

Date- 06/08/2018

From
R.Ajitha Nancy Rani
Professor
Psychiatric Nursing Department,
Sree Balaji College of Nursing,
Bharath Institute of Higher Education and Research,
Chennai.

To
The Principal,
Sree Balaji College of Nursing,
Bharath Institute of Higher Education and Research,
Chennai.

Sub: Permission to conduct value-added course: OLD AGE CARE

Respected Madam,

With reference to the subject mentioned above, the department proposes to conduct a value-addcourse titled **OLD AGE CARE** from 13.9.18-30.9.2018. We solicit your kind permission for the same.

Kind Regards

R.Ajitha Nancy Rani



SREE BALAJI COLLEGE OF NURSING

(Recognised By Indian Nursing Council, New Delhi and The Tamilnadu Nurses and Midwives Council)
(Approved by Govt. of Tamil Nadu and Affiliated to Bharath Institute of Higher Education and Research)

No.7, Works Road, Chromepet, Chennai - 600 044.

10.08.18

Department Of Psychiatric Nursing

Sree Balaji College Of Nursing

Chennai, Chrompet 600044

sub:permission granted to conduct value-added course titled **OLD AGE CARE**

With reference to the letter dated on 06.07.2017. Hereby I grant permission to conduct value-added course titled **OLD AGE CARE** from 13.9.18-30.9.2018

With Regards

Dr. V. HEMAVATHY,
Sc.(N), M.A., M.Phil., Ph.D.(N)
PRINCIPAL
SREE BALAJI COLLEGE OF NURSING
7, Works Road, Chromepet
Chennai-600 044





SREE BALAJI COLLEGE OF NURSING

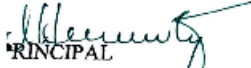
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No.7, Works Road, Chromepet, Chennai - 600 044.

Date: 20.08-2018

CIRCULAR

The Department of, Psychiatric Nursing, is scheduled to conduct a value-added course titled **OLD AGE CARE** from 13.9.18-30.9.2018 Participants can approach Department of Psychiatric Nursing for registration


PRINCIPAL

V. HEMAVATHY,
B.Sc.(N), M.A., M.Phil., Ph.D.(N),
PRINCIPAL
BALAJI COLLEGE OF NURSING
No. 7, Works Road, Chromepet,
Chennai-600 044.


HOD



**BHARATH INSTITUTE OF HIGHER EDUCATION AND
RESEARCH**

DEPARTMENT OF PSYCHIATRIC NURSING

VALUE ADDED COURSE ON OLD AGE CARE

13.9.18-30.9.18

COURSE CO-ORDINATOR DETAILS

Faculty Name: Dr.V.Hemavathy, Principal/HOD, Department of Psychiatric Nursing.

Email ID: sbcnofficial2017@gmail.com

Mobile number: 9444207749.

BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH
DEPARTMENT OF PSYCHIATRIC NURSING
VALUE ADDED COURSE- SYLLABUS
2017-2018
COURSE ON OLD AGE CARE

OBJECTIVES

1. To provide opportunity for continuous development throughout the lifespan.
2. To support for maximum levels of independence.
3. To enhance the quality of life for aged persons through the promotion of health.
4. To make their lifestyle less restrictive.
5. To provide for peaceful death.

Module 1-About old age care

Definition and Model

Assessment

- Fundamentals and functional disabilities
- Functional assessment

- ADL

Module - 2- Health & personal hygiene.

Fundamentals of Health:

- Definition of health(Physical& Mental) and illness
- Personal hygiene
- Oral diseases &Dental hygiene
- Differences between infectious and non-infectious diseases
- Performance under old age care

Module- 3. Enabling caregivers

- Counseling – individual/group/family
- Networking skills
- Early signs of caregivers distress
- Coping with stress &need for support of the care givers
- Developing positive attitude
- Leadership
- Importance of interpersonal relationship
- Importance of understanding the difficulties and needs of disabled persons

TOTAL CONTACT HOURS: 30

TEXT BOOK

1. Old Age Psychiatry 2nd Edition (English, Hardcover, Tom Dening,Alan Thomas)
2. Mental Health Care For Elderly People (English, Hardcover,Ian J.Norman,Sally J.Redfern)

REFERENCES BOOKS

1. The American Psychiatric Association Publishing TEXTBOOK OF PSYCHIATRY,7th Edition,Loues Weises Roberts Publishers.
2. Geriatric care, 1st edition, Robert D.Hill .Brian 1.Thom JOHN Bowling,Anthony Morrison Publishers.

