From

Mr. Dinesh

Asst. Professor in Physiotherapy

Sree Balaji College of Physiotherapy,

Chennai

To

Dr.S.S.Subramanian., Ph.D

The Dean,

SreeBalaji College of Physiotherapy,

Chennai

Sir,

Sub: (Permission to conduct value added course Medical humanities with our MOU-Reg)

Kindly consider in permitting the value added course on Medical Humanities from $22.09.2017\ to\ 14.10.2017$.

Thanking You

Yours faithfully





22/08/2017

To

Mr.Dinesh,

Asst. Professorin Physiotherapy

Sir,

With reference to your communication dated on 22.08.2017

Hereby we grant permission to conduct value added courses from 22.09.2017 to 14.10.2017.



Dr.S.S.Subramanian., Ph.D

The Principal,

SreeBalaji College of Physiotherapy

Dr.S.S.SUBRAMANIAN, M.P.T (Orthopaedics),
M.S (Education), M. Phil (Education), Ph.D (Physiotherapy)

The Principal,
Sree Balaji College of Physiotherapy
Velachery Main Road, Pallikaranai, Chennai



06.09.2017

To

Dr.Sivasubramaniam,

Director

SGS TRUST

Chennai

Sir,

Further continuation of our MOU, to enrich academic and research activities kindly coordinate the proposed approvelecture to benefit faculty and students of both our institutions. Further classification if any kindly communicate the coordinator Mr.Dinesh., Asst. Professor., email Id: sbcp2007@gmail.com

Enclosing details along with

- 1. Course outline, objective
- 2. Dates, Resource person

Thanking You

Dr.S.S.Subramanian., Ph.D

The Principal,

SreeBalaji College of Physiotherapy

Dr. S. S. SUBRAMANIAN, M.P.T (Orthopaedics), M.S (Education), M. Phil (Education), Ph.D (Physiotherapy)

The Principal,
Sree Balaji College of Physiotherapy
Velachery Main Road, Pallikaron

VALUE ADDEDD COURSE ON MEDICAL HUMANITIES

Date: 22.09.2017 TO 14.10.2017 Duration-30hrs

ORGANIZED BY

SGS TRUST&SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Objectives:

Medical humanities provide insight into human conditions, illness and suffering, perception of oneself, as well as into professionalism and responsibilities to self and others; colleagues and patients

Course Outline:

To educate how to apply in various patient

Resource Persons

Speaker	Dr,Sivasubramaniam	Medical humanities	

Eligibility: III Year & IV Year B.P.T, Interns, M.P.T students, Clinical Physiotherapists

Fees: Free

For Registration Contact: 044 - 22461883, 044 - 22462179,

e - Mail: sbcp2007@gmail.com

ORGANIZING SECRETARY

Mr.Dinesh., Asst. Professor



VALUE ADDED COURSE ON MEDICAL HUMANITIES

Date: 22.09.2017 TO14.10.2017 Duration 30 hrs

ORGANIZED BY

SGS TRUST&SREE BALAJI COLLEGE OF PHYSIOTHERAPY

AGENDA

Date	Events	Time
22.09.2017	Introduction	2.00-4.00pm
23.09.2017	What is medical humanities	2.00-3.00pm
25.09.2017	Psychology	2.00-3.00pm
26.09.2017	Medical sociology	2.00-4.00pm
27.09.2017	Responsibilities of health care provider	2.00-4.00pm
28.09.2017	How to treat patients	2.00-4.00pm
03.10.2017	Anthropology and patient	2.00-4.00pm
04.10.2017	Ethics	2.00-4.00pm
05.10.2017	Assessment of patient and family	2.00-4.00pm
06.10.2017	Application towards long term patient	2.00-4.00pm
07.10.2017	Physiotherapy and humanities	2.00-4.00pm
09.10.2017	Psycho social approach	2.00-4.00pm
10.10.2017	Economical status	2.00-3.00pm
11.10.2017	Application to various age group	2.00-4.00pm
12.10.2017	Social stigma and humanities	2.00-4.00pm
13.10.2017	Ways of councelling	2.00-4.00pm
14.10.2017	Application in specific diaorder	2.00-3.00pm
	total	30hrs



INTERNATIONAL CONFERENCE ON SPORTS SCIENCE AND EXERCISE PHYSIOLOGY

ORGANIZED BY

ASAROGREEN PHYSIOTHERAPY &FITNESS SOLUTION &SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Date: 29.04.2016 &30.04.2016Time: 9.00 A.M to 4.00PM

REGISTRATION FORM

Name:

D.O.B:IAP / Reg No:

Batch:

Contact No:

E-Mail:Address:

Kindly Mention The Course Completed/ Presently Studying/ Working Institution

Course	College	University	Year of Completion Month & Year	Designation
UG				
PG				ů/
Clinical Therapist				









Participants list

SLNO	NAME	REGNO	
1.	Bhuvaneshwari B	U15PT008	
2.	Boopathi S	U15PT009	
3.	Divya J	U15PT010	
4.	Gayathri M	U15PT011	
5.	Gayathri S	U15PT012	
6.	Hemalatha E	U15PT013	
7.	Ilakia S	U15PT014	
8.	Jagan B	U15PT015	
9.	Jeevitha K	U15PT016	
10.	Kalaiarasi K	U15PT017	
11.	Kalaivani E	U15PT018	
12.	Karthickeyan R	U15PT019	
13.	Kavitha N	U15PT020	
14.	Keerthika S	U15PT021	
15.	Kumutha R	U15PT022	
16.	Latha B	U15PT023	
17.	Madhumitha. M	U15PT024	
18.	Masthura Haseena. S	U15PT025	
19.	Noorunnisha S	U15PT026	
20.	Pavithra R	U15PT027	
21.	Priyanka K	U15PT029	
22.	Ramya S	U15PT030	
23.	Ramya E	U15PT031	
24.	Rekha G K	U15PT032	
25.	Sahithya T	U15PT034	
26.	Sanjana P	U15PT035	

