

7/18/2020

Chennai

From

The Course Coordinator
Certificate Program in Consumer Health Education
Department of Community Medicine
Sree Balaji Medical College
Bharath Institute of Higher Education and Research,
Chennai

To

The Dean
Sree Balaji Medical College
Bharath institute of Higher Education Research,
Chennai


Sub: -Permission to conduct value- added course: Certificate Program in Consumer Health Education

Respected sir,

With reference to subject mentioned above, the Community Medicine proposes to conduct a value- added course titled: Certificate Program in Consumer Health Education

We kindly solicit your kind permission to commence the program.

Warm Regards,


Course Coordinator

SREE BALAJI MEDICAL COLLEGE & HOSPITAL

CHROMPET CHENNAI -600044

Date: 7/21/2020

R. No 129/ SBMCH/2020

CIRCULAR

**Notification for Value added courses offered by the Department of Community
Medicine**

The Department of Community Medicine of Sree Balaji Medical College is scheduled to offer a Value added Course on Certificate Program in Consumer Health Education from 8/17/2020 for a period of 3 weeks. Interested students can approach the Head of Community Medicine department and Course Coordinator, for registration and for further details on or before 8/10/2020.

Eligibility-MBBS STUDENTS


Course Coordinator


HOD

Copy to:

Dean office

Vice Principal

Medical Superintendent

AO College

CERTIFICATE PROGRAM IN CONSUMER HEALTH EDUCATION

Consumer health information is concerned with obtaining health information that is related to our health. This involves learning about available products and services pertaining to health as well as health facts, principles, ideas, and feelings an individual has and can use to enhance optimal or sound health and practices for his or her well being.

Course Duration: 30 Hours

Course Syllabus

Topic	Faculty	Hours allotted
Introduction	Assistant Professor of Community Medicine	2 hours
Healthcare "system" in India	Associate Professor of Community Medicine	2 hours
Concepts related to health insurance	Assistant Professor of Community Medicine	2 hours
Affordable Care Act a	Associate Professor of Community Medicine	2 hours
Drugs and medical devices production and approval	Assistant Professor of Community Medicine	2 hours
Concept of vulnerable populations and their protection in medical research	Associate Professor of Community Medicine	2 hours
Health equity/health disparities and social determinants of health.	Assistant Professor of Community Medicine	2 hours
Importance of self-responsibility in healthcare.	Associate Professor of Community Medicine	2 hours
Viable and fraudulent types of complementary and alternative medicine.	Assistant Professor of Community Medicine	2 hours
Medical advertising	Associate Professor of Community Medicine	2 hours
Consumer protection laws	Assistant Professor of Community Medicine	2 hours
Group discussion	Associate Professor of Community Medicine	2 hours
Viva voce	Assistant Professor of Community Medicine	2 hours
Written test	Associate Professor of Community Medicine	2 hours

CERTIFICATE PROGRAM IN AGING AND HEALTH

Course Outline:

In Promotion of Healthy Ageing, we will explore key lifestyle-related factors that are modifiable and influential in our well-being in old age, such as diet, physical activity, stress and sleep. By looking closely at the different aspects of lifestyle behaviours and their impact on our health as we get older, we can take action and promote healthy habits in ourselves and those we care for.

In this course, we will learn how it is never too late to modify our lifestyle and engage in healthy behaviours, and we will address health promotion strategies for older adults. This is important to keep in mind, especially when caring for older adults who may need support in their everyday lives to reduce their risk for chronic and debilitating diseases, such as dementias, cardiovascular diseases and musculoskeletal conditions, and improve the quality of life.

One does not need to be a carer for an older person to benefit from this course, the principles of healthy ageing can be applied to you, your family members, your friends, or any person who wants to commit to an active lifestyle.

Course Duration: 30 Hours

Course Coordinator: Associate professor / Assistant Professor of Medicine

Course Syllabus

Topic	Faculty	Hours allotted
Introduction course	Assistant Professor of Medicine	2 hours
Health care	Associate Professor of Medicine	2 hours
Common geriatric diseases	Assistant Professor of Medicine	2 hours
Management of geriatric diseases	Associate Professor of Medicine	2 hours
Palliative care	Assistant Professor of Medicine	2 hours
Importance of Nursing in	Associate Professor of	2 hours

bedridden patients	Medicine	
lifestyle-related factors: cognitive and socioemotional aspects	Assistant Professor of Medicine	2 hours
Long-term perspectives in healthy ageing	Associate Professor of Medicine	2 hours
WHO's Global Strategy and Action Plan on Ageing and Health	Assistant Professor of Medicine	2 hours
Environments that are age- friendly as well as improving measurement, monitoring and research on healthy ageing	Associate Professor of Medicine	2 hours
Global course for Healthy Ageing	Assistant Professor of Medicine	2 hours
Group discussion	Associate Professor of Medicine	2 hours
Viva voce	Assistant Professor of Medicine	2 hours
Written test	Associate Professor of Medicine	2 hours

