

### Sri Lakshmi Naravana Institute of Medical Sciences

Date: 26.02.19

From Dr.Abarna.V Associate Professor, Department of Microbiology, Sri Lakshmi Narayana Institute of Medical Sciences, Pudhucherry Bharath Institute of Higher Education and Research, Chennai.

To The Dean. Sri Lakshmi Narayana Institute of Medical College, Pudhucherry Bharath Institute of Higher Education and Research, Chennai.

Sub: Permission to conduct value-added course: Soft skill development & Human value development & Teaching and Communication Skills

Dear Sir,

With reference to the subject mentioned above, the department proposes to conduct a value-added course titled: for Soft skill development & Human value development from March 2019 to May 2019 and Teaching and Communication Skills from July 2019 to August 2019 for undergraduates. We solicit your kind permission for the same.

Kind Regards

Dr.Abarna.V

### FOR THE USE OF DEANS OFFICE

Names of Committee members for evaluating the course:

The Dean: Dr. Jayalakshmi. G

The HOD: Dr.Abarna.V

The Expert: Dr.Naveenkumar.C

The committee has discussed about the course and is approved.

Organi, Personal designation

and the second s

(Sign & Seal) Seal DEPT (Sign & Seal)

OF MICROSTOLOGY SRI LAKSHMI NARAYANA INSTITUTE OF MEDICAL SCIENCES PONDICHERRY 605 507

(Sign & Seal)

Fight in Open 650 Carrage (Color 1964) SRI CARSBMI NARAYAN COLONIST OF

WERE ME ACTIONIST POSITION DIVINAL VERY CON-

		r



### Sri Lakshmi Narayana Institute of Medical Sciences

### Circular

01.03.2019

Sub: Organising Value-added Course: Soft skill development & Human value development -reg

With reference to the above mentioned subject, it is to bring to your notice that Sri Lakshmi Narayana Institute of Medical Sciences, Bharath Institute of Higher Education and Research, is organising "Soft skill development & Human value development" from March to May 2019. The course content form is enclosed below."

The application must reach the institution along with all the necessary documents as mentioned. The hard copy of the application should be sent to the institution by registered/ speed post only so as to reach on or before Feb 28<sup>th</sup> 2019. Applications received after the mentioned date shall not be entertained under any circumstances.

Dean

Si Ashirina Ozula

Encl: Copy of Course content form.



### Course Proposal

Course Title: Soft skill development & Human value development

### Course Objective:

1. Soft skill Holistic Development Workshop

2. Emotional Intelligence

3. Soft Skill Training

4. Ethical Aptitude

Course Outcome: knowledge on the various aspects of Soft skill development

Course Audience: Medical undergraduates

Course Coordinator: Dr. Abarna.V

Course Faculties with Qualification and Designation:
1. Dr.Naveenkumar.C,MSc;Phd Assistant Professor

2. Mrs.Swathi, Msc, tutor

### Course Curriculum/Topics with schedule (Min of 31 hours)

Date	Time	Topic	Hour	Lecture taken by	
6.3.2019	4-5pm	Soft skill Holistic Development Workshop and Emotional Intelligence	3hr	Dr.Naveenkumar.C	
13.3.2019	4-5pm	Soft Skill Training & Ethical Aptitude	3hr	Dr.Naveenkumar.C	
20.3.2019	4-7pm	Induction Program & Critical Thinking	3hr	Mrs.Swathi.S	
24.3.2019	4-7pm	Encourage self-reflection	3hrs	Mrs.Swathi.S	
27.3.2019	4-7pm	Expand knowledge and understanding	3hrs	Dr.Abarna.V	
3.4.2019	4-7pm	Provide opportunities for practice	3hrs	Dr.Naveenkumar.	
10.4.2019	4-7pm	Gender Sensitization	3hrs	Dr.Abarna.V	
17.4.2019	4-7pm	Environment Protection	3hrs	Dr.Abarna.V	
24.4.2019	4-7pm	Road Safety and traffic rules	3hrs	Mrs.Swathi.S	
8.5.2019	4-7pm	Inner Transformation Program	3hrs	Dr.Abarna.V	