DFS.S SUBRAMANIAN, MPT (Orthopaedics), MS (Education) M. Phil (Education), Ph.D (Physiotherapy)

DE SESTEMBER PARTY PARTE PARTY PARTY

The Principal,







Participants list

SLNO	NAME	REG NO
27.	Shanthakumar S	U15PT036
28.	Saranya R	U15PT037
29.	Shamlindevanisha D	U15PT038
30.	Simran Tandon	U15PT039
31.	Soniya Mohan	U15PT040
32.	Srimathi S	U15PT041
33.	Sujitha S	U15PT043
34.	Swathi R	U15PT044
35.	Tamizhmani V S	U15PT045

The Principal,

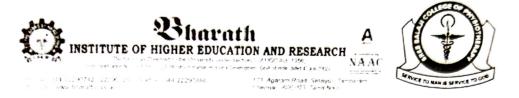




FEEDBACK FORM

Criteria	Strongly Agree (3)	Agree (2)	Disagree (1)
Workshop Session was relevant to my needs	~		
Length of Workshop was sufficient	_		
Content was well organized			
Questions were engaged		✓	
Instructions were clear and understandable		~	
Workshop met my expectations			
The presentations were effective			





FEEDBACK FORM

Criteria	Strongly	Agree (2)	Disagree (1)
1	Agree (3)		
Workshop session was			
relevant to my needs			
Length of Workshop was sufficient Session		/	
Content was well			
organized			
Questions were			
engaged			
Instructions were clear			
and understandable			
Workshop met my			
expectations			
The presentations			
were effective		~	



ORGANIZED BY

SGS TRUAT&SREE BALAJI COLLEGE OF PHYSIOTHERAPY

CERTIFICATE OF PARTICIPATION

This is to certify that Mr / Ms SUJITHA & (UISPT043)

_ (Reg No) of III/IV year/

Interns B.P.T/M.P.T/ Clinical Physiotherapists has participated in the VALUE ADDED COURSE ON MEDICAL HUMATIES FROM 22.09.2017 TO 14.110 2017

DR.SIVASUBRAMANIAM

SGS TRUST



Dr.S.S.Subramanian.,

Principal

Dr.S.S.SUBRAMANIAN, M.P.T (Orthopaedics).
M.S (Education), M. Phil (Education), Ph.D (Physiotherapy)

The Principal,
Sree Balaji College of Physiotherapy
Velachery Main Road, Pallikaranai, Chennai











The Principal,
Sree Balaji College of Physiotherapy
Velachery Main Road, Pallikars unai

From

Mr. S. Dinesh., M.P.T (Ortho)

Assistant Professor in physiotherapy

Sree Balaji College of Physiotherapy,

Chennai

To

Dr.S.S.Subramanian., Ph.D

The Dean,

Sree Balaji College of Physiotherapy,

Chennai

Sir,

Sub: Permission to conduct value added course on Short Term Course on Nutrition and Physical Fitness - Reg)

* Kindly consider in permitting the following value added course on Short Term Course on Nutrition and Physical Fitness by eminent expert Mr. Ramkrishna & Mr. Binny from 08.08.2017 to 29.08.2017, for a period of 3 weeks

Our students shall benefit this recent trends related to physiotherapy

Thanking You

Yours faithfully





03.07.2017

То

Mr.S. Dinesh., M.P.T

Assistant Professor in physiotherapy

Sir,

With reference to your communication dated on 03.07.2017

Hereby we grant permission to conduct value added Short Term Course on Nutrition and Physical Fitness from 08.08.2017 to 29.08.2017, for a period of 3 weeks



Dr.S.S.Subramanian., Ph.D

The Principal,

Sree Balaji College of Physiotherapy





24.07.2017

CIRCULAR

Notification for Value Added Course on Nutrition and Physical Fitness

The department of community health, by college of Physiotherapy, is scheduled to offer a value added course on Nutrition and Physical Fitness from 08.08.2017 to 29.08.2017 for a period of 3 weeks. Interested students can approach Mr. S. Dinesh., Asst. Professor & Course Coordinator



Dr.S.S.Subramanian., Ph.D

The Principal,

Sree Balaji College of Physiotherapy





Course on Short Term Course on Nutrition and Physical Fitness

DATE: 08.08.2017 to 29.08.2017

Objectives:

- 1. To understand, principles of fitness and nutrition
- 2. To be familiar with obesity, nutrition, lifestyle, diseases and various fitness training concepts

Course Outline:

- 1. Fitness components and principles
- 2. Nutrition and fitness influencing on health and disease
- 3. Fitness training concepts
- 4. Life style impact of health and fitness
- 5. Diet assessment, counseling and analysis
- 6. Fitness related injuries and management

Recourse Persons

Speaker: 1	Mr. Ramkrishna – M.SC Sports	Fitness One
	General Manager - Academy & Training	
Speaker: 2	Mr. Binny., B.P.T - Physiotherapist	Fitness One
	General Manager - Academy & Training	

