

Date- 3.06.2019

From
R.Ajitha Nancy Rani
Professor
Psychiatric Nursing Department,
Sree Balaji College of Nursing,
Bharath Institute of Higher Education and Research,
Chennai.

To
The Principal,
Sree Balaji College of Nursing,
Bharath Institute of Higher Education and Research,
Chennai.

Sub: Permission to conduct value-added course: Communication and leadership skills

Respected Madam,

With reference to the subject mentioned above, the department proposes to conduct a value-added course titled **Communication and leadership skills** from 12/06/2019 to 27/06/2019. We solicit your kind permission for the same.

Kind Regards

R.Ajitha Nancy Rani

FOR THE USE OF DEANS OFFICE

Names of Committee members for evaluating the course:

The Principal: Dr.V.Hemavathy

The HOD : MRS.Ajithanancy Rani.R

The Expert : Dr.V.Hemavathy

The committee has discussed about the course and is approved.



SREE BALAJI COLLEGE OF NURSING

(Recognised By Indian Nursing Council, New Delhi and The Tamilnadu Nurses and Midwives Council)
(Approved by Govt. of Tamil Nadu and Affiliated to Bharath Institute of Higher Education and Research)

No.7, Works Road, Chromepet, Chennai - 600 044.

5.06.2019

Department of Psychiatric Nursing

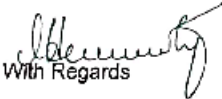
Sree Balaji college of Nursing

Chrompet

Chennai-44

sub: Permission granted to conduct value added course titled **communication and leadership skills from 12.6.2019-27.06.2019**

With reference to letter dated 3.06.2019. Hereby I grant permission to conduct value added course titled **communication and leadership skills from 12.6.2019-27.06.2019.**


With Regards

Dr. V. HEMAVATHY,
M.Sc.(N), M.A., M.Phil., Ph.D.(N),
PRINCIPAL
SREE BALAJI COLLEGE OF NURSING
No. 7, Works Road, Chromepet,
Chennai-600 044.





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No.7, Works Road, Chromepet, Chennai - 600 044.

Circular

Date: 8/6/2019

Sub: Organising Value-added Course: Communication and Leadership Skills

With reference to the above mentioned subject, it is to bring to your notice that Sree Balaji College of Nursing, Bharath Institute of Higher Education and Research, is organising a value added program on "Communication and Leadership Skills". The course content and registration form is enclosed below."

The application must reach the institution along with all the necessary documents as mentioned. The hard copy of the application should be sent to the institution by registered/ speed post only so as to reach on or before 10/06/2019. Applications received after the mentioned date shall not be entertained under any circumstances.




Principal

Dr. V. HEMAVATHI
M.Sc.(N), M.A., M.Phil., PI
PRINCIPAL
SREE BALAJI COLLEGE OF N
No. 7, Works Road, Chrc
Chennai-600 044

Encl: Copy of Course content and Registration form.

**BHARATH INSTITUTE OF HIGHER EDUCATION AND
RESEARCH**

DEPARTMENT OF PSYCHIATRIC NURSING

**VALUE ADDED COURSE ON “COMMUNICATION AND LEADERSHIP
SKILLS**

12/06/2019 to 27/06/2019

COURSE CO-ORDINATOR DETAILS

Faculty Name: Dr.V.Hemavathy, Principal/HOD, Department of Psychiatric Nursing.

Email ID: sbcnofficial2017@gmail.com

Mobile number: 9444207749.

BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH

DEPARTMENT OF PSYCHIATRIC NURSING

VALUE ADDED COURSE- SYLLABUS

2019

OBJECTIVES

- 1) Understand Core Competencies Of Effective Leadership.
- 2) Understand the importance of motivation, power, and team dynamics for effective leadership.
- 3) understand the roles of decision-making and delegation in developing leadership style
- 4) apply theories of leadership in order to better understand how and why leadership works
- 5) recognize situational demands for specific leadership styles, including the development of skills for leading in asymmetric or uncertain contexts

Module 1-Psychology Of PowerAnd Authority

1. Developing theclassroom as learning organisation
2. Applying theories of leadership to thedevelopment of an rganisation focused Building leadership skills.
3. Recognising the exercise of powerand authority in Action
4. Exploring what enhances effectiveuse of leadership

Module - 2 - Motivation factors and Team dynamics

1. DevelopingCapacity ForRecognising
2. Managingindividual, Group And Organisational Behaviour As Components Of
3. Focus Is Onlearning To Recognise Patterns In The Use And Intent Of
4. Learning To Exercise – And Respond Appropriately

Module- 3. Decision-making anddelegation

- 1.Components Of a Personal LeadershipStyle.
- 2.Exploring Options,Making Decisions Taking Action, And
- 3.Observing AndRecording

TOTAL CONTACT HOURS: 30

TEXT BOOK

1. Stress Management 1st Edition (English, Hardcover, Puspanjali Jena, Sucharita Pradhan)
2. Stress Management An Integrated Approach (English, Hardcover, Dr Viswanathan Gopalan)

REFERENCES BOOKS

1. Bond M. **Stress** and Self Awareness: a Guide for Nurses, Heinemann.
2. Everly G.S. *A Clinical Guide to the Treatment of the Human Stress Response*, Plenum Press.
3. Cooper C., Palmer S. *Conquer Your Stress*, Chartered Institute of Personnel and Development.
4. Seaward B.L. *Managing Stress: Principles and Strategies for Health and Wellbeing*, 2nd edition, Jones and Bartlett Publishers.

