

4/10/2019

Chennai

From

The Course Coordinator
Introduction to Geriatric Mental Health
Department of Physiology
Sree Balaji Medical College
Bharath Institute of Higher Education and Research,
Chennai

To

The Dean
Sree Balaji Medical College
Bharath institute of Higher Education Research,
Chennai

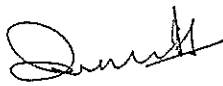
Sub: -Permission to conduct value-added course: Introduction to Geriatric Mental Health

Respected sir,

With reference to subject mentioned above, the Physiology proposes to conduct a value-added course titled: Introduction to Geriatric Mental Health

We kindly solicit your kind permission to commence the program.

Warm Regards,


Course Coordinator

SREE BALAJI MEDICAL COLLEGE & HOSPITAL

CHROMPET CHENNAI -600044

Date: 4/13/2019

R. No 301/ SBMCH/2019

CIRCULAR

Notification for Value added courses offered by the Department of Physiology

The Department of Physiology of Sree Balaji Medical College is scheduled to offer a Value added Course on Introduction to Geriatric Mental Health from 5/10/2019 for a period of 3 weeks. Interested students can approach the Head of Physiology department and Course Coordinator, for registration and for further details on or before 5/3/2019.

Eligibility-MBBS STUDENTS

Course Coordinator


HOD

Copy to:

Dean office

Vice Principal

Medical Superintendent

AO College

INTRODUCTION TO GERIATRIC MENTAL HEALTH

Course overview:

In this course, we will learn how it is never too late to modify our lifestyle and engage in healthy behaviours, and we will address health promotion strategies for older adults. This is important to keep in mind, especially when caring for older adults who may need support in their everyday lives to reduce their risk for chronic and debilitating diseases, such as dementias, cardiovascular diseases and musculoskeletal conditions, and improve the quality of life.

One does not need to be a carer for an older person to benefit from this course; the principles of healthy ageing can be applied to you, your family members, your friends, or any person who wants to commit to an active lifestyle.

Course duration: 30 hours

Course syllabus:

Topic	Faculty	Hours allotted
Introduction to Course	Assistant Professor of psychiatry	2 hours
Introduction course	Assistant Professor of Psychiatry	2 hours
Health care	Associate Professor of Psychiatry	2 hours
Common geriatric diseases	Assistant Professor of psychiatry	2 hours
Management of geriatric diseases	Assistant Professor of Psychiatry	2 hours
Palliative care	Associate Professor of Psychiatry	2 hours
Importance of Nursing in bedridden patients	Assistant Professor of psychiatry	2 hours
lifestyle-related factors: cognitive and socioemotional aspects	Assistant Professor of Psychiatry	2 hours

Long-term perspectives in healthy ageing	Associate Professor of Psychiatry	2 hours
WHO's Global Strategy and Action Plan on Ageing and Health	Assistant Professor of psychiatry	2 hours
Environments that are age-friendly as well as improving measurement, monitoring and research on healthy ageing	Assistant Professor of Psychiatry	2 hours
Global course for Healthy Ageing	Associate Professor of Psychiatry	2 hours
Group discussion	Assistant Professor of psychiatry	2 hours
Viva voce	Assistant Professor of Psychiatry	2 hours
Written test	Assistant Professor of Psychiatry	2 hours



COURSE FEEDBACK FORM

Date: 11/05/2019

Course Title: Introduction to Geriatric mental Health.

Name: NOWMIYA.M.

RegNo: U18MB157

Department: Psychiatry

S.NO	Particulars	1	2	3	4	5
(1. Very Unsatisfied 2. Unsatisfied 3. Neutral 4. Satisfied 5. Very satisfied)						
1.	Objectives of the course clear to you				✓	
2.	The course contents met with your expectations				✓	
3.	The lecture sequence was well planned				✓	
4.	The lecturers were clear and easy to understand				✓	
5.	The teaching aids were effective					✓
6.	The instructors encourage interaction and were helpful					✓
7.	The level of the course				✓	
(1. Very poor 2. Poor 3. Average 4. Good 5. Excellent)						
8.	Overall rating of the course:	1	2	3	4	5

Please give suggestion for the improvement of the course:

Weakness of the course:

Strength of the course:

NOWMIYA.M.
Signature

Thank you

COURSE FEEDBACK FORM

Date: 08/05/2019

Course Title: Introduction to Geriatric mental Health.

Name: Monika.V

RegNo: U18MB135

Department: Psychiatry

S.NO	Particulars	1	2	3	4	5
(1. Very Unsatisfied 2. Unsatisfied 3. Neutral 4. Satisfied 5. Very satisfied)						
1.	Objectives of the course clear to you				✓	
2.	The course contents met with your expectations				✓	
3.	The lecture sequence was well planned				✓	
4.	The lecturers were clear and easy to understand				✓	
5.	The teaching aids were effective				✓	
6.	The instructors encourage interaction and were helpful				✓	
7.	The level of the course			✓		
(1. Very poor 2. Poor 3. Average 4. Good 5. Excellent)						
8.	Overall rating of the course:				4	5

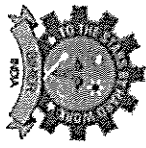
Please give suggestion for the improvement of the course:

Weakness of the course:

Strength of the course:

Monika.S
Signature

Thank you



**Bharath Institute of Higher Education and Research
Sree Balaji Medical College & Hospital**



CERTIFICATE

This is to certify that Mr./Ms. GAYATRI R has completed the value added course on
Introduction to Geriatric Mental Health conducted by Physiology at Sree Balaji Medical
College & Hospital, Chennai held during 5/10/2019.

Dr. W M S Johnson
Dean, SBMCH

Introduction to Geriatric Mental Health

S. No	Regn. No.	Name
1	U18MB126	MAYUKHI SEN
2	U18MB127	MEENAKSHI VARMA N K
3	U18MB128	MITHRASHREE M
4	U18MB129	MITIKSHA R
5	U18MB130	MOHAMED NASRUL ARIFFIN I
6	U18MB131	MOHAMMED AKHIL B
7	U18MB132	MOHANA SHANKARI S
8	U18MB133	MONA J
9	U18MB134	MONICA NANCY F
10	U18MB135	MONIKA V
11	U18MB136	MONISHA P
12	U18MB137	MOUSHMI A
13	U18MB138	MRIDUL
14	U18MB139	MRIDULA B
15	U18MB140	MRITUNJAY PRATAP SINGH
16	U18MB141	MUKHTHA RENESWARI K
17	U18MB142	NACHIAPPAN M
18	U18MB143	NAMEERA N A
19	U18MB144	NARMADA DEVI C M
20	U18MB145	NEHA ARUL MALAR R
21	U18MB146	NEHAL LODHA R
22	U18MB147	NIHARIKA M S
23	U18MB148	NILOFER GNANA SELVAN A
24	U18MB149	NIRMAL ARUL MATHEW J
25	U18MB150	NISHA T
26	U18MB151	NISHOK T G R
27	U18MB152	NITHIN B
28	U18MB153	NIVAEDHAA T
29	U18MB154	NIVEDITHA B
30	U18MB155	NIVETHAA M
31	U18MB156	NIVETHINI S
32	U18MB157	NOWMIYA M
33	U18MB158	PAVENDAN A V
34	U18MB159	PAVITHRAA K R
35	U18MB160	PERAVALI VIHARIKA