



# Bharath

INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
(Declared as Deemed - to - be - University under section 3 of UGC Act 1956)



# NSS

# 2019-2020



# Bharath

INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
(Declared as Deemed - to - be - University under section 3 of UGC Act 1956)

**BHARATH INSTITUTE OF SCIENCE AND TECHNOLOGY**

No.173, Agharam Road, Selaiyur, Chennai - 600 073.

## NATIONAL SERVICE SCHEME



## GUIDELINES & ACTIVITIES REPORT

For

**2019 – 2020**



(Declared u/s 3 of UGC Act, 1956)

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National service Scheme provides diversified opportunities to students in colleges and universities to develop their personality through community services. Community services rendered by University level students have covered several aspects like adoption of villages for intensive development work, mass tree plantation, technology transfer programmes, technologies for rural development, various training programmes for self-help groups and rural youth etc., Considering the benefits Bharath Institute of Higher Education and Research has made NSS Compulsory at UG level for the first two years.

I am happy to learn the activities carried out by the NSS volunteers in Engineering Colleges in Bharath Institute of Higher Education and Research on the theme **HEALTHY YOUTH FOR HEALTH INDIA**, for pollution free environment, Voter Awareness program, Tree plantation, polio drops, Blood Donation Camps, General Health Camps, Creation of awareness among the public on HIV/AIDS etc.

I Congrats all NSS Students and participants in the Bharath Institute of Higher Education and Research NSS cell

Like last year, the year 2019-2020 shall be another year with vibrant NSS activities on the theme **HEALTHY YOUTH FOR HEALTH INDIA**. The Hand Book suggest only a few activities to be carried out, there could be many more.

I am sure that the volunteers will work towards bringing up the name of their institutions and Bharath Institute of Higher Education and Research through the NSS activities

## **MESSAGE**

“Not me, but you”. This is the motto of NSS in order to inculcate the selfless service attitude in the young minds, NSS was established.

‘Personality Development through Community Service ‘is the main objective of NSS. If we really involve in community service, our personality will develop automatically. Many NSS Volunteers, who have actively participated in the Social Service, became very prominent persons in various fields. It is the duty of the NSS Programme officers to Identify Individual talents of the NSS Volunteers and make use of their skills for the welfare of the society.

I am happy to know that our NSS units are functioning effectively. Many important Programmes were implemented by the volunteers of this main campus. I hope that other units also might have done like this. I wish to convey my best wishes to all the NSS Programme officers and the volunteers who have actively contributed to the Society. I appreciate the NSS Co-ordinator for his able guidance and support to the NSS functionaries.

Wish you all Success in all your future Programmes.

**Prof. Dr. Karu Nagrajan**

**Dean, Events**

## **PREFACE**

**Dr.R.KARTHIKEYAN**

### **NSS CO-ORDINATOR**

National Service Scheme popularly known as NSS, the scheme was launched in Gandhi Centenary year, 1969 and aimed at developing student's personality through community service. The overall objective of National Service is Educational. This objective is attained through the service to the community.

NSS is a permanent youth program under the Ministry of Youth Affairs and Sports, Government of India and funded by Government of Tamilnadu and Government of India in the ratio 5:7.

Bharath Institute of Higher Education and Research Chennai is a large affiliating technological University with over 4 constituent and affiliated Engineering colleges involving over 12 thousand students. The activities of NSS mainly focused on Technology transfer to rural mass and help the rural youth for creating the job opportunity, through conducting different types of training programs. As a step towards this direction, Bharath Institute of Higher Education and Research NSS cell has brought out this Guidelines with the rules and guidelines for conducting various Regular and Special Camping activities, to ensure uniformity in the programs. The NSS volunteers will get the benefits from the NSS activities like job opportunities, self-confidence, leadership quality etc.

The Guidelines takes care of modifications needed based on the feedback received from the Principals and NSS Programme Officers.

