

02.12.2019

From

Mrs.K.Lakshmiprabha

Asso. Professor in Physiotherapy

Sree Balaji College of Physiotherapy,

Chennai

To

Dr.S.S.Subramanian., Ph.D

The Dean,

Sree Balaji College of Physiotherapy,

Chennai

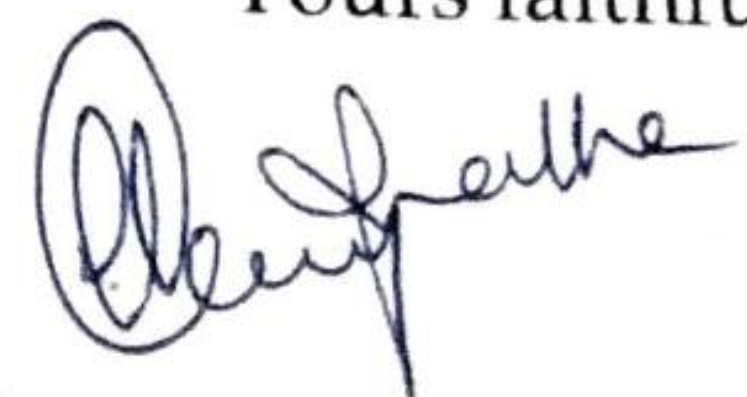
Sir,

Sub: (Permission to conduct value added course with our MOU- Reg)

Kindly consider in permitting the value added course on SOFT TISSUE MOBILISATION from 25.01.2020 for 30 hrs

Thanking You

Yours faithfully





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# SREE BALAJI COLLEGE OF PHYSIOTHERAPY

02/12/2019

To

Mrs.K.Lakshmiprabha

Ass Professorin Physiotherapy

Sir,

With reference to your communication dated on 02.12.2019

Hereby we grant permission to conduct Value Added Course On SOFT TISSUE MOBILISATION from 02.01.2020 to 25.01.2020



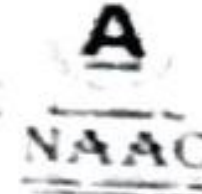
Dr.S.S.Subramanian., Ph.D

The Principal,

SreeBalaji College of Physiotherapy



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17.12.2019

To

Mr.Ravi

Founder

Pain and Stroke

Chennai

Sir,

Further continuation of our MOU, to enrich academic and research activities kindly coordinate the proposed approvelecture to benefit faculty and students of both our institutions. Further classification if any kindly communicate the coordinator Mrs. lakshmiprabha, Asso. Professor., email Id: [sbcp2007@gmail.com](mailto:sbcp2007@gmail.com)

Enclosing details along with

1. Course outline, objective
2. Dates, Resource person

Thanking You



Dr.S.S.Subramanian., Ph.D

The Principal,

SreeBalaji College of Physiotherapy

Dr.S.S.SUBRAMANIAN, M.P.T (Orthopaedics),  
M.S (Education), M. Phil (Education), Ph.D (Physiotherapy)

The Principal



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# SREE BALAJI COLLEGE OF PHYSIOTHERAPY

VALUE ADDED COURSE ON SOFT TISSUE MOBILISATION

ORGANIZED BY

PAIN AND STROKE & SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Date: 02.01.2020 to 25.01.2020

## REGISTRATION FORM

Name: D.O.B: IAP / Reg No: Batch:

Contact No: E-Mail: Address:

Kindly Mention The Course Completed/ Presently Studying/ Working Institution

| Course             | College | University | Year of Completion<br>Month & Year | Designation |
|--------------------|---------|------------|------------------------------------|-------------|
| UG                 |         |            |                                    |             |
| PG                 |         |            |                                    |             |
| Clinical Therapist |         |            |                                    |             |





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**SREE BALAJI COLLEGE OF PHYSIOTHERAPY**

## SHORT TERM COURSE ON SOFT TISSUE MANIPULATION

DATE: 02.01.2020 TO 25.01.2020

### Objectives of the Course

1.To improve knowledge about soft tissue physiotherapy

### Course Outline:

- 1.to teach various types of STM
- 2.Physiotherapy assessment
- 3.Discuss about physiotherapy managemnet

### Recourse Persons

|            |                     |                         |
|------------|---------------------|-------------------------|
| Speaker: 1 | MR.RAVI RENGANATHAN | SOFTTISSUE MOBILISATION |
|------------|---------------------|-------------------------|

**Eligibility: Final year B.P.T, Interns, M.P.T students, Clinical Physiotherapists**

Fees: Free

For Registration Contact: 044 – 22461883, 044 – 22462179,

e - Mail: [sbcp2007@gmail.com](mailto:sbcp2007@gmail.com)

### Coordinator for the Course

Mrs.K.lakshmiprabha, M.P.T., Asso. Professor





# SREE BALAJI COLLEGE OF PHYSIOTHERAPY

## FEEDBACK FORM

| Criteria                                   | Strongly Agree (3) | Agree (2) | Disagree (1) |
|--|--------------------|-----------|--------------|
| Workshop Session was relevant to my needs  | ✓                  |           |              |
| Length of Workshop Session was sufficient  | ✓                  |           |              |
| Content was well organized                 |                    | ✓         |              |
| Questions were engaged                     |                    | ✓         |              |
| Instructions were clear and understandable | ✓                  |           |              |
| Workshop met my expectations               |                    | ✓         |              |
| The presentations were effective           | ✓                  |           |              |





