

COMMUNITY HEALTH NURSING
CERTIFICATE COURSE ON
INTRODUCTION TO HEALTH CARE ETHICS

1. Requisition letter
2. Permission letter
3. Circular
4. Co -Ordinator detail
5. Syllabus
6. New lesson plan
7. Student list
8. Photo
9. Certificate
10. Feedback

REQUISITION LETTER

From

Department of community health nursing

Sree Balaji College of nursing

Chrompet, Chennai-600 044

To

Dr.V.Hemavathy

The principal

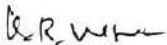
Sree Balaji College of nursing

Chrompet, Chennai

Respected Madam

This is for your kind perusal that we, Community nursing department are planning to conduct a value added course on INTRODUCTION TO HEALTH CARE ETHICS (online) from 18/12/2020 to 11/01/2021 for a period of three weeks. We kindly request you to grant us permission to conduct this programme and do the needful.

Thanking you


Warm regards

HEAD OF THE DEPARTMENT
COMMUNITY HEALTH NURSING
SREE BALAJI COLLEGE OF NURSING
WORKS ROAD, CHROME PET,
CHENNAI - 600 044.

Phone & Fax : 2241 6605



SREE BALAJI COLLEGE OF NURSING

(Recognised By Indian Nursing Council, New Delhi and The Tamilnadu Nurses and Midwives Council)
(Approved by Govt. of Tamil Nadu and Affiliated to Bharath Institute of Higher Education and Research)

No.7, Works Road, Chromepet, Chennai - 600 044.

7 December 2020

Department of Community Health Nursing
Sree Balaji College of Nursing,
Chennai.

Hereby we grant permission to conduct Value added course on **Introduction to Health care Ethics** from 18/12/2020 to 11/01/2021 , for a period of three weeks.

Warm Regards,


Principal

Dr. V. HEMAVATHY,
M.Sc.(N),M.A.,M.Phil.,P.D.(N),
PRINCIPAL

SREE BALAJI COLLEGE OF NURSING
No. 7, Works Road, Chromepet,
Chennai-600 044.





Bharath

INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Declared as Deemed - to - be - University under section 3 of U.S.C Act 1956)

BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH

SCHOOL OF NURSING

DEPARTMENT OF COMMUNITY HEALTH NURSING


Date: 11.12-2020

CIRCULAR

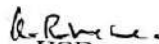
Notification for Value added courses offered by the School of Nursing

The Department of, Community Health Nursing, is scheduled to offer a Value added Course on Hospital House Keeping from 18/12/2020 for a period of 3 weeks. Interested students can approach Mrs.Jegatha.C, Assistant Professor and Course Coordinator, Department of Community Health Nursing for registration and for further details on or before 15th December 2020.

Eligibility-II Bsc(N) students


Principal **V. HEMAVATHY,**
B.Sc.(N), M.A., M.Phil., Ph.D.(N),
PRINCIPAL
SREE BALAJI COLLEGE OF NURSING
No. 7, Works Road, Chromepet,
Chennai-600 044.


Course Coordinator


HOD
HEAD OF THE DEPARTMENT
COMMUNITY HEALTH NURSING
SREE BALAJI COLLEGE OF NURSING
7, WORKS ROAD, CHROME PET,
CHENNAI - 600 044.

Copy to:

Vice Chancellor

Pro Vice Chancellor

Additional Registrar

Deans

CoE

Heads of Departments

BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH

SCHOOL OF NURSING

DEPARTMENT OF COMMUNITY HEALTH NURSING

VALUE ADDED COURSE ON INTRODUCTION TO HEALTH CARE ETHICS

(ONLINE)

2020-2021

COURSE CO-ORDINATOR DETAILS

Faculty Name: Mrs.CJegatha,
Assistant Professor and Course Coordinator,
Department of Community Health Nursing.

Email ID: jegatharavikumar@gmail.com

Mobile number: 9486955160.

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH
SCHOOL OF NURSING
DEPARTMENT OF COMMUNITY HEALTH NURSING
VALUE ADDED COURSE SYLLABUS**

2020-2021

(ONLINE)

COURSE ON INTRODUCTION TO HEALTH CARE ETHICS

OBJECTIVES :

1. Students will develop and communicate a personal understanding of the moral significance and ethical responsibilities of being a health care professional.
2. Students will develop and communicate an understanding of the goals of health care, including the influence of culture and diversity on health care practice.
3. Students will develop the knowledge and skills necessary to make ethically responsible patient care decisions, including the development of deliberative capacities in which communication, listening, reflection, and reasoning are part of moral deliberation and conflict resolution.
4. Students will examine inter professional approaches to health care and work in inter professional groups to address ethical issues in health care.
5. Students will assess their abilities in health care contexts with respect to critical reasoning, effective communication, and ethical decision-making.

MODULE I: Introduction: General ethical issues in health care

Basic of Health and its provider , Origin & Evaluation , All Council Acts , Need for Health Law – Fraudulance, Negligence and Abuse , Human Rights,Rights& Duties of Health Care Provider (Public & Private Activities) , Role of Health Policy & Health Care Delivery ,Functions and Interaction between court Legislation and Regulations , General Laws on Health Law (Medical Allied Agencies) ,Specific Laws on Health Law (NDT, PWD/etc)

MODULE II: Foundations in ethical liability

Values Clarification ⇒ Personal ⇒ Professional ⇒ Organizational Ethical concepts: ⇒ Autonomy ⇒ Beneficence ⇒ Nonmaleficence ⇒ Veracity ⇒ Fidelity ⇒ Informed consent

Ethical theory Classic Deontology Teleology Contemporary Ethic of Care Feminist Ethics
Justice Ethics Value ethics

MODULE III: Ethical issues and practice in health care

Ethical Issues Health care as a right ,Allocation of resources Abortion End of life issues
Withdrawing and withholding Euthanasia Principle of double or second effect Vulnerable
populations Ethical Practice Code for Nurses Professional organization statements, positions
Barriers to ethical practice Strategies for individual nurses Ethical Decision-making Definition of
dilemma, Ethical decision-making models

Total Contact Hours: 30

TEXT BOOKS

- Nelson, J.B., & Rohricht, J.S. (1984). Human medicine: Ethical perspectives on today's medical issue. Minneapolis: Augsburg Publishing House. (will not be required to read pp. 179-198)
- K.Park (2019), Text book of Preventive and Social Medicine (25th edition) M/s Banarsidas Bhanat.

REFERENCE BOOKS

- Ethics In Clinical Practice, J.C. Ahronheim, J.D. Moreno, C. Zuckerman; Aspen Publication, 1999. Medical Ethics, 2nd edition Robert Veatch; Jones and Barle~ Publishers, 1 ~97.
- Clinical Ethics, A.R. Jonsen, M. Siegler, W.J. Winslade; McGraw-Hill, 1992.
- Classic Cases in Medical Ethics, Gregory Pence; McGraw-Hill, 1998.
- Principles of Biomedical Ethics, 4th Edition, T.L. Beauchamp, J.F. Childress; Oxford U. Press, 1994.
- Medicine and the Family: A Feminist Perspective, Lucy Candib, MD; Lightning Print, 1998. Cases in Bioethics, Selections from the Hastings Center Report, 3rd Edition. Editor-BetteJane Crigger; St. Martin's Press, 1998.
- Doctoring, Eric Cassell; Oxford University Press, 1997. Key reference works are the Encyclopedia of Bioethics and Bibliography of Bioethics.
- Goel S.L .- Administration Rural Hospitals; Hospital Administration and Management, Vo 1 .111

SCHOOL OF NURSING
DEPARTMENT OF COMMUNITY HEALTH NURSING
VALUE ADDED COURSE
COURSE ON INTRODUCTION TO HEALTH CARE ETHICS (2020-2021)

Session	Topic	Date	Duration (Hr)	Resource person
Session I	Introduction to General ethical issues in health care	18-12-2020	3	Dr.Rebecca Samson
Session II	Need for Health Law	21-12-2020	3	J.Krishna Kumar
Session III	Role of Health Policy & Health Care Delivery	22-12-2020	4	Dr.Marriyappan
Session IV	Foundations in ethical liability	24-12-2020	3	Dr.Udhyan
Session V	Organizational Ethical concepts& Theories	26-12-2020	3	Dr.Uma Devi
Session VI	Ethical Issues Health care as a right Allocation of resources?	28-12-2020	4	Dr. Gopala Krishnan
Session VII	Ethical decision-making models	05-01-2021	3	Dr. Shanthi
Session VIII	Ethical Practice Code for Nurses Professional organization statements	07-01-2021	3	Krishna Kumar
Session IX	Barriers to ethical practice Strategies	11-01-2021	4	Dr.Marriyappan

BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH
SCHOOL OF NURSING
DEPARTMENT OF COMMUNITY HEALTH NURSING
VALUE ADDED COURSE(ONLINE)
COURSE ON INTRODUCTION TO HEALTH CARE ETHICS (2020-2021)

S.NO	REG .NO	NAME OF THE STUDENT
1.	U13NR001	AMMA PONNU.R
2.	U13NR002	ANITHA.B
3.	U13NR003	APPLEDA GRECIA NONGRUM
4.	U13NR004	ARIVOLLA
5.	U13NR005	AROCKIASEBASTINA.P
6.	U13NR006	ARTHI.K
7.	U13NR007	BADAHUN KHARBYNGAR
8.	U13NR009	BHARATHIRAJA.M
9.	U13NR010	BHUVANESHVARIM
10.	U13NR011	BLESSY EVANGELINE.Y
11.	U13NR012	CHANDRALEKA.R
12.	U13NR013	DEEPTHI.P
13.	U13NR014	ELLAMMAL.B
14.	U13NR015	HARIPRIYA.K
15.	U13NR017	JAYASHREE.S
16.	U13NR018	JENIFER.A
17.	U13NR019	JOTHI.D
18.	U13NR020	KARPAGAM.S
19.	U13NR021	KAYALVIZHI.G
20.	U13NR022	KOKILA.M
21.	U13NR023	LALITHA.M
22.	U13NR024	LAVANYA.V
23.	U13NR025	MAHALAKSHMI.S

