

07.08.2019

From

Mrs. J. kanimozhiselvi

Asst. Professor in Physiotherapy

Sree Balaji College of Physiotherapy,

Chennai

To

Dr.S.S.Subramanian., Ph.D

The Dean,

Sree Balaji College of Physiotherapy,

Chennai

Sir,

Sub: (Permission to conduct value added course with our MOU- Reg)

Kindly consider in permitting the Value added course on PELVIC FLOOR REHABILITATION From 07.09.2019 & 25.09.2019 for 30 hrs.

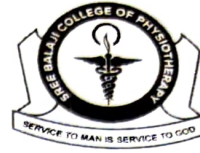
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J. kanimozhiselvi
Yours faithfully



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INSTITUTE OF HIGHER EDUCATION AND RESEARCH



SREE BALAJI COLLEGE OF PHYSIOTHERAPY

07/08/2019

To

Mrs.J.Kanimozhiselvi

Asst. Professorin Physiotherapy

Sir,

With reference to your communication dated on 03.08.2019

Hereby we grant permission to conduct Value added course from 07.09.2019 to 25.09.2019,with our MOU

Dr.S.S.Subramanian., Ph.D

The Principal,

Sree Balaji College of Physiotherapy



Dr.S.S.SUBRAMANIAN, M.P.T (Orthopaedics),
M.S (Education), M. Phil (Education), Ph.D (Physiotherapy)
The Principal,
Sree Balaji College of Physiotherapy
Velachery Main Road, Pallikarai, Chennai



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SREE BALAJI COLLEGE OF PHYSIOTHERAPY

SHORT TERM COURSE ON PELVIC FLOOR REHABILITATION

DATE: 07.09.2019 TO 25.09.2019

Objectives of the Course:

1. To create awareness about pelvic floor anatomy, function and dysfunction.

2. Ways of rehabilitation

Course Outline:

1. Anatomy of pelvic floor

2. Causes for dysfunction

3. Discussion about various treatment protocols

Recourse Persons

Speaker: 1	Mrs. Jananie Deiveegan	AAROGREEN PHYSIOTHERAPY FITNESS SOLUTION
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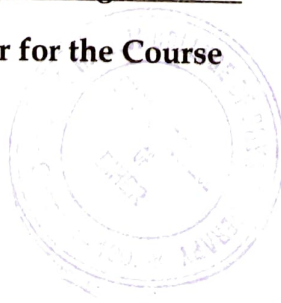
Eligibility: Final year B.P.T, Interns, M.P.T students, Clinical Physiotherapists

Fees: Free

For Registration Contact: 044 - 22461883, 044 - 22462179,

e - Mail: sbc2007@gmail.com

Coordinator for the Course





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INSTITUTE OF HIGHER EDUCATION AND RESEARCH

Declared as Deemed to be University under section 3 of UGC Act - 1956
Affiliated to Anna University, Chennai
Established in the year 1983
Website: www.bharathuniversity.ac.in

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173, Agaram Road, Sekttyur, Tambaram
Chennai - 600 072, Tamil Nadu



SREE BALAJI COLLEGE OF PHYSIOTHERAPY

SHORT TERM COURSE ON PELVIC FLOOR REHABILITATION

DATE: 07/09/2019 -25/09/2019

AGENDA

Date	Topic	Time	Hour
7/09/2019	Introduction and need for pelvic floor rehabilitation	2.00 to 4.00pm	2hrs
09/09/2019	Functional anatomy,physiology and functions	2.00 to 4.00pm	2hrs
11/09/2019	Causes for dysfunctions,pathomechanics,risk factors	2.00 to 4.00pm	2hrs
12/09/2019	Types of prolapse,Age wise ,Sex wise clinical features	2.00 to 4.00pm	2hrs
13/09/2019	Diagnosis,physical examination	2.00 to 4.00pm	2hrs
14/09/2019	Management .medical management	2.00 to 4.00pm	2hrs
16/09/2019	Physiotherapy assessment	2.00 to 4.00pm	2hrs
17/09/2019	Physiotherapy treatment techniques	2.00 to 4.00pm	2hrs
18/09/2019	Surgical treatment	2.00 to 4.00pm	2hrs
19/09/2019	Post operative physiotherapy protocol	2.00 to 4.00pm	2hrs
20/09/2019	Core strengthening exercises	2.00 to 4.00pm	2hrs
21/09/2019	Psychological treatment	2.00 to 4.00pm	2hrs
23/09/2019	Lifestyle modification	2.00 to 4.00pm	2hrs
24/09/2019	Diet modification and weight control	2.00 to 4.00pm	2hrs
25/09/2019	Methods to create awareness	2.00 to 4.00pm	2hrs
	Total hours		30 hrs