**NSS Program Coordinator**

**NSS Cell, Bharath Institute of Higher Education and Research**

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# **NATIONAL SERVICE SCHEME**

## **1. INTRODUCTION**

National Service Scheme popularly known as NSS was launched in Mahatma Gandhi Centenary year 1969 and aimed to developing student's personality through community service. The overall objective of National Service is education. This objective is attained through the service to the community.

National Service Scheme (NSS) is a permanent youth Programme under the Ministry of Youth Affairs and Sports, Government of India and funded by Government of Tamilnadu and Government of India in the ratio 5:7.

## **2. OBJECTIVE**

The overall objective of NSS is Personality Development through the community service.

The broad objectives of NSS are to:

- Understand the community in which they work.
- Understand themselves in relation to their community.
- Identify the needs and problems of the community and involve them in problem solving process.
- Develop among themselves a sense of social and civic responsibility.
- Utilize their knowledge in finding practical solution to individual and community problems.
- Develop competence required for group-living and sharing of responsibilities.
- Gain skills in mobilizing community participation.
- Acquire leadership qualities and democratic attitude.
- Develop capacity to meet emergencies and natural disasters.
- Practice national integration and social harmony.

## **3. MOTTO**

The motto or watchword of the NSS is “**Not me but you**”. It underlines that the welfare of an individual is ultimately dependent on the welfare of society on the whole. This express the essence of democratic living and upholds the need of selfless service and appreciation of the other man's point of view and also consideration for fellow human beings.

#### 4. SYMBOL



The symbol of the National Service Scheme has been based on the **Giant Rath** Wheel of the world famous Konark Sun Temple of Orissa, India. These giant wheels of the sun temple portrays the cycles of creation, preservation and release and signify the movement in life across time and space. The design of the symbol, a simplified form of the Sun Chariot wheel primarily depicts movement. The wheel signifies the progressive cycle of life. It stands for continuity as well as change and implies the continuous striving of NSS for social transformation and enlistment.

#### **BADGE**

The NSS symbol is embossed on the NSS badge. The NSS volunteers wear it while undertaking any programme or community service. The konark wheel in the symbol has eight bars, which represent the 24 hours of the day. Hence, the badge reminds the wearer to be in readiness for the service of the nation round the clock i.e. for 24 hours. The Red Colour in the badge indicates that the NSS volunteers are full of young blood i.e. lively, active, energetic and full of high spirit. The Navy Blue Colour indicates the cosmos of which the NSS is a tiny part, ready to contribute its share for the welfare of the mankind.

#### **NSS DAY**

NSS was formally launched on 24th September 1969, the birth Centenary year of Father of Nation. Therefore, 24 September is celebrated every year as NSS Day with appropriate program and activities.



## **NSS SONG**

During Silver Jubilee Year 1994 the NSS theme song has been composed. All NSS volunteers are expected to learn the theme song and sing the song during NSS program and celebrations.

**We shall overcome**

**We shall overcome**

**We shall overcome some day**

**O! deep in my heart**

**I do believe that**

**We shall overcome some day**

**We'll walk hand in hand**

**We'll walk hand in hand**

**We'll walk hand in hand to- day**

**O! deep in my heart**

**I do believe that**

**We shall overcome some day**

**We shall live in peace.**

**We shall live in peace.**

**We shall live in peace to-day**

**O! deep in my heart**

**I do believe that**

**We shall overcome some day**

**We shall not be afraid**

**We shall not be afraid to-day**

**O! deep in my heart**

**I do believe that**

**We shall overcome some day.**

### **STRENGTH ALLOCATED AND ACTIVITIES**

**Regular Activities : 900 (9 Units)**

**Special Camping Programme : 450 (9 Camps)**

**Number of Engineering Colleges**

**Implementing NSS :4 (Institution)**

**No. of Adopted Villages : 9**

<b>No. of Program Officers</b>	<b>:</b>	<b>Male</b>	<b>Female</b>	<b>Total</b>
		<b>8</b>	<b>1</b>	<b>9</b>

**Types of Activities : 1. Regular Activities**

**2. Special Camping Programme**

### **REGULAR ACTIVITIES**

Under this, students undertake various need based programmes in the adopted villages, College Campuses and Urban slums during weekends or after college hours.