### **VALUE ADDED COURSE**

### 1. Name of the programme & Code

Soft skill & Human value development and MIC09

2. Duration & Period

30 hrs & March 2019 to May 2019

3. Information Brochure and Course Content of Value Added Courses

Enclosed as Annexure- I

4. List of students enrolled

Enclosed as Annexure- II

5. Assessment procedures:

Questionnarie- Enclosed as Annexure- III

6. Course Feed Back

Enclosed as Annexure- IV

7. No. of times offered during the same year:

July 2019-August 2019

- 8. Year of discontinuation: 2019
- 9. Summary report of each program year-wise

Value Added Course- March 2019 to May2019					
Si. No	Course Code	Course Name	Resource Persons	Target Students	Strength & Year
1	MIC09	Soft skills &Human value development	Dr. C.Naveenkumar Mrs.Swathi	2 <sup>rd</sup> yr MBBS	20( March 2019 to May2019)

10. Certificate model

Enclosed as Annexure- V

RESOURCE PERSON

•	•	•	•	

### SRI LAKSHMI NARAYANA INSTITUTE OF MEDICAL SCIENCES DEPARTMENT OF MICROBIOLOGY

### Soft skills development& Human value development Annexure I

### Course details

Particulars	Description
Course Title	Soft skill development & Human value development
Course Code	MIC09
Objective	Soft skill Holistic Development Workshop
	2. Emotional Intelligence
	3. Soft Skill Training
	4. Ethical Aptitude
	5. Induction Program
	6. Critical Thinking
	7. Encourage self-reflection
	8. Expand knowledge and understanding
	9. Provide opportunities for practice
	10. Gender Sensitization
	11. Environment Protection
	12. Road Safety and traffic rules
	13. Inner Transformation Program
Further learning opportunities	Personal development skills
Key Competencies	On successful completion of the course the students will have skill to develop their emotional skills & handling road traffic rules.
Target Student	2 <sup>nd</sup> yr MBBS Students
Duration	30hrs Every- March 2019 to May 2019
Theory Session	10hrs

Practical Session	20hrs
Assessment	Short answers
Procedure	

Date	Time	Topic	Resource person	
6.3.2019	4-7pm	Soft skill Holistic Development Workshop and Emotional Intelligence	Dr.Naveenkumar.C	
13.3.2019	4-7pm	Soft Skill Training & Ethical Aptitude	Dr.Naveenkumar.C	
20.3.2019	4-7pm	Induction Program & Critical Thinking	Mrs.Swathi.S	
24.3.2019	4-7pm	Encourage self-reflection	Mrs.Swathi.S	
27.3.2019	4-7pm	Expand knowledge and understanding	Dr.Jayalakshmi.G	
3.4.2019	4-7pm	Provide opportunities for practice	Dr.Naveenkumar.C	
10.4.2019	4-7pm	Gender Sensitization	Dr.Jayalakshmi.G	
17.4.2019	4-7pm	Environment Protection	Dr.Jayalakshmi.G	
24.4.2019	4-7pm	Road Safety and traffic rules	Mrs.Swathi.S	
8.5.2019	4-7pm	Inner Transformation Program	Dr.Jayalakshmi.G	

### Soft skill Holistic Development Workshop

This is a Value added course. This soft skill provides an in sight into vital role of soft skills in personal and professional effectiveness. The objective of this workshop is to practice active listening skills and responding skills for effective communication and describe different leadership styles to accomplish organizational goals.

The course enables students to Establish effective inter personal relationship with others, Underst and importance of active listening and body language in communication, Select appropriate words and tone of voice in verbal and written communication, Identify strategies to improve inter personal relationship, Develop skills in public speaking, Identifying appropriate personal and professional values for nursing practice, Describe potential source of stress and strategies for stress and conflict management and Develop skills in preparation and power point.

### **Emotional Intelligence**

This is a Value added course. Happiness through Enhanced Emotional Intelligence Emotional intelligence (EQ/EI) is defined as an ability to identify, consider and control emotions in one self and to recognize them in others, brought on by a combination of self awareness, self management, social awareness and relationship management.

Intelligent quotient (IQ) correlates with academic success but often fails to as sure personal and professional success. EQ on other and is a spastically significant factor in achieving personal and professional growth. While IQ is in born god gift; EQ can be improved by learning strategies in areas of self awareness, social awareness and relationship management. Most of the professional courses including medical courses offer little to improve EQ of participants in this course. Present value added course is designed to enable students/participants to lead a happy and ful filling life by using strategies of EQ/EI.

### Soft Skill Training

This Value added course wasde signed to train students in various soft skill techniques. The students will be trained invarious problem sharings kills and stress management .The students will be trained in team work and group dynamics.