Course Curriculum/Topics with schedule (Min of 30 hours)

Sl No	Date	Topic	Time	Hours
1	12/06/19	Introduction	10 am - 1pm	3 Hrs
2	15/06/19	Self-Awareness, Personal Development, And Life Skills:	10am -1pm 2pm -4pm	5 Hrs
3	17/06/19	Social Justice and Resposibility	9am -1pm 2pm-4pm	6 Hrs
4	19/06/19	<ul style="list-style-type: none"> • Leadership and Communication 	10am -1pm 2pm -4pm	5 Hrs
5	24/06/19	The traits of an effective Leader	9am -1pm	4 Hrs
6	27/06/19	Leadership Styles	9 am - 1pm 2pm- 5pm	7Hrs
			Total Hours	30

S.NO	Name of the students	Registration number	signature
1.	AARTHLR	U15NR001	Aarth
2.	ABEENA ELSA VARGHESE	U15NR002	Abeena
3.	ABINAYA.R	U15NR003	Abinaya
4.	AJITH KUMAR.A	U15NR004	Ajith
5.	AMBIKA.P	U15NR005	Ambika
6.	ANANTHILA	U15NR006	Ananth
7.	ANBU SELVI.B	U15NR007	Anbu
8.	ANU SURESH	U15NR008	Anu
9.	ANU PRIYA.D	U15NR009	Anu
10.	ANUSUYA.A	U15NR010	Anusuya
11.	ARCHANA.D	U15NR011	Archana
12.	BALAJI.S	U15NR015	Balaji
13.	BARRANI .G.R	U15NR017	Barrani
14.	BEAUTLIN.J	U15NR018	Beautlin
15.	BHARATHI.K	U15NR019	Bharathi
16.	BHAVANI.R	U15NR020	Bhavani
17.	DEEPIKA.R	U15NR021	Deepika
18.	DEEPIKA SRINIVASAN	U15NR022	Deepika

19.	DHANALAKSHMI.M	U15NR023	Dhana
20.	DURGADEVI.S	U15NR024	Durga
21.	GIRIJA.D	U15NR026	Girija
22.	INDUMATHI.P	U15NR028	Indu
23.	ISABEL MONIKA.N	U15NR029	Isabel
24.	JAYANTHI.S	U15NR031	Jayanthi
25.	JAYASREE.M	U15NR032	Jayasree
26.	JENIFER.R	U15NR033	Jenifer
27.	KALAIVANI.M	U15NR034	Kalavani
28.	KALAIVANI.S	U15NR035	Kalavani
29.	KALAIVANI.S	U15NR036	Ka.
30.	KAVIPRIYA.K	U15NR037	Kavi

PHOTO
COMMUNICATION AND LEADERSHIP SKILLS



The Department of Psychiatric Nursing, school of Nursing, offered a Value added Course on **COMMUNICATION AND LEADERSHIP SKILLS** 12/06/2019 to 27/06/2019. The participants actively interacted with the speakers.



Bharath
IN TITLE OF HIGHER EDUCATION AND RESEARCH
(Declared as Deemed-to-be-University under section 3 of UGC Act 1956)



SREE BALAJI COLLEGE OF NURSING

VALUE ADDED COURSE ON COMMUNICATION AND LEADERSHIP SKILLS

This is to certify that Mr /Ms AARTHY.R (U15NR001) has attended three weeks value added course on COMMUNICATION AND LEADERSHIP SKILLS conducted by Department of Psychiatric Nursing at Bharath Institute of Higher Education and Research, Chennai (TN), India during 12.06.2019-27.6.2019.


Coordinator


H O D

BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH
SREE BALAJI COLLEGE OF NURSING
STUDENT FEEDBACK FORM FOR VALUE ADDED COURSES
 Department of psychiatric nursing

Academic year: 2019

Name of the value added course offered: *Communication and leadership skill*

Period of Batch: 2019

STUDENT FEEDBACK

Dear Student,

You are required to give your feedback on the following aspects. Please tick in the respective column.

S.No	Criteria	Rating				
		Excellent	Very good	Good	Fair	Satisfactory
1	Course content	✓				
2	Skill development	✓				
3	Motivation		✓			
4	Regularity and punctuality of teacher	✓				
5	Coverage of syllabus		✓			
6	Resource person interaction with students	✓				
7	Individual attention		✓			
8	Outcome	✓				
9	Competency of the course	✓	✓			
10	Other suggestions					


HOD

Bhavan
Signature of the student