24.	U13NR026	MAHESHWARI
25.	U13NR027	MALA.ABIRAMI
26.	U13NR028	MANDARISA CHYEN
27.	U13NR030	MARBAKOR DIENGDOH.K
28.	U13NR031	MAVIMA.M
29.	U13NR032	MOHANRAJ.D
30.	U13NR033	MONIKA.A
31.	U13NR035	MONISHA.S
32.	U13NR036	MUBINA.S
33.	U13NR037	NATHASHA.M
34.	U13NR038	NEPOLIAN.A
35.	U13NR039	NISHARANI
36.	U13NR040	NISHANTHI. D
37.	U13NR041	NISHATHINI.P
38.	U13NR042	PAULINE NIVETHA.M
39.	U13NR043	PRAVEENA.P
40.	U13NR044	RACHEL.A
41.	U13NR045	RAJESHWARI.D
42.	U13NR046	RAMYA.R
43.	U13NR047	RAMYA.S
44.	U13NR048	RENIYA
45.	U13NR049	RISHISHA KHARRNGI
46.	U13NR050	SABINA.S
47.	U13NR051	SAITHALIFATIMA.M
48.	U13NR052	SANGEETHA.K
49.	U13NR053	SATHYA.M
50.	U13NR054	SHALINI.M
51.	U13NR055	SHERIMA LAKASHIANG
52.	U13NR056	SIVARANJANI.M
53.	U13NR058	SUBASHINI.S(SIVARAJ)

54.	U13NR059	SUBASHINI.S(SEKAR)
55.	U13NR060	SUBASHRI.S
56.	U13NR061	SUGANIYA GRACY.J
57.	U13NR062	SUNDARI.J
58.	U13NR063	SURYA.K
59.	U13NR064	SUVETHA.G.V
60.	U13NR065	SWATHI.M
61.	U13NR066	TAMILSELVI.M
62.	U13NR067	TAMIZHSELVI.S
63.	U13NR069	TODAPYNJANAI MYNSO
64.	U13NR070	USHARANI .P
65.	U13NR071	YUVASRI.K



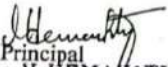
Bharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Deemed as Deemed-to-be-University under section 3 of UGC Act 1956)

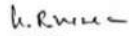


SCHOOL OF NURSING
VALUE ADDED COURSE ON INTRODUCTION TO HEALTH CARE ETHICS

Certificate of Appreciation

This Is To Certify That Mr. /Ms. **LAVANYA.S** (U14NR045) B.Sc(N) II Year, Has Attended Three Weeks Value Added Course On **Introduction to Health Care Ethics** Conducted By Department Of Community Health Nursing At School Of Nursing, Chennai (TN), during **DECEMBER 2020**.


Principal
HEMA V. HEMAVATHY,
(M.A., M.Phil., Ph.D.(N))
PRINCIPAL
S- SALAJI COLLEGE OF NURSING
No. 7, Works Road, Chromepet,
Chennai-600 044.


HOD
HEAD OF THE DEPARTMENT
COMMUNITY HEALTH NURSING
SREE BALAJI COLLEGE OF NURSING
7, WORKS ROAD, CHROME PET,
CHENNAI - 600 044.


Course Coordinator

SCHOOL OF NURSING
STUDENT FEEDBACK FORM FOR VALUE ADDED COURSES (ONLINE)
DEPARTMENT OF
COMMUNITY HEALTH NURSING

Academic year: 2020 - 2021

Name of the value added course offered: *INTRODUCTION TO HEALTH CARE ETHICS*

Period of Batch:

Course-co-ordinator: *JEGATHA C*

STUDENT FEEDBACK

Dear Student,

You are required to give your feedback on the following aspects. Please tick in the respective column.

S.No	Criteria	Rating				
		Excellent	Very good	Good	Fair	Satisfactory
1	Course content	✓				
2	Skill development	✓				
3	Motivation	✓				
4	Regularity and punctuality of teacher	✓				
5	Coverage of syllabus	✓				
6	Resource person interaction with students	✓				
7	Individual attention		✓			
8	Outcome	✓				
9	Competency of the course		✓			
10	Other suggestions	✓				

Jegatha C
Course Coordinator

[Signature]
Signature of the student



SREE BALAJI COLLEGE OF NURSING
DEPARTMENT OF COMMUNITY HEALTH NURSING
VALUE ADDED COURSE (ONLINE)
CERTIFICATE COURSE ON
LIFECYCLE NUTRITION

NUTRITION DEPARTMENT
CERTIFICATE COURSE ON
(ONLINE)
LIFECYCLE NUTRITION

1. Requisition letter
2. Permission letter
3. Circular
4. Co -Coordinator detail
5. Syllabus
6. New lesson plan
7. Student list
8. Photo
9. Certificate
10. Feedback

REQUISITION LETTER

From

Department of Nutrition,
Sree Balaji College of nursing,
Chrompet, Chennai-600 044

To

Dr.V.Hemavathy,
The principal,
Sree Balaji College of nursing,
Chrompet,Chennai-600044.

Respected Madam

This is for your kind perusal that we, Nutrition department are planning to conduct a value added course on Short Term Course On **Lifecycle Nutrition** from 17/02/2021 to 09/03/2021 for a period of three Weeks. We kindly request you to grant us permission to conduct this programme and do the needful.

Thanking you.

Warm regards



Department of Nutrition

DEPARTMENT OF NUTRITION
Sree Balaji College of Nursing
No.7, C.L.C Works Road,
Chrompet, Chennai - 600 044

Date- 01/02/2021

From
Mrs.D. Anitha
Professor and Head ,
Department of Nutrition
Sree Balaji College of Nursing,

To
The Dean,
Sree Balaji College of Nursing,
Bharath Institute of Higher Education and Research,
Chennai.

Sub: Permission to conduct value-added course:Lifecycle Nutrition (ONLINE)

Dear Sir,

With reference to the subject mentioned above, the department proposes to conduct a value-added course titled: Lifecycle Nutrition 17/02/2021 - 09/03/2021 . We solicit your kind permission for the same.

Kind Regards

Mrs.D.Anitha



DEPARTMENT OF NUTRITION
Sree Balaji College of Nursing
No.7, C.L.C Works Road,
Chrompet, Chennai -600 044.

Phone & Fax : 2241 6605



SREE BALAJI COLLEGE OF NURSING

(Recognised By Indian Nursing Council, New Delhi and The Tamilnadu Nurses and Midwives Council)
(Approved by Govt. of Tamil Nadu and Affiliated to Bharath Institute of Higher Education and Research)

No.7, Works Road, Chromepet, Chennai - 600 044.

Date: 01/02/2021

CIRCULAR

Notification for (ONLINE) Value added courses offered by college of Nursing

The Department of Nutrition, college of Nursing, is scheduled to offer a Value added Course on Lifecycle Nutrition from 17/02/2021- 09/03/2021 for a period of 3 weeks. Interested students can approach Mrs. D. Anitha , Professor, and Course Coordinator, Department of Nutrition, for registration and for further details on or before 12.02.2021.

Principal

Course Coordinator

Dr. V. HEMAVATHY,
M.Sc.(N), M.A., M.Phil., Ph.D.(N),
PRINCIPAL

SREE BALAJI COLLEGE OF NURSING
No. 7, Works Road, Chromepet,

Chennai-600 044.

Vice Chancellor

Pro Vice Chancellor

Additional Registrar

Deans

COE

Principal

Heads of Departments

HOD

DEPARTMENT OF NUTRITION
Sree Balaji College of Nursing
No.7, C.L.C Works Road,
Chrompet, Chennai - 600 044.

BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH

SREE BALAJI COLLEGE OF NURSING

SYLLABUS

NAME OF THE COURSE: Lifecycle Nutrition (Online)

COURSE HOURS: 30Hours

OBJECTIVES:

- 1) Know the basic principles of Food and Nutrition.
- 2) Describe the Nutritional Assessment Methods.
- 3) To understand the concepts of Sports and Fitness Diet.
- 4) Describe the Nutritional needs during Pregnancy and Lactation.
- 5) Describe the Nutritional needs during various stages-Infancy Preschool, School Children, Adolescent, Adult, and Old Age People

MODULE I -BASIC NUTRITION

Functions and Classification of Foods,Relation between Good Nutrition and Health,Factors influencing food and Nutrition, Role of food and its Medicinal Value,Major nutrients, their properties, functions and important Food sources.Mechanisms of digestion, absorption, and metabolism ,Food Standards and Changing Nutritional Scenario.

MODULE II -ASSESSMENT OF NUTRITIONAL STATUS

Need and Purpose of assessing Nutritional Status, Methods of Assessing Nutritional Status-Direct and Indirect Methods. Nutrition Care Recommendations: Nurse, Nurses support in Nutrition Intervention Programs. Healthy diet and food choices, and how such choices will help prevent health problems. Nutrition Education and Role of Nurse.

MODULE III -SPORTS AND FITNESS DIET

How to help clients select a sports diet with the right balance of carbohydrates, proteins, fats and fluids.Managing people with eating disorders and body image issues. Introduction to sports and Exercise Nutrition, Energy Balance and Body Composition, Protein Needs for Exercise, Eating and Muscle gain, Dietary Supplements, Nutrition, Physical activity and Health.

MODULE IV–NUTRITION DURING PREGNANCY AND LACTATION

Nutrient needs during Pregnancy, Dietary and Caloric Recommendations, Fluid intake during Pregnancy, Ideal foods to eat during Pregnancy, Foods to avoid during Pregnancy, Prenatal Vitamin and Mineral Supplements, Nutritional Demands of Lactation, Food Guidance for Lactating Women.

MODULE VI –NUTRITION AND FOOD REQUIREMENTS DURING INFANCY

Growth and development during Infancy, Nutritional requirements, Feeding methods like breast feeding, Artificial feeding, and preterm feeding, Recommendations for Breast feeding, Contra-indications of Breast Feeding ,Weaning foods or Complementary Feeding, Principles of Weaning, Feeding problems in Infants.

MODULE VII –NUTRITION AND FOOD REQUIREMENTS OF PRESCHOOL

SCHOOL GOING CHILDREN AND ADOLESCENCE

Growth and Development during Childhood ,Diet for school going children and preschoolers, Feeding Problems of the Children, Diet Planning for Adolescents ,Recommended Dietary Allowances for Preschoolers , School going and Adolescents, Feeding Problem of Adolescents.

MODULE VIII-NUTRITION AND FOOD REQUIREMENTS DURING ADULT AND

OLD AGE

Nutrition During Adulthood, Diet Planning for Adults, Recommended Dietary Allowances for Adults, Changes associated with Aging, RDA for old aged people, Health Status of the Aged in India, Diet and Feeding Pattern

REFERENCE

1. Dr.Rameshwar Sharma, Text book of Nutrition ,2nd Edition,Frontline publications. Page 154-178.
2. Darshan Sohi, Textbook of Nutrition & Therapeutic Diets, 3rd edition,Jay pee brothers' publication.Page 224-340.
- 3.B.Srilakshmi,Dietetics,3rdedition,Newage international publishers.Page 145-167.
4. Sheila John, Essentials of Nutrition and Dietetics,2nd Edition,Wolters Kluwer Publications.Page 234-267.