## SREE BALAJI COLLEGE OF PHYSIOTHERAPY

### Participants list

| SL NO | NAME                   | REG NO   |
|-------|------------------------|----------|
| 1.    | INIYA.R                | U18PT016 |
| 2.    | JANANI.K.S             | U18PT017 |
| 3.    | JEBASTHIYAL.A          | U18PT018 |
| 4.    | JOEL JOSHUA.B          | U18PT019 |
| 5.    | JOHANN CHRIS DAVID.J   | U18PT020 |
| 6.    | KAAVIYA ASAITHAMBI     | U18PT021 |
| 7.    | KAVYA PREETHA.R        | U18PT022 |
| 8.    | KEERTHANA DEVI.B       | U18PT023 |
| 9.    | KEERTHANA.M            | U18PT024 |
| 10.   | KIRTHIKA.S.K           | U18PT025 |
| 11.   | KOMATHY.J              | U18PT026 |
| 12.   | MEENA.S                | U18PT027 |
| 13.   | MOHAMED RIMAN BATHRU.U | U18PT028 |
| 14.   | MOHANAPRIYA.R          | U18PT029 |
| 15.   | MOOVENDER.M            | U18PT030 |
| 16.   | MUHAMMAD ABDUL QADIR.S | U18PT031 |
| 17.   | NILA.P.A               | U18PT032 |
| 18.   | PANDIT SWARANGI BHARAT | U18PT033 |
| 19.   | PON PERUMAL.M          | U18PT034 |
| 20.   | POOJA.S                | U18PT035 |
| 21.   | PREETHI.C              | U18PT036 |
| 22.   | RASICA.R               | U18PT037 |
| 23.   | P.ROHINI               | U18PT038 |
| 24.   | ROSHAN KENTANICK.N     | U18PT039 |
| 25.   | S.P.DEEKSHANA          | U18PT040 |
| 26.   | SADHANA.G.R            | U18PT041 |

  
Dr. S.S. SUBRAMANIAN, M.P.T (Orthopaedics),  
M.S (Education) M. Ed (Education), Ph.D (Physiotherapy)

The Principal,  
Dr. S.S. Subramanian Physiotherapy  
Velachery Main Road, Pallikarantal, Chennai

The Principal.



**SREE BALAJI COLLEGE OF PHYSIOTHERAPY**  
**SHORT TERM COURSE ON SOFT TISSUE MOBILISATION**

**DATE: 02.01.2020 TO 25.01.2020**

**AGENDA**

| <b>CERTIFICATE COURSE ON CLINICAL NUTRITION</b> |                     |                       |               |
|---|---------------------|-----------------------|---------------|
| <b>Date</b>                                     | <b>Topic</b>        | <b>Time</b>           | <b>Hour</b>   |
| 02.01.2020                                      | Introduction        | 03.00 P.M – 05.00 P.M | 02.00 hrs     |
| 03.01.2020                                      | History             | 03.00 P.M – 05.00 P.M | 02.00 hrs     |
| 04.01.2020                                      | Types of stm        | 02.00 P.M – 04.00 P.M | 02.00 hrs     |
| 06.01.2020                                      | Indications         | 02.00 P.M – 04.00 P.M | 02.00 hrs     |
| 07.01.2020                                      | Contraindication    | 02.00 P.M – 04.00 P.M | 02.00 hrs     |
| 08.01.2020                                      | Sideeffects         | 03.00 P.M – 05.00 P.M | 02.00 hrs     |
| 09.01.2020                                      | Massage             | 03.00 P.M – 05.00 P.M | 02.00 hrs     |
| 10.01.2020                                      | Positional release  | 03.00 P.M – 05.00 P.M | 02.00 hrs     |
| 11.01.2020                                      | MFR                 | 03.00 P.M – 05.00 P.M | 02.00 hrs     |
| 13.01.2020                                      | Trigger release     | 02.00 P.M – 04.00 P.M | 02.00 hrs     |
| 14.01.2020                                      | Neural mobilization | 02.00 P.M – 04.00 P.M | 02.00 hrs     |
| 20.01.2020                                      | Lymphatic drainage  | 03.00 P.M – 05.00 P.M | 02.00 hrs     |
| 21.01.2020                                      | MET                 | 03.00 P.M – 05.00 P.M | 02.00 hrs     |
| 22.01.2020                                      | Transverse friction | 03.00 P.M – 05.00 P.M | 02.00 hrs     |
| 23.01.2020                                      | Stretching          |                       | <b>30 hrs</b> |
|   | <b>Total Hrs</b>    |                       |               |





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Website: www.bharath.ac.in

Approved by the Government of Tamil Nadu  
Affiliated to Bharathidasan University

**SREE BALAJI COLLEGE OF PHYSIOTHERAPY**

ORGANIZED BY

**PAIN AND STROKE & SREE BALAJI COLLEGE OF PHYSIOTHERAPY**

**CERTIFICATE OF PARTICIPATION**

This is to certify that Mr / Ms ABIRAMI.S (U18PT003) (Reg No ) of III/  
Interns B.P.T/M.P.T/ Clinical Physiotherapists has participated in the VALUE ADDED COURSE FROM 02.01.2020 TO 25

Mr.Ravi

**PAIN AND STROKE**



Dr.S.S.Subramanian.,

Principal

Dr.S.S.SUBRAMANIAN, M.P.T (Orthopaedics),  
M.S (Education), M. Phil (Education), Ph.D (Physiotherapy)  
The Principal,  
Sree Balaji College of Physiotherapy,  
Velachery Main Road



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