120 hours per year and 240 hours for 2 consecutive years

1. General Orientation of NSS Volunteers.

NSS Day Celebrations -20 hrs.

2. Career guidance for the NSS Volunteers, by the

experts and campus work.	-30 hrs.
3. Skill development (first aid, disaster management, public speaking, leadership motivation, HIV/AIDS awareness etc.).	-26 hrs.
4. Community Development Projects (in the adopted village) – Survey in the village, tree plantation, Health, Cleanliness, Road Safety, Visits to Homes, technical training for rural youth and SHG, sanitation, women development programmes, consumer Awareness etc.	-44 hrs.
Total	-120 hrs.

### **SPECIAL CAMPING PROGRAMME**

Under this, 7 days camp organized in the adopted villages with a specified theme being given by Govt. of India by involving local youth. The Special camp should be conducted only in the adopted village (for second year NSS volunteers) at least for three years continuously.

### **5. MANAGEMENT OF ENGINEERING COLLEGE NSS UNITS**

Each Engineering College has to constitute an Advisory Committee to advise on programme planning and development under the Chairmanship of the Principal. It should meet once in each quarter and first meeting should be beginning of the academic year. The Programme Officer is its member secretary. In case, more than one unit is functioning in the Engineering Institution, the Senior NSS Programme Officer will be the Member-Secretary and the other P.O's may be co-opted as Members. The P.O. has to maintain the Advisory Committee Minutes book.

The committee may consist of:

- |  |                  |
|--|------------------|
| 1. Vice Chancellor   | Chairman         |
| 2. Principal / Dean  | Members          |
| 3. Two staff members with social work background                       | Members          |
| 4. Representative of the Development Department, NGO                   | Member           |
| 5. Representatives from the adopted villages/slum/<br>Welfare agencies | Member           |
| 6. NSS Student leaders one (or) two                                    | Member           |
| 7. NSS Programme Officers  | Member-Secretary |
| 8. Representative of the Youth Officers                                | Members          |

### **NSS UNIT AND PROGRAMME OFFICER**

One NSS unit consists of 100 student volunteers guided by one Program Officer who will be a **faculty member**. The Programme Officer is expected to motivate the student youth to understand the values and philosophy of NSS. The overall functions of Program Officer are to help the students to plan, implement and evaluate the activities of NSS under his/her charge and give proper guidance and directions to the student volunteers.

### **6. NSS STUDENT VOLUNTEERS**

Any student enrolled as an NSS Volunteers, as per NSS Manual should put in at least 240 hours of useful social work in a continuous period of two year (i.e. 120 hours per year). **A work diary is to be maintained by each NSS Volunteer**, which will help him/her in the assessment his/her performance. Such volunteer is eligible to get NSS Service Certificate from the colleges. The Service Certificate given in the NSS Manual should be strictly adhered.

## **7. QUALIFICATION FOR THE NSS PROGRAMME OFFICER**

- a. Program Officer will be selected from the members of teaching only.
- b. NCC Officers and Physical Education Directors should not be appointed as NSS Program Officer.
- c. In Women's Colleges lady teachers should be appointed as NSS Program Officers, However, male members may help the lady NSS Program Officers.
- d. A teacher who has high level of motivation, inclination and attitude for community work and above all, very good rapport with students should be preferred as NSS Program Officer.

## **8. NSS THEME FOR THE YEAR 2019-2020**

Every year the Government of India a theme based on which the NSS activities of the year shall be carried out.

### **HEALTHY YOUTH FOR HEALTH INDIA**

Under this theme all the health related issues may be covered which include General Health, Mental health, Spiritual Health, HIV/AIDS, Sexual Abuse, Adolescent Health and Population Education. This theme will be continued for the next 3 years.