Course Curriculum/Topics with schedule (Min of 30 hours)

S.NO	DATE	TOPIC	NAME	TIME	HOURS
1.	17.2.2021	Functions and Classification of Foods,Relation between Good Nutrition and Health,Factors influencing food and Nutrition, Role of food and its Medicinal Value,Major nutrients, their properties, functions and important Food sources.Mechanisms of digestion, absorption, and metabolism ,Food Standards and Changing Nutritional Scenario.	Dr.BhuvaneshwariShankar,ChiefDietitian, Apollo Hospitals	9.00A.M-1.00 P.M 2.00 P.M-3.00P.M	5
2.	23.2.2021	Need and Purpose of assessing Nutritional Status, Methods of Assessing Nutritional Status-Direct and Indirect Methods. Nutrition Care Recommendations: Nurse, Nurses support in Nutrition Intervention Programs. Healthy diet and food choices, and how such choices will help prevent health problems. Nutrition Education and Role of Nurse.	Dr. Mrs. P. Muthu Meenakshi, M.sc, Ph d , Associate Professor and Head, Food Service Management and Dietetics, Ethiraj College for Women.	9.00 A.M-12.00 P.M 2.00P.M-3.00P.M	4
3.	26.2.2021	How to help clients select a sports diet with the right balance of carbohydrates, proteins, fats and fluids.Managing people with eating disorders and body image issues. Introduction to sports and Exercise Nutrition, Energy Balance and Body Composition, Protein Needs for Exercise, Eating and Muscle gain, Dietary	Dr.A. K.Thiagarajan M.D, DPMR Associate Professor Arthroscopy and Sports Medicine, SRMC	9.00A.M-12.00P.M	4

		Supplements, Nutrition, Physical activity and Health.			
4.	29.2.2021	Nutrient needs during Pregnancy, Dietary and Caloric Recommendations, Fluid intake during Pregnancy, Ideal foods to eat during Pregnancy, Foods to avoid during Pregnancy, Prenatal Vitamin and Mineral Supplements, Nutritional Demands of Lactation, Food Guidance for Lactating Women.	Dr.K.Saraswathi,OB G,Professor and Head,SBMC	9.00A.M-12.00P.M 2.00 P.M-3.00 P.M	4
5.	2.3.2021	Growth and development during Infancy, Nutritional requirements, Feeding methods like breast feeding, Artificial feeding, and preterm feeding, Recommendations for Breast feeding, Contra-indications of Breast Feeding ,Weaning foods or Complementary Feeding, Principles of Weaning, Feeding problems in Infants.	Dr.A.J.Hemamalini, M.Sc,P.hd,(Nutrition),Professor and Head,Clinical Nutrition Department,SRMC	9.00A.M-1.00P.M	4
6.	4.3.2021	Growth and Development during Childhood ,Diet for school going children and preschoolers, Feeding Problems of the Children, Diet Planning for Adolescent ,Recommended Dietary Allowances for Preschool , School going and Adolescents, Feeding Problem of Adolescents.	Dr. Gomathi Sivaji, M.sc, M.P hil, P.hd,Professor and Head,Home Science Department W.C.C College for Women	9.00A.M-1.00P.M 2.00 P.M-3.00P.M	5
7.	9.3.2021	Nutrition During Adulthood, Diet Planning for Adults, Recommended Dietary Allowances for Adults, Changes associated with Aging, RDA for old aged people, Health Status of the Aged in India, Diet and Feeding Pattern	Dr.B.Kundhala, MSc,PCDND,PhD,AssistantProfessor,Clinical Nutrition Department,SRMC	9.00A.M-1.00P.M	4



COLLEGE OF NURSING
VALUE ADDED COURSE ON LIFECYCLE NUTRITION
(online)
Certificate of Appreciation

This Is To Certify That **Mr/Ms R. KOWSALYA** B.Sc(N) I Year, has Attended Three Weeks Value Added Course On Lifecycle Nutrition Conducted By Department Of Nutrition At Sree Balaji College Of Nursing, Chennai (TN), during 17/02/2021 - 09/03/2021 .

COURSE COORDINATOR

D. Shukla

HOD

D. Shukla

DEPARTMENT OF NUTRITION
Sree Balaji College of Nursing
No.7, C.L.C Works Road,
Chrompet, Chennai - 600 044

PRINCIPAL

V. Hemavathy
PRINCIPAL
Dr. V. HEMAVATHY,
M.Sc.(N), M.A., M.Phil., Ph.D.(N).
PRINCIPAL
SREE BALAJI COLLEGE OF NURSING
No. 7, Works Road, Chromepet,
Chennai-600 044.

SREE BALAJI COLLEGE OF NURSING
STUDENT FEEDBACK FORM FOR VALUE ADDED COURSES
DEPARTMENT OF NUTRITION

Academic year: 2021

Name of the value added course offered: Life cycle Nutrition

Period of Batch: 17.2.2021 - 9.3.2021

Course - Coordinator: R. J. Diana

STUDENT FEEDBACK

Dear Student,

You are required to give your feedback on the following aspects. Please tick in the respective column.

S.No	Criteria	Rating				
		Excellent	Very good	Good	Fair	Satisfactory
1	Course content	✓				
2	Skill development		✓			
3	Motivation	✓				
4	Regularity and punctuality of teacher			✓		
5	Coverage of syllabus		✓			
6	Resource person interaction with students	✓				
7	Individual attention		✓			
8	Outcome			✓		
9	Competency of the course		✓			
10	Other suggestions		✓			

Course co-coordinator

Signature of the student

R. Diana

R. Jaylaine

DEPARTMENT OF NUTRITION
Sree Balaji College of Nursing
17, C.L.C Works Road,
Chennai - 600 044.



SREE BALAJI COLLEGE OF NURSING
DEPARTMENT OF COMMUNITY HEALTH NURSING
VALUE ADDED COURSE (ONLINE)
CERTIFICATE COURSE ON
NUTRITION IN THE LIFE SPAN

NUTRITION DEPARTMENT
CERTIFICATE COURSE OF
NUTRITION IN THE LIFESPAN

1. Requisition letter
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REQUISITION LETTER

From

Department of Nutrition,
Sree Balaji College of nursing,
Chrompet, Chennai-600 044

To

Dr.V.Hemavathy,
The Principal,
Sree Balaji College of nursing,
Chrompet,Chennai-600044.

Respected Madam

This is for your kind perusal that we, Nutrition department are planning to conduct a value added course on Short Term Course On **Introduction to Nutrition in the Lifespan** from 18/04/2021 to 06/05/2021, for a period of three Weeks. We kindly request you to grant us permission to conduct this programme and do the needful.

Thanking you.

Warm regards



DEPARTMENT OF NUTRITION
Sree Balaji College of Nursing
No.7, C.L.C Works Road,
Chrompet, Chennai - 600 044.

Department of Nutrition

Date-02/04/2021

From

Mrs. D. Anitha

Professor and Head

Nutrition Department,

Sree Balaji College of Nursing,

To

The Dean,

SreeBalaji College of Nursing,

Bharath Institute of Higher Education and Research,

Chennai.

Sub: Permission to conduct value-added course:Introduction to Nutrition in the Lifespan

Dear Sir,

With reference to the subject mentioned above, the department proposes to conduct a value-added course titled: Introduction to Nutrition in the Lifespan 18/04/2021 -06/05/2021 . We solicit your kind permission for the same.

Kind Regards



Mrs. D. Anitha

DEPARTMENT OF NUTRITION
Sree Balaji College of Nursing
No.7, C.L.C Works Road,
Chrompet, Chennai - 600 044.

Phone & Fax : 2241 6605



SREE BALAJI COLLEGE OF NURSING

(Recognised By Indian Nursing Council, New Delhi and The Tamilnadu Nurses and Midwives Council)
(Approved by Govt. of Tamil Nadu and Affiliated to Bharath Institute of Higher Education and Research)

No.7, Works Road, Chromepet, Chennai - 600 044.

Date: 02/04/2021


CIRCULAR

Notification for Value added courses offered by college of Nursing

The Department of Nutrition, college of Nursing, is scheduled to offer a Value added Course on Introduction to Nutrition in the Lifespan from 18/04/2021 - 06/05/2021 for a period of 3 weeks. Interested students can approach Mrs. D. Anitha , Professor and Course Coordinator, Department of Nutrition for registration and for further details on or before 12.04.2021

Principal

Course Coordinator


Dr. V. HEMAVATHY,
M.Sc.(N),M.A.,M.Phil.,Ph.D.(N).
PRINCIPAL
SREE BALAJI COLLEGE OF NURSING
No. 7, Works Road, Chromepet,
Chennai-600 044.

HOD



DEPARTMENT OF NUTRITION
Sree Balaji College of Nursing
No.7, C.L.C Works Road,
Chrompet, Chennai - 600 044.

Vice Chancellor

Pro Vice Chancellor

Additional Registrar

Deans

COE

Principal

Heads of Departments

V BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH

SCHOOL OF NURSING

DEPARTMENT OF NUTRITION

**VALUE ADDED COURSE SHORT TERM COURSE ON INTRODUCTION TO
NUTRITION IN THE LIFESPAN (ONLINE)**

2020-2021

COURSE CO-ORDINATOR DETAILS

Faculty Name: Mrs.D. ANITHA, Professor and Head, Department of Nutrition

Email ID: anitaman2008@gmail.com

Mobile number: 9841720127

BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH

SREE BALAJI COLLEGE OF NURSING

SYLLABUS

NAME OF THE COURSE: NUTRITION IN THE LIFESPAN (ONLINE)

COURSE HOURS: 30Hours

OBJECTIVES:

- 1) Know the basic principles of Food and Nutrition.
- 2) Describe the Nutritional Assessment Methods.
- 3) To understand the concepts of Sports and Fitness Diet.
- 4) Describe the Nutritional needs during Pregnancy and Lactation.
- 5) Describe the Nutritional needs during various stages-Infancy Preschool, School Children, Adolescent, Adult, and Old Age People

MODULE I -BASIC NUTRITION

Functions and Classification of Foods,Relation between Good Nutrition and Health,Factors influencing food and Nutrition, Role of food and its Medicinal Value,Major nutrients, their properties, functions and important Food sources.Mechanisms of digestion, absorption, and metabolism ,Food Standards and Changing Nutritional Scenario.

MODULE II -ASSESSMENT OF NUTRITIONAL STATUS

Need and Purpose of assessing Nutritional Status, Methods of Assessing Nutritional Status-Direct and Indirect Methods. Nutrition Care Recommendations: Nurse, Nurses support in Nutrition Intervention Programs. Healthy diet and food choices, and how such choices will help prevent health problems. Nutrition Education and Role of Nurse.

