



**Bharath**  
INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Declared as deemed to be university under section 3 of UGC Act 1956, vide notification No.F.9-5/2000-U.3)

**SCHOOL OF ARTS**

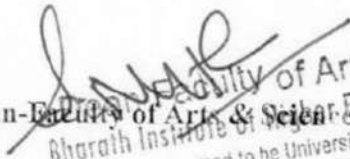
**Date:05.08.2020**

**CIRCULAR**

**Sub: Organising Value added (online) Course:  
Short term course on Performing Arts – Western Dance - reg.,**

With reference to the above mentioned subject, we bring it to your notice that School of Arts, Bharath Institute of Higher Education & Research is organising Value added course “Short term course on Performing Arts – Western Dance”. The syllabus and registration form is enclosed below.

The candidates those who are interested to join must fill the registration form and submit to the Course Coordinator Mr.Nagarajan, on or before 20.08.2020.The Registration form received after the mentioned date shall not be entertained under any circumstances.

  
Dean- Faculty of Arts & Sciences  
Bharath Institute of Higher Education & Research  
Declared as Deemed to be University U/S 3 of UGC Act. 1956)  
600 073, INDIA

Encl: A copy of Syllabus & Registration form

Copy To:

- 1.All HODs
- 2.Office File/ Notice Board
- 3.Course Coordinator



# Shree

INSTITUTE OF HIGHER EDUCATION AND RESEARCH

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SCHOOL OF ARTS

Registration Form

Value Added Course

Date: 28/08.2020

Name : SNEHA.S

Reg.No. : U15dBE032

Gender : Female

Department : English

Year :

Contact No. : 7904495671

Email ID : sneka sweet (g) gmail.com

Course Applied For : Short ~~time~~ course on performing arts - Western Dance

Sneka  
Signature



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SCHOOL OF ARTS

Registration Form

Value Added Course

Date: 20/8/2020

Name : KAVYA-N

Reg.No. : VIS PS 015

Gender : Female

Department : physics

Year :

Contact No. : 897044.9784

Email ID : kavya009@gmail.com

Course Applied For : Short time course on performing arts - Western Dance

*Kavya*  
Signature

**Bharath Institute of Higher Education & Research**  
School of Arts

Lesson Plan

Value Added Course: Short term course on Performing Arts – Western Dance Course Duration:30 Hrs				
S.No	Date	Topic	Time	Hour
1	21/8/20 20	Western dance style ( Introduction)	10.00-12.00p.m	2
2	27/8/2020	Western dance style ( basic movement)	2.00-4.00p.m	2
3	30/8/2020	Coordination work in faster speed basics	2.00-4.00p.m	2
4	02-09-20	Coordination work in faster speed advanced	10.00-12.00p.m	2
5	09-09-20	Jazz dance routine	10.00-12.00p.m	2
6	14/9/2020	Jazz arms position	2.00-4.00p.m	2
7	18/9/2020	Jazz basic movements	10.00-12.00p.m	2
8	21/9/2020	jazz dance routine	2.00-3.00p.m	1
9	24/9/2020	Jazz movements	10.00-12.00p.m	2
10	27/9/2020	hip hop footwork	2.00-4.00p.m	2
11	04-10-20	Dance on patriotic song	10.00-12.00p.m	2
12	10-10-20	Jazz arms position with jumps	2.00-4.00p.m	2
13	15/10/2020	Flexibility work	2.00-4.00p.m	2
14	18/10/2020	Funk jazz dance routine.	10.00-12.00p.m	2
15	20/10/2020	Step ball change & turns	2.00-3.00p.m	1
16	24/10/2020	Side stretch & flat back revision all hand movement	10.00-12.00p.m	2

**Bharath Institute of Higher Education & Research**

School of Arts

**Course TimeTable**

Value Added Course: Short term course on Performing Arts – Western Dance

Course Duration:30 Hrs

S.No	Date	Time	Hour
1	21/8/2020	10.00-12.00p.m	2
2	27/8/2020	2.00-4.00p.m	2
3	30/8/2020	2.00-4.00p.m	2
4	02-09-20	10.00-12.00p.m	2
5	09-09-20	10.00-12.00p.m	2
6	14/9/2020	2.00-4.00p.m	2
7	18/9/2020	10.00-12.00p.m	2
8	21/9/2020	2.00-3.00p.m	1
9	24/9/2020	10.00-12.00p.m	2
10	27/9/2020	2.00-4.00p.m	2
11	04-10-20	10.00-12.00p.m	2
12	10-10-20	2.00-4.00p.m	2
13	15/10/2020	2.00-4.00p.m	2
14	18/10/2020	10.00-12.00p.m	2
15	20/10/2020	2.00-3.00p.m	1
16	24/10/2020	10.00-12.00p.m	2



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## SCHOOL OF ARTS

### Value Added Course

Course name :Short term course on Performing Arts – Western Dance

Course duration : 30 Hours

### Syllabus

#### Unit 1

Western dance style ( basic movement)

- Coordination work in faster speed
- Free style dance routine

#### Unit 2

Jazz arms position

- Jazz basic movements and jazz dance routine
- Jazz movements and hip hop footwork
- Dance on patriotic song

#### Unit 3

Jazz arms position with jumps

Basic contemporary dance

Flexibility work

#### Unit 4

Funk jazz dance routine.