## **9. ACTIVITIES OF NSS VOLUNTEERS AND ADOPTION OF VILLAGE**

The activities under NSS are two-fold, viz., 1. Regular Activities which are undertaken during the working days of the semester and 2. Special Camping activities for 7 days duration in the adopted villages / Urban slum during vocation.

Each NSS unit in the college is expected to adopt a near by village/slum and work for its all round development. Regular Activities and Special Camp should preferably be organized in the adopted village/rural unit/slum for this purpose.

## **10. RECORDS AND REGISTERS**

The following Records and Registers are to be maintained by the NSS units at the Institution level.

1. Enrolment Register of volunteers.
2. Cash Register .
3. Stock Register (Consumable & non-consumable).
4. Attendance Register for Volunteers.
5. Registers for blood grouping – 8 in number.
6. Minutes Book (College Level NSS Advisory Committee).

## **11. DUTIES OF NSS VOLUNTEERS**

First and Second year students have to be enrolled as NSS Volunteers. NSS volunteer should put in

1. Establish rapport with the people in the project area.
2. Identify needs, problems and resources of the community.
3. Plan program and carry out the plan.
4. Relate learning experience towards finding solutions to the problem identified, and
5. Record the activities in work diary systematically and assess the progress periodically and effect changes as and when needed.

## **GUIDELINESS FOR SPECIAL CAMPING PROGRAMMING FOR THE YEAR 2019-20**

### **HEALTHY YOUTH FOR HEALTH INDIA**

Special Camps provide a unique opportunity to the student youth for group living leadership, close, interaction with the community, mutual understanding, tolerance, cohesion, etc. To make constructive use of student's leisure time for community work, these camps are organized during the vocations. During the Special Camps, students are expected to stay the communities where they are holding the camp. These camps are generally of 7 days duration. The objectives behind the theme will have to create awareness about health aspects like no usage of tobacco, HIV/AIDS awareness, Healthy food habits, hygiene drinking water, water born diseases.

Under this theme all the health related issues may be covered which include General Health, Mental health, Spiritual Health, HIV/AIDS, Sexual Abuse, Adolescent Health and Population Education. This theme will be continued for the next 3-4 years.

#### **Proposed activities:**

- Identification of the adopted villages / slum areas.
- Awareness drives through Youth Rallies.
- Community participation by involving members of the adopted villages and local institutions.
- Duration of the NSS Special Camps will be 7 days and the volunteers will have to stay overnight in the camp.
- Organizing Day Camps on the theme at the Adopted Villages on weekends.
- Evaluation of the camp may be done with the help of volunteers and the community.
- Documentation in the form of success stories, news paper, clipping, daily reports in students diary, action photographs, video recording may be made.
- The special camps organized during the quarter may be reflected in the Quarterly Progress Report and the report be sent to all the concerned in time.



## SUGGESTION SCHEDULE OF ACTIVITIES FOR 7 DAY SPECIAL CAMP ON THE THEME HEALTHY YOUTH HEALTH INDIA

Following activities may be undertaken during the 7 Days Special Camp:

### Day 1

Inauguration of the first Day Rapport building exercise in the adopt villages  
Orientation/survey: NSS volunteers may conduct survey of the area / available water resources in the adopted village.

### Day 2

The second day Student role in NSS, Rallies, Health camps, environment cleaning etc.

### Day 3 -4

NSS volunteers after the survey should conduct cleanliness of wells, digging & deepening of ponds preservation of rainy water by digging tank etc., by involving local people. Upkeep and cleanliness of available drinking water resources. Use of traditional method of filtration using local material. Involvement of community in the maintenance of drinking water resources in collaboration with Health, Irrigation Departments, Municipal Committee, Panchayat Samities etc.

### Day 5

Efforts may be made to ensure that the work undertaken during the camp be continued and completed by the local people. Evaluation of the work done through concerned Government Department and local people.

### Day 6

Health camp, Discuss about health, Eye camp.

### Day 7

Closing of the camp by inviting local people to discuss about the work done and follow up action.