MODULE III -SPORTS AND FITNESS DIET

How to help clients select a sports diet with the right balance of carbohydrates, proteins, fats and fluids.Managing people with eating disorders and body image issues. Introduction to sports and Exercise Nutrition, Energy Balance and Body Composition, Protein Needs for Exercise, Eating and Muscle gain, Dietary Supplements, Nutrition, Physical activity and Health.

MODULE IV-NUTRITION DURING PREGNANCY AND LACTATION

Nutrient needs during Pregnancy, Dietary and Caloric Recommendations, Fluid intake during Pregnancy, Ideal foods to eat during Pregnancy, Foods to avoid during Pregnancy,Prenatal

Vitamin and Mineral Supplements, Nutritional Demands of Lactation, Food Guidance for Lactating Women.

MODULE VI -NUTRITION AND FOOD REQUIREMENTS DURING INFANCY

Growth and development during Infancy, Nutritional requirements, Feeding methods like breast feeding, Artificial feeding, and preterm feeding, Recommendations for Breast feeding, Contra-indications of Breast Feeding ,Weaning foods or Complementary Feeding, Principles of Weaning, Feeding problems in Infants.

MODULE VII –NUTRITION AND FOOD REQUIREMENTS OF PRESCHOOL

SCHOOL GOING CHILDREN AND ADOLESCENCE

Growth and Development during Childhood ,Diet for school going children and preschoolers, Feeding Problems of the Children, Diet Planning for Adolescents ,Recommended Dietary Allowances for Preschoolers , School going and Adolescents, Feeding Problem of Adolescents.

MODULE VIII-NUTRITION AND FOOD REQUIREMENTS DURING ADULT AND

OLD AGE

Nutrition During Adulthood, Diet Planning for Adults, Recommended Dietary Allowances for Adults, Changes associated with Aging, RDA for old aged people, Health Status of the Aged in India, Diet and Feeding Pattern

REFERENCE

1. Dr.Rameshwar Sharma, Text book of Nutrition ,2nd Edition,Frontline publications. Page 154-178.
2. Darshan Sohi, Textbook of Nutrition & Therapeutic Diets, 3rd edition,Jay pee brothers' publication. Page 224-340.
3. B.Srilakshmi, Dietetics, 3rd edition, Newage international publishers. Page 145-167.
4. Sheila John, Essentials of Nutrition and Dietetics, 2nd Edition, Wolters Kluwer Publications. Page 234-267.

Course Curriculum/Topics with schedule (Min of 30 hours)

S.NO	DATE	TOPIC	NAME	TIME	HOURS
1.	17.2.2021	Functions and Classification of Foods,Relation between Good Nutrition and Health,Factors influencing food and Nutrition, Role of food and its Medicinal Value,Major nutrients, their properties, functions and important Food sources.Mechanisms of digestion, absorption, and metabolism ,Food Standards and Changing Nutritional Scenario.	Dr.Bhuvaneshwari, Shankar,ChiefDietitian, Apollo Hospitals	9.00A.M-1.00 P.M 2.00 P.M-3.00P.M	5
2.	23.2.2021	Need and Purpose of assessing Nutritional Status, Methods of Assessing Nutritional Status-Direct and Indirect Methods. Nutrition Care Recommendations: Nurse, Nurses support in Nutrition Intervention Programs. Healthy diet and food choices, and how such choices will help prevent health problems. Nutrition Education and Role of Nurse.	Dr. Mrs. P. Muthu Meenakshi, M.sc, Phd , Associate Professor and Head, Food Service Management and Dietetics, Ethiraj College for Women.	9.00 A.M-12.00 P.M 2.00P.M-3.00P.M	4
3.	26.2.2021	How to help clients select a sports diet with the right balance of carbohydrates, proteins, fats and fluids.Managing people with eating disorders and body image issues. Introduction to sports and Exercise Nutrition, Energy Balance and Body Composition, Protein Needs for Exercise, Eating and Muscle gain, Dietary Supplements, Nutrition, Physical activity and Health.	Dr.A. K.Thiagarajan M.D, DPMR Associate Professor Arthroscopy and Sports Medicine, SRMC	9.00A.M-12.00P.M	4

4.	29.2.2021	Nutrient needs during Pregnancy, Dietary and Caloric Recommendations, Fluid intake during Pregnancy, Ideal foods to eat during Pregnancy, Foods to avoid during Pregnancy, Prenatal Vitamin and Mineral Supplements, Nutritional Demands of Lactation, Food Guidance for Lactating Women.	Dr.K.Saraswathi,OB G,Professor and Head,SBMC	9.00A.M-12.00P.M 2.00 P.M-3.00 P.M	4
5.	2.3.2021	Growth and development during Infancy, Nutritional requirements, Feeding methods like breast feeding, Artificial feeding, and preterm feeding, Recommendations for Breast feeding, Contra-indications of Breast Feeding ,Weaning foods or Complementary Feeding, Principles of Weaning, Feeding problems in Infants.	Dr.A.J.Hemamalini, M.Sc,P.hd,(Nutrition),Professor and Head,Clinical Nutrition Department,SRMC	9.00A.M-1.00P.M	4
6.	4.3.2021	Growth and Development during Childhood ,Diet for school going children and preschoolers, Feeding Problems of the Children, Diet Planning for Adolescent ,Recommended Dietary Allowances for Preschool , School going and Adolescents, Feeding Problem of Adolescents.	Dr. Gomathi Sivaji, M.sc, M.P hil, P.hd,Professor and Head,Home Science Department W.C.C College for Women	9.00A.M-1.00P.M 2.00 P.M-3.00P.M	5
7.	9.3.2021	Nutrition During Adulthood, Diet Planning for Adults, Recommended Dietary Allowances for Adults, Changes associated with Aging, RDA for old aged people, Health Status of the Aged in India, Diet and Feeding Pattern	Dr.B.Kundhala, MSc,PCDND,PhD,AssistantProfessor,Clinical Nutrition Department,SRMC	9.00A.M-1.00P.M	4



COLLEGE OF NURSING
VALUE ADDED COURSE ON LIFECYCLE NUTRITION
Certificate of Appreciation

This Is to Certify That **Mr/Ms R. SUGANYA (U15NR087)** B. Sc(N) I Year , has Attended Three Weeks Value Added Course On Introduction to Nutrition in the Lifespan Conducted By Department Of Nutrition At Sree Balaji College Of Nursing, Chennai (TN), during 18/04/2021 - 06/05/2021 .

COURSE COORDINATOR

D. Anil

HOD

DEPARTMENT OF NUTRITION
Sree Balaji College of Nursing
No.7, G.L.G Works Road,
Chrompet, Chennai - 600 044

V. Hemavathy
PRINCIPAL

Dr. V. HEMAVATHY
M.Sc.(N), M.A., M.Phil., Ph.D.(N)
PRINCIPAL
SREE BALAJI COLLEGE OF NURSING
No. 7, Works Road, Chromepet,
Chennai-600 044.

SREE BALAJI COLLEGE OF NURSING

STUDENT FEEDBACK FORM FOR VALUE ADDED COURSES

DEPARTMENT OF NUTRITION

Academic year: 2021

Name of the value added course offered: Nutrition in the life span

Period of Batch: 18.04.2021-6.5.2021

Course - Coordinator: D. Anilke

STUDENT FEEDBACK

Dear Student,

You are required to give your feedback on the following aspects. Please tick in the respective column.

S.No	Criteria	Rating				
		Excellent	Very good	Good	Fair	Satisfactory
1	Course content	✓				
2	Skill development		✓			
3	Motivation			✓		
4	Regularity and punctuality of teacher		✓			
5	Coverage of syllabus	✓				
6	Resource person interaction with students			✓		
7	Individual attention		✓			
8	Outcome	✓				
9	Competency of the course		✓			
10	Other suggestions			✓		

Course co-coordinator

D. Anilke

Signature of the student

Anilke S.



Bharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Declared as Deemed - to - be - University under section 3 of UGC Act 1956)



Sree Balaji College of Nursing
Department Of Medical Surgical Nursing

VALUE ADDED COURSE

ON

**TRAINING AND DEVELOPMENT IN HOSPITALITY
INDUSTRY**

2020-2021

1. Requisition letter
2. Circular
3. Course Co- Coordinator
4. Syllabus
5. Lesson Plan
6. Student List
7. Certificate
8. Photo
9. Feed Back



REQUISITION LETTER

FROM

23 April 2023

Head of the Department
Department Of Medical Surgical Nursing
Sree Balaji College of Nursing
Chennai-44

TO

DR.V. Hemavathy
Principal,
Sree Balaji College of Nursing
Chennai-44

Respected madam,

Kindly grant me permission to conduct value added course on training and development in hospitality industry from 25.04.23 to 30.04.2023 for a period of one week.

THANKING YOU

Forwarded
[Signature]
DR. V. HEMAVATHY
Principal,
Sree Balaji College of Nursing
Chennai-44

Yours faithfully
[Signature]
HEAD OF THE DEPARTMENT
MEDICAL SURGICAL NURSING
SREE BALAJI COLLEGE OF NURSING
Chennai-44



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BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH

Date: 23-4-2021

SREE BALJI COLLEGE OF NURSING

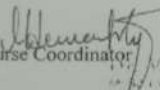
CIRCULAR

Notification for Value added courses offered by the Sree Balaji College Of Nursing

DEPARTMENT OF MEDICAL SURGICAL NURSING

The Department of Medical Surgical Nursing is scheduled to offer a Value added Course on **Training And Development In Hospitality Industry** from 25th April 2021 for a period of 1 week. Interested students can approach Mrs. Girijabhaskaran, Professor and Course Coordinator, Department of Medical surgical Nursing for registration and for further details on or before 24th April 2021.

