



Bharath

INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Declared as deemed to be university under section 3 of UGC Act 1956, vide notification No.F.9-5/2000-U.3)

SCHOOL OF ARTS

Date: 21.06.2018

CIRCULAR

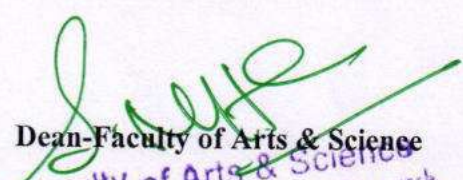
Sub : Organising Value added Course: Certificate Training program on Throw Ball - Reg.

With reference to the above mentioned subject, we bring it to your notice that School of Arts, Bharath Institute of Higher Education & Research is organising **Value added course "Certificate Training program on Throw Ball"**. The syllabus and registration form is enclosed below. The candidates those who are interested to join must fill the registration form and submit to the Course Coordinator Mrs. M. Mahalakshmi, Department of Microbiology on or before 04.07.2018. The Registration form received after the mentioned date shall not be entertained under any circumstances.

Encl: A copy of Syllabus & Registration form

Copy To:

- 1.All HODs
- 2.Office File/ Notice Board
- 3.Course Coordinator


Dean-Faculty of Arts & Science
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Bharath Institute of Higher Education & Research
(Declared as Deemed to be University U/S 3 of UGC Act, 1956)
Chennai-600 073. INDIA



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SCHOOL OF ARTS

Registration Form

Value Added Course

Date: 26.08.2018

Name : VIGNESH M
Reg. No. : U185C 036
Gender : male
Department : BSc. Computer Science
Year : 2018
Contact No. : 9791 62 72 33
Email ID : vigneshcom@gmail.com
Course Applied for : Certificate training Program on
Throw Ball

V. Vignesh
Signature



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Registration Form

Value Added Course

Date: 26.08.2018

Name : REKHA.D
Reg. No. : U18M1002
Gender : Female
Department : Microbiology
Year : 2018
Contact No. : 9840087654
Email ID : rekhad2002@gmail.com
Course Applied for : certificate training program on
Throw Ball

D. Perla

Signature



Shaheed
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SCHOOL OF ARTS

Value Added Course

Certificate training program on Throw Ball

Syllabus

Introduction- Object of the Game- History-Origin of Throw ball-Refinements and later developments- Present Day Situation And Matches- Domestic Competitions- International Competition

Throw ball Fundamental skills: Overhand service, Side arm service, two hand catching, one hand overhead return, and side arm return

Playing field & Equipment-Dimensions of Playing Field-Marking of Playing Field- Net Posts- Net size-Ball

Rules of Throw ball-Official Competitions-Team matches - Test of individual skills - Unified team matches- Choice of Sides and Service- Number and Position of Players- Service

Players and Substitutes- Time-out- Dress- Conduct

Scoring-Referees-Duties of 1st & 2nd referee-Errors and faults-Duties of the score-keeper

Individual Ability Tests- Ball Juggling- Passing from Chest Level to a Target Area- Hitting Target and Catching after Rebound- Service- Pass into Opposite Field- Final Score

Bharath Institute of Higher Education & Research
School of Arts
Lesson Plan

Value Added Course: Certificate training program on Throw Ball

Course Duration:30 Hrs

S.No	Date	Topic	Time	Hour
1	09.07.2018	Introduction,Object of the Game- History	2 PM - 4 PM	2
2	14.07.2018	Origin of Throw ball-Refinements and later developments	2 PM - 4 PM	2
3	15.07.2018	Present Day Situation And Matches	2 PM - 4 PM	2
4	21.07.2018	Domestic Competitions- International Competition	2 PM - 4 PM	2
5	22.07.2018	Throw ball Fundamental skills: Overhand service,Side arm service, two hand catching, one hand overhead return, and side arm return	2 PM - 4 PM	2
6	28.07.2018	Throw ball Fundamental skills: Overhand service,Side arm service, two hand catching, one hand overhead return, and side arm return	2 PM - 4 PM	2
7	29.07.2018	Playing Field- Net Posts-Net size-Ball	2 PM - 4 PM	2
8	04.08.2018	Rules of Throw ball-Official Competitions-Team matches	2 PM - 4 PM	2
9	05.08.2018	Service- Number and Position of Players- Service	2 PM - 4 PM	2
10	11.08.2018	Players and Substitutes- Time-out- Dress- Conduct	2 PM - 4 PM	2
11	12.08.2018	Scoring-Referees-Duties of 1 st & 2 nd referee	2 PM - 3 PM	2
12	18.08.2018	Errors and faults-Duties of the score-keeper	2 PM - 4 PM	2
13	19.08.2018	Individual Ability Tests- Ball Juggling	2 PM - 4 PM	2
14	25.08.2018	Passing from Chest Level to a Target Area- Hitting Target and Catching	2 PM - 4 PM	2
15	26.08.2018	Service- Pass into Opposite Field- Final Score	2 PM - 4 PM	2



