

6/3/2019

Chennai

From

Dr Dr. S. Shenbaga Lalitha, Assistant Professor
Bharath Institute of Higher Education and Research,
Chennai

To

The Dean
Sree Balaji Medical College
Bharath institute of Higher Education Research,
Chennai

Sub: -Permission to conduct value-added course: Health Education to prevent Diabetes Mellitus

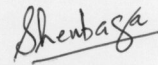
Respected sir,

With reference to subject mentioned above, the department proposes to conduct a value-added course titled: Health Education to prevent Diabetes Mellitus on 6/17/2019 for a period of three weeks

We kindly solicit your kind permission to commence the program.

Warm Regards,

Course Coordinator



Dr Dr. S. Shenbaga
Lalitha, Assistant Professor

Sree Balaji Medical College & Hospital,
Chennai - 600 044

VALUE ADDED COURSE –Health Education to prevent Diabetes Mellitus

COURSE CO-ORDINATOR DETAILS

Faculty Name: Dr Dr. S. Shenbaga Lalitha,Assistant Professor

Email ID: ShenbagaLalitha.s@bharathuniv.ac.in

Mobile number: 9994869160



Sharath Institute of Higher Education and Research
Sree Balaji Medical College & Hospital

SCHOOL OF ALLIED HEALTH SCIENCES

Certificate of Participation

This is to certify that Mr./Ms. Amal Althaf

has attended two weeks Value added Course on *Health Education to prevent* conducted by .

School of Allied Health Sciences

Dr. W.M.S. JOHNSON
Dean,
SBMCH

Sree Balaji Medical College & Hospital,

Chennai - 600 044

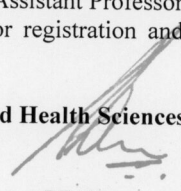
Date: 6/7/2019

CIRCULAR

Notification for Value added courses

The School of Allied Health Sciences is scheduled to offer a Value added Certificate Course on **“Health Education to prevent Diabetes Mellitus”** from 6/17/2019 for a period of 3 weeks. Interested students can approach Dr. S. Shenbaga Lalitha, Assistant Professor and Course Coordinator, School of Allied Health Sciences for registration and for further details on or before 6/12/2019

Eligibility- Students of School of Allied Health Sciences



DEAN

Copy to:

Vice Chancellor

Pro Vice Chancellor

Additional Registrar

Deans

CoE

Heads of Departments

Health Education to prevent Diabetes Mellitus

Course Description

This fully online course is designed to help prepare health care professionals and educators support patients and their families in the management of diabetes. This value added course is designed to provide you with the tools you need to educate your patients. It can enhance your knowledge on all aspects of diabetes management including glycemic targets, lifestyle (nutrition and exercise) and pharmacological management, diabetic complications as well as adult education theory and chronic disease self-management principles that can enhance the education of all your patients with diabetes.

Learning Objectives

Upon successful completion of this certificate-level continuing education program, you will be better able to:

1. Discuss the pathophysiology, epidemiology and risk factors for the development of the different types of diabetes.
2. Review with a patient the diagnosis of pre-diabetes and diabetes, as well as glycemic targets and parameters requiring monitoring to reduce the risk of diabetic complications.
3. Educate a patient on the role of nutrition, physical activity and exercise in the prevention and management of diabetes
4. Counsel a patient on the different pharmacological treatment options through the course of living with diabetes.
5. Review strategies to prevent, screen and identify diabetic complications.
6. Use the self-management principles to enhance the diabetes education provided to patients and their families
7. Understand and tailor diabetes management and education provided to patients based on patient factors and their stage of life (ie. Child, adolescent, adult

8. Critically analyse current national and international guidelines relating to the prevention and management of diabetes, and apply these to different complex clinical situations.

Course Duration : 30 hours

Course coordinator : Professor /Associate professor – Department of Medicine

S.No	TOPICS	DURATION	FACULTY
1	Introduction to course	2 HOURS	Asst Prof : Dept of Medicine
2	Basic pathophysiology of diabetes	2 HOURS	Assoc Prof : : Dept of Medicine
3	Basic communication skills	2 HOURS	Asst Prof : Dept of Medicine
4	Management Concept and organizational Behaviour	2 HOURS	Assoc Prof : : Dept of Medicine
5	Health care over view	2 HOURS	Asst Prof : Dept of Medicine
6	Diabetes and its risks	2 HOURS	Asst Prof : Dept of Medicine
7	Business communication & correspondence	2 HOURS	Admin /Asst Prof : Dept of Medicine
8	Introduction to IT Based accounting and entrepreneurship	2 HOURS	IT department /Assoc Prof : : Dept of Medicine
9	Treatment of diabetes	2 HOURS	Assoc Prof : : Dept of Medicine
10	Management and care of Diabetes patient	2 HOURS	Asst Prof : Dept of Medicine
11	Diet counseling	2 HOURS	Assoc Prof : : Dept of Medicine
12	Complication awareness of	2 HOURS	Asst Prof : Dept of

	diabetes		Medicine
13	Case studies : workshop	2 HOURS	Assoc Prof : : Dept of Medicine
14	Assessment & counseling	2 HOURS	Asst Prof : Dept of medicine
15	ASSESSMENT	2 HOURS	Asst Prof : Dept of Medicine

Health Education to prevent Diabetes Mellitus

1	JENISHA ATHSAL R	U19AH02016
2	KANIMOZHI R	U19AH02017
3	GANGOTRI TIRKEY	U19AH01010
4	HARI PRASATH K	U19AH01011
5	IBIN K ISAC	U19AH01012
6	IGNESHYA P	U19AH01013
7	JASWANT B	U19AH01014
8	JENNIFER G	U19AH01015
9	ASWANI V S	U19AH01004
10	BERSHEBA JENCY P M	U19AH01005
11	CHACHU ABRAHAM	U19AH01006
12	DELICIA DABINA D	U19AH01007
13	DIVYA R	U19AH01008
14	DURGALAKSHMI R	U19AH01009
15	SUREKA U	U19AH01037
16	UMA MAGESHWARI M	U19AH01038
17	VASANTH T	U19AH01039
18	VIGNESH A	U19AH01040
19	ADITHYAN B L	U19AH02001
20	AKASH BIJU	U19AH02002
21	AKASH JAYAN	U19AH02003
22	ALWIN RAJ S	U19AH02004
23	ATHUL SABURAJ	U19AH02005
24	ABINAYA R	U19AH01002
25	ARULSELVI P	U19AH01003
26	VIGNESHWARI E	U19AH02031
27	ABISHA P A	U19AH03001
28	AKHILA REJI	U19AH03002
29	ALEENA SAJI	U19AH03003
30	KEERTHIKA P	U19AH03023
31	KOKILA S	U19AH03024
32	LOGA SRI S	U19AH03025
33	MAGESH M	U19AH03026
34	MATHUMITHA R	U19AH03027
35	NIRANJAN C	U19AH03028
36	NIVETHITHA K	U19AH03029
37	PAVITHRA N	U19AH03030
38	PRAVIN SHARMA R	U19AH03031
39	APARNA V	U19AH03008
40	BADARISHA KHARLYNGDOH	U19AH03009
41	BHARATH KUMAR S	U19AH03010
42	BHAVYA NAIR S	U19AH03011
43	DHILSHA RAVINDRAN	U19AH03012

44	FARZANE FATHIMA	U19AH03013
45	GOKUL KRISHNA T V	U19AH03014