Eligibility- DGNM, ANM, B.SC (NURSING) M.SC (NURSING)


Course Coordinator

Copy to:

Vice Chancellor

Pro Vice Chancellor

Additional Registrar

Deans

CoE

Heads of Departments


HOD

HEAD OF THE DEPARTMENT
MEDICAL SURGICAL NURSING
SREE BALAJI COLLEGE OF NURSING
7 Works Road, Chrompet,
Chennai - 600 044

**BHARATH INSTITUTE OF HIGHER EDUCATION AND
RESEARCH**

SREE BALAJI COLLEGE OF NURSING

**DEPARTMENT OF MEDICAL SURGICAL NURSING
VIRTUAL
VALUE ADDED COURSE ON TRAINING AND DEVELOPMENT IN
HOSPITALITY INDUSTRY**

25 APRIL 2021

COURSE CO-ORDINATOR DETAILS

Faculty Name: Mrs. Girija bhaskaran , Professor, HOD, Department of
Medical surgical Nursing

Email ID: girijas@bharathuniv.ac.in, girijabhaski@gmail.com

Mobile number: 9443990430

BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH

SREE BALAJI COLLEGE OF NURSING

DEPARTMENT OF MEDICAL SURGICAL NURSING

VIRTUAL

VALUE ADDED COURSE SYLLABUS

25 April 2021

OBJECTIVES

1. To understand the need of training and development in hospitality industry
2. To develop skill in hospitality Industry
3. To create awareness of online programme on hospitality industry

MODULE1: Introduction To Hospitality Industry

MODULE2: Principles Of Training And Development

MODULE3: Essential Qualities Of Hospitality Managers

PRACTICAL SESSION-1 HOUR

Total Contact Hours: 30

TRAINING AND DEVELOPMENT IN HOSPITALITY INDUSTRY

25th April 2021 (9.00 AM- 4.00 PM) **VENUE:** SREE BALAJI COLLEGE OF NURSING , AUDITORIUM

MODULE1	Introduction To Hospitality Industry
MODULE2	Principles Of Training And Development
MODULE3	Essential Qualities Of Hospitality Managers

LESSON PLAN ON TRAINING AND DEVELOPMENT IN HOSPITALITY INDUSTRY

INTRODUCTION:

The hospitality industry is one that is primarily focused on customer satisfaction. It is built on leisure or is luxury-based, as opposed to meeting basic needs. Hotels and resorts, cruise lines, airlines and other various forms of travel, tourism, special event planning, and restaurants all generally fall under the realm of the hospitality.

The hospitality industry is much broader than most other industries. The majority of business niches are composed of only a handful of different

businesses, but this industry applies to nearly any company that is focused on customer satisfaction and meeting leisurely needs rather than basic ones.

Reception. House Keeping. Food and Beverage . The Workshop. **Hospitality industry** includes – lodging etc

What is **FIT**- FIT is defined as the independent travel and travel planning of a single person or family group. When people travel, there are many ways to go and equally many ways to see and experience a world of possible destinations.

Despite there being so many options in travel and ways to experience destinations, it can all be narrowed down to two, separate categories of classification:

Why it is important to participate in training?

A career in the hospitality industry can be something that you can pursue through life. It can be a rewarding career path as you can climb up the ranks, from being a busboy, for instance, to being the hotel manager. This is made possible with dedication, hard work, further education and training, some of which the hotel owner may provide. But employees can also supplement the hotel-sponsored training with voluntary training. If needed, you can always take out personal online loans for training. The cost of training will be worth it if it means opening up more career opportunities for you in the future.

The Importance of Training & Development in the Hospitality Industry. :

. In the hospitality industry, providing great services to customers is a must. However, having a strategic location close to popular tourist attractions and investing in well-furnished rooms and well thought out amenities, from a gym to high-speed .

Lack of trained manpower is the single most limiting factor for growth of the hospitality industry.” Training refers to the planned effort by a company to facilitate employees learning of job-related competencies, which include knowledge, skills, or behaviours that are critical for successful job performance. Management development is all those activities and programme.

The hospitality industry exists to serve the needs of guests whether it is food service, lodging, or both. For this reason, training and developing your staff is crucial to having satisfied guests. Each employee can affect the guests’ experience in positive or negative ways.

Training for the hospitality industry is diverse. Basic skills include communication and ways to interact with the hotel guests. It also involves teamwork training and diversity training, because the staff is perceived as one unit by guests.

The Importance of Training & Development in the Hospitality Industry

- The Company Culture. Every hospitality company has its own special way of doing things.
- Developing and Training Talent. Many hospitality workers start in entry-level positions and work their way up into...
- Problem Solving and Service. Great service that leads to amazing experiences is the goal of the hospitality industry.
- Safety and Security. If a danger presents itself in the hotel, guests look to staff to direct them.

Training and development involves **improving the effectiveness of organizations and the individuals and teams within them**. Training may be viewed as related to immediate changes in organizational effectiveness via organized instruction, while development is related to the progress of longer-term organizational and employee goals.

While training and development technically have differing definitions, the two are oftentimes used interchangeably and/or together. Training and development has historically been a topic within applied psychology but has within the last two decades become closely associated with human resources

management, talent management, human resources development, instructional design, human factors, and knowledge management.

Principles Of Training and Development

When a company puts its employees through training programs, it must ensure that they are efficient and relevant to the employees' tasks in the organization as it is estimated that only 20-30% of training given to employees are used in the month later. To help mitigate this issue, some general principles should be followed to increase employees desire to take part in the program. These include:

- Self efficacy: These means to increase the learners belief that they can fully comprehend the teaching Attitude.
- An uncooperative attitude towards learning could hinder the individual's capability to grasp the knowledge being provided.
- Competence: This is the skill an individual develops that enables them to make good decisions in an efficient manner.
- External motivators: These are the behaviours individuals present when a reward or extrinsic goal is given to them

Motivation is an internal process that leads to an employee's behaviour and willingness to achieve organizational goals. Creating a motivational environment within an organization can help ensure employees achieve their highest level of productivity.

Motivation can create an engaged workforce that enhances individual and organizational performance. The model for motivation is represented at the most basic level by motivators separated into two different categories:

- Intrinsic factors: These represent the internal factors to an individual, such as the difficulty of the work, achievement recognition, responsibility, opportunity for meaningful work, involvement in decision making, and importance within the organization.
- Extrinsic factors: These are external factors to the individual, such as job security, salary, benefits, work conditions, and vacations.

How to Create a Hospitality Leadership Development and Training Program

- Make a list of traits that will serve as a basis for the leadership roles you are trying to fill.

- Dip deep and avoid making this list too vague.
- Focus on areas where the business can grow, or positions that will need to be filled when veteran employees retire.

Include items such as “We need a leader who can foster social interaction and collaboration among the staff,” as opposed to “We need someone who is outgoing.”

Essential Qualities for Hospitality Managers

Let’s face it; not everyone has what it takes to be in a leadership position, and that’s perfectly fine. When you go to train and develop new hospitality managers, however, you will want to seek out candidates who can bring new talents to the table.

- **Innovative:** New trends are evolving every day in the hospitality industry, so you will want someone who values quality over quantity, and is willing do whatever it takes to improve all areas of the business
- **Adaptable & Genuine:** A successful leader works well with diverse groups of people and genuinely cares about the needs of others.
- **Allied Vision:** You will want someone who shares the same vision as your company and has a vision for their growth and career success

PROGRAM SCHEDULE CERTIFICATE PROGRAM
TRAINING AND DEVELOPMENT IN HOSPITALITY INDUSTRY

DATE 25.4. 2021

VENUE: SREE BALAJI COLLEGE OF NURSING, AUDITORIUM

TIME	TOPIC	SPEAKER
9.00 AM	REGISTRATION	
9.30 AM	Prayer Song Welcome Address & About the course and the college	Mrs. Girijabhaskaran, Professor, HOD, Department of medical surgical nursing
10 AM	Introduction to Hospitality industry	Mrs.Semmalar, Professor, Department of medical surgical nursing
11AM	How to Create a Hospitality Leadership	Mrs.vatchala , Miot International Hospital, Chennai
11.30AM	BREAK	
12 PM	Is It important to participate in training	Mr.dhandapani ,Sree Balaji Medical College And Hospital,Chrompet
1.15PM	LUNCH	

2.15PM	social interaction and collaboration among the staff	Mrs.Pauline sheela priya, Asst.professor Department of Medical surgical Nursing
3.30PM	COFFEE BREAK	
4PM	FEED BACK/VOTE OF THANKS/GROUP PHOTO/CERTIFICATE DISTRIBUTION	Mrs.Vijayabharathi, Asst.Professor, Department of Medical surgical Nursing

DATE 26.4.2021

VENUE: SREE BALAJI COLLEGE OF NURSING, AUDITORIUM

TIME	TOPIC	SPEAKER
9.00 AM	REGISTRATION	
9.30 AM	Prayer Song Welcome Address & About the course and the college	Mrs. Girijabhaskaran, Professor, HOD, Department of Medical surgical Nursing
10 AM	Essential Qualities for Hospitality Managers	Mrs.Srimathi, Sree Balaji Medical College And Hospital,Chrompet
11AM	teamwork training and diversity training,	Mrs.Semmalar, Professor, Department of medical surgical nursing
11.30AM	BREAK	
12 PM	Developing and Training Talent	Mr.Saravana ,Sree Balaji Medical College And Hospital,Chrompet
1.15PM	LUNCH	
2.15PM	Problem Solving and Service	Mrs.Pauline sheela priya, Asst.professor, Department of Medical surgical Nursing

3.30PM	COFFEE BREAK	
4PM	FEED BACK/VOTE OF THANKS/GROUP PHOTO/CERTIFICATE DISTRIBUTION	Mrs.Vijayabharathi, Asst.Professor, Department of Medical surgical Nursing

DATE 27.4.2021

VENUE: SREE BALAJI COLLEGE OF NURSING, AUDITORIUM

TIME	TOPIC	SPEAKER
9.00 AM	REGISTRATION	
9.30 AM	Prayer Song Welcome Address & About the course and the college	Mrs. Girijabhaskaran, Professor, HOD, Department of Medical surgical Nursing
10 AM	Hospitality Leadership Development and Training Program	Mrs. Margareat, Asst.professor, Department of Medical surgical Nursing
11AM	Principles of training and development	Mr. Suresh, Sree Balaji Medical College And Hospital,Chrompet
11.30AM	BREAK	
12 PM	Improving the effectiveness of organizations and the individuals and teams	Mrs.Semmalar, Professor, Department of medical surgical nursing
1.15PM	LUNCH	

2.15PM	Training in hospitality	Mrs.Kumari,Miot International Hospital, Chennai
3.30PM	COFFEE BREAK	
4PM	FEED BACK/VOTE OF THANKS/GROUP PHOTO/CERTIFICATE DISTRIBUTION	Mrs.Vijayabharathi, Asst.Professor, Department of Medical surgical Nursing

DATE 28.4.2021

VENUE: SREE BALAJI COLLEGE OF NURSING, AUDITORIUM

TIME	TOPIC	SPEAKER
9.00 AM	REGISTRATION	
9.30 AM	Prayer Song Welcome Address & About The Course And The College	Mrs. Girijabhaskaran, Professor, HOD, Department of Medical surgical Nursing
10 AM	PRACTICAL SESSION	Mr. ASHOK KUMAR SRM HOTEL MANAGEMENT
11AM		
11.30AM	BREAK	
12 PM	INTERACTION SESSION	Mr. ASHOK KUMAR SRM HOTEL MANAGEMENT
1.15PM	LUNCH	