Eligibility: Final year B.P.T, Interns, M.P.T students, Clinical Physiotherapists

Fees: Free

For Registration Contact: 044 - 22461883, 044 - 22462179,

e - Mail: <u>sbcp2007@gmail.com</u>

ORGANIZING SECRETARY

Mr. S. Dinesh., M.P.T., Assistant Professor





Course on Short Term Course on Nutrition and Physical Fitness

DATE: 08.08.2017 to 29.08.2017

AGENDA

	Course on Short Term Course on Nutrition	and Physical Fitness	
Date	Topic	Time	Hour
08.08.2017	Principles of Fitness & Nutrition	03.00 P.M - 05.00 P.M	02.00 hrs
09.08.2017	Components of Fitness	03.00 P.M - 05.00 P.M	02.00 hrs
10.08.2017	Principles of Fitness	03.00 P.M - 05.00 P.M	02.00 hrs
11.08.2017	Effect of Nutrition in Fitness	03.00 P.M - 05.00 P.M	02.00 hrs
14.08.2017	Effect of Nutrition, Fitness in Health	02.00 P.M - 04.00 P.M	02.00 hrs
16.08.2017	Concepts of Fitness With Cardiac Problems	02.00 P.M - 04.00 P.M	02.00 hrs
17.08.2017	Maintain Fitness with Cardiac Problems	02.00 P.M - 04.00 P.M	02.00 hrs
18.08.2017	Fitness & Sports	03.00 P.M - 05.00 P.M	02.00 hrs
19.08.2017	Mal Nutrition	02.00 P.M - 04.00 P.M	02.00 hrs
21.08.2017	Maintain Fitness Without GYM	02.00 P.M - 04.00 P.M	02.00 hrs
22.08.2017	Diet Assessment	03.00 P.M - 05.00 P.M	02.00 hrs
23.08.2017	Counseling for Nutrition & Physical Fitness	03.00 P.M - 05.00 P.M	02.00 hrs
24.08.2017	Fitness for Female	03.00 P.M - 05.00 P.M	02.00 hrs
28.08.2017	Nutrition and Fitness in Geriatric Population	03.00 P.M - 05.00 P.M	02.00 hrs
29.08.2017	Fitness Management	03.00 P.M - 05.00 P.M	02.00 hrs
	Total		30 hrs





Course on Short Term Course on Nutrition and Physical Fitness

DATE: 08.08.2017 to 29.08.2017

FEEDBACK FORM

- 1. Adherence with due time: Good / Punctual / Can Be Improved
- 2. Audiovisual Adequate / Needs To Improve
- 3. Depth of session Good / Bad / Not Enough
- 4. How much relevant to future Practice Useful / Not Sure
- 5. Further suggestions Its Very Longer Sessions/ More Such Events to be Conducted / No Comments
- 6. Way of presentation Good/ Bad/ Can be Improved
- 7. Preparation for the event can be informed before / more arrangement / can be done / appreciable





Course on Short Term Course on Nutrition and Physical Fitness

DATE: 08.08.2017 to 29.08.2017

FEEDBACK FORM

- 1. Adherence with due time: Good / Punctual / Can Be Improved
- 2. Audiovisual Adequate / Needs To Improve
- 3. Depth of session Good / Bad / Not Enough
- 4. How much relevant to future Practice Useful / Not Sure
- 5. Further suggestions Its Very Longer Sessions/ More Such Events to be Conducted / No Comments
- 6. Way of presentation Good/Bad/Can be Improved
- 7. Preparation for the event can be informed before / more arrangement / can be done / appreciable





LIST OF PARTICIPANTS

Course on Short Term: Clinical Nutrition and Physical Fitness

on 08.08.2017 to 29.08.2017

S.No	Name	Reg No	Signature
1	Binita Gurung	U14PT002	Burt
2	Ganesh Balaji. L	U14PT003	Cum
.3	Gladis Sherin. R	U14PT004	Gladisshound
4	Hema. S	U14PT005	Hem
5	Jeevitha. G	U14PT006	Lufn
6	Madhan kumar. R	U14PT007	Madan
7	Mohammed Shabeer.N	U14PT008	, Shabeerin
8	Nivetha.S	U14PT009	Wisehn.
9 *	P. Prasanth	U14PT010	Prawit
10	Priyanka.M	U14PT011	Pluk.
11	Saranya Devi. M	U14PT012	Dering.
12	Sathiya Priya. K	U14PT013	Sathing P
13	Shabana. S	U14PT014	Shela
14	Shadab Ahmed. V.M	U14PT015	allachers.
15	Shalini.S	U14PT016	Shaline.
16	Suganthi.S	U14PT017	Sugal.
17	Sumithra.M	U14PT018	Semith ren

18	Thinakaran.C	U14PT020	Thinkey)
19	Abinaya P	U15PT001	effmir
20	Akila V	U15PT002	Akile V-
21	Anu Priya K	U15PT003	Ande
22	Ashmika R	U15PT005	Amika.
23	Atchaya G	U15PT006	Atchaya. a.
24	Bhavana S	U15PT007	Brownel.
25	Bhuvaneshwari B	U15PT008	Rhen B
26	Boopathi S	U15PT009	Bropanis.
27	Divya J	U15PT010	J. Dryc
28	Gayathri M	U15PT011	Geyethn'
29	Gayathri S	U15PT012	98
30	Hemalatha E	U15PT013	Hemoletie,
31	Ilakia S	U15PT014	Ilabia S.
32	Jagan B	U15PT015	Jakia Secrita
33	Jeevitha K	U15PT016	Jewish
34	Kalaiarasi K	U15PT017	Kalva
35	Kalaivani E	U15PT018	forler and