Certificate Program in Consumer Health Education

S. No	Regn. No.	Name
1	U15MB081	JESVANTHAN E
2	U15MB082	JEYA PRADHA C
3	U15MB083	JINU SHIRLEY T
4	U15MB084	JOSEPH MARTIN J
5	U15MB085	JOTHIRLATHA Y J
6	U15MB086	KALAIVANI G
7	U15MB087	KAMLESH KANNA A S
8	U15MB088	KARTHICK M
9	U15MB089	KARTHIKA RAJESWARI R
10	U15MB090	KAVIN S
11	U15MB091	KAVINKUMAR V
12	U15MB092	KAVYA G
13	U15MB093	KEERTHANA K
14	U15MB094	KEERTHANA SURESH
15	U15MB095	KEERTHI RAJ G
16	U15MB096	KHAAVYA B
17	U15MB097	KISHORE G
18	U15MB098	KODURU NAVEEN KUMAR
19	U15MB099	KRISHNA PRABA S
20	U15MB100	KRISHNAKKUMAR N R
21	U15MB101	LAKSHANA D
22	U15MB102	LAKSHMI PRASHANTH N
23	U15MB103	LOGESHRAJA V M
24	U15MB104	MADAN KUMAR S
25	U15MB105	MADHANKUMAR M
26	U15MB106	MAHALAKSHMI B
27	U15MB107	MAHALAKSHMI M
28	U15MB108	MALACK MAHMOOD USAMA
29	U15MB109	MANEESH P
30	U15MB110	MANGAIYARKARASI A
31	U15MB111	MANIKANDAN K (name changed as MANIKANDAN J K)
32	U15MB112	MANISHA V
33	U15MB113	MANJUPAARGAVI R
34	U15MB114	MARTINA LINDSAY PAUL A
35	U15MB115	MATCHA REDDYSRI
36	U15MB116	MICHAEL SWETHA J
37	U15MB117	MITHUN J
38	U15MB118	MOHAMMED AZHERUDDIN M K J
39	U15MB119	MOHAMMED JUNAIDH KHAN B

COURSE FEEDBACK FORM

Course Title: *Certificate Program in Consumer Health Education* Date: *17/08/20*

Name: *Marisha.V*

RegNo: *U15MB112*

Department: *Community Medicine*

S.NO	Particulars	1	2	3	4	5
(1. Very Unsatisfied 2. Unsatisfied 3. Neutral 4. Satisfied 5. Very satisfied)						
1.	Objectives of the course clear to you					/
2.	The course contents met with your expectations					/
3.	The lecture sequence was well planned					/
4.	The lecturers were clear and easy to understand					/
5.	The teaching aids were effective					/
6.	The instructors encourage interaction and were helpful					/
7.	The level of the course					/
(1. Very poor 2. Poor 3. Average 4. Good 5. Excellent)						
8.	Overall rating of the course:	1	2	3	4	5

Please give suggestion for the improvement of the course:

Weakness of the course:

Strength of the course:


Signature

Thank you

COURSE FEEDBACK FORM

Date: 17/08/20

Course Title: Certificate Program in Consumer Health Education.

Name: Jesurathan. E

RegNo: U15MB081

Department: Community Medicine

S.NO	Particulars	1	2	3	4	5
(1. Very Unsatisfied 2. Unsatisfied 3. Neutral 4. Satisfied 5. Very satisfied)						
1.	Objectives of the course clear to you				/	/
2.	The course contents met with your expectations				/	/
3.	The lecture sequence was well planned				/	/
4.	The lecturers were clear and easy to understand				/	/
5.	The teaching aids were effective			/	/	/
6.	The instructors encourage interaction and were helpful				/	/
7.	The level of the course				/	/
(1. Very poor 2. Poor 3. Average 4. Good 5. Excellent)						
8.	Overall rating of the course:	1	2	3	4	5

Please give suggestion for the improvement of the course:

Weakness of the course:

Strength of the course:


Signature

Thank you



**Bharath Institute of Higher Education and Research
Sree Balaji Medical College & Hospital**



CERTIFICATE

This is to certify that Mr./Ms. AISHWARYA S has completed the value added course on Certificate Program in Consumer Health Education conducted by Community Medicine at Sree Balaji Medical College & Hospital, Chennai held during 8/17/2020.

Dr.P.Sai Kumar MD

Vice Principal, SBMCH

Dr.Gunasekeran MS

Dean, SBMCH