2.15PM	INTERACTION SESSION	Mrs, INDUMATHI GLOBAL HOSPITAL, Chennai
3.30PM	COFFEE BREAK	
4PM	FEED BACK/VOTE OF THANKS/GROUP PHOTO/CERTIFICATE DISTRIBUTION	Mrs.Vijayabharathi, Asst.Professor, Department of Medical surgical Nursing

DATE 29.4.2021

VENUE: SREE BALAJI COLLEGE OF NURSING, AUDITORIUM

TIME	TOPIC	SPEAKER
9.00 AM	REGISTRATION	
9.30 AM	Prayer Song Welcome Address & About the course and the college	Mrs. Girijabhaskaran, Professor, HOD, Department of Medical surgical Nursing
10 AM	Basis for the leadership roles	Ms.Sara Manickam Professor Presidency College, Chennai
11AM	Creating a motivational environment within an organization	Mrs.Semmalar, Professor, Department of medical surgical nursing
11.30AM	BREAK	

12 PM	Self efficacy	Mrs. Alazhumathi balaji Hospital, Chennai
1.15PM	LUNCH	
2.15PM	OPEN SESSION	Mrs.Semmalar, Professor, Department of medical surgical nursing
3.30PM	COFFEE BREAK	
4PM	FEED BACK/VOTE OF THANKS/GROUP PHOTO/CERTIFICATE DISTRIBUTION	Mrs.Vijayabharathi, Asst.Professor, Department of Medical surgical Nursing

BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH

DEPARTMENT OF MEDICAL SURGICAL NURSING

VIRTUAL VALUE ADDED COURSE ON TRAINING AND DEVELOPMENT IN HOSPITALITY INDUSTRY

S.NO	TOPIC	DATE	DURATION(HR)	RESOURCE PERSON
1.	Introduction to Hospitality industry	25.4.2021	3 HOURS	MRS.GIRIJA BHSAKARAN
2.	How to Create a Hospitality Leadership	25.4.2021	3 HOURS	Mrs.Semmalar,
3.	Is It important to participate in training	25.4.2021	3 HOURS	
4.	Hospitality Leadership Development and Training Program	26.4.2021	3 HOURS	Mrs.Vijayabharathi
5.	Principles of training and development	26.4.2021	3 HOURS	Ms.Sara Manickam
6.	Improving the effectiveness of organizations and the individuals and teams	26.4.2021	3 HOURS	Mrs. Indumathi
7.	Basis for the leadership roles	26.4.2021	3 HOURS	Mr. ASHOK KUMAR
8.	Creating a motivational environment within an organization	27.4.2021	3 HOURS	Mrs.vatchala
9.	Self efficacy	27.4.2021	3 HOURS	Mrs.Kumari
10.	Problem Solving and Service	27.4.2021	3 HOURS	Mrs.Azhaumathi



CERTIFICATE OF PARTICIPATION

This is to certify that

has participated in the value added courses
On training and development in hospitality industry

Organized by

Sree Balaji college of Nursing, Department of Medical Surgical Nursing

On 25th April 2021 – 30th APRIL 2021

Dr. V. Hemavathy

Principal

Sree Balaji College of Nursing
Dr. V. HEMAVATHY,
M.Sc.(N), M.A., M.Phil., Ph.D.(N),
PRINCIPAL
SREE BALAJI COLLEGE OF NURSING
No. 7, Works Road, Chromepet,
Chennai-600 044

Prof. Girija Bhaskaran

HOD, Department of Medical Surgical Nursing

HEAD OF THE DEPARTMENT
MEDICAL SURGICAL NURSING
SREE BALAJI COLLEGE OF NURSING
7 Works Road Chromepet,
Chennai- 600 044.



SREE BALAJI COLLEGE OF NURSING
DEPARTMENT OF MEDICAL SURGICAL NURSING
VIRTUAL VALUE ADDED COURSE
ADMINISTRATION OF CHEMOTHERAPEUTIC DRUGS
(2020-2021)

1. CIRCULAR
2. REQUISITION LETTER
3. COURSE CO – ORDINATOR
4. SYLLABUS
5. LESSON PLAN
6. STUDENT LIST
7. CERTIFICATE
8. PHOTO
9. FEED BACK
10. REQUISITION LETTER

REQUISITION LETTER

REQUISITION LETTER

From,

Date 3-5-2021

Mrs. Girija Bhaskaran
Department of Medical Surgical Nursing
Sree Balaji College of Nursing
Chrompet, Chennai-600044
Bharath Institute of Higher Education and Research,
Chennai.

To,

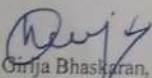
Dr. V. Hemavathy
The principal
Sree Balaji college of Nursing
Bharath Institute of Higher Education and Research,
Chrompet, Chennai

Sub: Permission to conduct Value-Added Course: Administration of Chemotherapeutic Drugs

Dear Sir,

With reference to the subject mentioned above, the department proposes to conduct a value-added course titled: **ADMINISTRATION OF CHEMOTHERAPEUTIC DRUGS** on 17/06/2021. We solicit your kind permission for the same.

Kind Regards,


Mrs. Girija Bhaskaran,
HOD/ Professor

**HEAD OF THE DEPARTMENT
MEDICAL SURGICAL NURSING
SREE BALAJI COLLEGE OF NURSING
7, Works Road, Chromepet,
Chennai - 600 044.**

CIRCULAR

Phone & Fax : 2241 6605



SREE BALAJI COLLEGE OF NURSING

(Recognised By Indian Nursing Council, New Delhi and The Tamilnadu Nurses and Midwives Council)
(Approved by Govt. of Tamil Nadu and Affiliated to Bharath Institute of Higher Education and Research)
No.7, Works Road, Chromepet, Chennai - 600 044.

Circular

Date 10-6-2021

Sub: Organizing Value-added Course:

With reference to the above mentioned subject, it is to bring to your notice that **Sree Balaji School of Nursing Bharath Institute of Higher Education and Research** is organizing "ADMINISTRATION OF CHEMOTHERAPEUTIC DRUGS". The course content and registration form is enclosed below."

The application must reach the institution along with all the necessary documents as mentioned. The hard copy of the application should be sent to the institution by registered/ speed post only so as to reach on or before 15th June 2021. Applications received after the mentioned date shall not be entertained under any circumstances.




Principal

Dr. V. HEMAVATHY,
M.Sc.(N),M.A.,M.Phil.,Ph.D.(N)
PRINCIPAL
SREE BALAJI COLLEGE OF NURSING
No. 7, Works Road, Chromepet,
Chennai-600 044.

Course Title: ADMINISTRATION OF CHEMOTHERAPEUTIC DRUGS

Course Objective

- Anticipates knowledge about chemotherapeutic drugs
- Learn about the regimen of chemotherapeutic drugs
- Able to know the ten rights of drug administration
- Able to implement the nursing care on administering chemotherapeutic drugs

Course Outcome:

Students will be able to gain knowledge about administration of Chemotherapeutic drugs

Course Audience: III year B.Sc Nursing

Course Coordinator: Mrs. Girija Bhaskaran

Course Faculties with Qualification and Designation:

Mrs. Girija Bhaskaran, HOD/ Professor

Course Curriculum/Topics with schedule (Min of 30 hours)

Sl. No	Date	Topic	Time	Hours
1.	17-06-2021	Introduction to chemotherapeutic drugs	10.am	3
2.	18-06-2021	Drug regimen and mode of administration	10.am	3
3.	19-06-2021	Ten rights of drug administration	10.am	3
4.	20-06-2021	Role of nurses in administration of chemotherapeutic drugs	10.am	3
5.	21-06-2021	Preparation of patients fir administering chemotherapeutic drugs	10.am	3
6.	24-06-2021	Warning signs and side effects of chemotherapeutic drugs	10.am	3
7.	25-06-2021	Dietary management of patient undergoing chemotherapy	10.am	3
8.	26-06-2021	Health education and home care management of patient undergoing chemotherapy	10.am	3
9.	27-06-2021	Importance of follow up care	10.am	2
10.	28.06.2021	Recording and reporting	10.am	2
11.	01.07.2021	Documentation	10.am	2
			Total Hours	30

REFERENCE BOOKS

1. Alasdair Goran D.T. Etal (1981), Pathology illustrated 4th edition, Longman Singapore Publishers (PTE) LTD.
2. Brunner & Suddharta (1998) Text book of Medical & Surgical Nursing, 8th Edition, Lippincott company, Philadelphia.
3. Joycae Black.M (1998), Medical-surgical Nursing, 5th edition, Harcount Brace &Company Asia PTE LTD.

Date 18/06/2021

From,

Mrs. Girija Bhaskaran
Department of Medical Surgical Nursing
SreeBalaji College of nursing
Chrompet, Chennai-600044
Bharath Institute of Higher Education and Research,
Chennai.

To,

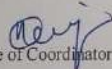
Dr.V.Hemavathy
The principal
SreeBalaji college of Nursing
Bharath Institute of Higher Education and Research,
Chrompet,
Chennai.

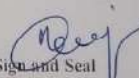
Sub: Completion of value-added course ADMINISTRATION OF CHEMOTHERAPEUTIC DRUGS

Dear Madam,

With reference to the subject mentioned above, the department has conducted the value-added course titled **ADMINISTRATION OF CHEMOTHERAPEUTIC DRUGS** on 17/06/2021. We solicit your kind action to send certificates for the participants, that is attached with this letter. Also, I am attaching the photographs captured during the conduct of the course.

Kind Regards


Name of Coordinator
Mrs. Girija Bhaskaran


HOD Sign and Seal

**HEAD OF THE DEPARTMENT
MEDICAL SURGICAL NURSING
SREE BALAJI COLLEGE OF NURSING
7, Works Road, Chrompet,
Chennai - 600 044.**

CERTIFICATE



Bharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Declared as Deemed-to-be-University under section 3 of UGC Act 1956)



SREE BALAJI COLLEGE OF NURSING

VALUE ADDED COURSE ON ADMINISTRATION OF CHEMOTHERAPEUTIC DRUGS

CERTIFICATE OF PARTICIPATION

This is to certify that Mr / Ms. U15NR041 MONISHA.R has attended value added course on ADMINISTRATION OF CHEMOTHERAPEUTIC DRUGS conducted by Department of Medical Surgical Nursing, at Sree Balaji College of Nursing, Chennai (TN), India, on 17.06.2021.

HEAD OF THE DEPARTMENT
MEDICAL SURGICAL NURSING
SREE BALAJI COLLEGE OF NURSING
7, Works Road, Chromepet,
Chennai - 600 044.