### **Induction Program**

Induction programs are carried out across all the specialties to orient students with the university. This programalsoaims to train students in communications kills, both with batchmates and patients. This helps to improve inter personal; relationships and maintaina good professional.

### Ethical Aptitude

Soft skills development also does include an ethical aptitude towards your organization and its people. Practicing moral ethics at workplace is a way of applying fundamental values to professional situations.

A planned approach with ethical aptitude helps in excelling at resolving workplace concerns in a professional and effective manner. That is: identifying the problem, collecting and analyzing facts, understanding consequences, assessing alternatives, and then taking a decision.

### **Human Value Development**

### **Gender Sensitization**

Gender of a person and attitude of people towards gender have very high impact on personal and social health. Gender discrimination, female feticide, sexual harassment and abuse are results of unhealthy gender attitude. This develops unknowingly because of peculiar sexual socialization. Only information about reproductive system will not be able to change this attitude as It involves delearning and re-learning. There is need for proactive efforts to develop healthy gender attitude. This course is introduced to deal with these issues and will help to find solutions; This course is in addition to inclusion of gender sensitization in curriculum.

### **Environment Protection**

This Value added course is to facilitate students understanding of complex environmental issues from a problem-oriented, interdisciplinary perspective. Understand core concepts and methods from ecological and physical sciences and their application in environmental problem-solving. Appreciate key concepts from economic, political, and social analysis as they pertain to the design and evaluation of environmental policies and institutions. Appreciate the ethical, cross-cultural, and historical context of environmental issues and the links between human and natural systems. Appreciate that one can apply systems concepts and methodologies to analyze and understand interactions between social and environmental processes. Reflect critically about their roles and identities as citizens, consumers and environmental actors in a complex, interconnected world.

### Road Safety and traffic rules

This Value added course will enable students to measure the magnitude and impact of road traffic injuries, assess the key risk factors, Strengthen the evidence base for prevention, Implement promising interventions, Deliver post-crash care and transfer techniques and Formulate and implement road safety policies.

### **Inner Transformation Program**

Health care professionals find that stress has a huge impact on their patient's health and their own. Students learn basic Heartfulness practices to manage their own stress and emotions, and improve the quality of life; 'Centered Students: where 'centeredness' is defined as a person who is self-confident, emotionally stable and well balanced. A life where stress is well managed, leading to a joyful and happy society. Students displaying values of compassion and respect for each other.



### VALUE ADDED COURSE

### Soft skill & Human value development and MIC09 List of Students Enrolled March 2019 to May 2019

	2 <sup>nd</sup> yrYear M	MBBS Student	
Sl. No	Name of the Student	Roll No	Signature
1	AASHLESHA DHARKAR	U18MB251	Por al-
2	ABINAYAVARTHINI N	U18MB252	dinella
3	ADARSH KUMAR	U18MB253	Advan
4	AISWARYA PREMRAJ	U18MB254	and i
5	AKSHAYA .R	U18MB255	Apr
6	ALOK PANDA	U18MB256	Alole
7	AMULYA N GOWDA	U18MB257	A Amaril
8	ANINDA CHAKRABORTY	U18MB258	On the desired
9	ANJALI SADHWANI	U18MB259	Aus bi
10	ANKU KUMAR	U18MB260	(AR)
11	ANNIE WELLY	U18MB261	11 - 2 - 2 - 2 - 2 - 2 - 2 - 2 - 2 - 2 -
12	ANTONY ROHAN	U18MB262	Ann
13	ANUPAMA	U18MB263	Alm
14	AQSA QURESHI	U18MB264	Const
15	ARSHAD AMIN	U18MB265	131
16	ASHIQUE RIFANA M	U18MB266	Ael ·
17	ASHWIN R	U18MB267	A.P.
18	ASHWINI.N	U18MB268	Asla
19	ASMIT KESHAV	U18MB269	Auto Ki
20	AVIRAL TYAGI	U18MB270	A land

RESOURCE PERSON





### SRI LAKSHMI NARAYANA INSTITUE OF HIGHER EDUCATON AND RESEARCH

Annexure - III

### Soft skills development& Human value development

**Short answers** 

Alok panda

Course Code: MIC09

### **L ANSWER ALL THE QUESTIONS**

1. What are the soft skills?

added to me mentool.

2. How to develop a learning mindset?

to deaster possibledays.