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SREE BALAJI COLLEGE OF PHYSIOTHERAPY

VALUE ADDEDD COURSE ON PELVIV FLOOR REHABILITATION

ORGANIZED BY

**ASAROGREEN PHYSIOTHERAPY & FITNESS SOLUTION & SREE BALAJI
 COLLEGE OF PHYSIOTHERAPY**

Date: 07.09.2019 TO 25.09.2019 Duration-30hrs

REGISTRATION FORM

Name: D.O.B:IAP/ Reg No: Batch:

Contact No: E-Mail:Address:

Kindly Mention The Course Completed/ Presently Studying/ Working Institution

Course	College	University	Year of Completion Month & Year	Designation
UG				
PG				
Clinical Therapist				



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FEEDBACK FORM

Criteria	Strongly Agree (3)	Agree (2)	Disagree (1)
Workshop ^{Session} was relevant to my needs	✓		
Length of Workshop ^{Session} was sufficient	✓		
Content was well organized	✓		
Questions were engaged		✓	
Instructions were clear and understandable		✓	
Workshop met my expectations		✓	
The presentations were effective		✓	





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 Chennai - 600 073, Tamil Nadu

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FEEDBACK FORM

Criteria	Strongly Agree (3)	Agree (2)	Disagree (1)
Workshop was relevant to my needs	✓		
Length of Workshop was sufficient	✓		
Content was well organized		✓	
Questions were engaged	✓		
Instructions were clear and understandable		✓	
Workshop met my expectations	✓		
The presentations were effective		✓	





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SREE BALAJI COLLEGE OF PHYSIOTHERAPY

ORGANIZED BY

AAROGREEN PHYSIOTHERAPY & FITNESS SOLUTION & SREE BALAJI COLLEGE OF PHYSIOTHERAPY

CERTIFICATE OF PARTICIPATION

This is to certify that Mr / Ms ANU ANIL (U19PT004) (Reg No) of III/IV year/
 Interns B.P.T/M.P.T/ Clinical Physiotherapists has participated in the **VALUE ADDED COURSE ON PELVIC FLOOR
 REHABILITATION FROM 07.09.2019 TO 25.09.2019**

Mrs Jananie Deiveegan

AAROGREEN PHYSIOTHERAPY & FITNESS SOLUTION

Dr. S.S. Subramanian.

Principal



Dr. S. S. SUBRAMANIAN, M.P.T (Orthopaedics),
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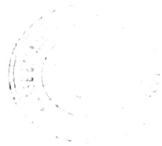
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SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Participants list

SL NO	NAME	REGISTER NO
1.	Aiswarya. V	U19PT001
2.	Anandraj. S	U19PT002
3.	Anjum. A.K	U19PT003
4.	Anu Anil	U19PT004
5.	Anusuya. A	U19PT005
6.	Arsha Abitha Maybel. E	U19PT006
7.	Balaveera Raghavan	U19PT007
8.	Banazeer Fathima. Z	U19PT008
9.	Boinapalli Geetika	U19PT009
10.	Dharshini.V	U19PT010
11.	Dinesh. E	U19PT011
12.	Dinesh. S	U19PT012
13.	Divya. B	U19PT013
14.	Divya. D	U19PT014
15.	Divya. P	U19PT015
16.	Divya. S	U19PT016
17.	Fathima Sameera. T.L.M	U19PT017
18.	Fouziya Banu. A	U19PT018
19.	Gayathri. B	U19PT019
20.	Gladis Jeslin. R	U19PT020
21.	Gokulakrishnan. S	U19PT021
22.	Grace Hepsiba.I	U19PT022
23.	Hanisha. M	U19PT023
24.	Hariharan. J	U19PT024
25.	Insamam -Ul Haq. S	U19PT025
26.	Jovinlara. A	U19PT027




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