COURSE COORDINATOR

Dr. V. HEMAVATHY,
M.Sc.(N), M.A., M.Phil., Ph.D.(N),
PRINCIPAL
SREE BALAJI COLLEGE OF NURSING
No. 7, Works Road, Chromepet,
Chennai - 600 044.

Feed back

SREE BALAJI COLLEGE OF NURSING
STUDENT FEEDBACK FORM FOR VALUE ADDED COURSE
DEPARTMENT OF MEDICAL SURGICAL NURSING

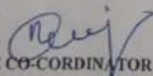
Academic year : 2021
Name of the value added course offered : Administration of Chemotherapeutic Drugs
Period of Batch : 2021
Course - Coordinator : Mrs. Girija Bhaskaran
Professor

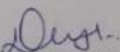
STUDENT FEEDBACK

Dear Student,

You are required to give your feedback on the following aspects. Please tick in the respective column.

S.No	Criteria	Rating				
		Excellent	Very good	Good	Fair	Satisfactory
1	Course content		✓			
2	Skill development			✓		
3	Motivation		✓			
4	Regularity and punctuality of teacher		✓			
5	Coverage of syllabus		✓			
6	Resource person interaction with students		✓			
7	Individual attention		✓			
8	Outcome		✓			
9	Competency of the course		✓			
10	Other suggestions		/			


COURSE CO-CORDINATOR


SIGNATURE OF THE STUDENT

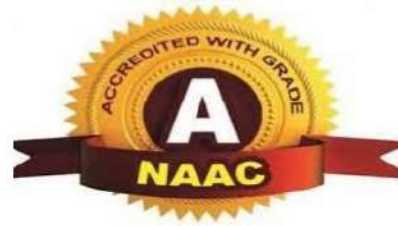
HEAD OF THE DEPARTMENT
MEDICAL SURGICAL NURSING
SREE BALAJI COLLEGE OF NURSING
7, Works Road, Chromepet,
Chennai - 600 044.



Bharath

INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Declared as deemed to be university under section 3 of UGC Act 1956, vide notification No.F.9-5/2000-U.3)



SREE BALAJI COLLEGE OF NURSING
DEPARTMENT OF COMMUNITY HEALTH NURSING
VALUE ADDED COURSE (ONLINE)
ON
CERTIFICATE COURSE ON CULTURAL CARE AND HEALTH
LITERACY

COMMUNITY HEALTH NURSING
CERTIFICATE COURSE ON CULTURAL CARE
AND HEALTH LITERACY

1. Requisition letter
2. Permission letter
3. Circular
4. Co-Ordinator detail
5. Syllabus
6. New lesson plan
7. Student list
8. Photo
9. Certificate
10. Feedback

REQUISITION LETTER

From

Department of community health nursing

Sree Balaji College of nursing

Chrompet, Chennai-600 044

To

Dr.V.Hemavathy

The principal

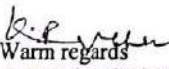
Sree Balaji College of nursing

Chrompet, Chennai

Respected Madam

This is for your kind perusal that we, Community nursing department are planning to conduct online value added course on CERTIFICATE PROGRAM ON CULTURE CARE AND HEALTH LITERACY from 07/07/2021 to 28/07/2021, for a period of three weeks. We kindly request you to grant us permission to conduct this programme and do the needful.

Thanking you


Warm regards
HEAD OF THE DEPARTMENT
COMMUNITY HEALTH NURSING
SREE BALAJI COLLEGE OF NURSING
7, WORKS ROAD, CHROME PET,
CHENNAI - 600 044.

Phone & Fax : 2241 6605



SREE BALAJI COLLEGE OF NURSING

(Recognised By Indian Nursing Council, New Delhi and The Tamilnadu Nurses and Midwives Council)
(Approved by Govt. of Tamil Nadu and Affiliated to Bharath Institute of Higher Education and Research)

No.7, Works Road, Chromepet, Chennai - 600 044.


5 July 2021

Department of Community Health Nursing
Sree Balaji College of Nursing,
Chennai.

Hereby we grant permission to conduct Value added course on **Cultural Care and Health Literacy** from 07.07.2021 to 28.07.2021, for a period of three weeks.

Warm Regards,




Principal
Dr. V. HEMAVATHY,
M.Sc.(N), M.A., M.Phil., Ph.D.(N),
PRINCIPAL
SREE BALAJI COLLEGE OF NURSING
No. 7, Works Road, Chromepet,
Chennai-600 044.



BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH

**SCHOOL OF NURSING
CIRCULAR**

Dates: 26.06.2021

Notification for Value added courses offered by the college of nursing

The Department of community health, by college of nursing, is scheduled to offer a Value added Course on certificate programme on **culture care and health literacy** from 7/07/2021 to 28/70/20 21 for a period of 3 weeks. Interested students can approach v.yasodha professor and Course Coordinator, Department of community health nursing for registration and for further details on or before 25th july 20 21

Eligibility-II year B.sc nursing student

[Signature]
Principal **Dr. V. HEMAVATHY,**
M.Sc.(N), M.A., M.Phil., Ph.D.(N),
PRINCIPAL
[Signature]
SREE BALAJI COLLEGE OF NURSING
No. 7, Works Road, Chromepet,
Chennai-600 044.
Course Coordinator

[Signature]
HOD
HEAD OF THE DEPARTMENT
COMMUNITY HEALTH NURSING
SREE BALAJI COLLEGE OF NURSING
7, WORKS ROAD, CHROME PET,
CHENNAI - 600 044.

- Copy to:
- Vice Chancellor
 - Pro Vice Chancellor
 - Additional Registrar
 - Deans
 - CoE
 - Heads of Departments

BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH
SCHOOL OF NURSING
DEPARTMENT OF COMMUNITY HEALTH NURSING
VALUE ADDED COURSE ON CULTURE CARE AND HEALTH LITERACY
2020-2021
COURSE CO-ORDINATOR DETAILS

Faculty Name: Mrs.V. YASODHA, Professor, Department of Community health nursing

Email ID: yasodhakalaiselvan2000@gmail.com

Mobile number: 9940163402

**SCHOOL OF NURSING
DEPARTMENT OF COMMUNITY HEALTH NURSING
VALUE ADDED COURSE
COURSE ON CULTURE CARE AND HEALTH LITERACY**

Session	Session	Session	Session	Session
Session I	Codes of our culture Social Identity	08.07.2021	2	Dr.R. Uma Devi
Session II	Communication Techniques and overcoming Transcultural	11.07.2021	3	Dr.V.R. Mohan Rao
Session III	Patient education material and Re adoptability	13.07.2021	3	Dr. A.k Kavitha
Session IV	Disparities in health care	16.07.2021	2	Dr. Shanthi Edward
Session V	Culture competency and its impact	17.07.2021	3	Dr.P. Mohan Kumar
Session VI	Adult Learning	18.07.2021	2	Dr.S. Gopalakrishnan
Session VII	Public health literacy	21.07.2021	3	DrJ.Krishnakumar
Session VIII	Cultural Interviews and Recommendations for Practice. attitudes, belief and practices: patients versus practitioner. Multi-Cultural Teams: Concepts, Processes and Performance	22.07.2021	3	Dr.R. Uma Devi
Session IX	Stragies to improve culture competency	23.07.2021	3	Dr.S. Gopalakrishanan
Session X	Quality health information related to culture care	24.07.2021	3	Dr.A.K.Savitha
Session XI	culture belief on health aspect	25.07.2021	2	Dr. Rohini
Session XI	culture planning	27.07.2021	2	Mr.R. Dhandapani

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH
SCHOOL OF NURSING
DEPARTMENT OF COMMUNITY HEALTH NURSING
VALUE ADDED COURSE (ONLINE)
COURSE ON CULTURE CARE AND HEALTH LITERACY**

Students Name List

S.No	Reg No	Name
1	U15NR001	AARTHI
2	U15NR002	ABEENAELSAVARGHESE
3	U15NR003	ABINAYA
4	U15NR004	AJITH KUMAR
5	U15NR005	AMBIKA
6	U15NR006	ANANTHI
7	U15NRO07	ANBUSELVI
8	U15NRO08	ANU SURESH
9	U15NR009	ANUPRIYA
10	U15NR010	ANUSUYA
11	U15NR011	ARCHANA
12	U15NRO15	BALAJI
13	U15NR017	BARRANI.G.R
14	U15NRO18	BEAUTLIN
15	U15NRO19	BHARATHI
16	U15NR020	BHAVANI
17	U15NR021	DEEPIKA
18	U15NRO22	DEEPIKASRINIVASAN
19	U15NR023	DHANALAKSHMI
20	U15NRO24	DURGADEVI
21	U15NR026	GIRIGA. D
22	U15NR028	INDUMATHI
23	U15NR029	ISBEL MONIKA
24	U15NR031	JAYANTHI

25	U15NR032	JAYASREE
26	U15NR033	JENIFER
27	U15NRO34	KALAIVANIM
28	U15NR035	KALAIVANIS
29	U15NR036	KALAIVANIS
30	U15NR037	KAVIPRIYA
31	U15NR038	KAVIYA
32	U15NR039	KAYAL VIZHI
33	U15NR040	KEETHANA
34	U15NR041	KIRUTHIGA
35	U15NR042	KOKILA
36	U15NRO43	KOWSALYA
37	U15NR044	KOWSALYA.R
38	U15NR045	LAKSHMI R
39	U15NR046	MAGIMAI YUVANKA
40	U15NR047	MAHALAKSHMI
41	U15NR048	MANGAYARKARASI
42	U15NR049	MANJU
43	U15NR050	MANJU REKHA



Bharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Declared as deemed-to-be-University under section 3 of UGC Act 1956)



SCHOOL OF NURSING

VALUE ADDED COURSE ON CULTURAL CARE AND HEALTH LITERACY

Certificate of Appreciation

This Is To Certify That Mr. /Ms. DIVYA.P (U15NR018) B.Sc(N) II Year, Has Attended Three Weeks Value Added Course On **CULTURAL CARE AND HEALTH LITERACY** Conducted By Department Of Community Health Nursing At School Of Nursing, Chennai (TN), during JULY 2021.

Principal

Dr. V. HEMAVATHY,
M.Sc.(N), M.A., M.Phil., Ph.D.(N),
PRINCIPAL
SREE BALAJI COLLEGE OF NURSING
No. 7, Works Road, Chromepet,
Chennai-600 044.

HEAD OF THE DEPARTMENT
COMMUNITY HEALTH NURSING
SREE BALAJI COLLEGE OF NURSING
7, WORKS ROAD, CHROME PET,
CHENNAI - 600 044.