*





CERTIFICATE OF PARTICIPATION

This is to certify that Mfr / Ms DTVY P. S

I/U/III/IV year B.P.T/ Clinical Physiotherapists has participated in the Course on Short Term Conducted Short Term Conducted

(Reg No U) SPTOD) of

on 08.08.2017 to 29.08.2017 in "Course on Short Term Course on Nutrition and Physical Fitness"

S. Dincsh

Mr. S. Dinesh., M.P.T

Coordinator

Dr.S.S.Subramanian., Ph.D

Principal





Course on Short Term Course on Nutrition and Physical Fitness

DATE: 08.08.2017 to 29.08.2017







From

Mr.V. Balasubramani., M.P.T

Assistant Professor in physiotherapy

Sree Balaji College of Physiotherapy,

Chennai

To

Dr.S.S.Subramanian., Ph.D

The Dean.

Sree Balaji College of Physiotherapy,

Chennai

Sir,

(Sub: Permission to conduct value added course on Introduction to Nutrition & Dietetics - Reg)

Kindly consider in permitting the following value added course on Introduction to Nutrition & Dietetics by eminent expert Dr. Dharini Krishnan & Mrs. Abirami Ramesh Babu on 22.09.2017 to 13.10.2017, for a period of 3 weeks

Our students shall benefit this recent trends related to physiotherapy

Thanking You

V. Balendyman Yours faithfully





01.08.2017

To

Mr. V. Balasubramani., M.P.T

Assistant Professor in physiotherapy

Sir,

With reference to your communication dated on 01.08.2017

Hereby we grant permission to conduct value added course on Introduction to Nutrition & Dietetics from 22.09.2017 to 13.10.2017 for a period of 3 weeks



Dr.S.S.Subramanian., Ph.D

The Principal,

Sree Balaji College of Physiotherapy

SREE BALAJI COLLEGE OF PHYSIOTHERAPY Velachery Main Road, Narayanapuram Pallikaranai. Chennai - 600 100





21.08.2017

CIRCULAR

Notification for Value Added Course on Short Term Introduction to Nutrition and Dietetics

The department of community health, by college of Physiotherapy, is scheduled to offer a value added course on Short Term Introduction to Nutrition and Dietetics from 22.09.2017 to 13.10.2017 for a period of 3 weeks. Interested students can approach Mr. V. Balasubramani., Asst. Professor & Course Coordinator



Dr.S.S.Subramanian., Ph.D

The Principal,

Sree Balaji College of Physiotherapy

PRINCIPAL

SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Velachery Main Road, Narayanapuram

Pallikaranai, Chennai - 600 100





Course on Short Term: Introduction to Nutrition and Dietetics

DATE: 22.09.2017 to 13.10.2017

Objectives of the Course:

- 1. To be familiar with important of nutrition for different age groups
- 2. To understand the benefits, nature of food consumed on health and disease

Course Outline:

- 1. Nutrition for female children pregnancy elderly
- 2. Importance of dietry prescription for cardiac diabetic renal sports subjects
- 3. Diet sources calories required measurable scales adulteration of food
- 4. Junk food healthy balanced diet minerals vitamins from food

Recourse Persons

Speaker: 1	Dr. Dharini Krishnan., Ph. D	A leading Consultant Dietitian in
		Chennai
Speaker: 2	Mrs. Abirami Ramesh Babu. M.P.T.	Health Fitness Specialist,
		Sri Venkateswara Physiotherapy
		Clinic, Kanchipuram

Eligibility: Final year B.P.T, Interns, Clinical Physiotherapists

Fees: Free

For Registration Contact: 044 – 22461883, 044 – 22462179,

e - Mail: sbcp2007@gmail.com

ORGANIZING SECRETARY

Mr.V. Balasubramani., Assistant Professor





Course on Short Term: Introduction to Nutrition and Dietetics

DATE: 22.09.2017 to 13.10.2017

AGENDA

Introduction to Nutrition and Dietetics						
Date	Topic	Time	Hour			
22.09.2017	Introduction for Important of Nutrition	02.00 P.M - 03.30 P.M	01.30 hrs			
25.09.2017	Benefits of Nutrition & Diet	03.00 P.M - 04.30 P.M	01.30 hrs			
26.09.2017	Nutrition for Female in Different Age Group	03.00 P.M - 05.00 P.M	02.00 hrs			
27.09.2017	Nutrition for Pregnant Ladies	03.00 P.M - 05.00 P.M	02.00 hrs			
28.09.2017	Nutrition for Young Lactating Mothers	03.00 P.M - 04.30 P.M	01.30 hrs			
29.09.2017	Diet for Fitness	03.00 P.M - 05.00 P.M	02.00 hrs			
30.09.2017	Dietary Advise for Cardiac Patients	02.00 P.M - 04.00 P.M	02.00 hrs			
03.10.2017	Dietary Advise for Post Surgery Patients	02.00 P.M - 04.00 P.M	02.00 hrs			
04.10.2017	Nutrition for Sports Persons and Dietary Advise	02.00 P.M - 04.00 P.M	02.00 hrs			
05.10.2017	Sources of Diet & Recommended	02.00 P.M - 04.00 P.M	02.00 hrs			
06.10.2017	Food Adulteration & Prevention	02.30 P.M - 03.30 P.M	01.30 hrs			
07.10.2017	Health Balanced Diet	02.30 P.M - 03.30 P.M	01.30 hrs			
09.10.2017	Diet for Young Children	02.30 P.M - 03.30 P.M	01.30 hrs			
10.10.2017	Diet for School Children	03.00 P.M - 04.30 P.M	01.30 hrs			
11.10.2017	Difference Between Home Food & Junk Food	03.00 P.M - 04.30 P.M	01.30 hrs			
12.10.2017	Complications of Obesity	03.00 P.M - 05.00 P.M	02.00 hrs			
13.10.2017	Healthy Diet	03.00 P.M - 05.00 P.M	02.00 hrs			
	Total Hrs		30 hrs			





