

2/18/2019

Chennai

From

The Course Coordinator
Short term course on Life Skills
Department of Community Medicine
Sree Balaji Medical College
Bharath Institute of Higher Education and Research,
Chennai

To

The Dean
Sree Balaji Medical College
Bharath institute of Higher Education Research,
Chennai

Sub: -Permission to conduct value- added course: Short term course on Life Skills

Respected sir,

With reference to subject mentioned above, the Community Medicine proposes to conduct a value- added course titled: Short term course on Life Skills

We kindly solicit your kind permission to commence the program.

Warm Regards,



Course Coordinator

SREE BALAJI MEDICAL COLLEGE & HOSPITAL

CHROMPET CHENNAI -600044

Date: 2/21/2019

R. No 245/ SBMCH/2019

CIRCULAR

**Notification for Value added courses offered by the Department of Community
Medicine**

The Department of Community Medicine of Sree Balaji Medical College is scheduled to offer a Value added Course on Short term course on Life Skills from 3/19/2019 for a period of 3 weeks. Interested students can approach the Head of Community Medicine department and Course Coordinator, for registration and for further details on or before 3/12/2019.

Eligibility-MBBS STUDENTS

Course Coordinator



HOD

Copy to:

Dean office

Vice Principal

Medical Superintendent

AO College

SHORT TERM COURSE ON LIFE SKILLS

COURSE OVERVIEW

The objective of this course is to familiarize students with basic aspects of life skills and its conceptual treatment, theoretical perspectives and practical strategies of life skills education. The course aims to provide systematic understanding of the theoretical basis of life skill education, application of life skill to the present day complicated contemporary living system and Professionalization of life skill education. The course can be well utilized for all prospective teachers as an inevitable course at any level. The structural frame work of the course will benefit to other fields. After completing the course, the learner is expected to master in developing life skills and applying it in various spheres of life.

COURSE COORDINATOR: ASSOCIATE PROFESSOR / ASSISTANT PROFESSOR
ANAESTHESIOLOGY

COURSE DURATION: 30 HOURS

COURSE SYLLABUS :

Topic	Faculty	Hours allotted
Introduction to Life Skills and life Skills Education	Assistant Professor of Anaesthesiology	2 hours
Conceptual Basis of Life Skills: Definition, Need and significance.	Assistant Professor of Anaesthesiology	2 hours
Evolution and Development of the Concept of Life Skill Education	Associate Professor of Anaesthesiology	2 hours
Important Reports and Declarations related to Life Skill Education	Assistant Professor of Anaesthesiology	2 hours
Contributions of Various International organizations to life skill education	Assistant Professor of Anaesthesiology	2 hours
Classification of Life Skills - Generic, Problem Specific and Area Specific Skills	Associate Professor of Anaesthesiology	2 hours
Life Skills Approach in Education and Training	Assistant Professor of Anaesthesiology	2 hours
Theoretical Foundations of Life Skills : Social Learning Theory: Albert Bandura	Assistant Professor of Anaesthesiology	2 hours

Self-Awareness - Definition, Importance, Dimensions, Components	Associate Professor of Anaesthesiology	2 hours
Methods and Strategies for nurturing Self-Awareness	Assistant Professor of Anaesthesiology	2 hours
Group Discussion	Assistant Professor of Anaesthesiology	2 hours
Assignment	Associate Professor of Anaesthesiology	2 hours
Viva voce	Assistant Professor of Anaesthesiology	2 hours
Written test	Associate Professor of Anaesthesiology	2 hours

Short term course on Life Skills

S. No	Regn. No.	Name
1	U17MB001	AADITHYA JAGAN N R
2	U17MB002	AAKASH KUMAR R S
3	U17MB003	AARATHI R A
4	U17MB004	AARTHI SHREE S
5	U17MB005	AARTHI SINDHU V
6	U17MB006	AARTI D R
7	U17MB007	ABDUL KABEER A
8	U17MB008	ABHINAV MALVIYA
9	U17MB009	ABHINAYA R
10	U17MB010	ABHINAYA S
11	U17MB011	ABINISHA K V
12	U17MB012	ABISHEIKKANNA K
13	U17MB013	AFTAB KAMRAN RAYANI
14	U17MB014	AKANSHA MISHRA
15	U17MB015	AKASH S
16	U17MB016	AKSHAYA N
17	U17MB017	ALAMELU ARASI N (Name changed as Aarthikka N)
18	U17MB018	ALICE AGNES JENIFER A
19	U17MB019	ALMAS RIFANA M
20	U17MB020	AMARJITH A
21	U17MB021	ANAGHA K
22	U17MB022	ANITHA M
23	U17MB023	ANKITA PADHY
24	U17MB024	ARADHANA KUMARI
25	U17MB025	ARAVIND KRISHNA H
26	U17MB026	ARAVINDHA NARAYANAN V
27	U17MB027	ARCHANA M L
28	U17MB028	ARCHANA P
29	U17MB029	ARPIT
30	U17MB030	ARULSREE S S
31	U17MB031	ARUN R
32	U17MB032	ASHWATHAMINI B
33	U17MB033	ASHWIN SUNDAR V
34	U17MB034	ASHWIN V
35	U17MB035	ASIF MOHAMED P



COURSE FEEDBACK FORM

Date: 17/03/19

Course Title: Short Term Course on life skills

Name: Akash.s

RegNo: U17MB015

Department: Anaesthesiology

S.NO	Particulars	1	2	3	4	5
(1. Very Unsatisfied 2. Unsatisfied 3. Neutral 4. Satisfied 5. Very satisfied)						
1.	Objectives of the course clear to you				✓	
2.	The course contents met with your expectations				✓	
3.	The lecture sequence was well planned				✓	
4.	The lecturers were clear and easy to understand				✓	
5.	The teaching aids were effective				✓	
6.	The instructors encourage interaction and were helpful			✓		
7.	The level of the course				✓	
(1. Very poor 2. Poor 3. Average 4. Good 5. Excellent)						
8.	Overall rating of the course:	1	2	3	4	5

Please give suggestion for the improvement of the course:

Weakness of the course:

Strength of the course:

Akash.s
Signature

Thank you

COURSE FEEDBACK FORM

Date: 17/03/19.

Course Title: Short term course on life skills

Name: Anitha.M

RegNo: U17MB022

Department: Anaesthesiology

S.NO	Particulars	1	2	3	4	5
(1. Very Unsatisfied 2. Unsatisfied 3. Neutral 4. Satisfied 5. Very satisfied)						
1.	Objectives of the course clear to you					
2.	The course contents met with your expectations					
3.	The lecture sequence was well planned					
4.	The lecturers were clear and easy to understand					
5.	The teaching aids were effective					
6.	The instructors encourage interaction and were helpful					
7.	The level of the course					
(1. Very poor 2. Poor 3. Average 4. Good 5. Excellent)						
8.	Overall rating of the course:	1	2	3	4	5

Please give suggestion for the improvement of the course:

Weakness of the course:

Strength of the course:

Anitha.M
Signature

Thank you



Bharath Institute of Higher Education and Research
Sree Balaji Medical College & Hospital



CERTIFICATE

This is to certify that Mr./Ms. HARIHARAN P A has completed the value added course on Short term course on Life Skills conducted by Community Medicine at Sree Balaji Medical College & Hospital, Chennai held during 3/19/2019.

Dr. W M S Johnson

Dean, SBMCH