**IMPORTANT: Provide the Toilet and bathroom facilities for the Volunteers. Don't allow the students to take bath in the lake or ponds.**

## **12.REGULAR ACTIVITIES 2019-2020**

<b>S.NO</b>	<b>DATE</b>	<b>ACTIVITIES</b>
1	17 <sup>th</sup> July 2019	Inauguration day function
2	14 <sup>th</sup> August 2019	Tree Plantation
3	8 <sup>th</sup> September 2019	Cleanliness& Health awareness Program
4	9 <sup>th</sup> September 2019	System of cleaning& Study of garbage cleaning system in public space Program
5	10 <sup>th</sup> September 2019	Visit to Orphanages(BIHER STUDENTS)
6	12 <sup>th</sup> September 2019	Cleanest Hostel Room Contest was conducted
7	13 <sup>th</sup> September 2019	Elocution Contest on Health And Hygiene was conducted
8	14 <sup>th</sup> September 2019	Closing Ceremony for SwachhtaShapath was conducted
9	2 <sup>nd</sup> October 2019	SWACHATA HI SEVA FIT INDIA PLUG RUN MASS Awareness program
10	09 <sup>th</sup> October 2019	Dengue Awareness Program
11	10 <sup>th</sup> October 2019	Seed ball Tree Plantation
12	17 <sup>th</sup> October 2019	Swachn bharith-Swachh paryatan
13	23 <sup>rd</sup> October 2019	Tree Plantation
14	13 <sup>th</sup> November 2019	Dengue Awareness Programme(nilaveempu kasayam Distributed)
15	27 <sup>th</sup> November 2019	Road Safety Awareness Program
16	13 <sup>th</sup> January 2020	Pongal Celebration
17	23 <sup>th</sup> January 2020	Blood Donation Awareness program
18	20 <sup>th</sup> January 2020	Voting AwarenessProgram
19	24 <sup>th</sup> January 2020	Helmet Awareness Program
20	4 <sup>th</sup> February 2020	Anti drug Awareness
21	13 <sup>th</sup> March 2020	COVID 19 Awareness Program
22	13 <sup>th</sup> March 2020	COVID 19 Awareness Program
23	21 <sup>st</sup> March 2020	Stay home -Stay Safe COVID 19 Awareness Program
24	22 <sup>nd</sup> March 2020	Jantacurfew Pledge
25	24 <sup>th</sup> April 2020	Stay At home Pledge
26	3 <sup>rd</sup> May 2020	PM 7 Points -Covid19
27	31 <sup>st</sup> may 2020	world NO TOBACCO Day

## INAUGURATION DAY FUNCTION



Fresher's Inauguration day function Celebrated at Bharath Institute of Higher Education and Research held on 17<sup>th</sup> July 2019

## TREE PLANTATION



NSS Volunteers Tree Planted at Vengampakkam village held on 14<sup>th</sup> August 2019

## **CLEANLINESS & HEALTH AWARENESS PROGRAM**



Cleanliness & Health awareness Program Conducted at Bharath Institute of Higher Education and Research held on 8<sup>th</sup> September 2019

## **SYSTEM OF CLEANING & STUDY OF GARBAGE CLEANING SYSTEM IN PUBLIC SPACE PROGRAM**



NSS Volunteers are Participated System of cleaning & Study of garbage cleaning system in public space Program Organized Bharath Institute of Higher Education and Research (BIHER) held on 9<sup>th</sup> September 2019

## VISIT TO ORPHANAGES (BIHER STUDENTS)



Our NSS Volunteers visited the nearby old age Home and took about the old age people in the home on 10<sup>th</sup> September 2019

## CLEANEST HOSTEL ROOM



Cleanest Hostel Room Contest was conducted at Bharath Institute of Higher Education and Research held on 12<sup>th</sup> September 2019

## **ELOCUTION CONTEST ON HEALTH AND HYGIENE**



Elocution Contest on Health And Hygiene was conducted at Bharath Institute of Higher Education and Research held on 13<sup>th</sup> September 2019