- Step ball change & turns
- Flick & palace step and dance routine extend.

## Unit 5

Side stretch & flat back revision all hand movement and exercise and dance routine.

- Revision

### Reference book :

1. Country & Western Dance (The American Dance Floor)

## Bharath Institute of Higher Education &amp; Research

## School of Arts

## Students Registration List

Value Added Course: Short term course on Performing Arts – Western Dance

S.NO	REG.NO	NAME OF THE CANDIDATE	DEPARTMENT
1	U15BA006	PRASANNA R	BBA
2	U15BA007	SATHIYAPRIYA S	BBA
3	U15BA008	JEFVICS M	BBA
4	U15BA009	ABHISHEK J	BBA
5	U15BA010	ARPUTHAM M	BBA
6	U15BA011	HARIKRISHNAN M	BBA
7	U15BA012	BHARATH BALAJI .G K	BBA
8	U15BA013	JAGADEESAN .C	BBA
9	U15BA014	MOHAN RAJ .D	BBA
10	U15BA015	MURALI KRISHNAN .R	BBA
11	U15BA020	ABINATH .D	BBA
12	U15BC003	RAJESHWARI S K	Commerce
13	U15BC004	USHA P	Commerce
14	U15BC025	AJAI KUMAR G	Commerce
15	U15BC016	SWATHI P	Commerce
16	U15BC007	KANNAN M	Commerce
17	U15BC015	TAMILAASAN M	Commerce
18	U15BC009	DHINESH T	Commerce
19	U15BC014	MANGAIYARKKARASI .M	Commerce
20	U15BC011	VIGNESH .S	Commerce
21	U15BC012	MOHAN N.A	Commerce
22	U15SC014	KARTHIKA R	Computer science
23	U15SC017	BHARATH S	Computer science
24	U15SC019	ASHOK KUMAR V	Computer science
25	U15SC020	YASAR ARAFATH A	Computer science
26	U15SC021	ABDUL NAFIE S	Computer science
27	U15SC024	PRIYANKA P	Computer science
28	U15SC026	ANANTHARAMAN R	Computer science
29	U15SC027	A. ANTON JAMES THOMAS RAJA	Computer science
30	U15SC030	DHIVAKAR M	Computer science
31	U15CA029	CHADWICK SAMUVEL T	BCA
32	U15CA141	ARAVINDAN M	BCA
33	U15CA206	AMARNATH A	BCA
34	U15CA207	SARAVANAN S	BCA
35	U15CA208	MANJULA R	BCA
36	U15CA257	DILLESWARA RAO P	BCA



37	U15CA258	ARUN KUMAR K	BCA
38	U15CA273	VIGNESH M	BCA
39	U15CA278	SANJINA Y	BCA
40	U15CA279	MOHANA KRISHNAN T	BCA
41	U15CA280	STEPHEN RAJ D	BCA
42	U15CA281	VIGNESHWARAN P	BCA
43	U15CA282	YOGESHWARI B	BCA
44	U15BE013	RAJESWARI B	English
45	U15BE027	BERYLCHRISTY C	English
46	U15BE032	SNEHA S	English
47	U15PS004	SOFIKA C	Physics
48	U15PS009	SANTHIYA S	Physics
49	U15PS006	KAVIPRIYAN S	Physics
50	U15PS007	DISHON H	Physics
51	U15PS021	AGALYA P	Physics
52	U15PS0015	KAVIYA M	Physics
53	U15PS010	JEYARAKASH J	Physics
54	U15PS013	DHIVYA BHARATHI S	Physics
55	U15PS024	SARAN RAJ M	Physics
56	U15PS026	HARINI B	Physics
57	U15VC015	RATHEESH S	Viscom
58	U15VC018	LAVANYA D	Viscom