Course Coordinator

SCHOOL OF NURSING
STUDENT FEEDBACK FORM FOR VALUE ADDED COURSES
 DEPARTMENT OF
 COMMUNITY HEALTH NURSING

Academic year: 2020-2021

Name of the value added course offered: CERTIFICATE COURSE ON CULTURAL CARE AND HEALTH LITERACY

Period of Batch:

Course-co-ordinator: V. YASODHA

STUDENT FEEDBACK

Dear Student,

You are required to give your feedback on the following aspects. Please tick in the respective column.

S.No	Criteria	Rating				
		Excellent	Very good	Good	Fair	Satisfactory
1	Course content	✓				
2	Skill development		✓			
3	Motivation	✓				
4	Regularity and punctuality of teacher	✓				
5	Coverage of syllabus	✓				
6	Resource person interaction with students		✓			
7	Individual attention	✓				
8	Outcome	✓				
9	Competency of the course		✓			
10	Other suggestions	✓				

V. Y.
 Course Coordinator

Qaleivan M.
 Signature of the student

REQUISITION LETTER

From,

Department of fundamentals of nursing

Sree balaji college of nursing,

Chrompet, Chennai-44

To

Dr.V.Hemavathy

The principal

Sree balaji college of nursing

Chrompet, Chennai-44

Respected sir,

This is for your kind perusal that we fundamentals of nursing department are planning to conduct a value added course on short term course on first aid and practicum from 23.07.2021 to 30.07.2021, for a period of two weeks. We kindly request you to grant us permission to conduct this programme and do the needful.

Thank you


Warm Regards

Phone & Fax : 2241 6605



SREE BALAJI COLLEGE OF NURSING

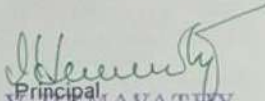
(Recognised By Indian Nursing Council, New Delhi and The Tamilnadu Nurses and Midwives Council)
(Approved by Govt. of Tamil Nadu and Affiliated to Bharath Institute of Higher Education and Research)

No.7, Works Road, Chromepet, Chennai - 600 044.

Department of Fundamentals of Nursing
Sree Balaji College of Nursing,
Chennai.

Hereby we grant permission to conduct Value added course **short term course on first aid and practicum** from 23.07.2021 to 30.07.2021, for a period of two weeks.

Warm Regards,


Principal
Dr. V. HEMAVATHY,
M.Sc (N), M.A., M.Phil., Ph.D. (N).
PRINCIPAL
SREE BALAJI COLLEGE OF NURSING
No. 7, Works Road, Chromepet,
Chennai-600 044.





SREE BALAJI COLLEGE OF NURSING

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No.7, Works Road, Chromepet, Chennai - 600 044.

Date: 15-07-2021

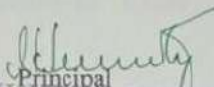
CIRCULAR

Notification for Value added courses offered by the college of nursing

The Department of fundamental nursing, in college of nursing, is scheduled to offer a Value added Course on **short term course on first aid practicum** from 23/07/2021 for a period of 3 weeks. Interested students can approach Mrs.R.Ramani, Professor and Course Coordinator, Department of fundamental nursing for registration and for further details on or before 20th July 2021.

Eligibility-12th PASS


Course Coordinator


Principal
Dr. V. HEMAVATHY,
M.Sc.(N), M.A., M.Phil., Ph.D.(N),
PRINCIPAL
SREE BALAJI COLLEGE OF NURSING
No. 7, Works Road, Chromepet,
Chennai-600 044.


HOD

Copy to:

Vice Chancellor
Pro Vice Chancellor
Additional Registrar
Deans
CoE
Heads of Departmenten



BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH

SREE BALAJI COLLEGE OF NURSING

DEPARTMENT OF FUNDAMENTAL NURSING

VALUE ADDED COURSE ON SHORT TERM COURSE ON FIRST AID PRACTICUM

2020-2021

COURSE CO-ORDINATOR DETAILS

Faculty Name: Mrs.R.Ramani, Professor, Department of fundamental nursing.

Email ID: ramani16112007@gmail.com

Mobile number: 9790405761.

BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH

SREE BALAJI COLLEGE OF NURSING

DEPARTMENT OF FUNDAMENTALS OF NURSING

(ONLINE)

VALUE ADDED COURSE SYLLABUS (2020-2021)

(VIRTUAL) SHORT TERM COURSE ON FIRST AID PRACTICUM

Course Description:

Hours: 30

This course is designed to help the students to develop an understanding of the philosophy, objectives, theories and process of nursing in various Supervised Clinical settings. It is aimed at helping the students to acquire knowledge, understanding and skills in techniques of nursing and practice them in Supervised Clinical settings.

This course enables students to have a better understanding and develop skill in giving First Aid treatment in emergencies in either the hospital or the community.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Met
I	3	Describe The Becoming A First Aider	Introduction: <ul style="list-style-type: none">• Becoming A First Aider: What Is A First Aider?, How To Prepare Yourself, Protection From Infection, Dealing With A Casualty, Requesting Help, The Use Of Medication, Remember Your Own Needs	Lecture, Discussion, Becoming A First Aider	<ul style="list-style-type: none">• Essay type• Short Answer Questions• Objective Type
II	6	➤ Explain & Describe The Managing An Incident Action At An Emergency, Traffic Accidents,	Managing An Incident: Action At An Emergency, Traffic Accidents, Fires,	Lecture Discussion About Management An Incident	<ul style="list-style-type: none">• Essay type• Short answer• Objective Type

		Fires, Electrical Incidents, Water Incidents.	Electrical Incidents, Water Incidents, Major Incident/Mass Casualties		
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Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
III	4	➤ Explain The Assessing A Casualty	Assessing A Casualty: Assessing The Sick Or Injured, Mechanisms Of Injury, Primary Survey, Secondary Survey, Head-To-Toe Examination, Monitoring Vital Signs	Lecture Discussion Assessing A Casualty	<ul style="list-style-type: none"> • Essay Type Short Answers • Objective Type Assess Skills With Checklist
IV	4	➤ Explain About The Unconscious Casualty	The Unconscious Casualty : Breathing And Circulation, Life-Saving Priorities, Unconscious Adult, Unconscious Child, Unconscious Infant, How To Use An Aed	Lecture Discussion The Unconscious Casualty	<ul style="list-style-type: none"> • Essay Type Short Answers Objective Type

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
IV	7	➤ Explain About The Foreign Objects, Poisoning, Bites & Stings ,Medical Conditions	Foreign Objects, Poisoning, Bites & Stings : <ul style="list-style-type: none"> ➤ Swallowed Foreign Object, Foreign Object In The Eye, Ear, Nose, ➤ How Poisons Affect The Body, Types Of Poisons, Swallowed Poisons, Drug Poisoning, Alcohol Poisoning, ➤ Animal And Human Bites, Insect Sting, Tick Bite Other Bites And Stings, Snake Bite, ➤ Medical Conditions : ➤ Angina, ➤ Heart Attack, Stroke, ➤ Diabetes Mellitus, ➤ Hyperglycemia, ➤ Hypoglycemia, ➤ Seizures In Adults, ➤ Seizures In Children, ➤ Fever Meningitis, ➤ Fainting, Allergy, ➤ Anaphylactic Shock, 	Lecture Discussion The Foreign Objects, Poisoning, Bites & Stings ,Medical Conditions	<ul style="list-style-type: none"> • Essay Type Short Answers Objective Type
V	6	Explain The Emergency First Aid	Emergency First Aid <ul style="list-style-type: none"> • Action In An Emergency, • CPR For An Adult, Chest Compression Only CPR, • CPR For An Infant, Child, Community Emergencies Such As Fire Explosions, Earth Quakes, Flood And Famine 	<ul style="list-style-type: none"> • Lecture Discussion about The Emergency First Aid 	<ul style="list-style-type: none"> • Essay Type Short Answers Objective Type

BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH

SREE BALAJI COLLEGE OF NURSING

DEPARTMENT OF FUNDAMENTALS OF NURSING

VALUE ADDED COURSE ON SHORT TERM COURSE ON

FIRST AID PRACTICUM SCHEDULE – (2020-21)

SESSION	TOPIC	DATE	DURATION(HR)	RESOURCE PERSON
SESSION I	INTRODUCTION	23.7.21	3	MR.R.ELUMALI
SESSION II	MANAGING AN INCIDENT	25.7.21	6	MRS.SARANSUSI
SESSION III	ASSESSING A CASUALTY	26.7.21	4	MRS.BIGMOLA
SESSION IV	THE UNCONSCIOUS CASUALTY	27.7.21	4	MRS.VIJAYALAKSHMI
SESSION V	FOREIGN OBJECTS, POISONING, BITES & STINGS	28.7.21	7	MRS.SURIYAKUMARI
SESSION VI	EMERGENCY FIRST AID	29.7.21	6	MR.ANANDHAN



SREE BALAJI COLLEGE OF NURSING

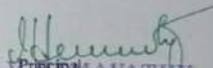
VIRTUAL VALUE ADDED COURSE ON SHORT TERM COURSE ON FIRST AID AND PRACTICUM

Certificate of Appreciation

This is To Certify That Mr. / Ms ISABEL MONIKA . N (UN15NR027) B. Sc(N) I Year, has Attended one Week Value Added Course regarding Short Term Course on First Aid and Practicum Conducted By Department Of Fundamentals of Nursing at Sree Balaji College Of Nursing, Chennai (TN), during 23/07/2021 to 30/07/2021.

Course Coordinator

HOD


Dr. V. Praveen
M.Sc. (N), M.A., M.Phil., Ph.D. (N),
PRINCIPAL
SREE BALAJI COLLEGE OF NURSING
No. 7, Works Road, Chromepet,
Chennai-600 044.

SREE BALAJI SCHOOL OF NURSING
STUDENT FEEDBACK FORM FOR VALUE ADDED COURSES
DEPARTMENT OF FUNDAMENTALS OF NURSING

Dear Participants,

You are required to give your feedback on the following aspects. Please tick in the respective column.

Academic Year:2021


Name Of The Value Added Course Offered: Short Term Course On First Aid Practicum

Period Of Batch:1 YEAR

Course-Coordinator:R.RAMANI

STUDENT FEEDBACK

S.No	Criteria	Rating				
		Excellent	Very good	Good	Fair	Satisfactory
1	Course content	✓				
2	Skill development		✓			
3	Motivation	✓				
4	Regularity and punctuality of teacher		✓			
5	Coverage of syllabus	✓				
6	Resource person interaction with students		✓			
7	Individual attention	✓				
8	Outcome	✓				
9	Competency of the course		✓			
10	Other suggestions	✓				


Course Co-ordinator


Signature of the Participants