LIST OF PARTICIPANTS

Course on Introduction To Nutrition & Dietetics on 22.09.2017 to 13.10.2017

S.No	Name	Reg No	Signature
1	Gladis Sherin. R	U14PT004	(Rol)
2	Hema. S	U14PT005	blanc (8)
3	Jeevitha. G	U14PT006	Jeoritta
4	Madhan kumar. R	U14PT007	(Madhan,
5	Mohammed Shabeer.N	U14PT008	Strabeer N
6	Nivetha.S	U14PT009	Diverse S.
7	Divya J	U15PT010	Divers
8	Gayathri M	U15PT011	CO. S.C. M
9	Gayathri S	U15PT012	Standiffer
10	Hemalatha E	U15PT013	Henrih F
11	Ilakia S	U15PT014	frakia S.
12	Jagan B	U15PT015	Jaran B.
13	Jeevitha K	U15PT016	Jeen .
14	Kalaiarasi K	U15PT017	Yalaiayan
15	Kalaivani E	U15PT018	Calain E
16	Karthickeyan R	U15PT019	Lastickoupa
17	Kavitha N	U15PT020	Cawiff
18	Ramya E	U15PT031	Danyo
19	Rekha G K	U15PT032	Dolla
20	Sahithya T	U15PT034	California
21	Gopi Krishnan .A	U16PT011	danile d
			TIDDIKINIA GAL

22	Hema. A	U16PT012	Sterano
23	Iswarya. S	U16PT013	Tsways-S.
24	Joshna kousalya	U16PT014	Joshya
25	Jyothi. K	U16PT015	Toyothi.
26	Kaleeswari. R	U16PT016	Laleeshuan
27	Kalyani. E	U16PT017	Valyan
28	Kamalee. K	U16PT018	Candlee-le
29	Keerthana. K	U16PT019	Leetlana.
30	Kirthika. B	U16PT020	CentriloaB
31	Kotteswari. S.G	U16PT021	Kolleshai
32	Lavanya. R	U16PT022	(accompo. P.
33	Loganayaki. S	U16PT023	Popagasi
34	Mega. R	U16PT024	Mexa
35	Monika. M	U16PT025	Monte





Course on Short Term: Introduction to Nutrition and Dietetics

DATE: 22.09.2017 to 13.10.2017

FEEDBACK FORM

- 1. Adherence with due time: Good / Punctual / Can Be Improved
- 2. Audiovisual Adequate / Needs To Improve
- 3. Depth of session Good / Bad / Not Enough
- 4. How much relevant to future Practice Useful / Not Sure
- 5. Further suggestions Its Very Longer Sessions/ More Such Events to be Conducted / No Comments
- 6. Way of presentation Good/Bad/Can be Improved
- 7. Preparation for the event can be informed before / more arrangement / can be done / appreciable





Course on Short Term: Introduction to Nutrition and Dietetics

DATE: 22.09.2017 to 13.10.2017

FEEDBACK FORM

- 1. Adherence with due time: Good / Punctual / Can Be Improved
- 2. Audiovisual Adequate / Needs To Improve
- 3. Depth of session Good / Bad / Not Enough
- 4. How much relevant to future Practice Useful / Not Sure
- 5. Further suggestions Its Very Longer Sessions/ More Such Events to be Conducted / No Comments
- 6. Way of presentation Good/ Bad/ Can be Improved
- 7. Preparation for the event can be informed before / more arrangement / can be done / appreciable





CERTIFICATE OF PARTICIPATION

This is to certify that $M_{\Sigma}/M_{S} \stackrel{\cap}{\cap} M \stackrel{\cap}{\subseteq} M$

I/J/II/IV year B.P.T/ Clinical Physiotherapists has participated in the Course on Short Term Conducted on 22.09.2017to

(Reg NoU | 6 PT 012) of

13.10.2017 in "Course an Short Term Introduction to Nutrition and Dietetics"

Mr. V. Baldsabramani., M.P.T

Coordinator

Dr.S.S.Subramanian., Ph.D

Principal





Course on Short Term: Introduction to Nutrition and Dietetics

DATE: 22.09.2017 to 13.10.2017







From

Mrs. Deepa.S., M.P.T (Neuro)

Assistant Professor in physiotherapy

Sree Balaji College of Physiotherapy,

Chennai

To

Dr.S.S.Subramanian., Ph.D

The Dean,

Sree Balaji College of Physiotherapy,

Chennai

Sir,

Sub: - Permission to conduct value added Course on Short Term - Introduction to Child Nutrition and Cooking - Reg)