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Course Feedback Form

Value Added Course

Date: 25.08.2018

Course Title: Certificate Training program on Throw Ball

Name : RAGUL . R
Reg. No. : U18B5018
Department : BIOTECHNOLOGY

S.No.	Particulars	1	2	3	4	5
(1. Very Unsatisfied 2. Unsatisfied 3. Neutral 4. Satisfied 5. Very Satisfied)						
1.	Objectives of the course clear to you				✓	
2.	Course contents met with your expectations					✓
3.	Lecture sequence was well planned				✓	
4.	Lectures were clear and easy to understand				✓	✓
5.	Teaching aids were effective				✓	
6.	Instructors encourage interaction and were helpful			✓		
7.	The level of the course				✓	
(1. Very poor 2. Poor 3. Average 4. Good 5. Excellent)						
8.	Overall rating of the course:	1	2	3	4	5

Please give Suggestion for the improvement of the course :

L. Ragh

Signature

Bharath Institute of Higher Education & Research
School of Arts
Course TimeTable

Value Added Course: Certificate training program on Throw Ball Course Duration:30 Hrs

S.No	Date	Time	Hour
1	09.07.2018	10 AM - 11AM	1
2	14.07.2018	10 AM - 12 PM	2
3	15.07.2018	10 AM - 11AM	1
4	21.07.2018	10 AM - 12 PM	2
5	22.07.2018	10 AM - 12 PM	2
6	28.07.2018	10 AM - 12 PM	2
7	29.07.2018	10 AM - 12 PM	2
8	04.08.2018	10 AM - 11AM	1
9	05.08.2018	10 PM - 12 PM	2
10	11.08.2018	10 AM - 12 PM	2
11	12.08.2018	10 AM - 12 PM	2
12	18.08.2018	10 AM - 12 PM	2
13	19.08.2018	10 PM - 12 PM	2
14	25.08.2018	10 AM - 11AM	1
15	26.08.2018	10 PM - 12 PM	2
16	01.09.2018	10 PM - 12 PM	2
17	02.09.2018	10 PM - 12 PM	2

Bharath Institute of Higher Education & Research
School of Arts
Students Registration List
Value Added Course: Certificate Training Program on Throw Ball

S.NO	REG.NO	NAME OF THE CANDIDATE	DEPARTMENT
1	U18MI002	REKHA D	BSC-MICRO
2	U18MI015	RESHNAPRIYA S	BSC-MICRO
3	U18MI016	SHERLIN C	BSC-MICRO
4	U18MI017	KAVITHA V	BSC-MICRO
5	U18MI018	NABARUN DASGUPTA	BSC-MICRO
6	U18MI019	MANJU A	BSC-MICRO
7	U18MI020	DHANALAKSHMI M	BSC-MICRO
8	U18MI021	HEMALATHA K	BSC-MICRO
9	U18MI022	YOGASHREE G	BSC-MICRO
10	U18MI023	LAVANYA K	BSC-BIOTECH
11	U18BS015	AKASH K	BSC-BIOTECH
12	U18BS016	PRERNA RAGHAV	BSC-BIOTECH
13	U18BS017	SARATH BABU N	BSC-BIOTECH
14	U18BS018	RAGUL R	BSC-BIOTECH
15	U18BS022	SHANKARI P	BSC-BIOTECH
16	U18PS015	KOKILA P	BSC-PHYSICS
17	U18PS017	ANTHA L	BSC-PHYSICS
18	U18PS018	SARANRAJ C	BSC-PHYSICS
19	U18PS019	VIGNESHKUMAR Y	BSC-PHYSICS
20	U18PS020	DHARMARAJ S	BSC-PHYSICS
21	U18PS021	PRIYA DHARSHINI K	BSC-PHYSICS
22	U18CI018	SATHYARAJ G	BSC-CHEM
23	U18CI019	SANTHOSH S	BSC-CHEM
24	U18CI020	AJITH PRAKASH G	BSC-CHEM
25	U18CI021	THANGAMANIKANDAN K	BSC-CHEM
26	U18CI022	SURENDHAR G	BSC-CHEM
27	U18CI017	VANITHA R	BSC-CHEM
28	U18MA010	AYENDRILA SENGUPTA	BSC-MATHS
29	U18MA011	SANDHIYA K	BSC-MATHS
30	U18MA012	RAJKUMAR R	BSC-MATHS
31	U18MA013	SUSHMITHA P	BSC-MATHS
32	U18MA014	GOWTHAM M	BSC-MATHS
33	U18MA008	SOWMIYA R	BSC-MATHS
34	U18MA009	GOWSIYA BEGAM S	BSC-MATHS
35	U18SC025	PARTHASARATHY M	BSC-COMP
36	U18SC026	PALANIVEL P	BSC-COMP
37	U18SC027	NANDAKUMAR B	BSC-COMP
38	U18SC029	SRIRAM S	BSC-COMP