3. What are the ethical aptitude?

- oper cont applitude





### SRI LAKSHMI NARAYANA INSTITUE OF HIGHER EDUCATON AND RESEARCH

Annexure - III

### Soft skills development& Human value development

**Short answers** 

Arule welly

Course Code: MIC09

**I. ANSWER ALL THE QUESTIONS** 

1. What are the soft skills?

Soft shirts are developing browledge.

2. How to develop a learning mindset?

· To practice

3. What are the ethical aptitude?

- Ellical appliphede aux getting into through paper.



### **Annexure IV**

### Student Feedback Form

We are constantly looking to improve evaluations, comments and suggestions will h	e our cla	sses and	deliver	the be	
D (1)	eib as to	improve	our pe	rtormai	nce
Particulars					
31. NO   - 412 416 4241 B	1	2	3	4	5
1 Objective of the course is clear				<u> </u>	To the state of th
Course contents met with your expectations			ļ <u>.</u>	<u> </u>	<del>                                  </del>
3 Lecturer sequence was well planned	<del> </del> -				
4 Lectures were clear and easy to understand		X	. <u> </u>	<del> </del>	
5 Teaching aids were effective	1			 	
6 Instructors encourage interaction and were helpful			<u></u>		
7 The level of the course			<u></u>	<u></u>	
8 Overall rating of the course	1	2	3	4	5
Rating: 5 – Outstanding; 4 - Excellent; 3 – Good; 2-	- Satisfacto	pry; 1-N	ot-Satisfe	ctory	<u>                                     </u>

Date: 8/2/2019

Sign: Alok

### Annexure IV

### Student Feedback Form

	we are constantly looking to improve	our cla	sses and	l deliver	the bes		
SI. NO	Particulars	1	2	3	4	5	
1	Objective of the course is clear	<del> </del>		E	<u></u>		
2	Course contents met with your expectations		<u></u>	v			
3	Lecturer sequence was well planned			 			
4	Lectures were clear and easy to understand				V		
5	Teaching aids were effective		<b></b>	~	<del>,-</del>		
6	Instructors encourage interaction and were helpful			L.			
7	The level of the course						
8	Overall rating of the course	1	2	3	4	5	
	: 5 – Outstanding; 4 - Excellent; 3 – Good; 2– tions if any:	- Satisfacto	Pry; 1-Λ	iot-Satisfa	ctory		

Date: 8/5/2019

Sign: Annie





# Sri Lakshmi Narayana Institute of Medical Sciences

(Deemed to be University under section 3 of the UGC Act 1956)



### CENTRICALEGA

Ack Da
<b>#</b>
tha
7
certify
$t_0$
.S.
· F=
$\operatorname{This}$

actively participated in the Value Added Course on Soft skill development & Human value development held during March 2019 to May 2019 Organized by Sri Lakshmi Narayana

Institute of Medical Sciences, Pondicherry- 605 502, India.

Dr. C. Naveenkumar

RESOURCE PERSON

Dr. Abarna. V

		e "



# Sri Lakshmi Narayana Institute of Medical Sciences

Aftinated to the second forther of Meter Felication of Second (Deather to be University ander section 3 of the Unit Act 1956)



### CERVIFICATE OF WERIT

This is to certify that

Applie NOTILY

actively participated in the Value Added Course on Soft skill development & Human value

development held during March 2019 to May 2019 Organized by Sri Lakshmi Narayana

Institute of Medical Sciences, Pondicherry- 605 502, India.

Dr. C. Naveenkumar

RESOURCE PERSON

Dr.Abarna.V



Date: 27.06.2019

From
Dr.Naveenkumar.C
Department of Microbiology,
Sri Lakshmi NarayanaInstitute of Medical Sciences,Pudhucherry
Bharath Institute of Higher Education and Research,Chennai.

Through Proper Channel

To The Dean, Sri Lakshmi Narayana Institute of Medical Sciences, Pudhucherry Bharath Institute of Higher Education and Research, Chennai.

Sub: Completion of value-added course: Soft skill development & Human value development

Dear Sir,

With reference to the subject mentioned above, the department has conducted the value-added course titled Soft skill development & Human value development for 20 students. We solicit your kind action to send certificates for the participants, is attached with this letter. Also, I am attaching the photographs captured during the conduct of the course.

Kind Regards,

Dr.Naveenkumar.C

Encl: Certificates& photographs

•	•	
		•
		•