Kindly consider in permitting the following value added Course on Short Term- Introduction to Child Nutrition and Cooking by eminent expert Ms. Shalini & Mrs. M.Bamini from 26.10.2017 to 14.11.2017, for a period of 3 weeks

Our students shall benefit this recent trends related to physiotherapy

Thanking You

Yours faithfully





01.09.2017

To

Mrs. Deepa. S., M.P.T

Assistant Professor in physiotherapy

Madam,

With reference to your communication dated on 01.09.2017

Hereby we grant permission to conduct value added course on Short Term-Introduction to Child Nutrition and Cooking from 26.10.2017 to 14.11.2017, for a period of 3 weeks



Dr.S.S.Subramanian., Ph.D

The Principal,

Sree Balaji College of Physiotherapy

SREE BALAJI COLLEGE OF PHYSIOTHERAPS Velachery Main Road, Naravanaguran Pattikorana). Cluestai - 69t. ฬ





15.09.2017

CIRCULAR

Notification for Value Added Course on Introduction to Child Clinical Nutrition & Cooking

The department of community health, by college of Physiotherapy, is scheduled to offer a value added course on Introduction to Child Clinical Nutrition & Cooking from 26.11.2017 to 14.11.2017 for a period of 3 weeks. Interested students can approach Mrs.Deepa.S., Asst. Professor & Course Coordinator

Dr.S.S.Subramanian., Ph.D

< norons

The Principal,

Sree Balaji College of Physiotherapy

COST TO SURE SERVICE S

SREE BALAJI COLLEGE OF PHYSIOTHERAPY - Velachery Main Road, Narayanapuram Pallikaranal, Chennol - 600 100





Course on Short Term: Introduction to Child Nutrition & Cooking

DATE: 26.10.2017 to 14.11.2017

Objectives of the Course:

- 1. To know the importance of balances diet and mal nutrition related health issues
- 2. To analyze understand factors influencing child health from cooking sources and nutritional values

Course Outline:

- 1. Child development, related to food and nutrition
- 2. Obesity, mal nutrition hormones life style changes among children
- 3. Law international dietary guidelines WHO UNESCO government NGO mother role for child growth practice

Recourse Persons

Speaker: 1	Ms. Shalini, B.Sc Clinical Nutrition &	Fitness One
	Dieteics, M.Sc Medical Sociology	
Speaker: 2	Mrs. M. Bamini., M.Sc., R.D	Sundaram Medical Foundation,
	Chief Dietitian	Anna Nagar, Chennai

Eligibility: Final year B.P.T, Interns, Clinical Physiotherapists

Fees: Free

For Registration Contact: 044 - 22461883, 044 - 22462179,

e - Mail: <u>sbcp2007@gmail.com</u>

ORGANIZING SECRETARY

Mrs. Deepa.S., M.P.T., Assistant Professor





Course on Short Term: Introduction to Child Nutrition & Cooking

DATE: 26.10.2017 to 14.11.2017

AGENDA

	Introduction to Child Nutrition	& Cooking	
Date	Topic	Time	Hour
26.10.2017	Introduction to Child Nutrition	03.00 P.M - 05.00 P.M	2hrs
27.10.2017	Mal Nutrition	03.00 P.M - 05.00 P.M	2hrs
30.10.2017	Child Development & Nutrition	03.00 P.M - 05.00 P.M	2hrs
31.10.2017	Food and Hormones	03.00 P.M - 05.00 P.M	2hrs
01.11.2017	Junk Food & Obesity in Side Effects	03.00 P.M - 05.00 P.M	2hrs
02.11.2017	Anemia's and Nutritional Guidelines	03.00 P.M - 05.00 P.M	2hrs
03.11.2017	Food and Life Style in Children	03.00 P.M - 05.00 P.M	2hrs
04.11.2017	Flameless Cooking	03.00 P.M - 05.00 P.M	2hrs
06.11.2017	Vegetables & Cooking Times	03.00 P.M - 05.00 P.M	2hrs
07.11.2017	Fruits & Calories	03.00 P.M - 05.00 P.M	2hrs
08.11.2017	International Dietary Advice for Children	03.00 P.M - 05.00 P.M	2hrs
09.11.2017	UNESCO, UNICEF	03.00 P.M - 05.00 P.M	2hrs
10.11.2017	Government of India Food and Nutritional	03.00 P.M - 05.00 P.M	2hrs
	Board		
13.11.2017	NGOS	03.00 P.M - 05.00 P.M	2hrs
14.11.2017	Role of Mother in Child Growth	03.00 P.M - 05.00 P.M	2hrs
	Total		30 hrs





LIST OF PARTICIPANTS

Course on Short Term: Introduction to Child Nutrition and Cooking

on 26.10.2017 to 14.11.2017

S.No	Name	Reg No	Signature
1	Priyanka.M	U14PT011	Lyenter
2	Saranya Devi. M	U14PT012	S. Don
3	Sathiya Priya. K	U14PT013	Sother
4	Shabana. S	U14PT014	Alu-
5	Shadab Ahmed. V.M	U14PT015	Almed
6	Shalini.S	U14PT016	And S
7	Ramya S	U15PT030	R8.
8	Ramya E	U15PT031	Dust
9	Rekha G K	U15PT032	Solow
10	Sahithya T	U15PT034	AS.
11	Sanjana P	U15PT035	S.P.
12	Shanthakumar S	U15PT036	
13	Saranya R	U15PT037	Sarans
14	Shamlindevanisha D	U15PT038	Spinly
15	Simran Tandon	U15PT039	PART
16	Soniya Mohan	U15PT040	Samur
17	Srimathi S	U15PT041	Osimoly'
18	Sujitha S	U15PT043	Lavies
19	Swathi R	U15PT044	Lev PQ.

