

1/18/2020

Chennai

From

The Course Coordinator  
Critical Phases of Life  
Department of Physiology  
Sree Balaji Medical College  
Bharath Institute of Higher Education and Research,  
Chennai

To

The Dean  
Sree Balaji Medical College  
Bharath institute of Higher Education Research,  
Chennai

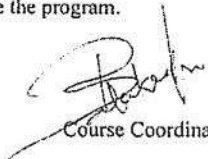
**Sub: -Permission to conduct value- added course: Critical Phases of Life**

Respected sir,

With reference to subject mentioned above, the Physiology proposes to conduct a value-added course titled: Critical Phases of Life

We kindly solicit your kind permission to commence the program.

Warm Regards,



Course Coordinator

**SREE BALAJI MEDICAL COLLEGE & HOSPITAL**

**CHROMPET CHENNAI -600044**

**Date: 1/22/2021**

**R. No 191/ SBMCH/2021**

**CIRCULAR**

**Notification for Value added courses offered by the Department of Physiology**

The Department of Physiology of Sree Balaji Medical College is scheduled to offer a Value added Course on Critical Phases of Life from 2/17/2021 for a period of 3 weeks. Interested students can approach the Head of Physiology department and Course Coordinator, for registration and for further details on or before 2/10/2021.

**Eligibility-MBBS STUDENTS**

Course Coordinator



HOD

Copy to:

Dean office

Vice Principal

Medical Superintendent

AO College

## COURSE ON CRITICAL PHASES OF LIFE

### Course Outline:

Emerging adulthood, viewed through the lens of life course health development, has the potential to be a very positive developmental stage with postindustrial societies giving adolescents and emerging adults a greater opportunity for choice and exploration but also greater challenges with greater educational and social role requirements. Over the life course, individuals will face a series of critical transitional periods, which require personal motivation, self-efficacy and a range of support mechanisms to cope with the challenges of living. These challenges may be age-related, educational, social and psychological, and we can all reflect back to these transitory times in our lives and how we traversed them.

**Course Coordinator:** Associate professor /Assistant Professor of Medicine

**Course Duration:** 30 Hours

**Course Coordinator:** Associate professor / Assistant Professor of Medicine

### Course Syllabus

Topic	Faculty	Hours allotted
Introduction course	Assistant Professor of Medicine	2 hours
Health care	Associate Professor of Medicine	2 hours
The Study of Human Development Theory & Research	Assistant Professor of Medicine	2 hours
Theory & Research	Associate Professor of Medicine	2 hours
Birth & Physical Development during the First 3	Assistant Professor of Medicine	2 hours

years Cognitive Development during the First 3 years of life		
Psychosocial Development during the First 3 Years	Associate Professor of Medicine	2 hours
Physical, Cognitive & Psychosocial Development - Early Childhood	Assistant Professor of Medicine	2 hours
Physical, Cognitive & Psychosocial Development	Associate Professor of Medicine	2 hours
Adult hood – cognition & behaviour	Assistant Professor of Medicine	2 hours
Psychosocial aspects	Associate Professor of Medicine	2 hours
Outline Geriatric scenario	Assistant Professor of Medicine	2 hours
Group discussion	Associate Professor of Medicine	2 hours
Viva voce	Assistant Professor of Medicine	2 hours
Written test	Associate Professor of Medicine	2 hours



**Bharath Institute of Higher Education and Research**  
**Sree Balaji Medical College & Hospital**



**CERTIFICATE**

This is to certify that Mr./Ms. ABIRAMI R has completed the value added course on Critical Phases of Life conducted by Physiology at Sree Balaji Medical College & Hospital, Chennai held during 2/17/2021.