## **CLOSING CEREMONY FOR SWACHHT ASHAPATH**



Closing Ceremony for SwachhtaShapath was conducted at Bharath Institute of Higher Education and Research held on 14<sup>th</sup> September 2019

## SWACHATA HI SEVA FIT INDIA



SWACHATA HI SEVA FIT INDIA PLUG RUN MASS Awareness program Started at BIHER to Tambaram held on 2<sup>nd</sup> October 2019

## DENGUE AWARENESS PROGRAM



Dengue Awareness Rally Program was conducted Bharath Institute of Higher Education and Research to Thiruvanchery Village held on 09<sup>th</sup> October 2019



## SEED BALL TREE PLANTATION



Seed ball Tree Plantation at Sembakkam lake held on 10<sup>th</sup> October 2019

## SWACHN BHARATH-SWACHH PARYATAN



Our NSS Volunteers are involved Swachn bharath at Selaiyur village held on 17<sup>th</sup> October 2019



Our NSS Volunteers are involved Swachh paryatan at Mappedu Village held on 17<sup>th</sup> October 2019

## **TREE PLANTATION**



NSS Volunteers Tree Plantation at Kovilamcherry Lake Area held on 23<sup>rd</sup> October 2019

## DENGUE AWARENESS PROGRAM



Dengue Awareness Program was conducted jointly Tambaram Municipality and Bharath Institute of Higher Education and Research Our NSS Volunteers Distributed nilaveempu kasayam to Adopted village of BIHER Held on 13<sup>th</sup> November 2019

## ROAD SAFETY AWARENESS PROGRAM



Road Safety Awareness Rally Program Bharath Institute of Higher Education and Research to Venkambakkam Village our NSS Volunteers are Participated held on 27<sup>th</sup> November 2019

## PONGAL CELEBRATION



Our NSS Volunteers and BIHER staff Members Jointly Celebrated Pongal festival held on 13<sup>th</sup> January 2020 at Bharath Institute of Higher Education and Research Campus

## BLOOD DONATION AWARENESS PROGRAM



Blood Donation Awareness program Was Conducted at Bharath Institute of Higher Education and Research held on 23<sup>th</sup> January 2020

## VOTING AWARENESS PROGRAM



Voting Awareness Program was conducted at Tambaram held on 20<sup>th</sup> January 2020

## HELMET AWARENESS PROGRAM



Helmet Awareness Program was conducted at Tambaram RTO office held on 24<sup>th</sup> January 2020