20	Tamizhmani V S	U15PT045	Tank t
21	Savitha Yogavarthini. T	U16PT041	J. M.
22	Shobana .P	U16PT042	Such aue.
23	Soniya Sri. S	U16PT043	N. R.
24	Subalakshmi. A	U16PT044	S.A.
25	Suganthi. A	U16PT045	Sugarthi,
26	Tamilzharasi. A	U16PT046	"Tanto
27	Tharunkumar.V	U16PT047	ations,
28	Vignesh. P	U16PT048	Herent.
29	Vijay Prakash. I	U16PT049	Vije,
30	Vishnu Deepa. B	U16PT050	Vish De
31	Yuvarani. R	U16PT051	Keunn.
32	Shakshi L	U17PT050	Shh.
33	Shivani R	U17PT052	Officant.
34	Sivalakshmi K	U17PT053	Plake
35	Subhashini V	U17PT054	100
36	Suwedha S	U17PT055	South
37	Swetha S	U17PT056	
38	Udhaya N	U17PT058	Udhaya O.
39	Uthiravathy R	U17PT059	Color.
40	Yamuna Devi S	U17PT060	Yare.





Course on Short Term: Introduction to Child Nutrition & Cooking

- 1. Adherence with due time; Good / Punctual / Can Be Improved
- 2. Audiovisual Adequate // Needs To Improve
- 3. Depth of session Good / Bad / Not Enough
- 4. How much relevant to future Practice Useful / Not Sure
- 5. Further suggestions Its Very Longer Sessions/ More Such Events to be Conducted / No Comments
- 6. Way of presentation Good/ Bad/ Can be Improved
- 7. Preparation for the event can be informed before / more arrangement / can be done / appreciable





Course on Short Term: Introduction to Child Nutrition & Cooking

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Course on Short Term: Introduction to Child Nutrition & Cooking









CERTIFICATE OF PARTICIPATION

This is to certify that Mr / Me NIC NESH. F

I/#/III/IV year B.P.T/ Clinical Physiotherapists has participated in the Course on Short Term Conducted on 26.10.2017 to

14.3.2017 in "Introduction to Child Nutrition and Cooking"

Mrs. Deepa. S., M.P.T

Coordinator

(Reg No U) 6 () 5 of rot (8) of rm Conducted on 26.10.2017 to

Dr.S.S.Subramanian., Ph.D

Principal

From

Mrs. M. Sindhuja.,

Asst in physiotherapy

Sree Balaji College of Physiotherapy,

Chennai

To

Dr.S.S.Subramanian., Ph.D

The Dean,

Sree Balaji College of Physiotherapy,

Chennai

Sir,

Sub: Permission to conduct value added course on – Short Term Course on Healthy Lifestyle & Behavioural Change - Reg)

Kindly consider in permitting the following value added course on Short Term Course on Healthy Lifestyle & Behavioural Change by eminent expert Dr. V. Surendran & Mrs. Subhashini Gopal on 26.10.2017 to 14.11.2017, for a period of 3 weeks

Our students shall benefit this recent trends related to physiotherapy

Thanking You

Yours faithfully





01.09.2017

To

Mrs.M. Sindhuja.,

Asst. Professor in Physiotherapy

Sir/MADAM

With reference to your communication dated on 01.09.2017

Hereby we grant permission to conduct value added Course on Short Term Course on Healthy Lifestyle & Behavioural Change from 26.10.2017 to 14.11.2017 for a period of 3 weeks

PRINCIPAL

REE BALAJI COLLEGE OF PHYSIOTHERAPY

Velachery Main Road, Marayananyan

Dr.S.S.Subramanian., Ph.D

The Principal,

Chedian - CSree Balaji College of Physiotherapy





14.09.2017

CIRCULAR

Notification for Value Added Course on Healthy Lifestyle & Behavioural Change

The department of community health, by college of Physiotherapy, is scheduled to offer a value added course on Course on Short Term Course on Healthy Lifestyle & Behavioural Change from 26.10.2017 to 14.11.2017 for a period of 3 weeks. Interested students can approach Mrs.M. Sindhuja., Asst. Professor & Course Coordinator

Dr.S.S.Subramanian., Ph.D

The Principal,

Sree Balaji College of Physiotherapy

PRINCIPAL

SREE BALAJI COLLEGE OF PHYSIOTHERAPV

Velachery Main Road, Narayanapuram

Pallikaranai, Chennai - 600 100





Course on Short Term Course on Healthy Lifestyle & Behavioural Change

DATE: 26.10.2017 to 14.11.2017

Objectives of the Course:

- 1. To understand various factors related to life style on health and diseases
- 2. Scientifically known the impact of behaviour, on life style, and well being

Course Outline:

- 1. Influence of habits on life style attitude motivation eating style physical in activity usage of electronic gadgets
- 2. Stress behaviour impact on health sleep level psychological issues daily living disorders
- 3. Life style modification quality of life psychotherapy counseling