TOTAL CONTACT HOURS: 30

Course Curriculum/Topics with schedule (Min of 30 hours)

DEPARTMENT OF PSYCHIATRIC NURSING

VALUE ADDED COURSE ON OLD AGE CARE (2018-2019)

Sl.NO	Topic	Date	Duration	Resource person
1.	Definition and Model	13-09-2018	3 hours	Dr V.Hemavathy
2.	Fundamentals and functional disabilities	14-09-2018	5 hours	Mrs R.Ajitha Nancy Rani
3.	Functional assessment	15-09-2018	3 hours	Mrs S.Saradha Devi
4.	Fundamentals of Health	19-09-2018	4 hours	Mrs G.Ajitha Kumari
5.	Personal hygiene	26-09-2018	3 hours	Dr V.Hemavathy
6.	Differences between infectious and non-infectious diseases	27-09-2018	4 hours	Dr.Priya
7.	Counseling – individual/group/family	29-09-2018	4 hours	Mrs G.Ajitha Kumari
8.	Early signs of caregivers distress	30-10-2018	4 hours	Mr.Anand

**BHARATH INSTITUTE OF HIGHER EDUCATION
SREE BALAJI SCHOOL OF NURSING
DEPARTMENT OF PSYCHIATRIC NURSING**

VALUE ADDED COURSE

OLD AGE CARE

S.NO	REG:NO	NAME OF THE STUDENT
1.	U16NR001	AARTHY.S
2.	U16NR002	ABILASHA.R
3.	U16NR004	AKSHYA.R
4.	U16NR005	ANSU MARY ABRAHAM
5.	U16NR006	ANUSUYABEGUM.H
6.	U16NR007	ASHIKA SHANI.S
7.	U16NR008	BERCY ALEXANDRE.P
8.	U16NR009	BHAGYA SHREE.R
9.	U16NR010	DEEPA.N
10.	U16NR011	DEEPA.R
11.	U16NR012	DEEPALAKSHMI.M
12.	U16NR013	DEEPIKA.B
13.	U16NR014	DEEPIKA.S
14.	U16NR016	DHIVYA BHARATHI.K
15.	U16NR017	DIVYA.G

16.	U16NR018	DIVYA.P
17.	U16NR019	EMELYNE KHARKONGOR
18.	U16NR020	GAYATHRI.M(THIRUVANNAMALAI)
19.	U16NR021	GAYATHRI.M(CUDDALOORE)
20.	U16NR022	GOMATHI.S
21.	U16NR023	GOVINDAMMAL.D
22.	U16NR024	GRACY SELVARANI.J
23.	U16NR025	HEMALATHA.P
24.	U16NR026	HEMALATHA.V
25.	U16NR027	JAYASHREE.D
26.	U16NR028	JEEVITHA.J
27.	U16NR029	JENIFER.D
28.	U16NR032	KEERTHI.D
29.	U16NR033	KEERTHIKA.C
30.	U16NR034	KIRUTHIKA.M

TRAINING ON OLD AGE CARE

The Department of Psychiatric Nursing, school of Nursing, offered a Value added Course on OLD AGE CARE from 13/09/2018 -03/10/2018, for a period of 3 weeks.The participants actively interacted with the speakers.





Bharath

INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Declared as Deemed-to-be-University under section 3 of UGC Act 1956)



COLLEGE OF NURSING

VALUE ADDED COURSE ON OLD AGE CARE

CERTIFICATE OF PARTICIPATION

This is to certify that Mr /Ms DIVYA.G(U16NR017) has attended three weeks value added course on OLD AGE CARE conducted by Department of psychiatric Nursing at Bharath Institute of Higher Education during 13SEP-30SEP 2018.

COURSE CO-ORDINATOR

HOD

Annexure 4

Course/Training Feedback Form

Course:

Date:

Name:

Reg No.

Department: psychiatric Nursing

Q 1: Please rate your overall satisfaction with the format of the course:

- a. Excellent b. Very Good c. Satisfactory d. unsatisfactory

Q 2: Please rate course notes:

- a. Excellent b. Very Good c. Satisfactory d. unsatisfactory

Q 3: The lecture sequence was well planned

- a. Excellent b. Very Good c. Satisfactory d. unsatisfactory

Q 4: The lectures were clear and easy to understand

- a. Excellent b. Very Good c. Satisfactory d. unsatisfactory

Q 5: Please rate the quality of pre-course administration and information:

- a. Excellent b. Very Good c. Satisfactory d. unsatisfactory

Q 6: Any other suggestions:

Comments:

Thank you for taking the time to complete this survey, your comments are much appreciated.

OPTIONAL Section: Name _____

Signature _____ Date _____