# ANTI DRUG AWARENESS



Anti Drugs Awareness Meeting at DC Mount Office on 04.02.2020

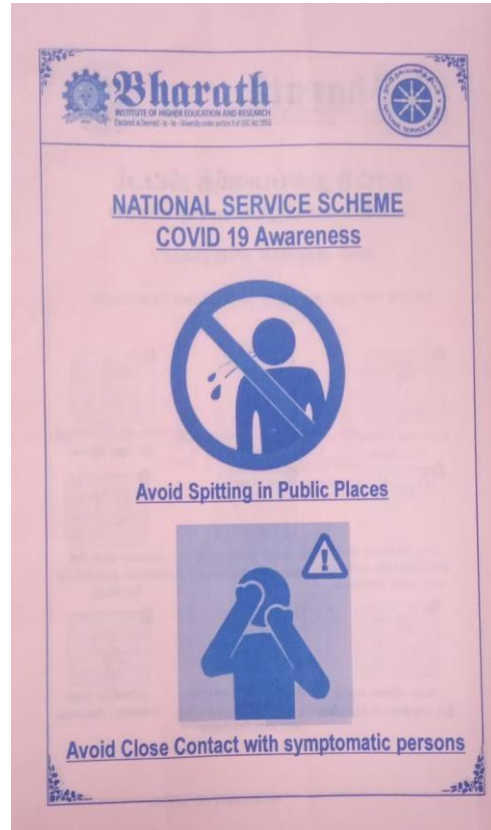
DC - 9486653111 Dr. R. Prabakar

ANTI DRUGS AWARENESS MEETING AT DC MOUNT OFFICE ON-04-02-2020

S.No	Range	PS	Name of the College	Staff's Name	Mobile No.	Signature
1	MNT	S1	Remo Collage	Tmt. Sri Priya Admn	99400 16452	
2	MBKM	S3	Jain Collage	Tr. A. Ramadass (Asst. Prop)	87545 92601	
3	PVM	S5	Vel's Collage	Tr. Subramani (Deen)	98412 29552	
4	TBM	S13	Sri Balaji Medical Collage	Dr. Elavarasi (RMO) Dr. Jamishwa	98424 33488	
5	TBM	S13	Tagore Arts Collage	Tr. Guru (Professor)	98949 68594	
6	SLR	S12	MIT Collage	Tr. Ravi Chandran	044-22516000	
7	SLR	S12	Vaishnava Collage	Dr. R. M. Veerabhadran	91760 92554	
8	SLR	S14	GKM Collage	Tmt. Rabana Fathima	96581 73241	
9	SLR	S14	Velakanni Collage of Arts	Tr. Thirupathi . M.	96889 66134	
10	SLR	S15	MCC Collage	Dr. Venkataramanujam	98403 38155	
11	SLR	S15	Bharath Eng. Collage	Dr. Vijayaragavan -S.P	90083 30484	
12	SLR	S15	Lakshmi Ammal Collage	Tr. Deepak	73586 52645	
13	SLR	S15	Bharath Arts Collage	Tr. Karthikeyan . S.	95510 11686	
14	SLR	S15	SIVET Arts Collage	Tr. Pennerselvam Dr. S. Ushama	97909 66155	
15	SLR	S15	Sri Venkateswara Collage	Tr. Joseph	98845 33911	
16	SLR	S15	Sri Bavani Collage	Tr. Suresh	98842 35571	
17	MDPM	S8	Britto Collage	Tr. Anandam	99418 79934	
18	MDPM	S10	Balaji Collage	Tr. Sakthivel (PRO)	89036 52574	
19	MDPM	S10	Jerusalem Collage	Tr. Kangeyan (AO)	94454 88650	
20	MDPM	S10	Assan Collage	Tr. Gopalakrishnan	86678 46580	
21	MDPM	S10	New Prince Collage	Tr. Prabakar (HOD)	98407 48006	
22	MDPM	S10	QMC Collage	Tr. Manikandan	99525 77434	
23			Bharath Polytechnic Collage	V. Pennathuraja Nandhan	97902 7794	

Our Program Coordinator Participated Anti Drugs Awareness Meeting at St.Thomas mount DSP Office On 4<sup>th</sup> February 2020

# COVID 19 AWARENESS PROGRAM



Our University is making efforts to sensitize and inform students and faculty regarding this issue. We have activities formulated for three days to inform, discuss and explain about the outbreak of the deadly virus on 13<sup>th</sup> March 2020 at Bharath Institute of Higher Education and Research

## COVID 19 Awareness Program

- Videos were screened in LED to sensitize the student body, faculty, teaching, Non-teaching and support staff.

- Dean of Student Affairs, Students' Union, and Head of various departments discussed about the resource persons such as medical practitioners and specialists with regard to COVID-19 and formulated the program.



- The Students' Union delivered the message for the Public Address System.
- Today we are here to bring awareness among individuals about the ways to combat corona virus. Come and get enlightened and spread this awareness with your near and dear ones.  
United, we can.  
Thank you.



### COVID 19 Awareness Program

- S.Sivasubramanian and A.R.Mohaideen hygienic officer and sanitary officer kindly consented to address the faculty and students on coronavirus and precautionary measures.
- During the session, S.Sivasubramanian and A.R.Mohaideen talked about the origin of the virus, symptoms, diagnostic procedures, preventive measures and busted myths around the fatal virus.