Recourse Persons

Speaker: 1	Dr. V. Surendran, Ph.D	Cancer Institute (WIA),
	Associate Professor & Head,	Adyar, Chennai
	Department of Psycho - Oncology,	
Speaker: 2	Mrs. Subhashini Gopal., M.Phil	Schizophrenia Research Foundation
	Department of Psychology	

Eligibility: Final year B.P.T, Interns, M.P.T students, Clinical Physiotherapists

Fees: Free

For Registration Contact: 044 - 22461883, 044 - 22462179,

e - Mail: <u>sbcp2007@gmail.com</u>

ORGANIZING SECRETARY

Mrs. M. Sindhuja., Asst in physiotherapy





Course on Short Term Course on Healthy Lifestyle & Behavioural Change

DATE: 26.10.2017 to 14.11.2017

AGENDA

Co	ourse on Short Term Course on Healthy Lifestyle	e & Behavioural Change	
Date	Topic	Time	Hour
26.10.2017	Factors Influencing Life Style	09.00 A.M to 11.00 A.M	2 hrs
27.10.2017	Life Style & Health	09.00 A.M to 11.00 A.M	2 hrs
30.10.2017	Life Style & Diseases	09.00 A.M to 11.00 A.M	2 hrs
31.10.2017	Influence of Health in Life Style	09.00 A.M to 11.00 A.M	2 hrs
01.11.2017	Effects of Motivation & Attitude	09.00 A.M to 11.00 A.M	2 hrs
02.11.2017	Adverse Effect of Electronic gadget in Life	09.00 A.M to 11.00 A.M	2 hrs
	Style		
03.11.2017	Stress in Modern Lifestyle	11.00 A.M to 01.00 P.M	2 hrs
04.11.2017	Life Style and Cardiac Condition	11.00 A.M to 01.00 P.M	2 hrs
06.11.2017	Sleep Level and Life Style	11.00 A.M to 01.00 P.M	2 hrs
07.11.2017	Psychological Issues in Urban and Rural	11.00 A.M to 01.00 P.M	2 hrs
08.11.2017	Disorder Related to Life Style	11.00 A.M to 01.00 P.M	2 hrs
09.11.2017	Influence of Family Member	11.00 A.M to 01.00 P.M	2 hrs
10.11.2017	Effect of Counseling to Overcome	11.00 A.M to 01.00 P.M	2 hrs
13.11.2017	Effect of Counseling to Overcome Behavioural Change	11.00 A.M to 01.00 P.M	2 hrs
14.11.2017	How to Improve of Quality of Life	11.00 A.M to 01.00 P.M	2 hrs
	Total Hrs	1	30 hrs





Course on Short-term Course on Healthy Lifestyle & Behavioural Change on 26.10.2017 to 14.11.2017

S.No	Name	Reg No	Signature
1	Binita Gurung	U14PT002	Sivita
2	Ganesh Balaji. L	U14PT003	3
3	Gladis Sherin. R	U14PT004	Gladis.
4	Hema. S	U14PT005	flema
5	Jeevitha. G	U14PT006	Lewitha.
6	Abinaya P	U15PT001	Abri
7	Akila V	U15PT002	
8	Anu Priya K	U15PT003	Ampriya
9	Ashmika R	U15PT005	Asumika
10	Atchaya G	U15PT006	Atom
11	Bhavana S	U15PT007	Buto
12	Bhuvaneshwari B	U15PT008	Burengtin
13	Boopathi S	U15PT009	Berga Kan-
14	Divya J	U15PT010	Diya.
15	Gayathri M	U15PT011	Clarks.
16	Gayathri S	U15PT012	Goya .
17	Hemalatha E	U15PT013	Hem
18	Ilakia S	U15PT014	ilaleia
19	Jagan B	U15PT015	Jeyon
20	Jeevitha K	U15PT016	flinth
21	Kalaiarasi K	U15PT017	Delan

22	Kalaivani E	U15PT018	there
23	Karthickeyan R	U15PT019	Thillhet.
24	Kavitha N	U15PT020	Laute.
25	Keerthika S	U15PT021	SW
26	Kumutha R	U15PT022	Think
27	Latha B	U15PT023	Laffer
28	Madhumitha. M	U15PT024	am
29	Masthura Haseena. S	U15PT025	Hamile.
30	Noorunnisha S	U15PT026	Mooguste
31	Abinaya. B	U16PT001	Abonyr.
32	Abdul Asif. K	U16PT002	Aach
33	Abul Hussain. K	U16PT003	Rycian
34	Alwin Raj. A	U16PT004	Alu
35	Bharathi. M	U16PT005	Elu).

*





Course on Short Term Course on Healthy Lifestyle & Behavioural Change

DATE: 26.10.2017 to 14.11.2017

FEEDBACK FORM

- 1. Adherence with due time: Good / Punctual / Can Be Improved
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Course on Short Term Course on Healthy Lifestyle & Behavioural Change

DATE: 26.10.2017 to 14.11.2017

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CERTIFICATE OF PARTICIPATION

This is to certify that Mar / Ms KAMYA. L	PINSKA
I/II/III/IV year B.P.T/ Clinical Physiotherapists has participated in the Course on Short Term Conducted on 26 10 2017 to	\$10.2017 to
14.11.2017 in "Short Term Course on Healthy Lifestyle & Behavioural Change"	

Dr.S.S.Subramanian., Ph.D

Principal

Mrs. M. Sindhuja.,

Coordinator





Course on Short Term Course on Healthy Lifestyle & Behavioural Change