39	U18SC030	SAMROSHAN T	BSC-COMP
40	U18SC032	RAJESH KANNAN J	BSC-COMP
41	U18SC033	MADHANKUMAR K	BSC-COMP
42	U18SC034	NAVEEN KUMAR A	BSC-COMP
43	U18SC035	OMSIVA S V	BSC-COMP
44	U18SC036	VIGNESH M	BSC-COMP
45	U18SC037	KIRITHIKRAJA S V	BSC-COMP



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Course Feedback Form

Value Added Course

Date: 25.08.2018

Course Title: Certificate Training program on Throw Ball

Name : Rekha . D
Reg. No. : U18M1002
Department : microbiology

S.No.	Particulars	1	2	3	4	5
(1. Very Unsatisfied 2. Unsatisfied 3. Neutral 4. Satisfied 5. Very Satisfied)						
1.	Objectives of the course clear to you				✓	
2.	Course contents met with your expectations				✓	
3.	Lecture sequence was well planned				✓	
4.	Lectures were clear and easy to understand				✓	
5.	Teaching aids were effective				✓	
6.	Instructors encourage interaction and were helpful					✓
7.	The level of the course				✓	
(1. Very poor 2. Poor 3. Average 4. Good 5. Excellent)						
8.	Overall rating of the course:	1	2	3	4	5

Please give Suggestion for the improvement of the course :

D. Rekha

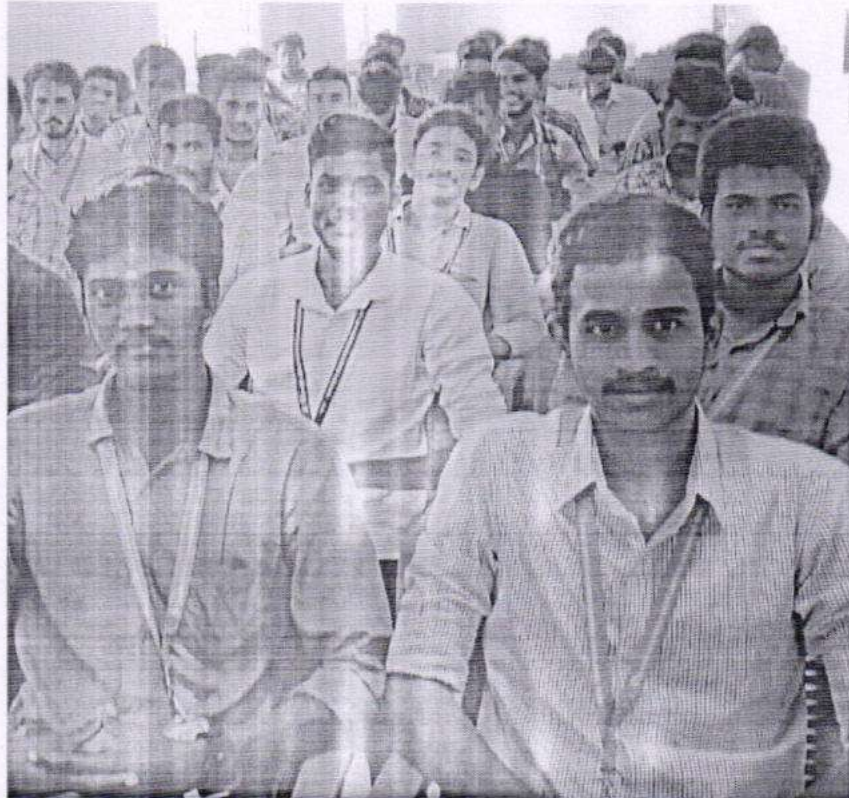
Signature



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Name of the course	Certificate Training program on Throw Ball
Handled by	Mrs. M. Mahalakshmi Asst. Prof, Department of Microbiology School of Arts, BIHER.



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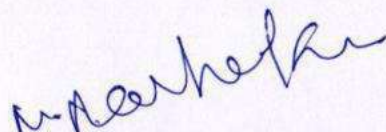
School of Arts

CERTIFICATE OF PARTICIPATION


This is to certify that

REKHA D

has participated in the Certificate Training Program on Throw_ball, conducted by School of Arts,
BIHER, from July 09, 2018 to August 26, 2018.


Mrs. M. Mahalakshmi
Course Co-ordinator


Dr. T. Kalaiyarasu
Convenor


Dr. A. Muthukumaravel
Dean - Arts and Science