**Stay home -Stay Safe COVID 19 Awareness Program**

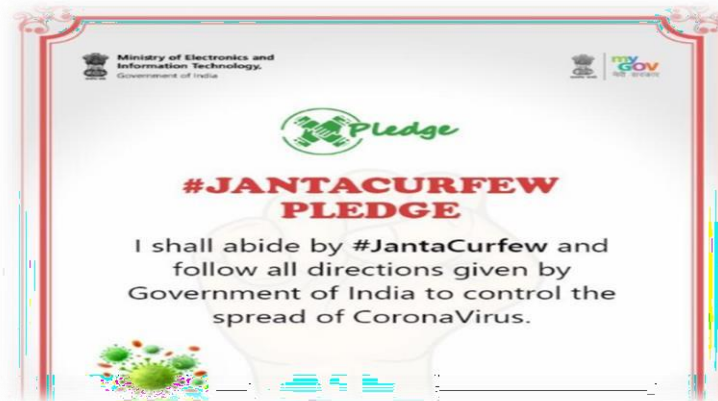


**NATIONAL SERVICE SCHEME**



Online Awareness program held on 21<sup>st</sup> March 2020

**JANTACURFEW PLEDGE**



Online Awareness program held on 21<sup>st</sup> March 2020 at Adopted village of BIHER

## Stay At home Pledge



### NATIONAL SERVICE SCHEME

நாம் நலமாக இருப்பின், நம்நாடு நலமாக இருக்கும் !



- ◆ விழிப்புணர்வு கொள்வோம் !
- ◆ ஒற்றுமையுடன் செயல்படுவோம் !
- ◆ கொரோனாவை ஒழிப்போம் !

Online Awareness program held on 22<sup>nd</sup> March 2020 at Adopted village of BIHER  
PM 7 Points -Covid19



**Pm  
Mr. narendra  
modi ji**

**ANNOUNCES  
7 POINTS  
GUIDELINE**



### 1. Take special care



underlying medical conditions peoples

### 2. follow

social distancing

wear mask



### 3. Increase immunity

enhance your immunity with

Ayush kwath



### 4. Download

Aarogya SETU App



### 5. TAKE CARE OF POOR

help the poor as much as you can



### 6. TAKE CARE OF EMPLOYEES



in  
their efforts  
against  
corona virus



Online Awareness program held on 3<sup>rd</sup> May 2020 at Adopted village of BIHER

**World No Tobacco Day**



**Bharath**  
INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
(Declared as Deemed-to-be-University under section 3 of UGC Act 1956)

**31<sup>ST</sup> MAY**  
**WORLD**  
**NO TOBACCO**  
**DAY**

Say  
Not to spit!  
No to  
Tobacco!!  
Stay Safe!!!

Online Awareness Slide- 2020

**மே-31 உலகப் புகையிலை எதிர்ப்பு தினம்**

**புகையிலை உபயோகப்படுத்துவதால் விளையும் கேடுகள்**

**பற்றிநோய்கள்**



மேலுக்கு  
புற்றுநோய்



மேலுக்கு  
புற்றுநோய்



மேலுக்கு  
புற்றுநோய்

**தாதுவதற்கு**      **தாதுவதற்கு**



தாதுவதற்கு



தாதுவதற்கு

**தாதுவதற்கு**      **தாதுவதற்கு**      **தாதுவதற்கு**



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World No Tobacco Day is observed on May 31 every year to highlight the risk associated with the use of tobacco. The annual campaign is an opportunity to raise awareness to help reduce use and protect the health of the people. The World Health Organization (WHO) promotes World No Tobacco Day each year to highlight the health risks of using tobacco and to encourage governments to put policies into action that help to reduce smoking and the use of other tobacco products. According to WHO, tobacco use kills more than 8 million people around the world each year. Smoking any kind of tobacco reduces lung capacity and increases the severity of respiratory diseases. Covid19 is an infectious disease that primarily attacks the lungs. Due to which, research suggests that smokers are at higher risk of developing severe Covid-19 outcomes and death.

Online Awareness program held on 31<sup>st</sup> may 2020

### 13.FLOW CHART FOR THE NSS CELL

