherapists has participated in the Course on Short Term Conducted on 26.10.2017 to  
14.11.2017 in "Introduction to Child Nutrition and Cooking"

Mrs. Deepa S., M.P.T

Coordinator

Dr.S.S.Subramanian., Ph.D

Principal