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## SCHOOL OF ARTS

### Course Feedback form

### Value Added Course

Date:24/10/2020

Course Title:Short term course on Performing Arts – Western Dance

Name: KAVYA.N

RegNo: U15P5015

Department: physics

S.No	Particulars	1	2	3	4	5
(1. Very Unsatisfied 2. Unsatisfied 3. Neutral 4. Satisfied 5. Very Satisfied)						
1.	Objectives of the course clear to you				✓	
2.	Course contents met with your expectations				✓	
3.	Lecture sequence was well planned					✓
4.	Lectures were clear and easy to understand				✓	
5.	Teaching aids were effective					✓
6.	Instructors encourage interaction and were helpful				✓	
7.	The level of the course					✓
(1. Very poor 2. Poor 3. Average 4. Good 5. Excellent)						
8.	Overall rating of the course:	1	2	3	4	5

Please give Suggestion for the improvement of the course:

*Kavya.N*  
Signature



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**SCHOOL OF ARTS**

**Course Feedback form**

**Value Added Course**

Date:24/10/2020

Course Title:Short term course on Performing Arts – Western Dance

Name: SNEHA-S

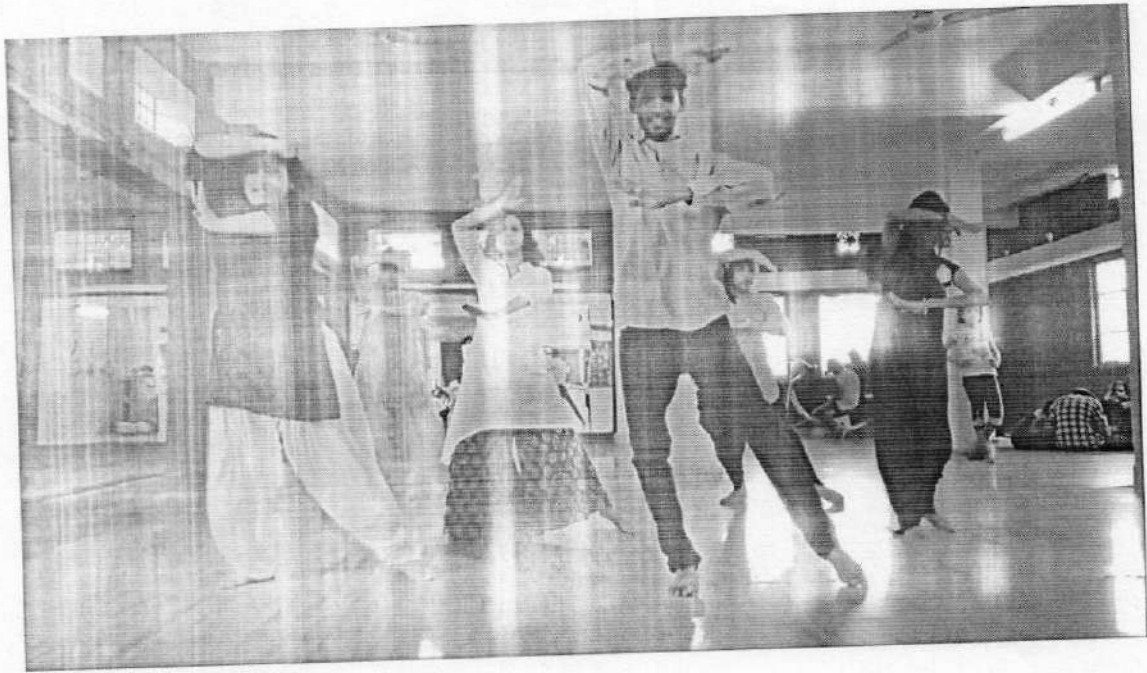
RegNo: U15DBE03

Department: English

S.No	Particulars	1	2	3	4	5
(1. Very Unsatisfied 2. Unsatisfied 3. Neutral 4. Satisfied 5. Very Satisfied)						
1.	Ojectives of the course clear to you				✓	
2.	Course contents met with your expectations					✓
3.	Lecture sequence was well planned				✓	
4.	Lectures were clear and easy to understand					✓
5.	Teaching aids were effective				✓	
6.	Instructors encourage interaction and were helpful					✓
7.	The level of the course				✓	
(1. Very poor 2. Poor 3. Average 4. Good 5. Excellent)						
8.	Overall rating of the course:	1	2	3	4	5

Please give Suggestion for the improvement of the course:

*Sneha*  
Signature



**Resource person**

Mr. Rathnaprabhu

Asst.professor,

M.G.R Film Institute,

Chennai.



**Bharath**  
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School of Arts

CERTIFICATE OF PARTICIPATION

This is to certify that

**KAVIYA.M**

has participated in the course on Performing Arts - Western Dance conducted by the School of Arts ,BIHER from August 21, 2020 to October 24 ,2020.

*P. Nagarajan*

**P.NAGARAJAN**  
Course Co-ordinator

*A. Niraimathi*

**A.NIRAIMATHI**  
convener

*Dr. A. Muthukumaravel*

**DR.A MUTHUKUMARAVEL**  
Dean Arts & Science