**Dr.P.Sai Kumar MD**

Vice Principal, SBMCH

**Dr.Gunasekeran MS**

Dean, SBMCH

COURSE FEEDBACK FORM

Course Title: *Course on critical Phases of life* Date: *17/02/21*

Name: *Arifal, T.M*  
RegNo: *016NB144*  
Department: *Physiology*

S.NO	Particulars	1	2	3	4	5
(1. Very Unsatisfied 2. Unsatisfied 3. Neutral 4. Satisfied 5. Very satisfied)						
1.	Objectives of the course clear to you			/		
2.	The course contents met with your expectations					/
3.	The lecture sequence was well planned				/	
4.	The lecturers were clear and easy to understand			/		
5.	The teaching aids were effective					/
6.	The instructors encourage interaction and were helpful					/
7.	The level of the course					/
(1. Very poor 2. Poor 3. Average 4. Good 5. Excellent)						
8.	Overall rating of the course:	1	2	3	4	5

Please give suggestion for the improvement of the course:

Weakness of the course:

Strength of the course:

*Arifal*  
Signature

\*\*\*Thank you\*\*\*

COURSE FEEDBACK FORM

Date: 17/02/21

Course Title: *Course on Critical Phase of life*

Name: *Prabha. M*

RegNo: *U16MB155*

Department: *Physiology*

S.NO	Particulars	1	2	3	4	5
(1. Very Unsatisfied 2. Unsatisfied 3. Neutral 4. Satisfied 5. Very satisfied)						
1.	Objectives of the course clear to you					✓
2.	The course contents met with your expectations					✓
3.	The lecture sequence was well planned					✓
4.	The lecturers were clear and easy to understand					✓
5.	The teaching aids were effective					✓
6.	The instructors encourage interaction and were helpful					✓
7.	The level of the course					✓
(1. Very poor 2. Poor 3. Average 4. Good 5. Excellent)						
8.	Overall rating of the course:				✓	5

Please give suggestion for the improvement of the course:

Weakness of the course:

Strength of the course:

*Prabha. M*  
Signature

\*\*\*Thank you\*\*\*

## Critical Phases of Life

S. No	Regn. No.	Name
1	U16MB121	LILY MATHEW
2	U16MB122	LINGKESHVAREN T
3	U16MB123	LOKESHBABU A
4	U16MB124	MADHUMITHA K
5	U16MB125	MADHUMITHA PARVATHI I
6	U16MB126	MAHIMA
7	U16MB127	MANONIT S KUMAR
8	U16MB128	MIRUDULA JOSENA J
9	U16MB129	MITHILISH SARAN D S
10	U16MB130	MUHAMMED NISAMUDDIN
11	U16MB131	MUPPALLA NITEESH KUMAR
12	U16MB132	MUSKAN YADAV
13	U16MB133	MYTHILI V R
14	U16MB134	NADAR DIANA DAVIDRAJ
15	U16MB135	NAIDU SUSHAMA SENTHILKUMAR
16	U16MB136	NALADALA NAVYA CHOWDARY
17	U16MB137	NEDURUMALLI NAGA VAISHNAVI
18	U16MB138	NEHA M
19	U16MB139	NISHANTH NARAYAN V
20	U16MB140	NIVEDHA B
21	U16MB141	NIVEDHA R B
22	U16MB142	NIVEDITHA S
23	U16MB143	OGIRALA PRATHYUSHA
24	U16MB144	OVIYAL T M
25	U16MB145	PARVATHY K
26	U16MB146	PAVITHRA T
27	U16MB147	PERUMALLA NAGA LAKSHMI NAVEENA
28	U16MB148	PINAKI NAYAK
29	U16MB149	POLUPONGU MAHESH
30	U16MB150	PONKAUSHIKAN M
31	U16MB151	POOJA
32	U16MB152	POOJA MOHAN
33	U16MB153	POOJA S
34	U16MB154	PRABANCHAN L G
35	U16MB155	PRABHA M
36	U16MB156	PRATHUSHA P M
37	U16MB157	PRAVEEN KUMAR V
38	U16MB158	PRAVEEN S
39	U16MB159	PREETHI A
40	U16MB160	PREETHI G
41	U16MB161	PREETI SHARMA
42	U16MB162	PRIYA RESHMA T



